

	Bread of Holy Oblation	Fellowship Hour
11 Aug	Chris Malaska Michelle Boyle/IMO Peter Boyle	Michelle Boyle/IMO Peter Boyle
18 Aug	Zurefa Ellis/IMO Henry David	Jacklis Family/IMO Adnan Jacklis-40-day
25 Aug	Sam & Margo Sahouri-Ghanem/IMO Fahed Masarweh	Sam & Margo Sahouri-Ghanem/IMO Fahed Masarweh
01 Sept	Sakai Family	Sakai Family
08 Sept	Kh. Dolly Crow	Kh. Dolly Crow

**FELLOWSHIP HOUR
AND BREAD OF HOLY OBLATION**

Baking or ordering the Holy Bread of Oblation or providing and serving the refreshments for Fellowship Hour following the Liturgy on Sundays is a great way to practice Christian fellowship among our fellow parishioners. Notice the openings to the left and consider contributing to this vital ministry. Sign-up in the Kogok Hall.

SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH
10620 River Road Potomac Maryland 20854 • 301-765-3400 • www.peterpaulpotomac.org

Kindly keep all cell phones turned off or muted while in Church. Thank you.

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SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH
Antiochian Orthodox Christian Archdiocese of North America

H.E. Metropolitan JOSEPH

Archbishop Primate

All Things Are Possible to Him Who Believes

Matins: Sundays 9:30am

Divine Liturgy: Sundays 10:30am

SUNDAY, AUGUST 11, 2019

tone 7/ EOTHINON 8

**EIGHTH SUNDAY AFTER PENTECOST
& EIGHTH SUNDAY OF MATTHEW**

**AFTER-FAST OF THE TRANSFIGURATION OF CHRIST
MARTYR AND ARCHDEACON EUPLOS OF CATANIA IN SICILY;
NIPHON, PATRIARCH OF CONSTANTINOPLE;
NEW-MARTYRS ANASTASIOS AND DEMETRIOS OF LESBOS**

RESURRECTIONAL APOLYTIKION (Tone 7)

Thou didst shatter death by Thy Cross, Thou didst open paradise to the thief; Thou didst turn the sadness of the ointment-bearing women into joy. And didst bid Thine Apostles proclaim a warning, that Thou hast risen O Christ, granting to the world the Great Mercy.

APOLYTIKION OF THE TRANSFIGURATION (Tone 7)

When, O Christ our God, Thou wast transfigured on the mountain, Thou didst reveal Thy glory to Thy Disciples in proportion as they could bear it. Let Thine everlasting light also enlighten us sinners, through the intercessions of the Theotokos. O Thou Bestower of light, glory to Thee.

APOLYTIKION OF SAINTS PETER AND PAUL (Tone 4)

O foremost in the ranks of Apostles, and teachers of the world, Peter and Paul, intercede with the Master of all to grant safety to the world and to our souls the great mercy.

KONTAKION OF THE TRANSFIGURATION (Tone 7)

Thou wast transfigured on the mount, and Thy Disciples, in so far as they were able, beheld Thy glory, O Christ our God; so that, when they should see Thee crucified, they would remember that all Thy suffering was voluntary, and could declare to all the world that Thou art truly the effulgent Splendor of the Father.

God writes upon our hearts the knowledge of His will... Our hearts must yearn for the things of God. The hunger to do His will is the key... we must seek God's will in all that we do. This means turning every area of life over to Him.

St. Cyril of Alexandria

FINDING GOD'S WILL FOR YOUR LIFE: PRINCIPLES FOR YOUNG ADULTS

It has been said that at the end of your life the only things that really matter are the people you loved, the people who loved you, and what you did for God. Our other accomplishments, however great, do not have the same importance. These tend to fade into oblivion and be forgotten. How then do we discern what is truly important in our lives? How do we make our major decisions (what career to pursue, whom to marry, etc.)? Obviously, the way to a meaningful life is to follow God's will for our lives. But to know God's will for ourselves implies that we are attuned to Him through a spiritual life of prayer that allows us to listen to Him. Here are several principles to help young adults develop and maintain such a spiritual life.

