

	BREAD OF HOLY OBLATION	FELLOWSHIP HOUR
1 Mar	The Farha Family	The Farha Family
8 Mar	Ramzi Azat	The Parishioners of Ss. Peter & Paul
15 Mar	Sam & Maria Khalil	Men's Club/Spaghetti Luncheon
22 Mar	Hier Family	Hier Family
29 Mar	The Brown Family	The Brown Family

**FELLOWSHIP HOUR AND BREAD OF HOLY OBLATION**

Baking or ordering the Holy Bread of Oblation or providing and serving the refreshments for Fellowship Hour following the Liturgy on Sundays is a great way to practice Christian fellowship among our fellow parishioners. Notice the openings to the left and consider contributing to this vital ministry. Sign-up in the vestibule

**Priests**  
Very Reverend  
Fr. George Rados  
frgeorge@peterpaulpotomac.org  
Very Reverend  
Fr. Isaac Crow  
frisaac@peterpaulpotomac.org

**Deacon**  
Dn. Christian Manasseh  
DnChristian@peterpaulpotomac.org

**Pastoral Assistant & Youth Director**  
Majd Akkawi  
majd@peterpaulpotomac.org

**COUNCIL**  
**Chairman**  
Gary Farha  
**Vice Chairman**  
George Salem  
**Secretary**  
Suzanne Hermes  
**Treasurer**  
Richard Mahan  
**Members**  
Rida Boulos  
Abdallah Daoud  
Paul Debs  
Lina Eid  
Anita El-Araj  
Dr. Bassam Haddad  
David Jackson  
Maha Jweied  
Wayne Parr  
Steve Simon  
Tony Moussa

**Church Secretary**  
office@peterpaulpotomac.org

**Choir Director**  
John Slanta  
choir@peterpaulpotomac.org

**Chanters**  
Majd Akkawi  
Wayne Parr  
George Tannous

**Ushers**  
Jerry Audi  
Michael El Araj  
Abraham Fannoney  
Sam Khalil

**ALTAR**  
**Manager**  
Peter Aburdeineh

**Servers**  
Captains -  
Robert Bridenhagen  
Nicholas Zolnerowich

## **Ss. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH**

*All Things Are Possible to Him Who Believes*

**Matins:** Sundays 9:30am

**Divine Liturgy:** Sundays 10:30am

### **tone 5 SUNDAY, MARCH 1, 2015 EOTHINON 5**

VENERABLE-MARTYR EUDOKIA OF HELIOPOLIS; VENERABLE DOMNINA OF SYRIA;  
MARTYRS MARKELLOS AND ANTHONY OF PAMPHYLIA; VENERABLE AGAPIOS OF  
VATOPEDI MONASTERY ON ATHOS;  
VENERABLE DAVID OF WALES, BISHOP OF MENEVIA

### **Today we Commemorate: First Sunday of Great Lent The Sunday of Orthodoxy**

#### **RESURRECTIONAL APOLYTIKION (Tone 5)**

Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

#### **APOLYTIKION OF FIRST SUNDAY OF GREAT LENT (Tone 2)**

Thy pure image do we venerate, O good One, asking forgiveness of our sins, O Christ our God; for by Thine own will Thou didst ascend the Cross in Thy body, to save Thy creatures from the bondage of the enemy. Thou hast verily filled all with joy, since Thou didst come, O our Savior, to save the world.

#### **APOLYTIKION OF SAINTS PETER AND PAUL (Tone 4)**

O foremost in the ranks of Apostles, and teachers of the world, Peter and Paul, intercede with the Master of all to grant safety to the world and to our souls the great mercy.

#### **KONTAKION FOR THE ANNUNCIATION (AND GREAT LENT) (Tone 8)**

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror. But as thou that hast that power invincible, O Theotokos, thou along can set me free. From all forms of danger free me and deliver me that I may cry unto Thee: Rejoice, O Bride without Bridegroom.

As the prophets beheld, as the Apostles have taught, as the Church has received, as the teachers have dogmatized, as the Universe has agreed, as Grace has shown forth, as Truth has revealed, as falsehood has been dissolved, as Wisdom has presented, as Christ Awarded, thus we declare, thus we assert, thus we preach Christ our true God, and honor His Saints in words, in writings, in thoughts, in sacrifices, in churches, in Holy Icons; on the one hand worshiping and reverencing Christ as God and Lord; and on the other hand honoring as true servants of the same Lord of all and accordingly offering them veneration.

(Louder) This is the Faith of the Apostles, this the Faith of the Fathers, this is the Faith of the Orthodox, this is the Faith which has established the Universe.

