

	BREAD OF HOLY OBLATION	FELLOWSHIP HOUR
11 Oct	Lorna Malooley 10-year Memorial for Sergei Malooley	Lorna Malooley 10-year Memorial for Sergei Malooley
18 Oct	Joanne Demchok	Joanne Demchok
25 Oct	Joyce Kogok	Roula Qaqish Knowleton 4-month Memorial for her mother EVangelia
1 Nov	FSJD 40-day Memorial for Renee Moorad	FSJD 40-day Memorial for Renee Moorad
8 Nov	Assaf Family	Assaf Family

FELLOWSHIP HOUR AND BREAD OF HOLY OBLATION

Baking or ordering the Holy Bread of Oblation or providing and serving the refreshments for Fellowship Hour following the Liturgy on Sundays is a great way to practice Christian fellowship among our fellow parishioners. Notice the openings to the left and consider contributing to this vital ministry. Sign-up in the vestibule.

SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH

10620 River Road Potomac Maryland 20854 • 301-765-3400 • www.peterpaulpotomac.org

SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH

All Things Are Possible to Him Who Believes

Matins: Sundays 9:30am

Divine Liturgy: Sundays 10:30am

SUNDAY, OCTOBER 11, 2015

**SUNDAY OF HOLY FATHERS OF SEVENTH
ECUMENICAL COUNCIL**

&

**FOURTH SUNDAY OF LUKE
TONE 2 / EOTHINON 8**

APOSTLE PHILIP THE DEACON OF THE SEVENTY; VENERABLE THEOPHANES THE
BRANDED; NEKTARIOS, ARSAKIOS, SISINIOS AND PHILOTHEOS KOKKINOS, PATRI-
ARCHS OF CONSTANTINOPLE; VENERABLE JONAH OF CYPRUS

APOLYTIKION OF THE RESURRECTION (Tone 2)

When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hell with Thy Godly power. And when Thou didst raise the dead from beneath the earth, all the powers of Heaven did cry aloud unto Thee: O Christ, Thou giver of life, glory to Thee.

APOLYTIKION OF THE HOLY FATHERS (TONE 8)

Thou, O Christ, art our God of exceeding praise Who didst establish our Holy Fathers as luminous stars upon earth, and through them didst guide us unto the true Faith, O most merciful One, glory to Thee.

APOLYTIKION OF SAINTS PETER AND PAUL (Tone 4)

O foremost in the ranks of Apostles, and teachers of the world, Peter and Paul, intercede with the Master of all to grant safety to the world and to our souls the great mercy.

KONTAKION FOR ORDINARY SUNDAYS (Tone 2)

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

CONTRATULATIONS TO OUR NEW
TEEN SOYO OFFICERS

Rashid Haddad Julia Allen, Danielle Bellone, Chirstopher Zolnerowich

Sensing the Reality of God:

Elements of Christian Formation in Family, Community, and Church

Fr. Isaac Crow

Another important dimension of a proper Christian training involves the fostering of a stable and resilient spiritual character. Here, consistent education and personal guidance are required. Slowly, with patient mercy but with a firm and persistent example, a cultivation of positive and evangelical character traits begins to be formed. This positive character formation is essentially a process of self-discipline and discernment. Cultivating a balanced judgment and an emotional temperance, the Christian seeks to make correct choices and to avoid actions or situations which may divert his focus on embracing the total Christian life. This development of self-discipline and discernment also teaches the need to assume personal responsibility for the consequences of behavior, actions, and attitudes. Such a fixing of a Christian moral and ethical compass leads directly to the permanent birth of what Saint Paul describes as a "holding of the mystery of the faith with a pure conscience" (Timothy 3:9).

Taking responsibility for oneself as an exercise of Christian self-determination is to work toward realizing the image and likeness of God within and between each created person. It is in this conscious striving to be joined to God's own life that the practice and habit of the Christian virtues is taught and assumed. The learning of the virtues involves first of all a firm orientation of the human will to turn away from many of the things of the world and then to turn toward those characteristics which are appropriate to the image of God. Much of this involves breaking the hold of certain patterns or vices in order to learn anew the habits of sound virtue.

In a classical spiritual treatise on Christian instruction and development entitled *The Path to Salvation*, a Russian Orthodox monk, Saint Theophan the Recluse, describes how the virtues or the graces of the spirit shape us more fully into the image and likeness of God. Saint Theophan stresses that these virtues or fruits of a sound upbringing are the preservation of the graces of Holy Baptism. He lists several of these fruits of godliness which are the result of a sustained Christian education and upbringing:

Wholeness: the unity and integral personhood of a Christian given by nature and grace that preserves their original purity from God,

Liveliness: a natural, spontaneous, and straightforward simplicity of life—a lightness,

Evenness: a calmness that refuses to be constantly put off keel,

Joyfulness: a child-like innocence, a joyful manner, which is gentle, kind, quiet, peaceful, and full of trusting faith,

Unshakeability: rootedness and fidelity to God, a sense of permanence and absolute reliance on God.