(1) Pray the prayer "Thy will be done."

God's will is always for our benefit and always out of love for us, even though we may not understand it at first and it may be difficult to accept. We see that things turned out for the best only later. God sees what we do not see in our own hearts and in the hearts of others. As we grow, we see that He is watching us very closely and is always in control. We thereby learn to trust Him and always be at peace.

St. John Chrysostom said, "I always pray, 'Lord, not what I will, nor what any other creature wills, but may Thy will be done.'" Christ Himself prayed the same prayer in the garden of Gethsemane during His most difficult hour. We also should always finish our personal requests to God with the same prayer, "Not my will, but Thy will be done." This prayer will give us clarity of vision, free us from excessive disappointment, protect us from trying to bring the wrong people into our lives, and deliver us from man-pleasing and flattery. It does not mean that we won't make mistakes. Yet even in our mistakes God will not abandon us if we are striving to realign ourselves with Him.

(2) Develop a world of interiority.

Everyday we should strive to do something for God which is known only to Him and not to any other human being. In this way, no one on earth can take it away from us. This is what Christ meant when He said, "Let not your right hand know what your left hand is doing" (Mt 6:3). This was a source of strength to Christians of the past in times of persecution. It will also protect us when the conditions of our life change and we do not find ourselves near a church that is providing for our needs, or near a church at all.

(3) Stay inspired, or you'll expire.

The daily, patient reading of the Holy Scripture is the best means to keep our heart warm towards God. At first it may seem difficult, but as we read more we realize how deeply it speaks to our lives. St. John Chrysostom even stated, "Without the daily sweetening of the soul with the words of Holy Scripture, it is impossible to be saved."

Also important is to choose inspiring friends and to associate ourselves with quality people. Our habits, speech, interests, etc., are influenced by those with whom we spend time. Choose your friends carefully. Spend time with those who lift you up, help you achieve your goals and make you want to be a better person.

Finally, absorb and pursue the truly beautiful things in life. St. Paul said, "Whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely... meditate on these things" (Phil 4:8). The modern media seeks to choke us with materialism and the baser things in life. Rebel against this by seeking a higher culture. Listen to Mozart, Bach, Handel, Vivaldi, etc. You will not be disappointed.

Ss. Peter and Paul Orthodox Church News and Events

CHURCH SCHOOL 2019

Church School is taking a break over the summer. We encourage all of our students to attend liturgy on Sundays.

Church school will begin in September. Please use the following link to register your children for the 2019-2020 Church School Year : <http://tinyurl.com/registerSunSchool>

We are also looking for teachers for the upcoming year. Please email us at peterpaulsundaysschool@gmail.com if you would like to volunteer or have any questions.

TEEN SOYO

Ss. Peter & Paul Teen Youth Ministry Group (Teen SOYO) is open to all teens of the Parish (13— 19 years). The teens meet regularly for social, spiritual, and community outreach events.

Lay Advisors:

Zaid Sharafudin/Zaid.sharafudin@gmail.com (412) 708-6726 and Marian Azar/azaremarian@gmail.com (703) 297-9638

YOUNG ADULT FELLOWSHIP

The Ss. Peter & Paul YAF welcomes all young people over 20 years of age to join in its social, educational, and outreach activities. Please contact Amal Michael at amal17m@yahoo.com for more information.

ANTIOCHIAN WOMEN

*Please pay your annual dues of \$25 to help support our outreach and charitable projects. **All women are members and are welcome.** Checks can be given to Janet Metz.

*Please provide your email address to Donna Gavin at crazygavins@verizon.net for future notices.

MEN'S FELLOWSHIP

The Men's Fellowship ministry of Ss. Peter and Paul is to serve the church through charitable outreach, educational and service projects which strengthen and deepen the faith of its members and develop a fellowship of Orthodox Christian servants. Please contact Sam Khalil at sk1943@aol.com or Fred Zacharia at fredzach@verizon.net for more information.

