

**FELLOWSHIP HOUR  
AND BREAD OF HOLY OBLATION**

	Bread of Holy Oblation	Fellowship Hour
<b>22 Sept</b>	Phil & Raghda Allen	Ss. Peter & Paul Annual Bazaar
<b>29 Sept</b>	George & Hanada Rados	George & Hanada Rados
<b>06 Oct</b>	Open	Open
<b>13 Oct</b>	Open	Open
<b>20 Oct</b>	Open	Open

Baking or ordering the Holy Bread of Oblation or providing and serving the refreshments for Fellowship Hour following the Liturgy on Sundays is a great way to practice Christian fellowship among our fellow parishioners. Notice the openings to the left and consider contributing to this vital ministry. Sign-up in the Kogok Hall.

**SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH**  
10620 River Road Potomac Maryland 20854 • 301-765-3400 • [www.peterpaulpotomac.org](http://www.peterpaulpotomac.org)

**Kindly keep all cell phones turned off or muted while in Church. Thank you.**

**PRIESTS**  
Very Reverend  
Fr. Isaac Crow  
frisaac@peterpaulpotomac.org  
(401) 300-8238 cell  
(240) 489-3494 home

Reverend  
Fr. Luke Toumi  
frluke@peterpaulpotomac.org  
(610) 844-2583 cell  
(301) 765-3400 #2 office

**DEACON**  
Dn. Christian Manasseh  
DnChristian@peterpaulpotomac.org

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Carol Laham  
**Vice Chairperson**  
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**Treasurer**  
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Michele Forzley  
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Zeina Manasseh  
Rezanne Toumi  
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**SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH**  
*Antiochian Orthodox Christian Archdiocese of North America*

*H.E. Metropolitan JOSEPH*

*Archbishop Primate*

*All Things Are Possible to Him Who Believes*

**Matins:** Sundays 9:30am

**Divine Liturgy:** Sundays 10:30am

**SUNDAY, SEPTEMBER 22, 2019**

**STONE 5/ EOTHINON 3**

**FOURTEENTH SUNDAY AFTER PENTECOST & FIRST SUNDAY OF LUKE**

HIEROMARTYR PHOCAS, BISHOP OF SINOPE

APOSTLE QUADRATOS OF THE SEVENTY: MARTYR PHOCAS THE GARDENER;  
NEW-MARTYRS ISAAC AND MARTIN

**RESURRECTIONAL APOLYTIKION (Tone 5)**

Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

**APOLYTIKION FOR ST. PHOCAS OF SINOPE (Tone 4)**

By choosing the Apostles' way of life, thou hast succeeded to their throne. Inspired by God, thou didst find the way to divine contemplation through the practice of virtue. After teaching the Word of Truth without error, thou didst defend the Faith to the very shedding of thy blood, O Holy Martyr among bishops Phocas. Entreat the Lord our God to save our souls.

**APOLYTIKION OF SAINTS PETER AND PAUL (Tone 4)**

O foremost in the ranks of Apostles, and teachers of the world, Peter and Paul, intercede with the Master of all to grant safety to the world and to our souls the great mercy.

**ORDINARY KONTAKION (Tone 2)**

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

Everyone is made in God's image; but to be in His likeness is granted only to those who through great love have brought their own freedom into subjection to God. For only when we do not belong to ourselves do we become like Him who through love has reconciled us to Himself. No one achieves this unless he persuades his soul not be distracted by the false glitter of this life.

*Saint Diadochos of Photiki*

**“Having This as an Anchor of Hope”  
(Reflections on the Attitude of a Christian)**

Fr. Isaac Crow

The first attitude of the Christian is Worship. Indeed, worship and offering up praise are the bedrock of our Christian existence. The Church is the body of thanksgiving, just as collective worship is the first “work” of the people of God. Gathering together as a family around the sacred place of the altar, the Christian offers thanksgiving (Eucharist) in accordance with the teaching of the Twelve Apostles who instructed us to “assemble in common on the Lord’s own day, breaking bread and offering thanks.”

The second attitude of the Christian is to witness to the Word of God. The Christian is called to proclaim the Gospel and to do the “work” of an Evangelist. This witness to the Gospel is a call to action; to proclaim and teach a life that we ourselves are willing and eager to live by. The proclamation of the Gospel to our time and place is the challenge of a daily fidelity to dedicate our lives as God’s servants and disciples.

