

	Bread of Holy Oblation	Fellowship Hour
28 Jul	Siham Ayoub/IMO Richie Ayoub Dolly & David Browning/IMO Salwa Azkoul	Everett & Tammy Alvarez (Alex and Thomaseena Cox have graciously offered to help set up and clean-up)
04 Aug	Michael & Laurice Nassif/IMO Mary Nassif Smith	Michael & Laurice Nassif/IMO Mary Nassif Smith
11 Aug	Open	Open
18 Aug	Zurefa Ellis/IMO Henry David	Zurefa Ellis/IMO Henry David
25 Aug	Sam & Margo Sahouri-Ghanem/IMO Fahed Masarweh	Sam & Margo Sahouri-Ghanem/IMO Fahed Masarweh

**FELLOWSHIP HOUR
AND BREAD OF HOLY OBLATION**

Baking or ordering the Holy Bread of Oblation or providing and serving the refreshments for Fellowship Hour following the Liturgy on Sundays is a great way to practice Christian fellowship among our fellow parishioners. Notice the openings to the left and consider contributing to this vital ministry. Sign-up in the Kogok Hall.

SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH

10620 River Road Potomac Maryland 20854 • 301-765-3400 • www.peterpaulpotomac.org

Kindly keep all cell phones turned off or muted while in Church. Thank you.

PRIESTS
Very Reverend
Fr. Isaac Crow
frisaac@peterpaulpotomac.org
(401) 300-8238 cell
(240) 489-3494 home

Reverend
Fr. Luke Toumi
friluke@peterpaulpotomac.org
(610) 844-2583 cell
(301) 765-3400 #2 office

DEACON
Dn. Christian Manasseh
DnChristian@peterpaulpotomac.org

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Carol Laham
Vice Chairperson
Jumana Misleh
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Ken Bailey
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Abe Fannoney

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Salim Habayeb
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Mark Buchko

CHANTERS
Amjad Khalil
Wayne Parr
Zeina Manasseh
Rezanne Toumi
George Tannous

USHERS
Jerry Audi
Michael El Araj
Abraham Fannoney
Sam Khalil

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Peter Aburdeineh

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Captains -
Andrew Erickson
Rashid Haddad
Thomas Zook

SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH
Antiochian Orthodox Christian Archdiocese of North America

H.E. Metropolitan JOSEPH

Archbishop Primate

All Things Are Possible to Him Who Believes

Matins: Sundays 9:30am

Divine Liturgy: Sundays 10:30am

SUNDAY, JULY 28, 2019

tone 5/ EOTHINON 6

**SIXTH SUNDAY AFTER PENTECOST
& SIXTH SUNDAY OF MATTHEW**

PROCHORUS, NICANOR, TIMON AND PARMENAS,
DEACONS AND APOSTLES OF THE SEVENTY;
VENERABLE PAUL, FOUNDER OF XEROPOTAMOU
AND ST. PAUL MONASTERIES ON ATHOS;
VENERABLE IRENE CHRYSOVALANTOU;
PITIRIM, BISHOP OF TAMBOV

RESURRECTIONAL APOLYTIKION (Tone 5)

Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

APOLYTIKION OF SAINTS PETER AND PAUL (Tone 4)

O foremost in the ranks of Apostles, and teachers of the world, Peter and Paul, intercede with the Master of all to grant safety to the world and to our souls the great mercy.

KONTAKION OF THE TRANSFIGURATION (Tone 7)

Thou wast transfigured on the mount, and Thy Disciples, in so far as they were able, beheld Thy glory, O Christ our God; so that, when they should see Thee crucified, they would remember that all Thy suffering was voluntary, and could declare to all the world that Thou art truly the effulgent Splendor of the Father.

You are pleased when people help you when you are in need. Therefore strive yourself, as much as you can, to help your neighbor in all of his needs.

*- Metropolitan Gregory (Postnikov) of St. Petersburg
How to Live a Holy Life p.34*

Gifts Differing

Hieromonk Calinic (Berger)

St. Paul writes in Romans that though we are all one Body in Christ, each one of us has different gifts (Rom 12:5-6). God has given each one of us gifts. These gifts were given to us in order to help others. God does not give us gifts for ourselves. However, by using our gifts for others we develop our own gifts — we sharpen the talents, intuitions and abilities God has given us — and thereby we develop ourselves as persons. We respond to God's deeds with our own deeds, and we respond to God's gifts by using these gifts.

