

	Bread of Holy Oblation	Fellowship Hour
27 Oct	For the Health of Fr. Isaac	Teen SOYO/Zaatar Bread Fundraiser
03 Nov	Joyce Kogok/IMO Richard & Richie Kogok	Joyce Kogok/IMO Richard & Richie Kogok
10 Nov	Frank & Barbara Ellis Eways Family/IMO George F. Eways	Eways Family/IMO George F. Eways
17 Nov	Open	Open
24 Nov	Open	Open

**FELLOWSHIP HOUR  
AND BREAD OF HOLY OBLATION**

Baking or ordering the Holy Bread of Oblation or providing and serving the refreshments for Fellowship Hour following the Liturgy on Sundays is a great way to practice Christian fellowship among our fellow parishioners. Notice the openings to the left and consider contributing to this vital ministry. Sign-up in the Kogok Hall.

**SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH**  
10620 River Road Potomac Maryland 20854 • 301-765-3400 • [www.peterpaulpotomac.org](http://www.peterpaulpotomac.org)

**Kindly keep all cell phones turned off or muted while in Church. Thank you.**

**PRIESTS**  
Very Reverend  
Fr. Isaac Crow  
frisaac@peterpaulpotomac.org  
(301) 765-3400 #1 office  
(401) 300-8238 cell  
(240) 489-3494 home

Reverend  
Fr. Luke Toumi  
friluke@peterpaulpotomac.org  
(301) 765-3400 #2 office  
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**DEACON**  
Dn. Christian Manasseh  
DnChristian@peterpaulpotomac.org

**COUNCIL**  
**Chairperson**  
Carol Laham  
**Vice Chairperson**  
Jumana Misleh  
**Treasurer**  
Ken Bailey  
**Secretary**  
Abe Fannoney

**Members**  
Roy Abdo  
Philip Allen  
Jerry Audi  
Nabil Emad  
Michele Forzley  
Salim Habayeb  
Bassem Haddad  
Janet Metz  
Alganesh Piechocinski  
A.J. Wood

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**CHOIR DIRECTOR**  
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George Tannous

**USHERS**  
Jerry Audi  
Michael El Araj  
Abraham Fannoney  
Sam Khalil

**ALTAR Manager**  
Peter Aburdeineh

**SERVERS**  
Captains -  
Andrew Erickson  
Rashid Haddad  
Thomas Zook

**SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH**  
*Antiochian Orthodox Christian Archdiocese of North America*

*H.E. Metropolitan JOSEPH*

*Archbishop Primate*

*All Things Are Possible to Him Who Believes*

**Matins:** Sundays 9:30am

**Divine Liturgy:** Sundays 10:30am

**SUNDAY, OCTOBER 27, 2019**

**tone 2/ EOTHINON 8**

**NINETEENTH SUNDAY AFTER PENTECOST  
& SEVENTH SUNDAY OF LUKE**

MARTYR NESTOR OF THESSALONICA;  
PROCLA (CLAUDIA) THE WIFE OF PONTIUS PILATE;  
KYRIAKOS, PATRIARCH OF CONSTANTINOPLE;  
VENERABLE NESTOR THE CHRONICLER OF THE KIEV CAVES

**RESURRECTIONAL APOLYTIKION (Tone 2)**

When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hell with Thy Godly power. And when Thou didst raise the dead from beneath the earth, all the powers of Heaven did cry aloud unto Thee: O Christ, Thou giver of life, glory to Thee.

**APOLYTIKION OF SAINTS PETER AND PAUL (Tone 4)**

O foremost in the ranks of Apostles, and teachers of the world, Peter and Paul, intercede with the Master of all to grant safety to the world and to our souls the great mercy.

**ORDINARY KONTAKION (Tone 2)**

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

The first and greatest commandment is love. Thanks to love the spirit sees the original Love, namely God. For by our love we see God's love for us, and the psalm says, 'He teaches his ways to those who are gentle.'  
*Evagrius of Pontus*

**Please note:** With the start of the Choir Balcony Icon Project, the November 3 Divine Liturgy will be held in the Church Hall. This is just a temporary move.

***MAKING GOD REAL  
in the Orthodox Christian Home***

**What to Do on the Way to and From the Liturgy**

Anthony M. Coniaris

An Orthodox Christian family can make excellent use of the time they drive to and from church. It is one of those rare times when the whole family is together. Since parents are the primary and most effective priests and religious educators their children will ever have, they can use this time to talk about the sermon. Ask the children to state in their own words what they learned from the sermon. As they answer, ask them more questions about it. This will teach the children that the parents consider listening to God's word important. It will also teach them to listen carefully.