## **The First Sunday of Lent: The Sunday of Orthodoxy**

Lent was in origin the time of final preparation for candidates for baptism at the Easter Vigil, and this is reflected in the readings at the Liturgy, today and on all the Sundays of Lent. But that basic theme came to be subordinated to later themes, which dominated the hymnography of each Sunday. The dominant theme of this Sunday since 843 has been that of the victory of the icons. In that year the iconoclastic controversy, which had raged on and off since 726, was finally laid to rest, and icons and their veneration were restored on the first Sunday in Lent. Ever since, that Sunday been commemorated as the "triumph of Orthodoxy."

Orthodox teaching about icons was defined at the Seventh Ecumenical Council of 787, which brought to an end the first phase of the attempt to suppress icons. That teaching was finally re-established in 843, and it is embodied in the texts sung on this Sunday.

From Vespers:

"Inspired by your Spirit, Lord, the prophets foretold your birth as a child incarnate of the Virgin. Nothing can contain or hold you; before the morning star you shone forth eternally from the spiritual womb of the Father. Yet you were to become like us and be seen by those on earth. At the prayers of those your prophets in your mercy reckon us fit to see your light, "for we praise your resurrection, holy and beyond speech. Infinite, Lord, as divine, in the last times you willed to become incarnate and so finite; for when you took on flesh you made all its properties your own. So we depict the form of your outward appearance and pay it relative respect, and so are moved to love you; and through it we receive the grace of healing, following the divine traditions of the apostles.

"The grace of truth has shone out, the things once foreshadowed now are revealed in perfection. See, the Church is decked with the embodied image of Christ, as with beauty not of this world, fulfilling the tent of witness, holding fast the Orthodox faith. For if we cling to the icon of him whom we worship, we shall not go astray. May those who do not so believe be covered with shame. For the image of him who became human is our glory: we venerate it, but do not worship it as God. Kissing it, we who believe cry out: O God, save your people, and bless your heritage.

"We have moved forward from unbelief to true faith, and have been enlightened by the light of knowledge. Let us then clap our hands like the psalmist, and offer praise and thanksgiving to God. And let us honor and venerate the holy icons of Christ, of his most pure Mother, and of all the saints, depicted on walls, panels and sacred vessels, setting aside the unbelievers' ungodly teaching. For the veneration given to the icon passes over, as Basil says, to its prototype. At the intercession of your spotless Mother, O Christ, and of all the saints, we pray you to grant us your great mercy. We venerate your icon, good Lord, asking forgiveness of our sins, O Christ our God. For you freely willed in the flesh to ascend the cross, to rescue from slavery to the enemy those whom you had formed. So we cry to you with thanksgiving: You have filled all things with joy, our Savior, by coming to save the world.

The name of this Sunday reflects the great significance which icons possess for the Orthodox Church. They are not optional devotional extras, but an integral part of Orthodox faith and devotion. They are held to be a necessary consequence of Christian faith in the incarnation of the Word of God, the Second Person of the Trinity, in Jesus Christ. They have a sacramental character, making present to the believer the person or event depicted on them. So the interior of Orthodox churches is often covered with icons painted on walls and domed roofs, and there is always an icon screen, or iconostasis, separating the sanctuary from the nave, often with several rows of icons. No Orthodox home is complete without an icon corner, where the family prays.

Icons are venerated by burning lamps and candles in front of them, by the use of incense and by kissing. But there is a clear doctrinal distinction between the veneration paid to icons and the worship due to God. The former is not only relative, it is in fact paid to the person represented by the icon. This distinction safeguards the veneration of icons from any charge of idolatry.

Although the theme of the victory of the icons is a secondary one on this Sunday, by its emphasis on the incarnation it points us to the basic Christian truth that the one whose death and resurrection we celebrate at Easter was none other than the Word of God who became human in Jesus Christ.

# Saints Peter and Paul Orthodox Church News

## YOUTH CORNER

**March 14th: Day Retreat at St. Mary's Antiochian Orthodox Church in Baltimore. TeenSOYO visiting the Myrrh-Streaming Icon of the Mother of God of Taylor, PA.**  
**9:00-3:30P.M. Starting with Liturgy.**

## SUNDAY OF ORTHODOXY

On Sunday, **March 1, 2015**, Great Vespers will be held at 5:00 p.m. at Ss Peter & Paul Church, followed by a reception in Kogok Hall. Co-sponsoring churches are St. George, St. Gregory and St. Raphael Mission.