Not all have the same gifts. St. Paul says we have been given "gifts differing according to the grace given us," but does not imply that some gifts are better than others. Diversity of gifts, just as diversity of persons, gives dynamism to human life and makes it interesting. We fit together like a mosaic; we make music as in an orchestra. Without proper balance in gifts, there can be no art and no music. Each must play the role God has given him without thinking it insignificant or, on the other hand, all-important. After all, God is the artist and the conductor.

Our society today teaches us the complete opposite. In the first sense, it teaches that gifts are given for one's own glory and distinction, rather than that of God and others. It does this because it sees a self-centered goal of life. Society is designed to make us think about ourselves constantly: our own success, security, fulfillment, in short, happiness. It teaches us that our own happiness is the goal of life. If we are not perfectly happy in everything, as to our jobs, our relationships, whatever - then we panic that somehow our life is not going the way it should, that something is wrong and must be immediately changed, no matter what or whom this will affect. The great anxiety of Western life is that we are not going to be perfectly happy in every instant.

St. Paul liberates us from all this false anxiety. First, he tells us not to worry about the fact that another person has a gift that we might not have. You have your own gift, he says, and it is equally important. In fact, it's much more important for you and your spiritual development and fulfillment, as for the fulfillment of God's plan in your life. In fact, your self-fulfillment is to fulfill God's plan in your life. God has uniquely equipped each person with the gifts needed to do this. When God's plan is our plan then we are truly happy, peaceful and productive, because we have a purpose beyond ourselves. This is the case regardless of the sorrows or disappointments which may come our way. Therefore, St. Paul also liberates us from this anxiety by telling us our gifts are to be used for others, most especially for God and the Church, and not for ourselves.

If we follow our society and the lifestyle today which teaches us a spiritual orientation that is egotistical, we can never be happy. Society teaches that our goals should be all about ourselves, all about what we want, to be happy and fulfilled. Man cannot be fulfilled in this manner because that is simply not how God created our nature. He created us for Himself and for each other. Only other persons give our life meaning, warmth and love. That is why only by using the gifts He gave us for others do we find happiness and thereby glorify Him. But let us be clear: the goal is not our fellow man but the goal is to please God. Our neighbor is like a window to this goal.

Part 1 of 2

Ss. Peter and Paul Orthodox Church News and Events

CHURCH SCHOOL 2019

Church School is taking a break over the summer. We encourage all of our students to attend liturgy on Sundays.

Church school will begin in September. Please use the following link to register your children for the 2019-2020 Church School Year : <http://tinyurl.com/registerSunSchool>

We are also looking for teachers for the upcoming year. Please email us at peterpaulsundaysschool@gmail.com if you would like to volunteer or have any questions.

TEEN SOYO

Ss. Peter & Paul Teen Youth Ministry Group (Teen SOYO) is open to all teens of the Parish (13— 19 years). The teens meet regularly for social, spiritual, and community outreach events.

Lay Advisors:

Zaid Sharafudin/Zaid.sharafudin@gmail.com (412) 708-6726 and Marian Azar/azaremarian@gmail.com (703) 297-9638

YOUNG ADULT FELLOWSHIP

The Ss. Peter & Paul YAF welcomes all young people over 20 years of age to join in its social, educational, and outreach activities. Please contact Amal Michael at amal17m@yahoo.com for more information.

ANTIOCHIAN WOMEN

*Please pay your annual dues of \$25 to help support our outreach and charitable projects. **All women are members and are welcome.** Checks can be given to Janet Metz.

*Please provide your email address to Donna Gavin at crazygavins@verizon.net for future notices.

MEN'S FELLOWSHIP

The Men's Fellowship ministry of Ss. Peter and Paul is to serve the church through charitable outreach, educational and service projects which strengthen and deepen the faith of its members and develop a fellowship of Orthodox Christian servants. Please contact Sam Khalil at sk1943@aol.com or Fred Zacharia at fredzach@verizon.net for more information.

Ss. Peter & Paul Annual Festival

The 2019 Middle Eastern Festival is September 20, 21, & 22, 2019 and is a major fundraiser for our Church. The Festival Committee is asking for your help and support to offset our baking and cooking expenses. Please see Lorna Malooley, Thomaseena Cox, or Denise Bolus in the Church Hall to make your donation or volunteer. Contact information: Lorna Malooley - (703)503-3344, lornaam6542@icloud.com; Thomaseena Cox - (301) 775-3842 (cox1903@aol.com); or Denise Bolus - (301) 466-3323 (bolus.denise@gmail.com) to donate.

