

	Bread of Holy Oblation	Fellowship Hour
18 Aug	The Family of Henry David Jacklis & Bakhos Family	Jacklis & Bakhos Family/IMO Adnan Jacklis, Albeir Bahna, & Atallah Abboud
25 Aug	Sam & Margo Sahouri-Ghanem/IMO Fahed Masarweh	Sam & Margo Sahouri-Ghanem/IMO Fahed Masarweh
01 Sept	Sakai Family	Sakai Family
08 Sept	Kh. Dolly Crow	Kh. Dolly Crow
15 Sept	Habib Debs & Family	Habib Debs & Family

**FELLOWSHIP HOUR
AND BREAD OF HOLY OBLATION**

Baking or ordering the Holy Bread of Oblation or providing and serving the refreshments for Fellowship Hour following the Liturgy on Sundays is a great way to practice Christian fellowship among our fellow parishioners. Notice the openings to the left and consider contributing to this vital ministry. Sign-up in the Kogok Hall.

SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH

10620 River Road Potomac Maryland 20854 • 301-765-3400 • www.peterpaulpotomac.org

Kindly keep all cell phones turned off or muted while in Church. Thank you.

PRIESTS
Very Reverend
Fr. Isaac Crow
frisaac@peterpaulpotomac.org
(401) 300-8238 cell
(240) 489-3494 home

Reverend
Fr. Luke Toumi
friluke@peterpaulpotomac.org
(610) 844-2583 cell
(301) 765-3400 #2 office

DEACON
Dn. Christian Manasseh
DnChristian@peterpaulpotomac.org

COUNCIL
Chairperson
Carol Laham
Vice Chairperson
Jumana Misleh
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Members
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Nabil Emad
Michele Forzley
Salim Habayeb
Bassem Haddad
Janet Metz
Anees Mokhiber
Alganesh Piechocinski

CHURCH SECRETARY
office@peterpaulpotomac.org

CHOIR DIRECTOR
Kristopher Reese
choir@peterpaulpotomac.org

ASSISTANT CHOIR DIRECTORS
Marie Hyder
Mark Buchko

CHANTERS
Amjad Khalil
Zeina Manasseh
Rezanne Toumi
George Tannous

USHERS
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Abraham Fannoney
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SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH
Antiochian Orthodox Christian Archdiocese of North America

H.E. Metropolitan JOSEPH

Archbishop Primate

All Things Are Possible to Him Who Believes

Matins: Sundays 9:30am

Divine Liturgy: Sundays 10:30am

SUNDAY, AUGUST 18, 2019

tone 8 / EOTHINON 9

**NINTH SUNDAY AFTER PENTECOST
& NINTH SUNDAY OF MATTHEW**

AFTER-FAST OF THE DORMITION OF THE THEOTOKOS

MARTYRS FLOROS AND LAUROS OF ILLYRIA;

VENERABLE SOPHRONIOS OF ST. ANNE SKETE ON ATHOS

RESURRECTIONAL APOLYTIKION (Tone 8)

From the heights Thou didst descend, O compassionate One, and Thou didst submit to the three-day burial, that Thou might deliver us from passion; Thou art our life and our Resurrection, O Lord, glory to Thee.

APOLYTIKION OF THE DORMITION (Tone 1)

In thy birth-giving, O Theotokos, thou didst keep and preserve virginity; and in thy falling-asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore, by thine intercessions, deliver our souls from death.

APOLYTIKION OF SAINTS PETER AND PAUL (Tone 4)

O foremost in the ranks of Apostles, and teachers of the world, Peter and Paul, intercede with the Master of all to grant safety to the world and to our souls the great mercy.

KONTAKION OF THE DORMITION (Tone 2)

Verily, the Theotokos, who is ever watchful in intercessions, and whose prayers are never rejected, neither tomb nor death could control. But since she is the Mother of Life, He Who dwelt in her ever-virgin womb did translate her to life.

“We should pray for our neighbors not because God does not know how to save them, but because he wants us to participate in one another’s salvation... In prayer, we should not forget the people life has brought to us, nor should we forget their prayers for us.”

*Metropolitan HILARION Alfeyev
Prayer: An Encounter with the Living God*

FINDING GOD'S WILL FOR YOUR LIFE: PRINCIPLES FOR YOUNG ADULTS

(4) Be persistent and consistent.