Alongside of acquiring the sound habits and virtues, the Christian must be trained to undertake the "dialectic of deeds," that is, to accept the obligation of Christian duties and rights—first, to understand that our Creator God has certain rights on us, his creatures. Man in turn has duties, both to God and by consequence toward his fellow human beings, as members of the community. These rights and duties are absolutely normative and they are mutual and reciprocal. In fact, man's duties are the groundwork of his Christian servanthood. Duties must be willingly accepted and acknowledged because man is called to give back to God worship and service as proper thanksgiving. In this sense, the duty of a Christian becomes more than responsibility and also, as a function of glorification, becomes joy. Again, this is a reflection of the Christian's mutual and personal relationship with God the Father. In essence, it is also an image of the Holy Trinity, that is, a dialog and giving forth of reciprocal love.

Bringing together many of these elements of a Christian formation is a pivotal notion of the Gospel of Christ, which touches each and every arena of the education and training of a Christian. In the Gospel of John, Christ starkly states, "My kingdom is not of this world... my kingdom is not from here" (John 18:36). The affirmation that those who wish to follow Christ are called to a non-conformity to the world is one of the greatest and most challenging tasks of the learning of faith. The Christian is called in absolute obedience to conformity to Christ. This is very difficult and demands great sacrifice and discipline. Christian formation demands the development of a sacrificial character and an ascetism of rigor and self-denial. This speaks of the "heroic" element of the Gospel, which reminds man of his need for and dependence on God. Here, day by day and hour by hour, the Christian travels the way, growing in the sacrifice of a life of worship and service and receiving in joy and gratitude the blessings bestowed from above.

Final of a series

Priests

Very Reverend
Fr. George Rados
frgeorge@peterpaulpotomac.org
Very Reverend
Fr. Isaac Crow
frisaac@peterpaulpotomac.org

Deacon

Dn. Christian Manasseh
DnChristian@peterpaulpotomac.org

COUNCIL

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Vice Chairman

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Wayne Parr

George Tannous

Ushers

Jerry Audi

Michael El Araj

Abraham Fannoney

Sam Khalil

ALTAR

Manager

Peter Aburdeineh

Servers

Captains -

Robert Bridenhagen

Nicholas Zolnerowich

Saints Peter and Paul Orthodox Church News & Events

OCTOBER IS YOUTH MONTH

TEEN SOYO

Oct. 16-18

- * Eastern Region Fall Delegates' Meeting at the Antiochian Village - we will send a delegation of our teens to represent Ss. Peter and Paul.

Oct. 24

- * Fall kick-off party at the Bellone's house - all teens welcome for pizza, a possible RAP sessions with Dn. Christian and a haunted walk through the woods.

Oct. 25

- * Teen SOYO Officer's Meeting following Sunday School

Nov. 1

- * Teen SOYO monthly meeting following Sunday School.

"EXPLORING OUR FAITH"

THE SS. PETER AND PAUL ADULT RELIGIOUS EDUCATION FORUM

In an effort to better understand and discover the rich spiritual, historical, doctrinal and scriptural tradition of our Holy Orthodox Faith, the Adult Religious Education Forum "Exploring Our Faith" meets every other Thursday evening from 7:15pm to 8:30pm in the lower level conference room. Fr. Isaac facilitates the meetings in an informal setting using brief presentations as a springboard to open discussion on a wide range of topics concerning our Faith. The next meeting is Thursday, October 8. ALL ARE WELCOME

YOUNG ADULT FELLOWSHIP STUDY GROUP

The Young Adult Fellowship of our Parish (FSJD) is pleased to announce the resumption of its bi-weekly study group meetings starting on Wednesday, October 14 at 8:00pm. This season the meetings will be moderated by Amber Bennett and will start with the reading and discussion of the book "Mere Christianity" by C.S. Lewis. The meetings will be held at two locations: 716 Monroe Street, NE, Apt. 228, WDC (Amber's apartment) and 2030 Freedom Lane, Falls Church, VA 22043 (Dn. Christian's home). There will also be an on-line conference link. For more information contact Fr. Isaac Crow (frisaac@peterpaulpotomac.org), Dn. Christian Manasseh (dchristian@peterpaulpotomac.org) or Amber Bennett (bennett.amberrose@gmail.com)

STEWARDSHIP CORNER

Calling all Church members...

Stop by our Membership table, which will be up every second Sunday of each month after Church in the Fellowship hour hall to:

Drop off your business card

Smile for our cameras

Fill out your membership form

Fill out your annual pledge form

Sign up to work with us!