Once the sermon is covered, the parents can begin to ask each child what was learned in the Sunday school class. Here again, the child will be motivated to listen in the classroom knowing that the parents will be interested in knowing what was taught. Parents have the distinct advantage of knowing most of the experiences of their children. They know best, therefore, how to relate and explain to their children certain things that were said in church and Sunday school. If parents are interested in what their children are learning, the children will realize the importance of God and the church in their lives. They will also be more likely to ask questions about something they do not understand.

One mother has learned to boil each Sunday's sermon down to one short statement which she then attaches to the refrigerator. She writes, "Since I pass the refrigerator a dozen times a day, and everyone else uses it, it seemed like a perfect spot . . . . At first my children joked about my refrigerator sermons, but they were always eager to see what the sign would say each Sunday afternoon . . . it has also provided my husband and me with a helpful basis for continuing our children's church education at home." If we cannot summarize each Sunday's sermon into one short statement, we can always substitute a Bible verse we have read.

Thus, the time commuting to and from church may be used constructively. One family takes a Bible story book along that has lots of pictures. They read a story-whichever the children choose-and sometimes two-on the way to church. "Before this," says one parent, "the boys aged three to nine, usually argued and fought all the way." If the children are older, they can take turns reading aloud the pre-Communion prayers on the way to church. The way to and from church need not be wasted; it is precious time that can be used to make God more real to our children.

# Ss. Peter and Paul Orthodox Church News and Events

## CHURCH SCHOOL 2019-2020

We encourage all of our students to attend liturgy on Sundays. Please use the following link to register your children for the 2019-2020 Church School Year : <http://tinyurl.com/registerSunSchool>. For Newsletter <https://tinyurl.com/y48hecxe>

- October** \*Orthodox Youth Month  
**Nov 03** \*Antiochian 'Camp' Liturgy  
**Dec 01** \*No Church School (Thanksgiving)  
**Dec 08** \*St. Nicholas workshop  
**Dec 15** \*Christmas Program, Christmas Lunch, Special Visitor (more info to follow)  
**Dec 29** \*No Church School for Christmas & New Year's Holidays

## TEEN SOYO

Ss. Peter & Paul Teen Youth Ministry Group (Teen SOYO) is open to all teens of the Parish (13— 19 years). The teens meet regularly for social, spiritual, and community outreach events.

- Oct** \*Orthodox Youth Month  
**Oct 27** \*Teen SOYO/Zaatar Sale  
**Nov 03** \*Antiochian 'Camp' Liturgy  
**Nov 8-10** \*YES Trip (more info to follow)

### Lay Advisors:

Stephen Zolnerowich/stephenz2@verizon.net, Juliana Natour, Kinda Callas/kindacallas@hotmail.com

## YOUNG ADULT FELLOWSHIP

The Ss. Peter & Paul YAF welcomes all young people over 21 years of age to join in its social, educational, and outreach activities. Please contact Amal Michael at [amal17m@yahoo.com](mailto:amal17m@yahoo.com) for more information.

## ANTIOCHIAN WOMEN

\*Please pay your annual dues of \$25 to help support our outreach and charitable projects. **All women are members and are welcome.** Checks can be given to Janet Metz.  
 \*For future notices and any questions, please provide your email address to Donna Gavin at [crazygavins@verizon.net](mailto:crazygavins@verizon.net)

- Dec 07** \*Put together baskets for shut-ins & shoe boxes/backpacks — temporary plan for 100 backpacks (more details to follow)  
**Dec 14** \*Invitation to Christmas Lunch from Ladies of St. George (more details to follow)  
**Dec 15** \*Cookie Sale during St. Ignatius luncheon (more details to follow)

## MEN'S FELLOWSHIP

The Men's Fellowship ministry of Ss. Peter and Paul is to serve the church through charitable outreach, educational and service projects which strengthen and deepen the faith of its members and develop a fellowship of Orthodox Christian servants. Please contact Sam Khalil at [sk1943@aol.com](mailto:sk1943@aol.com) or Fred Zacharia at [fredzach@verizon.net](mailto:fredzach@verizon.net) for more information.