The spiritual life is not always easy. We will still make mistakes in life. But when we fall, we must get up. We must always move forward and never quit. Christ said, “He who endures to the end shall be saved” (Mt 10:22). If we have down days or times of loneliness, we must fill them with stronger prayer to God. A Christian is not a person who never fails — a Christian is a person who has the courage to return to God, to get back up and strive to improve.

(5) Give your heart to God.

“My son, give me thine heart” (Prov 23:26). This is what God requires of us. He wants our love to be freely given. He will not settle for second place. If there is a person or thing or ambition in our life that we value above our relationship with God, it must be abandoned. This is what Christ meant when He said that whoever would come after Him must abandon all and follow Him. Yet He also added that whoever did this would receive a hundredfold in return. When we receive this hundredfold back, however, it no longer means as much to us. Christ is the main focus of our lives. Any other main focus can become a form of idolatry which will never give us happiness.

(6) Avoid negativity.

“It’ll never work.” “Oh, what’s the use?” “Everyone else is doing it.” This sort of negativity can drag us down and even become addictive. It will ruin our desire to be creative, courageous and energetic. It will encourage us to live by lower ideals and lower standards. Stamp out negativity from the start, don’t give it a chance to fester, and don’t feed it.

(7) Keep a journal.

It is a good practice and one followed by many Saints to keep a notebook in which we write down things that inspire us, things people say, things that happen in our lives that reveal God’s providence and care for us. In the future we can then look back and be edified again.

(8) Do not neglect the Sacraments.

Last, but certainly not least, do not be absent from the Divine Liturgy, make every effort to attend Vespers on Saturday nights and feastdays, and receive the Sacraments of Confession and Holy Communion as often as you can. These Sacraments are a “forgotten medicine” today. They have a power not only to unshackle us but to fill us with joy and strength. Holy Communion especially, when received with due preparation, can center and strengthen our whole life in Christ. It is where we are united with Christ, who said, “Without Me ye can do nothing” (Jn 15:5).

Life is a great potential containing a vast horizon of possibilities. Each one of us has a path, a calling, a purpose in God’s plan, and this purpose will bring us fulfillment and joy. But to follow this path takes struggle, work and even sacrifice. It is a “narrow way,” in the words of Christ. Follow Christ and follow your path, the path God sets for you. Do not follow the path set for you by the world, nor that set by others who may not have your best interest in mind. If we wish to be truly happy, to meet our goals, to spend our time on earth with those who would bring us the most joy and love, then we must first follow Christ with our whole heart and being. It is only God who gives every gift and He does so without measure to those who love and follow Him.

Ss. Peter and Paul Orthodox Church News and Events

CHURCH SCHOOL 2019

Church School is taking a break over the summer. We encourage all of our students to attend liturgy on Sundays.

Church school will begin in September. Please use the following link to register your children for the 2019-2020 Church School Year :

<http://tinyurl.com/registerSunSchool>

We are also looking for teachers for the upcoming year. Please email us at peterpaulsundaysschool@gmail.com if you would like to volunteer or have any questions.

TEEN SOYO

Ss. Peter & Paul Teen Youth Ministry Group (Teen SOYO) is open to all teens of the Parish (13— 19 years). The teens meet regularly for social, spiritual, and community outreach events.

Lay Advisors:

Zaid Sharafudin/Zaid.sharafudin@gmail.com (412) 708-6726 and Marian Azar/azaremarian@gmail.com (703) 297-9638

YOUNG ADULT FELLOWSHIP

The Ss. Peter & Paul YAF welcomes all young people over 20 years of age to join in its social, educational, and outreach activities. Please contact Amal Michael at amal17m@yahoo.com for more information.

ANTIOCHIAN WOMEN

*Please pay your annual dues of \$25 to help support our outreach and charitable projects. **All women are members and are welcome.** Checks can be given to Janet Metz.

*Please provide your email address to Donna Gavin at crazygavins@verizon.net for future notices.

MEN'S FELLOWSHIP

The Men's Fellowship ministry of Ss. Peter and Paul is to serve the church through charitable outreach, educational and service projects which strengthen and deepen the faith of its members and develop a fellowship of Orthodox Christian servants. Please contact Sam Khalil at sk1943@aol.com or Fred Zacharia at fredzach@verizon.net for more information.