The third foundational attitude of the Christian is Service. The Christian must devote part of his time and energy to serving his fellow man, according to the example of Christ, in order to work towards establishing the kingdom of God here on earth. This service is also properly the “work” of the Christian and the ministry of the Church community. Each individual joins in this service and ministry to reach out to the society around them so that in serving each other the body of Christ will be built up.

The fourth essential attitude of the Christian life involves our common Fellowship. In the Church we are given a mutual and collective grace. The Christian belongs to a holy family and not merely to a social or administrative organization. Christians share their life together in the worship and service of the truth of God. This fellowship involves more than cooperation and friendship to achieve certain practical goals. It is a joyful reconciliation and an act of love, inducing the faithful to remain ever “...eager to maintain the unity of the spirit in the bond of peace” (Eph. 4:3).

The hope of a Christian lies then in a series of attitudes, which constitute a human response to a Divine summons. Man is summoned by God to an exacting and irrevocable discipleship in the Divine-human task. This summons is at the same time a revelation to man of his original relation to God, his source in whose image he is created and in the hope of putting on the Divine likeness he lives.

Hope, then, is the wellspring of a Christian's journey of transformation. In the attitude of Christian hope, human response and Divine grace are joined. Hope is, first of all, an essential grace of God, given or rather placed in the human soul by the Holy Spirit, to strengthen and guide the development of faith. Saint Paul himself refers to this basic notion in a clear and concise manner:

“May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.” - Rom. 15:13

Hope serves to bring the role of human choice into conformity with the will of God. In this two-fold path of synergistic cooperation the human will is opened to the mercies of Divine grace. The whole of the Christian life is grounded here in this common work of God and man.

Following from this cooperative union, hope begins to function as an evangelical grace of the soul. The attitude of Christian hope reaches out to bind the individual to the whole of humanity and to all of creation. Understanding that the kingdom of God is within him, the Christian looks always and in everything for a physical and spiritual balance in order to preserve in life the “bond of peace and unity.”

The Church is thus revealed as an anchor of hope wherein, as Saint John Chrysostom says, “the joyful preserve their joy.” The Church gathers its children, in this joyful presence to teach them to project attitudes full of this hope and to offer forth praise, gratitude and healing.

In this arena of hope the Christian enters into a community and a life unlike any other, a community in which life is transfigured unto the joy and glory of the Kingdom.

Part 2 of 2

## Ss. Peter and Paul Orthodox Church News and Events

### CHURCH SCHOOL 2019-2020

Church School is taking a break over the summer. We encourage all of our students to attend liturgy on Sundays. Please use the following link to register your children for the 2019-2020 Church School Year : <http://tinyurl.com/registerSunSchool>

We are also looking for teachers for the upcoming year. Please email us at [peterpaulsundaysschool@gmail.com](mailto:peterpaulsundaysschool@gmail.com) if you would like to volunteer or have any questions.

- Sept 22** \*Church School for preK—5th (Middle & High School will assist with church festival)  
**Sept 29** \*Church School Open House/visit classrooms From 12:15p—12:30p  
**October** \*Orthodox Youth Month

### TEEN SOYO

Ss. Peter & Paul Teen Youth Ministry Group (Teen SOYO) is open to all teens of the Parish (13— 19 years). The teens meet regularly for social, spiritual, and community outreach events.

- Sept 22** \*Teens will volunteer at the Bazaar. Lots of helping hands needed.  
**Oct** \*Orthodox Youth Month  
**Oct 6** \*Teen SOYO Mtg/12:30p/LL Hall

### Lay Advisors:

Stephen Zolnerowich/stephenz2@verizon.net, Juliana Nator, Kinda Callas/kindacallas@hotmail.com

### YOUNG ADULT FELLOWSHIP

The Ss. Peter & Paul YAF welcomes all young people over 20 years of age to join in its social, educational, and outreach activities. Please contact Amal Michael at amal17m@yahoo.com for more information.

### ANTIOCHIAN WOMEN

- Oct 6** \*Annual Kick-off Mtg./following Liturgy/Serge Malooley Conf. Rm./in need of an officer and Volunteers.  
**Oct 12** \*AW of the East Retreat & Gathering @ Holy Protection Monastery, White Haven, PA (see flyer in Narthex)  
**Oct 26** \*Ss. Peter & Paul AW Fall Spiritual Retreat/ Union Bridge, MD/Sacred Monastery of St. Nina. (see flyer in Narthex)

\*Please pay your annual dues of \$25 to help support our outreach and charitable projects. **All women are members and are welcome.** Checks can be given to Janet Metz.