## PLEASE CHECK YOUR EMAIL CONTACT LIST

Please make sure your email contact for Ss. Peter and Paul Church is current.  
**office@peterpaulpotomac.org** (Church office)  
**frisaac@peterpaulpotomac.org** (Fr. Isaac)  
**frluke@peterpaulpotomac.org** (Fr. Luke)

## SS. PETER & PAUL OUTREACH VISITATION MINISTRY

The outreach ministry seeks to visit and to assist the elderly, the sick, and those who are housebound, shut-in, or living in nursing homes. Volunteers are needed who are willing to call to visit, and to reach out to our elderly brethren. All those willing to help please contact the coordinators of the group: Alex Cox at ([alexcoxsells@gmail.com](mailto:alexcoxsells@gmail.com)), Paula Massouh ([pmassouh@aol.com](mailto:pmassouh@aol.com)) or Fr. Isaac at ([frisaac@peterpaulpotomac.org](mailto:frisaac@peterpaulpotomac.org)). Our Parish is grateful for this ministry remembering that when we visit the sick and the infirm we visit Christ himself.

## THE SS. PETER & PAUL PARISH LIBRARY & MEDIA CENTER

The Parish Library and Media Center is up and running. The Center houses the Parish Library, audio visual materials, and Christian educational resources. The Center is located in the lower level inside room accessible from the Serge Malooley Conference Center room. Donations of books or materials related to the history, tradition and teaching of the Church and the Orthodox Faith are welcome. All are welcome to use the center by following its user guidelines. Contact Fr. Isaac, Fr. Luke, or Dn. Christian for access and information.

## CHURCH CALENDAR

- Oct 27** \*Parish-wide General Assembly following services (see insert for more information)  
 \*Teen SOYO/Zaatar Sale during Fellowship  
**Nov 03** \*Daylight Savings Time ends (fall back 1 hr.)  
 \*Divine Liturgy held in Kogok Hall  
 \*Antiochian Camp Liturgy  
**Nov 8-10** \*Teen SOYO/YES Trip  
**Dec 01** \*No Church School (Thanksgiving)  
**Dec 07** \*Put together baskets for shut-ins & shoe boxes/backpacks-temporary plan for 100 backpacks (more details to follow)  
**Dec 08** \*St. Nicholas workshop  
**Dec 14** \*Invitation to Christmas Lunch from Ladies of St. George (more details to follow)  
**Dec 15** \*Antiochian Women/Cookie Sale during St. Ignatius luncheon (more details to follow)  
 \*Church School Christmas Program, Christmas Lunch, Special Visitor (more info to follow)  
**Dec 29** \*No Church School for Christmas & New Year's Holidays

## 2019 STEWARDSHIP DRIVE

The 2019 Stewardship Drive is ongoing. Please support your church with your time, talents and treasure and fill out a stewardship form in paper (located in the Narthex) or online at [peterpaulpotomac.elxiochms.com](http://peterpaulpotomac.elxiochms.com). Please make the commitment to support the Church through your generous free-will donation. If you have any questions or need more information, please see Fr. Isaac, Fr. Luke or Zeina Manasseh ([zeina.maaloufi@gmail.com](mailto:zeina.maaloufi@gmail.com)) in the fellowship hall following the Liturgy for more information. Thank you for your support!

The Stewardship Committee and the Parish Council remind all of the faithful for both individuals and families to submit their annual stewardship pledge to the Church. Membership and financial forms are readily available in the Narthex and on-line. PLEASE make the commitment to SUPPORT the Church through your generous free-will pledges. Any questions concerning stewardship pledges may be addressed to Fr. Isaac, Fr. Luke, or Zeina Manasseh, Stewardship Chairman.

## THE EPISTLE

(For the Nineteenth Sunday after Pentecost)

*The Lord is my strength and my song. The Lord has chastened me severely.*

**The Reading from the Second Epistle of St. Paul to the Corinthians. (11:31-12:9)**

Brethren, the God and Father of the Lord Jesus, He Who is blessed forever, knows that I do not lie. At Damascus, the governor under King Aretas guarded the city of Damascus in order to seize me, but I was let down in a basket through a window in the wall, and escaped his hands. I must boast; there is nothing to be gained by it, but I will go on to visions and revelations of the Lord. I know a man in Christ who 14 years ago was caught up to the third heaven—whether in the body or out of the body I do not know, God knows. And I know that this man was caught up into Paradise—whether in the body or out of the body I do not know, God knows—and he heard things that cannot be told, which man may not utter. On behalf of this man I will boast, but on my own behalf I will not boast, except of my weaknesses. Though if I wish to boast, I shall not be a fool, for I shall be speaking the truth. But I refrain from it, so that no one may think more of me than he sees in me or hears from me. And to keep me from being too elated by the abundance of revelations, a thorn was given me in the flesh, a messenger of Satan, to harass me, to keep me from being too elated. Three times I besought the Lord about this, that it should leave me; but He said to me, “My grace is sufficient for you, for My power is made perfect in weakness.” I will all the more gladly boast of my weaknesses, that the power of Christ may rest upon me.