2019 STEWARDSHIP DRIVE

The 2019 Stewardship Drive is ongoing. Please support your church with your time, talents and treasure and fill out a stewardship form in paper (located in the Narthex) or online at peterpaulpotomac.alexiochms.com. Please make the commitment to support the Church through your generous free-will donation. If you have any questions or need more information, please see Fr. Isaac, Fr. Luke or Zeina Manasseh (zeina.maalouf@gmail.com) in the fellowship hall following the Liturgy for more information. Thank you for your support!

The Stewardship Committee and the Parish Council remind all of the faithful for both individuals and families to submit their annual stewardship pledge to the Church. Membership and financial forms are readily available in the Narthex and on-line. PLEASE make the commitment to SUPPORT the Church through your generous free-will pledges. Any questions concerning stewardship pledges may be addressed to Fr. Isaac, Fr. Luke, or Zeina Manasseh, Stewardship Chairman.

SS. PETER & PAUL OUTREACH VISITATION MINISTRY

The outreach ministry seeks to visit and to assist the elderly, the sick, and those who are housebound, shut-in, or living in nursing homes. Volunteers are needed who are willing to call to visit, and to reach out to our elderly brethren. All those willing to help please contact the coordinators of the group: Alex Cox at (alexcoxseles@gmail.com), Paula Massouh (pmassouh@aol.com) or Fr. Isaac at (frisaac@peterpaulpotomac.org). Our Parish is grateful for this ministry remembering that when we visit the sick and the infirm we visit Christ himself.

THE SS. PETER & PAUL PARISH LIBRARY & MEDIA CENTER

The Parish Library and Media Center is up and running. The Center houses the Parish Library, audio visual materials, and Christian educational resources. The Center is located in the lower level inside room accessible from the Serge Malooley Conference Center room. Donations of books or materials related to the history, tradition and teaching of the Church and the Orthodox Faith are welcome. All are welcome to use the center by following its user guidelines. Contact Fr. Isaac, Fr. Luke, or Dn. Christian for access and information.

CHURCH CALENDAR

Aug 18 *Baptism/Danny Afash/1:30p
Aug 20 *Festival Baking/Knafee/10a-3p (see Bulletin Insert)
Aug 24 *Wedding/Pablo Rincon & Miriam Kheirbek/4p
Sept 01 *Wedding/Sami Oudeh & Megan Fakhouri/4p
Sept 03 *Festival Cooking/Spinach Pies/10a-3p (see Bulletin insert)
Sept 04 *Festival Cooking/Spinach Pies/10a-3p (see Bulletin insert)
Sept 07 *Wedding/Gaelle Browning & Justin Misleh/4p
Sept 10 *Parish Council Mtg/7:30p/Serge Malooley Conf Rm
Sept 13 *International Community Night/7p-10p/
 Serge Malooley Hall/Lower Level
Sept 20-22 *Ss. Peter & Paul Middle Eastern Festival
Sept 28 *Baptism/Serene Storm Farmand/12p
Oct 5 *Community Retreat on Marriage & Parenting/Camp at Home
 (3rd grade & up)/Babysitting for younger children
Oct 12 *Baptism/Eliana Victoria Ghareeb/12p
Oct 08 *Parish Council Mtg/7:30p/Serge Malooley Conf Rm
Oct 13 *Parish-wide General Assembly following services
Oct 23 *Professionals Gathering/5:30p-7p/email skorkor@gmail.com
 for more information.

THE EPISTLE

(For the Ninth Sunday after Pentecost)

*Make vows to the Lord thy God and perform them.
 In Judah God is known; His Name is great in Israel.*

The Reading from the First Epistle of St. Paul to the Corinthians. (3:9-17)

Brethren, we are God's fellow workers; you are God's field, God's building. According to the grace of God given to me, like a skilled master builder I laid a foundation, and another man is building upon it. Let each man take care how he builds upon it. For no other foundation can anyone lay than that which is laid, which is Jesus Christ. Now if any one builds on the foundation with gold, silver, precious stones, wood, hay or straw, each man's work will become manifest; for the Day will disclose it, because it will be revealed with fire, and the fire will test what sort of work each one has done. If the work which any man has built on the foundation survives, he will receive a reward. If any man's work is burned up, he will suffer loss, though he himself will be saved, but only as through fire. Do you not know that you are God's temple and that God's Spirit dwells in you? If anyone destroys God's temple, God will destroy him; for God's temple is holy, and you are that temple.