\*Please provide your email address to Donna Gavin at [crazygavins@verizon.net](mailto:crazygavins@verizon.net) for future notices.

### MEN'S FELLOWSHIP

The Men's Fellowship ministry of Ss. Peter and Paul is to serve the church through charitable outreach, educational and service projects which strengthen and deepen the faith of its members and develop a fellowship of Orthodox Christian servants. Please contact Sam Khalil at sk1943@aol.com or Fred Zacharia at fredzach@verizon.net for more information.

### SS. PETER & PAUL OUTREACH VISITATION MINISTRY

The outreach ministry seeks to visit and to assist the elderly, the sick, and those who are housebound, shut-in, or living in nursing homes. Volunteers are needed who are willing to call to visit, and to reach out to our elderly brethren. All those willing to help please contact the coordinators of the group: Alex Cox at ([alexcoxseels@gmail.com](mailto:alexcoxseels@gmail.com)), Paula Massouh ([pmassouh@aol.com](mailto:pmassouh@aol.com)) or Fr. Isaac at ([frisaac@peterpaulpotomac.org](mailto:frisaac@peterpaulpotomac.org)). Our Parish is grateful for this ministry remembering that when we visit the sick and the infirm we visit Christ himself.

### THE SS. PETER & PAUL PARISH LIBRARY & MEDIA CENTER

The Parish Library and Media Center is up and running. The Center houses the Parish Library, audio visual materials, and Christian educational resources. The Center is located in the lower level inside room accessible from the Serge Malooley Conference Center room. Donations of books or materials related to the history, tradition and teaching of the Church and the Orthodox Faith are welcome. All are welcome to use the center by following its user guidelines. Contact Fr. Isaac, Fr. Luke, or Dn. Christian for access and information.

### CHURCH CALENDAR

- Sept 20-22**\*Ss. Peter & Paul Middle Eastern Festival All Hands on Deck!  
**Sept 28** \*Baptism/Serene Storm Farmand/12p  
**Sept 29** \*Church School Open House/12:15p—12:30p  
**Oct** \*Orthodox Youth Month  
**Oct 5** \*Community Retreat on Marriage & Parenting Babysitting for younger children 3rd grade & up  
**Oct 6** \*Antiochian Women Kick-Off Mtg/following Liturgy in the Serge Malooley Conf. Rm.  
 \*Teen SOYO Mtg./12:30p/LL Hall  
**Oct 8** \*Parish Council Mtg./7:30p/Serge Malooley Conf. Rm.  
**Oct 12** \*Baptism/Eliana Victoria Ghareeb/12p  
 \*AWE Fall Retreat/Holy Protection Monastery, White Haven, PA/see flyer in Narthex  
**Oct 13** \*Wedding/Raya Jarawan & Tyler Baldwin/4p  
**Oct 19** \*Wedding/Amanda Ibrahim & Mathew Bannovra/4p  
**Oct 23** \*Professionals Gathering/5:30p-7p/email skorkor@gmail.com for more information.  
**Oct 26** \*Ss. Peter & Paul AW Fall Spiritual Retreat/ Union Bridge, MD/Sacred Monastery of St. Nina. (see below & flyer in Narthex)

### PLEASE CHECK YOUR EMAIL CONTACT LIST

Please make sure your email contact for Ss. Peter and Paul Church is current.

**office@peterpaulpotomac.org (Church office)**  
**frisaac@peterpaulpotomac.org (Fr. Isaac)**  
**frluke@peterpaulpotomac.org (Fr. Luke)**

### ANTIOCHIAN WOMEN FALL RETREAT

On October 26, 2019, the Ss. Peter and Paul Antiochian women are holding a spiritual retreat (8:45a—3:00p) at St. Nina Monastery in Union Bridge, MD. All the women of the Parish are welcome to attend. For information please contact Zeina Manasseh at [Zeina.maalouf@gmail.com](mailto:Zeina.maalouf@gmail.com).