## THE GOSPEL

(For the Seventh Sunday of Luke)

**The Reading from the Holy Gospel according to St. Luke. (8:41-56)**

At that time, there came to Jesus a man named Jairus, who was a ruler of the synagogue; and falling at Jesus' feet he besought Him to come to his house, for he had an only daughter, about twelve years of age, and she was dying. As Jesus went, the people pressed round Him. And a woman, who had had a flow of blood for twelve years, and had spent all her living upon physicians, and could not be healed by anyone, came up behind Him, and touched the fringe of His garment; and immediately her flow of blood ceased. And Jesus said, “Who was it that touched Me?” When all denied it, Peter said, “Master, the multitudes surround Thee and press upon Thee! And Thou sayest, ‘Who touched Me?’” But Jesus said, “Someone touched Me; for I perceive that power has gone forth from Me.” And when the woman saw that she was not hidden, she came trembling, and falling down before Him declared in the presence of all the people why she had touched Him, and how she had been immediately healed. And Jesus said to her, “Daughter, your faith has made you well; go in peace.” While Jesus was still speaking, a man from the ruler's house came and said, “Your daughter is dead; do not trouble the Teacher any more.” But Jesus on hearing this answered him, “Do not fear; only believe, and she shall be well.” And when Jesus came to the house, He permitted no one to enter with Him, except Peter and James and John, and the father and mother of the child. And all were weeping and bemoaning her; but Jesus said, “Do not weep; for she is not dead but sleeping.” And they laughed at him, knowing that she was dead. But taking her by the hand Jesus called, saying, “Child, arise.” And her spirit returned, and she got up at once; and Jesus directed that something should be given her to eat. And her parents were amazed; but He charged them to tell no one what had happened.

## PARISH-WIDE GENERAL ASSEMBLY

Today, we will be holding our Annual General Assembly meeting following the Divine Liturgy. We will be electing our new Parish Council members and approving the operating budget for 2020. Fr. Isaac, Fr. Luke, Dn. Christian and the parish council are grateful for your continued support and look forward to welcoming the new leadership.

## CHURCH SCHOOL

### Directors

Samia Zolnerowich

Jennifer Buchko

### Teachers

Jumana Misleh

Susan Kozlov

SaraAyoub

Michelle Zook

Beth Davis

Alma Jean Zaki

Jennifer Montgomery

Kinda Callas

Dara Potter

Stephen Zolnerowich

Caroline Jarboe

Elizabeth El-Hage

Jaren Sams

Philip Allen

Nathaniel Guinn

## MEN'S FELLOWSHIP

Sam Khalil

## ANTIOCHIAN WOMEN

Donna Gavin

## TEEN SOYO

### Lay Advisors

Stephen Zolnerowich

Riham Saah

Ken Bailey

Juliana Natour

Maya Saah

Kinda Callas

Sanaa Natour

### Officers

Tia Saah

Nick Shahin

Tala Natour

Rylee Isaac

## YOUNG ADULT FELLOWSHIP

Amal Michael

## FACILITY MANAGEMENT

Sam Berberian

Alex Cox

## RENTAL COORDINATOR

Barbara Abraham

George Rados

## CHARITIES

Sam Khalil

## FINANCE

Salim Habayeb

## STEWARDSHIP

Zeina Manasseh

## GIFT SHOP

Alma Jean Zaki

Gail Bailey

Meghan Zoto

# Commemorations

## Orthodox Christians

Faithful Orthodox fully participate in the celebration of the Eucharist when they receive Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly disposed to receive Communion, communicants should not be conscious of grave sin, have fasted from the night before taking communion, and seek to live in charity and love with their neighbors. Persons conscious of grave sin must first be reconciled with God and the Church through the Sacrament of Penance (Confession and Absolution). A frequent reception of the Sacrament of Penance is encouraged for all.

## Non-Orthodox

We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions in Christianity that we cannot extend to them a general invitation to receive Communion. Orthodox believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, and for which we must all pray.

## Not Receiving Communion

Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

## Welcome to Ss. Peter and Paul

To encourage our worship in a proper spirit of prayer and devotion, we respectfully ask you to enter the sanctuary quietly during the Divine Liturgy.