Ss. Peter & Paul Annual Festival

The 2019 Middle Eastern Festival is September 20, 21, & 22, 2019 and is a major fundraiser for our Church. The Festival Committee is asking for your help and support to offset our baking and cooking expenses. Please see Lorna Malooley, Thomaseena Cox, or Denise Bolus in the Church Hall to make your donation or volunteer. Contact information: Lorna Malooley - (703)503-3344, lornaam6542@icloud.com; Thomaseena Cox - (301) 775-3842 (cox1903@aol.com); or Denise Bolus - (301) 466-3323 (bolus.denise@gmail.com) to donate.

SS. PETER & PAUL OUTREACH VISITATION MINISTRY

The outreach ministry seeks to visit and to assist the elderly, the sick, and those who are housebound, shut-in, or living in nursing homes. Volunteers are needed who are willing to call to visit, and to reach out to our elderly brethren. All those willing to help please contact the coordinators of the group: Alex Cox at (alexcoxseells@gmail.com), Paula Massouh (outreachministry@peterpaulpotomac.org) or Fr. Isaac at (frisaac@peterpaulpotomac.org). Our Parish is grateful for this ministry remembering that when we visit the sick and the infirm we visit Christ himself.

THE SS. PETER & PAUL PARISH LIBRARY & MEDIA CENTER

The Parish Library and Media Center is up and running. The Center houses the Parish Library, audio visual materials, and Christian educational resources. The Center is located in the lower level inside room accessible from the Serge Malooley Conference Center room. Donations of books or materials related to the history, tradition and teaching of the Church and the Orthodox Faith are welcome. All are welcome to use the center by following its user guidelines. Contact Fr. Isaac, Fr. Luke, or Dn. Christian for access and information.

CHURCH CALENDAR

Aug 11 *Baptism/Jaclyn Zayed/1:30p
Aug 12 *Service of the Small Paraklesis/7p
Aug 13 *Festival Baking/Bird's Nest/10a-3p (see Bulletin insert)
Aug 14 *Feast of the Dormition of the Mother of God/6p Matins, 7p Divine Liturgy
Aug 15 *Festival Baking/Custard Triangles/10a-3p (see Bulletin insert)
Aug 18 *Baptism/Danny Afash/1:30p
Aug 20 *Festival Baking/Knafee/10a-3p (see Bulletin Insert)
Aug 24 *Wedding/Pablo Rincon & Miriam Kheirbek/4p
Sept 01 *Wedding/Sami Oudeh & Megan Fakhouri/4p
Sept 03 *Festival Cooking/Spinach Pies/10a-3p (see Bulletin insert)
Sept 04 *Festival Cooking/Spinach Pies/10a-3p (see Bulletin insert)
Sept 07 *Wedding/Gaelle Browning & Justin Misleh/4p
Sept 20-22 *Ss. Peter & Paul Middle Eastern Festival
Sept 28 *Baptism/Serene Storm Farmand/12p
Oct 12 *Baptism/Eliana Victoria Ghareeb/12p
Oct 23 *Professionals Gathering/5:30p-7p/email skorkor@gmail.com for more information.

THE EPISTLE

(For the Eighth Sunday after Pentecost)

The Lord will give strength to His people.

Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.
The Reading from the First Epistle of St. Paul to the Corinthians. (1:10-17)

Brethren, I appeal to you, by the Name of our Lord Jesus Christ, that all of you agree and that there be no dissension among you, but that you be united in the same mind and the same judgment. For it has been reported to me by Chloe's people that there is quarreling among you, my brethren. What I mean is that each one of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispus and Gaius; lest anyone should say that you were baptized in my name. (I did baptize also the household of Stephanas. Beyond that, I do not know whether I baptized anyone else.) For Christ did not send me to baptize but to preach the Gospel, and not with eloquent wisdom, lest the cross of Christ be emptied of its power.