## THE EPISTLE

(For the Fourteenth Sunday after Pentecost)

*Thou, O Lord, wilt keep and preserve us. Save me, O Lord, for the godly man has failed.*  
**The Reading from the Second Epistle of St. Paul to the Corinthians. (1:21-2:4)**

Brethren, it is God who establishes us with you in Christ, and has commissioned us; He has put his seal upon us and given us His Spirit in our hearts as a guarantee. But I call God to witness against me—it was to spare you that I refrained from coming to Corinth. Not that we lord it over your faith; we work with you for your joy, for you stand firm in your faith. For I made up my mind not to make you another painful visit. For if I cause you pain, who is there to make me glad but the one whom I have pained? And I wrote as I did, so that when I came I might not suffer pain from those who should have made me rejoice, for I felt sure of all of you, that my joy would be the joy of you all. For I wrote you out of much affliction and anguish of heart and with many tears, not to cause you pain but to let you know the abundant love that I have for you.

## THE GOSPEL

(For the First Sunday of Luke)

**The Reading from the Holy Gospel according to St. Luke. (5:1-11)**

At that time, Jesus was standing by the lake of Gennesaret. And He saw two boats by the lake; but the fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon's, Jesus asked him to put out a little from the land. And He sat down and taught the people from the boat. And when Jesus had finished speaking, He said to Simon, "Put out into the deep and let down your nets for a catch." And Simon answered, "Master, we toiled all night and took nothing! But at Thy word I will let down the nets." And when they had done this, they enclosed a great shoal of fish; and as their nets were breaking, they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord." For he was astonished, and all that were with him, at the catch of fish, which they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid; henceforth you will be catching men." And when they had brought their boats to land, they left everything and followed Him.

## OCMC BULLETIN UPDATE

### **Joyous OCMC News Welcoming Missionary Jesse Brandow Today**

Welcome Long-term OCMC Missionary Jesse Brandow to our Divine Liturgy today! **How glad we are to welcome you to Ss Peter and Paul!**

Jesse will speak briefly after church about his work in Guatemala, where over 40,000 people have converted to Orthodoxy!

Jesse will also be available during the Festival this afternoon! We hope everyone will have an opportunity to meet Jesse and talk with him! It is a *great blessing* to our parish that he could come this special day!

## **CHURCH SCHOOL**

### **Directors**

Samia Zolnerowich  
Jennifer Buchko

### **Teachers**

Jumana Misleh  
Susan Kozlov  
SaraAyoub  
Michelle Zook  
Beth Davis  
Jennifer Montgomery  
Kinda Callas  
Dara Potter  
Caroline Jarboe  
Stephen Zolnerowich  
Nathaniel Guinn  
Elizabeth El-Hage  
Philip Allen  
Jared Sams

## **MEN'S FELLOWSHIP**

Sam Khalil

## **ANTIOCHIAN WOMEN**

Donna Gavin

## **TEEN SOYO**

### **Lay Advisors**

Stephen Zolnerowich  
Juliana Nator  
Kinda Callas  
**Officers**  
Joud Al-Kallas  
Tia Saah  
Jacob Azar  
Julia Azar

## **YOUNG ADULT FELLOWSHIP**

Amal Michael

## **FACILITY MANAGEMENT**

Sam Berberian  
Alex Cox

## **RENTAL COORDINATOR**

Barbara Abraham  
George Rados

## **CHARITIES**

Sam Khalil

## **FINANCE**

Salim Habayeb

## **STEWARDSHIP**

Zeina Manasseh

## **GIFT SHOP**

Alma Jean Zaki  
Gail Bailey  
Meghan Zoto  
George Zoto

# Commemorations

For the servants of God that they may have mercy, peace, health, salvation and visitation, pardon and remission of sin; the Lord God remember them in his Kingdom always: now and ever, and unto ages of ages.

For the Servants of God departed this life: the Lord God remember them in his kingdom always: now and ever, and unto ages of ages

## DEPARTED

Fr. George Rados  
Fr. Louis Mahshie  
Ibrahim Khoury  
Anthony Abraham  
George Rorke  
Nicholas White

Joan  
Yusca  
Edison  
Afifeh  
George  
Tawfiq  
Aniseh  
Husam  
Hisham  
Richard  
Suleima  
Rushdi