## CHARITY COLLECTION

Our collection this week is for a national charity, the Lymphoma Research Council. The Lymphoma Research Foundation (LRF) is the nation's largest non-profit organization devoted exclusively to funding innovative lymphoma research and providing people with lymphoma and healthcare professionals with up-to-date information about this type of cancer. The LRF mission is to eradicate lymphoma and serve those touched by this disease; they also provide a helpline for those affected. Many of our parishioners, including Fr. George Rados and Jessica Bosworth Hawkins, were affected by Lymphoma. Every seven (7) minutes, someone is diagnosed with lymphoma. Please, help and support this most vital part cause. With prayer, love and donations we will hopefully eradicate this type of cancer in the future.

## UPCOMING HOLY BREAD BAKING CLASS

A new class in preparation for Palm Sunday, Holy Week and Pascha will be held at 9AM -1PM Saturday, March 28, 2015 in the church hall kitchen. Participation is limited to 6. If you wish to learn our beautiful tradition of preparing and offering Holy Bread, contact me (703-503-3344 or 703-978-6542, LornaAM@aol.com) or the church office to sign up. During the class, the Fathers will join us to teach the process of their preparation once the Bread has been brought to the church. Instructions and equipment needs will be sent to you.

## SUNDAY SCHOOL

Sunday school is in need of snacks and drinks for the children. If you haven't already, please provide 2-3 (or more if you'd like) multi-packs of snacks and/or drinks. Snacks should be individually packaged (100-calorie snacks work well and **completely free of peanuts/peanut butter and tree nuts due to allergies**. For drinks, we need small (8 oz.) bottles of water, regular size juice boxes/pouches, and small (~4 oz.) juice boxes for the younger children. If possible, please provide 100% juices.

## MEN'S CLUB SPAGHETTI LUNCHEON

Sunday, March 15th after Liturgy. Adults: \$10; Children under 14 \$6.00. 50/50 Raffle and Prizes Tickets available after Liturgy through March 8th or contact Sam Khalil (sk1943@aol.com)

## ARE YOU A BOY SCOUT, CADETTE OR SENIOR GIRL SCOUT IN 6TH -12TH GRADE ?

We will be offering classes for Scouts that are interested in earning the Alpha Omega Religious award for Eastern Orthodox Scouts. Classes will be held from 10:00- 10:30 each Sunday beginning on March 1st. We will hope to finish the program before the end of May. There will be a charge for the award and certificate at the conclusion of the course ( approximately \$18.00). Jennifer Buchko and Samia Zolnerowich will be conducting the class.

## FOR SALE IN HALL AFTER CHURCH

Spinach Pies (partially cooked) \$12/doz. Kibbee Pan \$15/tray, half tray \$10

## Upcoming events...

Mar 01—Sunday of Orthodoxy Great Vespers @ 5:00 pm  
Mar 04—Liturgy of The Presanctified Gifts 7:00pm  
Mar 06—The Second Akathist Service (Madayeh)7:00pm  
Mar 07—Baptism of Elena & Karen Tannous @ 12:00 noon  
Mar 07—Arabic Divine Liturgy 5:00pm  
Mar 08—Daylight Savings Time/spring forward  
Mar 10—Parish Council Meeting 7:00pm  
Mar 11—Liturgy of the Presanctified Gifts 7:00pm  
Mar 13—3rd Akathist (Maydayeh) Service 7:00pm  
Mar 14—Miraculous Icon Retreat @ St. Mary's in Baltimore  
Mar 15—Men's Club Spaghetti Luncheon after Liturgy  
Mar 18—Liturgy of the Presanctified Gifts 7:00pm  
Mar 20—4th Akathist Service 7:00pm  
Mar 25—Evening Divine Liturgy for The Feast of the Annunciation @7:00pm  
Mar 28—(Saturday)Holy Bread baking class 9:00a-1:00p  
Mar 31—Men's Club Meeting

## THE EPISTLE (First Sunday of Great Lent)

*Blessed art Thou, O Lord, the God of our fathers.  
For Thou art just in all that Thou hast done for us.*

## **The Reading from the Epistle of St. Paul to the Hebrews. (11:24-26, 32-40)**

Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin. And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets; who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, and put foreign armies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated—of whom the world was not worthy—wandering over deserts and mountains, and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

## THE GOSPEL (First Sunday of Great Lent)

## **The Reading from the Holy Gospel according to St. John. (1:43-51)**

At that time, Jesus decided to go to Galilee. And He found Philip and said to him, "Follow Me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and said to him, "We have found Him of Whom Moses in the Law and also the Prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to Him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to Jesus, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered Him, "Rabbi, Thou art the Son of God! Thou art the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And Jesus said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