THE GOSPEL

(For the Eighth Sunday of Matthew)

The Reading from the Holy Gospel according to St. Matthew. (14:14-22)

At that time, when Jesus went ashore he saw a great throng; and he had compassion on them, and healed their sick. When it was evening, the disciples came to Him and said, "This is a lonely place, and the day is now over; send the crowds away to go into the villages and buy food for themselves." Jesus said, "They need not go away; you give them something to eat." They said to Him, "We have only five loaves here and two fish." And He said, "Bring them here to Me." Then He ordered the crowds to sit down on the grass; and taking the five loaves and the two fish He looked up to Heaven, and blessed, and broke and gave the loaves to the disciples, and the disciples gave them to the crowds. And they all ate and were satisfied. And they took up twelve baskets full of the broken pieces left over. And those who ate were about five thousand men, besides women and children. Then Jesus made the disciples get into the boat and go before Him to the other side, while He dismissed the crowds.

OCMC Update:

-Did you know that your contributions to OCMC make possible classes offered by the Theological Academy called "Resurrection of Christ" in Shen Vlash, Durres, Albania? Many of Albania's current bishops and priests have attended the school, which educates men and women. Some OCMC missionaries have been able to teach there. The country is still recovering from decades of communist dictatorship and official atheism. However, now, almost 20 percent of the Albanian population is Orthodox, though the number of priests is still not sufficient. —Thank you again for your contributions, even small amounts to the OCMC box at the candle counter to help spread the word of Christ in many nations.

2019 STEWARDSHIP DRIVE

The 2019 Stewardship Drive is ongoing. Please support your church with your time, talents and treasure and fill out a stewardship form in paper (located in the Narthex) or online at peterpaulpotomac.elixiochms.com. Please make the commitment to support the Church through your generous free-will donation. If you have any questions or need more information, please see Fr. Isaac, Fr. Luke or Zeina Manasseh (zeina.maalouf@gmail.com) in the fellowship hall following the Liturgy for more information. Thank you for your support!

CHURCH SCHOOL

Directors

Samia Zolnerowich
Jennifer Buchko

Teachers

Jumana Misleh
Susan Kozlov
Danielle Bellone
Michelle Zook
Ritamarie Saa
Jennifer Montgomery
Andrew Salem
Dara Potter
Layla Najjar
Caroline Jarboe
Stephen Zolnerowich
Nathaniel Guinn
Elizabeth El-Hage
Anees Mokhiber
AJ Wood
Philip Allen

MEN'S FELLOWSHIP

Sam Khalil

ANTIOCHIAN WOMEN

Donna Gavin

TEEN SOYO

Lay Advisors

Zaid Sharafudin
Marian Azar
Officers
Joud Al-Kallas
Tia Saah
Jacob Azar
Julia Azar

YOUNG ADULT FELLOWSHIP

Amal Michael

FACILITY MANAGEMENT

Sam Berberian
Alex Cox

RENTAL COORDINATOR

Barbara Abraham
George Rados

CHARITIES

Sam Khalil

FINANCE

Salim Habayeb

STEWARDSHIP

Zeina Manasseh

GIFT SHOP

Alma Jean Zaki
Gail Bailey
Meghan Zoto
George Zoto

Commemorations

For the servants of God that they may have mercy, peace, health, salvation and visitation, pardon and remission of sin; the Lord God remember them in his Kingdom always: now and ever, and unto ages of ages.

For the Servants of God departed this life: the Lord God remember them in his kingdom always: now and ever, and unto ages of ages

Orthodox Christians
 Faithful Orthodox fully participate in the celebration of the Eucharist when they receive Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly disposed to receive Communion, communicants should not be conscious of grave sin, have fasted from the night before taking communion, and seek to live in charity and love with their neighbors. Persons conscious of grave sin must first be reconciled with God and the Church through the Sacrament of Penance (Confession and Absolution). A frequent reception of the Sacrament of Penance is encouraged for all.

Non-Orthodox
 We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions in Christianity that we cannot extend to them a general invitation to receive Communion. Orthodox believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, and for which we must all pray.