Parishioners who remain in our prayers continually		
Rt. Rev. Fr. Elias Bitar	Rt. Rev. Daniel Griffith	
Margaret Ashley	Jamie Simon	Ann Marie Moses
Isabel Thredek	Nabeeha Ayoub	Joyce Hamaty
Holly Dubois	Suad Shammass	Robert & Thelma Badwey
Sophie Neam	Miriam Yazge	Barbara Abraham
George & Joan Abraham	Lulu Brown	Douglas Kalesh
Michael Buchko, Sr.	Edward Rizkallah	Dorothy Marge
Leila Khoury	Shoke George	Assad & Patricia Khoury
Bob & Shirley Neri	Barbara Mullin	Rene Saah
George & Chris Brown	Kevin Pinkstaff	Allison Ayoub Egge

## LIVING

Archpriest Joseph  
Khouriya Rebecca Alford  
Yeorgos Lampathakis  
Fred & Sherrie Zacharia  
Allison Ayoub Egge  
Loma Malooley & Family  
Geffen Franus  
George & Marie Hyder  
Renee Saah  
The Allen, Dagher, and Alloush families  
Phillip, Raghda, Julia, Joseph, , Valerie, Kristin, Joseph, Elizabeth, Caroline, Imad, Seham, Riyad, Suzanne, Leah, Lena, Mark, Ibtisam, Elizabeth, Jacqueline, John, Phillip, Charlotte, Lisa, & Laurie  
Lidia, Ghassan, Adeb, Farah & Hiba & their families

Ibtisam Toubaji  
Anastacia Lampathakis  
Ibrahim Mazen Saah  
Brian Briggs  
Sami Korban  
Paula Massouh  
Sarah Abdow  
Suzanne Kozlov & Family

Nijmeh Zayed  
Carol Laham  
Ramona Dora  
Joe Malooley  
Ted Milkovich  
Halim & Hayat Barakat  
Audree Yacoub  
Ricky M. Ayoub  
Mona Ayoub & Family

**Orthodox Christians**  
Faithful Orthodox fully participate in the celebration of the Eucharist when they receive Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly disposed to receive Communion, communicants should not be conscious of grave sin, have fasted from the night before taking communion, and seek to live in charity and love with their neighbors. Persons conscious of grave sin must first be reconciled with God and the Church through the Sacrament of Penance (Confession and Absolution). A frequent reception of the Sacrament of Penance is encouraged for all.

**Non-Orthodox**  
We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions in Christianity that we cannot extend to them a general invitation to receive Communion. Orthodox believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, and for which we must all pray.

**Not Receiving Communion**  
Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

**Welcome to Ss. Peter and Paul**  
To encourage our worship in a proper spirit of prayer and devotion, we respectfully ask you to enter the sanctuary quietly during the Divine Liturgy.

**PLEASE DO NOT ENTER OR EXIT THE SANCTUARY AS**

- the clergy censes the sanctuary
- the congregation is standing, or
- during the Little Entrance with the Gospel
- during the Reading of the Epistle and the Gospel
- Please enter the sanctuary upon the completion of
- the sermon
- the Great Entrance with the Holy Gifts
- the Prayers of Consecration p. 112-113
- the Hymn to the Theotokos "It is Truly Meet"

Please follow the directions of the ushers during Communion and dismissal; refrain from using cell phones in the narthex; and be considerate of those praying and converse in the hall, outside or downstairs.

**Visitors**  
If you are visiting our parish, please let us get to know you. Complete a visitor card you will find in your pew, and drop it in the ushers tray or the collection box.

**SERVICE BOOK HELP ~FIND**  
The Service starts on p. 91  
The Creed ~ p. 110  
The Lord's Prayer ~ p. 118  
The Communion Prayer ~ p. 121-122  
The Prayer of Thanksgiving p. 125

**HOLY BREAD OF OBLATION OFFERED BY:**  
Phil & Raghda Allen

**FELLOWSHIP OFFERED BY:**  
36th Annual Middle Eastern Festival

**Teen SOYO 2019 — 2020**  
The Ss. Peter and Paul Teen SOYO year will begin on Sunday, October 6 with the start of Orthodox Youth Month and a meeting at 12:30p in the Lower Level Hall.

**ALL TEENS ARE INVITED TO PARTICIPATE!**

**MARRIAGE & PARENTING: Paths to the Kingdom**  
On Saturday, October 5, 2019 from 10:00a—4:00p, Ss. Peter and Paul Church will host a mini-retreat on marriage, parenting, and the Christian family presented by Dr. Philip Mamalakis of Holy Cross Greek Orthodox School of Theology. Lunch will be provided and there will be activities for children. All are welcome. For more information please contact Fr. Isaac or Fr. Luke.