## **SUNDAY SCHOOL**

### **Directors**

Samia Zolnerowich  
Jennifer Buchko

### **Teachers**

Jumana Misleh  
Susan Kozlov  
Michelle Zook  
Razan Abdallah  
Christine Morin  
Roxanne Bennett  
Lara Bellone  
Amber Bennett  
Caroline Jarboe  
Saleem Mokhiber  
Stephen Zolnerowich  
Anees Mokhiber

### **Men's Club**

Sam Khalil

### **Antiochian Women**

Kate Niewenhous

### **Teen SOYO**

#### **Adviser**

Majd Akkawi

#### **Officers**

Nicholas Zolnerowich  
Rashid Haddad  
Robert Bridenhagen  
Thomas Zook  
Danielle Bellone

### **Fellowship of St. John**

Majd Akkawi  
Christine & Samer Korkor  
Dn. Christian & Zeina  
Manasseh

### **Adornment**

Shams Akkawi  
Jamil Hermes

### **Facility Management**

Nick Nahas  
Bob Simon

### **Rental Coordinator**

Barbara Abraham

### **Charities**

Sam Sahouri Ghanem

### **Finance**

David Jackson

### **Stewardship**

Lorna Malooloy

### Orthodox Christians

Faithful Orthodox fully participate in the celebration of the Eucharist when they receive Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly disposed to receive Communion, communicants should not be conscious of grave sin, have fasted from the night before taking communion, and seek to live in charity and love with their neighbors. Persons conscious of grave sin must first be reconciled with God and the Church through the Sacrament of Penance (Confession and Absolution). A frequent reception of the Sacrament of Penance is encouraged for all.

### Non-Orthodox

We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions in Christianity that we cannot extend to them a general invitation to receive Communion. Orthodox believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, and for which we must all pray.

### Not Receiving Communion

Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

### Welcome to Ss. Peter and Paul

To encourage our worship in a proper spirit of prayer and devotion, we respectfully ask you to enter the sanctuary quietly during the Divine Liturgy.

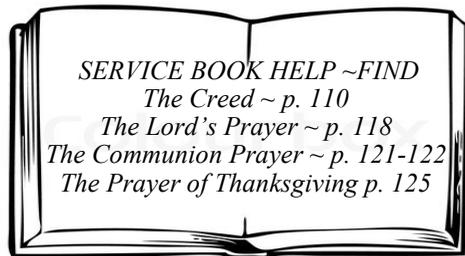
#### PLEASE DO NOT ENTER OR EXIT THE SANCTUARY AS

- the clergy censes the sanctuary
- the congregation is standing, or
- during the Little Entrance with the Gospel
- during the Reading of the Epistle and the Gospel
- Please enter the sanctuary upon the completion of
- the sermon
- the Great Entrance with the Holy Gifts
- the Prayers of Consecration p. 112-113
- the Hymn to the Theotokos "It is Truly Meet"

Please follow the directions of the ushers during Communion and dismissal; refrain from using cell phones in the narthex; and be considerate of those praying and converse in the hall, outside or downstairs.

### Visitors

If you are visiting our parish, please let us get to know you. Complete a visitor card you will find in your pew, and drop it in the ushers tray or the collection box.



# Commemorations

For the servants of God that they may have mercy, peace, health, salvation and visitation, pardon and remission of sin; the Lord God remember them in his Kingdom always: now and ever, and unto ages of ages

For the Servants of God departed this life: the Lord God remember them in his kingdom always: now and ever, and unto ages of ages

## LIVING

### Parishioners who remain in our prayers continually

Margaret Ashley  
 Lulu & George Brown  
 Issa & Suad Shammas  
 Edmond Neam  
 Richie Kogok  
 Renee Mourad

Fr. Louis Mahshie  
 Barbara Abraham  
 Brian Briggs

Gary, Sue, Evan, Griffin and Eliza Farha  
 Kim, Renee and David Hahn  
 Larry and Joanne Starr  
 Marie Mourey and Shaker Razook  
 Vivianne Farha and Family  
 Emma Buchko  
 Bertha Aed

## DEPARTED

Deacon David Daumit  
 Gloria Swydan  
 Katherine Slanta  
 Eddi S. Yazge  
 Ralph Farha  
 Nina Farha  
 Janette Starr

HOLY BREAD OF OBLATION OFFERED BY: The Farha Family

1 year Memorial for Ralph Farha

FELLOWSHIP HOUR OFFERED BY: The Farha Family

You are cordially invited to celebrate the 80th birthday of Father George Rados.

Sunday, March 8, 2015 — following Divine Liturgy  
 Continental Breakfast, Champagne toast & Cake

Hosted by the Parish Council  
 Donations greatly appreciated