The Stewardship Committee's mission is to inspire our Parish members to give of their time, talent and resources.

"Give and it will be given to you" Luke 6:38

Ss. Peter & Paul Parishioner & Vietnam War Hero, Everett Alvarez, to Speak at October 24 Ceremony

On Oct. 24, 2015 Everett Alvarez will be a featured speaker at a Montgomery County Government special event honoring Vietnam veterans. The event will take place at 10:30am at the Universities at Shady Grove in Rockville, MD.

Upcoming events...

- Oct 11 — Memorial for Sergei Malooley following Liturgy
- Oct 12 — Office closed for Columbus Day
- Oct 13 — Parish Council mtg/7pm/LL Conf. Rm.
- Oct 14 — Young Adult Fellowship Study Group (FSJD) @8p alternating locations
- Oct 17 — Arabic Language Class/10a-12:30p/LL Conf. Rm.
- Oct 18 — Suad J. Peter/1-yr Memorial to follow Liturgy Annual Parish Assembly to follow Memorial in Sanctuary
- Oct 22 — Adult Ed Forum/Exploring our Faith/LL Conf. Rm/7:15pm
- Oct 24 — Arabic Language Class/10a-12:30p/LL Conf. Rm. Simon Shaheen Ensemble/7:00pm/reception to follow.
- Oct 25 — Memorial Service/Richard Kogok to follow Liturgy
- Oct 27 — Men's Club Mtg/7:30pm/LL Conf. Rm.
- Oct 31 — Arabic Language Class/10a-12:30p/LL Conf. Rm.
- Nov 01 — 40-Day Memorial for Renee Moorad
- Nov 05 — Adult Ed Forum/Exploring our Faith/LL Conf. Rm/7:15pm
- Nov 7 — Arabic Language Class/10a-12:30p/LL Conf. Rm. Arabic Liturgy @5:00pm
- Nov. 10 — Parish Council mtg/7pm/LL Conf. Rm.
- Nov 14 — Arabic Language Class/10a-12:30p/LL Conf. Rm. Antiochian Women Mini Retreat/1p-3p/LL Hall/ The Art of Spiritual Writing
- Nov 19 — Adult Ed Forum/Exploring our Faith/LL Conf. Rm/7:15pm
- Nov 20 — Feast of the Presentation of the Theotokos @7:00pm

THE EISTLE

(For the Holy Fathers)

Blessed are Thou, O Lord, the God of our Fathers.

For Thou art just in all that Thou hast done.

The Reading from the Epistle of St. Paul to St. Titus. (3:8-15)

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissension, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicus to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greetings to you. Greet those who love us in the faith. Grace be with you all. Amen.

THE GOSPEL

(For the Fourth Sunday of Luke)

The Reading from the Holy Gospel according to St. Luke. (8:5-15)

The Lord spoke this parable: "A sower went out to sow his seed; and as he sowed, some fell along the path, and was trodden under foot, and the birds of the air devoured it. And some fell on the rock; and as it grew up, it withered away, because it had no moisture. And some fell among thorns; and the thorns grew with it and choked it. And some fell into good soil and grew, and yielded a hundredfold." And when His Disciples asked Him what this parable meant, Jesus said, "To you it has been given to know the secrets of the kingdom of God; but for others they are in parables, so that seeing they may not see, and hearing they may not understand. Now the parable is this: The seed is the word of God. The ones along the path are those who have heard; then the devil comes and takes away the word from their hearts that they may not believe and be saved. And the ones on the rock are those who, when they hear the word, receive it with joy; but these have no root, they believe for a while and in time of temptation fall away. And as for what fell among the thorns, they are those who hear, but as they go on their way, they are choked by the cares and riches and pleasures of life, and their fruit does not mature. And as for that in the good soil, they are those who, hearing the word, hold it fast in an honest and good heart, and bring forth fruit with patience." As Jesus said this, He called out, "He who has ears to hear, let him hear."

THE HEART ITSELF IS BUT A SMALL VESSEL, YET DRAGONS ARE THERE, AND THERE ARE ALSO LIONS; THERE ARE POISONOUS BEASTS AND ALL THE TREASURES OF EVIL. BUT THERE TOO IS GOD, THE ANGELS, THE LIFE AND THE KINGDOM, THE LIGHT AND THE APOSTLES, THE HEAVENLY CITIES AND THE TREASURIES OF GRACE

— ALL THINGS ARE THERE.