### PLEASE DO NOT ENTER OR EXIT THE SANCTUARY AS

- the clergy censes the sanctuary
- the congregation is standing, or
- during the Little Entrance with the Gospel
- during the Reading of the Epistle and the Gospel
- Please enter the sanctuary upon the completion of
- the sermon
- the Great Entrance with the Holy Gifts
- the Prayers of Consecration p. 112-113
- the Hymn to the Theotokos "It is Truly Meet"

Please follow the directions of the ushers during Communion and dismissal; refrain from using cell phones in the narthex; and be considerate of those praying and converse in the hall, outside or downstairs.

## Visitors

If you are visiting our parish, please let us get to know you. Complete a visitor card you will find in your pew, and drop it in the ushers tray or the collection box.

## SERVICE BOOK HELP ~FIND

The Service starts on p. 91  
 The Creed ~ p. 110  
 The Lord's Prayer ~ p. 118  
 The Communion Prayer ~ p. 121-122  
 The Prayer of Thanksgiving p. 125

For the servants of God that they may have mercy, peace, health, salvation and visitation, pardon and remission of sin; the Lord God remember them in his Kingdom always: now and ever, and unto ages of ages.

For the Servants of God departed this life: the Lord God remember them in his kingdom always: now and ever, and unto ages of ages.

## Parishioners who remain in our prayers continually

Rt. Rev. Fr. Elias Bitar	Rt. Rev. Daniel Griffith
Kh. Rebecca Alford	Kh. Ann Anderson
Ann Marie Moses	Kevin Pinkstaff
Isabel Thredch	Nabeeha Ayoub
Holly Dubois	Suad Shammass
Sophie Neam	Miriam Yazge
George & Joan Abraham	Lulu Brown
Michael Buchko, Sr.	Edward Rizkallah
Leila Khoury	Shoke George
Bob & Shirley Neri	Barbara Mullin
Ibtisam Toubaji	

Nijmeh Zayed
Joyce Hamaty
Robert & Thelma Badwey
Barbara Abraham
Douglas Kalesh
Dorothy Marge
Assad & Patricia Khoury
George & Chris Brown

## DEPARTED

Fr. George Rados  
 Margaret Ashley  
 René Saah

## LIVING

Archpriest Isaac & Kh. Dolly	Archpriest Joseph	
Yeorgos Lampathakis	Anastacia Lampathakis	Carol Laham
Fred & Sherrie Zacharia	Ibrahim Mazen Saah	Ramona Dora
Allison Ayoub Egge	Brian Briggs	Joe Malooley
Lorna Malooley & Family	Sami Korban	Ted Milkovich
Geffen Franus	Paula Massouh	Halim & Hayat Barakat
George & Marie Hyder	Sarah Abdow	Audree Yacoub
Ricky M. Ayoub	Mona Ayoub & Family	Vilma Bellone
Jackie Luna	Chely Luna	George Bellone
Lidia, Ghassan, Adeeb, Farah & Hiba & their families		
Edward, Ritamarie, Emilia & Viviana Saa		

## TEEN SOYO ZAATAR SALE

Today, Teen SOYO will be selling their renowned Zaatar Bread during the Fellowship Hour. Proceeds from this sale will go toward their YES Project.

A second collection is going toward Special Olympics.

## OCMC News

Thank you everyone who contributed to the OCMC box at the candle stand these past several weeks. We sent \$53.00 to OCMC this week!

Thank you for your continued prayers and stewardship for Orthodox missions. Ss Peter and Paul is making a difference in spreading the word of Christ!

Several short-term missions were recently announced on the ocmc.org website, where you can apply if interested in any of these. See if any fit your talents and time. More should be listed soon. Short term missions we know about so far are:

**Africa** - December 8<sup>th</sup>-17<sup>th</sup> for youth work and ministry efforts of the Diocese of Kisumu and West Kenya at a conference for youth leaders and young adults.

**Alaska** - July 22<sup>nd</sup> - 31<sup>st</sup> for youth work in Pilot Station, Alaska to prepare lessons for over 55 youth from surrounding villages who will come together at an annual wilderness camp. Lessons on living as an Orthodox in this world and social media are needed.

**Alaska** - August 6<sup>th</sup>-17<sup>th</sup> for assisting at St. Juvenaly Youth Camp in Alaska.

## HOLY BREAD OF OBLATION OFFERED BY:

For the Health of Fr. Isaac

## FELLOWSHIP OFFERED BY:

Teen SOYO/Zaatar Bread Fundraiser