THE GOSPEL

(For the Ninth Sunday after Pentecost)

The Reading from the Holy Gospel according to St. Matthew. (14:22-34)

At that time, Jesus made the Disciples get into the boat and go before Him to the other side, while He dismissed the crowds. And after He had dismissed the crowds, He went up on the mountain by Himself to pray. When evening came, He was there alone, but the Disciples' boat by this time was many furlongs distant from the land, beaten by the waves; for the wind was against them. And in the fourth watch of the night He came to them, walking on the sea. But when the Disciples saw Jesus walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out for fear. But immediately He spoke to them, saying, "Take heart, it is I; have no fear." And Peter answered Him, "Lord, if it is Thee, bid me come to Thee on the water." He said, "Come." So Peter got out of the boat and walked on the water and came to Jesus; but when he saw the wind, he was afraid, and beginning to sink he cried out, "Lord, save me!" Jesus immediately reached out His hand and caught him, saying to him, "O man of little faith, why did you doubt?" And when they got into the boat, the wind ceased. And those in the boat worshiped Him, saying, "Truly, Thou art the Son of God." And when they had crossed over, they came to land at Gennesaret.

OCMC Bulletin Update

-Did you know that the Orthodox Church in Guatemala has 40,000 members spread across 150 remote and mountainous parishes . . . and only five priests? When you donate to OCMC, you make possible training of hundreds of catechists in villages and towns! (It costs \$155 to provide a catechist with training he needs to teach the Faith in his village!)

--Thank you always for your generosity, prayers for missions, and donations to the OCMC box at the candle counter!

CHURCH SCHOOL

Directors

Samia Zolnerowich
 Jennifer Buchko

Teachers

Jumana Misleh
 Susan Kozlov
 Danielle Bellone
 Michelle Zook
 Ritamarie Saa
 Jennifer Montgomery
 Andrew Salem
 Dara Potter
 Layla Najjar
 Caroline Jarboe
 Stephen Zolnerowich
 Nathaniel Guinn
 Elizabeth El-Hage
 Anees Mokhiber
 AJ Wood
 Philip Allen

MEN'S FELLOWSHIP

Sam Khalil

ANTIOCHIAN WOMEN

Donna Gavin

TEEN SOYO

Lay Advisors

Zaid Sharafudin
 Marian Azar

Officers

Joud Al-Kallas
 Tia Saah
 Jacob Azar
 Julia Azar

YOUNG ADULT FELLOWSHIP

Amal Michael

FACILITY MANAGEMENT

Sam Berberian
 Alex Cox

RENTAL COORDINATOR

Barbara Abraham
 George Rados

CHARITIES

Sam Khalil

FINANCE

Salim Habayeb

STEWARDSHIP

Zeina Manasseh

GIFT SHOP

Alma Jean Zaki
 Gail Bailey
 Meghan Zoto
 George Zoto

Commemorations

Orthodox Christians
 Faithful Orthodox fully participate in the celebration of the Eucharist when they receive Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly disposed to receive Communion, communicants should not be conscious of grave sin, have fasted from the night before taking communion, and seek to live in charity and love with their neighbors. Persons conscious of grave sin must first be reconciled with God and the Church through the Sacrament of Penance (Confession and Absolution). A frequent reception of the Sacrament of Penance is encouraged for all.

Non-Orthodox
 We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions in Christianity that we cannot extend to them a general invitation to receive Communion. Orthodox believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, and for which we must all pray.

Not Receiving Communion
 Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

Welcome to Ss. Peter and Paul
 To encourage our worship in a proper spirit of prayer and devotion, we respectfully ask you to enter the sanctuary quietly during the Divine Liturgy.