ST. MACARIUS THE GREAT

SUNDAY SCHOOL

Directors

Samia Zolnerowich
Jennifer Buchko

Teachers

Jumana Misleh
Susan Kozlov
Michelle Zook
Razan Abdallah
Christine Morin
Lara Bellone
Amber Bennett
Caroline Jarboe
Saleem Mokhiber
Stephen Zolnerowich
Anees Mokhiber

Men's Club

Sam Khalil

Antiochian Women

Kate Niewenhaus

Teen SOYO

Advisor

Jamilee Bellone

Officers

Rashid Haddad

Julia Allen

Danielle Bellone

Christopher Zolnerowich

Fellowship of St. John

Christine & Samer Korkor

Dn. Christian & Zeina

Manasseh

Adornment

Shams Akkawi

Jamil Hermes

Facility Management

Nick Nahas

Bob Simon

Rental Coordinator

Barbara Abraham

Charities

Sam Sahouri Ghanem

Finance

David Jackson

Stewardship

Lina Eid

Commemorations

For the servants of God that they may have mercy,
 peace, health, salvation and visitation,
 pardon and remission of sin; the Lord God remember
 them in his Kingdom always:
 now and ever, and unto ages of ages

For the Servants of God
 departed this life: the Lord God
 remember them in his kingdom al-
 ways: now and ever, and unto ages
 of ages

LIVING

Parishioners who remain in our prayers continually

Margaret Ashley	Edmond Neam
May Fillah	Richie Kogok
Issa & Suad Shammass	Brian Briggs
Lulu & George Brown	Robert Simon
Bertha Aed	Isabel Threddeh
Thelma & Bob Badwey	Holly Dubois

Josephine Lofgren	Salwa Gabro
Elia Ghanem	Sally Ruffin
Nouha Aramouni	Joan Lanciani
Bill Dora, Jr.	Linda Dora Elkanich
Joe & Donna Gavin	Richie Ayoub
Catherine Bolus	Robert Dubois
The Friends & Family of Renee Moorad	
Matthew, Amanda, Kristian, Kedzie, Kristian Alexander,	
Joseph, Kimberly, Abigail, Mary Katherine, Andrew, Matthew & Lorna	
Marsha Malooley Irvin & Family	
John & Joyce Dowd	
Daniel & Sandra Martelli	
Andrew & Kristin Martelli and Family	
Henry & Pamela Braverman	
Lauren, David, Claudia, & James Roscoe & Family	

SIMON SHAHEEN & THE QANTARA ENSEMBLE

On Saturday, October 24, 2015 at 7:00pm, our Parish will host a benefit concert for the children of Gaza and Palestine organized by the non-profit organization United Palestinian Appeal. The concert will feature Simon Shaheen and the Qantara Ensemble (the leading classical Arabic music group in America) and is entitled "Music for Healing." Following the concert in the Church, a reception will follow in the Church Hall from 8:30pm – 9:30pm which will feature a children's art exhibit. Tickets for this charity fund raising event are available from helppupa.org/concert (\$50.00/adult and \$25.00/student).

Orthodox Christians

Faithful Orthodox fully participate in the celebration of the Eucharist when they receive Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly disposed to receive Communion, communicants should not be conscious of grave sin, have fasted from the night before taking communion, and seek to live in charity and love with their neighbors. Persons conscious of grave sin must first be reconciled with God and the Church through the Sacrament of Penance

Non-Orthodox

We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions in Christianity that we cannot extend to them a general invitation to receive Communion. Orthodox believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, and for which we must all pray.

Not Receiving Communion

Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

Welcome to Ss. Peter and Paul

To encourage our worship in a proper spirit of prayer and devotion, we respectfully ask you to enter the sanctuary quietly during the Divine Liturgy.

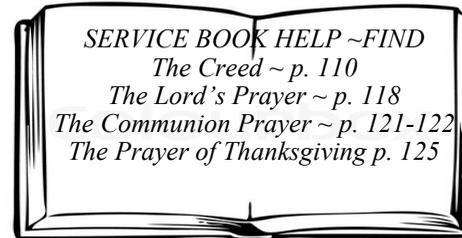
PLEASE DO NOT ENTER OR EXIT THE SANCTUARY AS

- the clergy censes the sanctuary
 - the congregation is standing, or
 - during the Little Entrance with the Gospel
 - during the Reading of the Epistle and the Gospel
- Please enter the sanctuary upon the completion of
- the sermon
 - the Great Entrance with the Holy Gifts
 - the Prayers of Consecration p. 112-113
 - the Hymn to the Theotokos "It is Truly Meet"

Please follow the directions of the ushers during Communion and dismissal; refrain from using cell phones in the narthex; and be considerate of those praying and converse in the hall, outside or downstairs.

Visitors

If you are visiting our parish, please let us get to know you. Complete a visitor card you will find in your pew, and drop it in the ushers tray or the collection box.



HOLY BREAD OF OBLATION OFFERED BY:

Lorna Malooley
 10-year Memorial for Sergei Malooley

FELLOWSHIP HOUR OFFERED BY:

Lorna Malooley
 10-year Memorial for Sergei Malooley