Not Receiving Communion
 Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

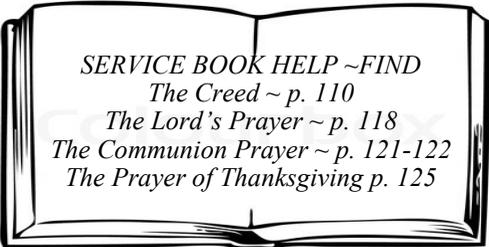
Welcome to Ss. Peter and Paul
 To encourage our worship in a proper spirit of prayer and devotion, we respectfully ask you to enter the sanctuary quietly during the Divine Liturgy.

PLEASE DO NOT ENTER OR EXIT THE SANCTUARY AS

- the clergy censes the sanctuary
- the congregation is standing, or
- during the Little Entrance with the Gospel
- during the Reading of the Epistle and the Gospel
- Please enter the sanctuary upon the completion of the sermon
- the Great Entrance with the Holy Gifts
- the Prayers of Consecration p. 112-113
- the Hymn to the Theotokos "It is Truly Meet"

Please follow the directions of the ushers during Communion and dismissal; refrain from using cell phones in the narthex; and be considerate of those praying and converse in the hall, outside or downstairs.

Visitors
 If you are visiting our parish, please let us get to know you. Complete a visitor card you will find in your pew, and drop it in the ushers tray or the collection box.



Parishioners who remain in our prayers continually

Rt. Rev. Fr. Elias Bitar	Rt. Rev. Daniel Griffith	
Margaret Ashley	Jamie Simon	Ann Marie Moses
Isabel Threddeh	Nabeeha Ayoub	Joyce Hamaty
Holly Dubois	Suad Shammass	Robert & Thelma Badwey
Sophie Neam	Miriam Yazge	Barbara Abraham
George & Joan Abraham	Lulu Brown	Douglas Kalesh
Michael Buchko, Sr.	Edward Rizkallah	Dorothy Marge
Leila Khoury	Shoke George	Assad & Patricia Khoury
Bob & Shirley Neri	Barbara Mullin	Rene Saah
George & Chris Brown	Kevin Pinkstaff	

LIVING

Archpriest Isaac & Kh Dolly	Nijmeh Zayed	Gladys Laham
Ibtisam Toubaji	Yeorgos Lampathakis	Anastacia Lampathakis
Sami Korban	June Albrecht	Ramzi Azat
Angela Romano	Carol Laham	Fred & Sherrie Zacharia
Amber Bennett	Ramona Dora	Jimmy, Maryan, & Jaclyn Zayed
Ibrahim Mazen Saah		
Michelle Boyle & Family	Barbara Bosworth & Family	Betty Slanta & Family
Samia Zolnerovich & Family	Lorna Malooley & Family	Jessica Hawkins & Family
George & Hanada Rados & Family		
Charlie Audi & Family	David Audi & Family	Danny Audi & Family
Jerry Jr. Audi & Family		

DEPARTED

Fr. George Rados
 David Tannous
 Mary David
 Zahwa Bitar
 Ibrahim Khoury
 Anthony Lamana
 Kamal Boullata
 Maher Ibrahim
 Peter Boyle
 Jamiel & Dorothy Howie
 Dave & Simone Dowd
 Frank & Adele George
 Thomas, Kathryn, Tom, Ann,
 Robert & William Boyle
 Departed members of the
 Boyle, Howie, George, &
 Dowd Families

HOLY BREAD OF OBLATION OFFERED BY:
 Michelle Boyle/IMO Peter Boyle
 Jerry & Nelly Audi/IMO Maher Ibrahim

MEMORIAL WHEAT
 Michelle Boyle/IMO Peter Boyle

FELLOWSHIP OFFERED BY:
 Michelle Boyle/IMO Peter Boyle

BAPTISM
 Jaclyn Zayed

MEMORIAL SERVICE
 Peter Boyle/1 yr.

Fr. Isaac and Fr. Luke request if you or any of your family members or friends are sick or admitted to the hospital, please let them and the Church office know. They will be happy to visit and pray with you.