PLEASE DO NOT ENTER OR EXIT THE SANCTUARY AS
 - the clergy censes the sanctuary
 - the congregation is standing, or
 - during the Little Entrance with the Gospel
 - during the Reading of the Epistle and the Gospel
 - Please enter the sanctuary upon the completion of the sermon
 - the Great Entrance with the Holy Gifts
 - the Prayers of Consecration p. 112-113
 - the Hymn to the Theotokos "It is Truly Meet"

Please follow the directions of the ushers during Communion and dismissal; refrain from using cell phones in the narthex; and be considerate of those praying and converse in the hall, outside or downstairs.

Visitors
 If you are visiting our parish, please let us get to know you. Complete a visitor card you will find in your pew, and drop it in the ushers tray or the collection box.

SERVICE BOOK HELP ~FIND
 The Service starts on p. 91
 The Creed ~ p. 110
 The Lord's Prayer ~ p. 118
 The Communion Prayer ~ p. 121-122
 The Prayer of Thanksgiving p. 125

HOLY BREAD OF OBLATION OFFERED BY:
 The Family of Henry David
 The Jacklis & Bakhos Family

FELLOWSHIP OFFERED BY:
 The Jacklis & Bakhos Family

For the servants of God that they may have mercy, peace, health, salvation and visitation, pardon and remission of sin; the Lord God remember them in his Kingdom always: now and ever, and unto ages of ages.

For the Servants of God departed this life: the Lord God remember them in his kingdom always: now and ever, and unto ages of ages

Parishioners who remain in our prayers continually

Rt. Rev. Fr. Elias Bitar	Rt. Rev. Daniel Griffith	
Margaret Ashley	Jamie Simon	Ann Marie Moses
Isabel Threddeh	Nabeeha Ayoub	Joyce Hamaty
Holly Dubois	Suad Shammass	Robert & Thelma Badwey
Sophie Neam	Miriam Yazge	Barbara Abraham
George & Joan Abraham	Lulu Brown	Douglas Kalesh
Michael Buchko, Sr.	Edward Rizkallah	Dorothy Marge
Leila Khoury	Shoke George	Assad & Patricia Khoury
Bob & Shirley Neri	Barbara Mullin	Rene Saah
George & Chris Brown	Kevin Pinkstaff	

LIVING

Archpriest Isaac & Kh. Dolly	Nijmeh Zayed	Sami Korban
Ibtisam Toubaji	Anastacia Lampathakis	June Albrecht
Yeorgos Lampathakis	Amber Bennett	Carol Laham
Angela Romano	Ibrahim Mazen Saah	Ramona Dora
Fred & Sherrie Zacharia	Brian Briggs	George & Fifi Ellis
Allison Ayoub Egge	Mitchell David	Linda David
Liebe Gregory	Lorna Malooley & Family	Joe Malooley
Gordon Redman	Elias & Mona Jacklis	Fadia Abboud Jacklis
Alex Cox & Family	Hala, Faten & Ghassan Jacklis & Family	Abla & Ayham Bakhos & Family
Hala, Faten & Ghassan Jacklis & Family	Ola & Alex Yazji & Family	Elie Jacklis
Ola & Alex Yazji & Family	Siham, Hiam & Wadiah Abboud & Family	George & Hanada Rados & Family
Siham, Hiam & Wadiah Abboud & Family	Lidia, Ghassan, Adeeb, Farah and Hiba & their families	
Lidia, Ghassan, Adeeb, Farah and Hiba & their families	Suleiman, Rasha, Jude, Leah & Danny Afash	

DEPARTED

Fr. George Rados
 Zahwa Bitar
 Ibrahim Khoury
 Anthony Lamana
 Kamal Boullata
 Sadie Hier
 Mary Kiatta
 Ruth Bridenhagen
 Joanna Ayoub
 Henry David
 Elsie David
 George & Helen David
 Mitchell David
 Zurefa David
 Edward David
 Fred David
 Robert David
 Nick & Mary Ellis
 Richard Ellis
 Adnan Jacklis
 Albeir Bahna
 Atallah Abboud

BAPTISM
 Danny Andrew Afash

MEMORIALS
 Henry David/1 yr.
 Adnan Jacklis/40-day
 Albeir Bahna/5-mos
 Atallah Abboud/6-yr

Fr. Isaac and Fr. Luke request if you or any of your family members or friends are sick or admitted to the hospital, please let them and the Church office know. They will be happy to visit and pray with you.