SS. PETER & PAUL OUTREACH VISITATION MINISTRY

The outreach ministry seeks to visit and to assist the elderly, the sick, and those who are housebound, shut-in, or living in nursing homes. Volunteers are needed who are willing to call to visit, and to reach out to our elderly brethren. All those willing to help please contact the coordinators of the group: George & Alma Jean Zaki at (georgezaki@gmail.com or ajmzaki@gmail.com), Alex Cox at (alexcoxsells@gmail.com), Paula Massouh (pmassouh@aol.com) or Fr. Isaac at (frisaac@peterpaulpotomac.org). Our Parish is grateful for this ministry remembering that when we visit the sick and the infirm we visit Christ himself.

THE SS. PETER & PAUL PARISH LIBRARY & MEDIA CENTER

The Parish Library and Media Center is up and running. The Center houses the Parish Library, audio visual materials, and Christian educational resources. The Center is located in the lower level inside room accessible from the Serge Malooley Conference Center room. Donations of books or materials related to the history, tradition and teaching of the Church and the Orthodox Faith are welcome. All are welcome to use the center by following its user guidelines. Contact Fr. Isaac, Fr. Luke, or Dn. Christian for access and information.

CHURCH CALENDAR

Jul 28 *Baptism/Natalie Naomi Leathers/1:30p
Aug 1 *Start of the Fast of the Dormition/7p Service of the Small Paraklesis
Aug 5 *Feast of the Transfiguration/6p Matins, 7p Divine Liturgy
Aug 6 *Festival Baking/Mamoul/10a-3p (see Bulletin insert)
Aug 8 *Festival Baking/Ghrabee & Yansoon/10a-3p (see Bulletin insert)
Aug 11 *Baptism/Jaclyn Zayed/1:30p
Aug 13 *Festival Baking/Bird's Nest/10a-3p(see Bulletin insert)
*Parish Council Mtg/7:30p/Serge Malooley Conf Rm
Aug 14 *Feast of the Dormition of the Mother of God/6p Matins, 7p Divine Liturgy
Aug 15 *Festival Baking/Custard Triangles/10a-3p (see Bulletin insert)
Aug 20 *Festival Baking/Knafee/10a-3p (see Bulletin Insert)
Aug 24 *Wedding/Pablo Rincon & Miriam Kheirbek/4p
Sept 01 *Wedding/Sami Oudeh & Megan Fakhouri/4p
Sept 03 *Festival Cooking/Spinach Pies/10a-3p (see Bulletin insert)
Sept 04 *Festival Cooking/Spinach Pies/10a-3p (see Bulletin insert)
Sept 07 *Wedding/Gaëlle Browning & Justin Misleh/4p
Sept 20-22*Ss. Peter & Paul Middle Eastern Festival

THE EPISTLE

(For Sixth Sunday after Pentecost)

*Thou, O Lord, wilt preserve us and keep us from this generation.
Save me, O Lord, for the Godly man hath disappeared.*

The Reading from the Epistle of St. Paul to the Romans. (12:6-14)

Brethren, having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; he who teaches, in his teaching; he who exhorts, in his exhortation; he who contributes, in liberality; he who gives aid, with zeal; he who does acts of mercy, with cheerfulness. Let love be genuine; hate what is evil, hold fast to what is good; love one another with brotherly affection; outdo one another in showing honor. Never flag in zeal, be aglow with the Spirit, and serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints, practice hospitality. Bless those who persecute you; bless and do not curse them.

THE GOSPEL

(For Sixth Sunday of Matthew)

The Reading from the Holy Gospel according to St. Matthew. (9:1-8)

At that time, Jesus got into a boat, crossed over and came to His own city. And behold, they brought to Him a paralytic, lying on his bed; and when Jesus saw their faith He said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say, 'Your sins are forgiven,' or to say, 'Rise and walk'?" But that you may know that the Son of man has authority on earth to forgive sins"—He then said to the paralytic—"Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they marveled, and they glorified God, Who had given such authority to men.

July Charity of the Month

This month we have chosen the Lymphoma Research Council as our of the Month. Please give generously.

2019 STEWARDSHIP DRIVE

The 2019 Stewardship Drive is ongoing. Please support your church with your time, talents and treasure and fill out a stewardship form in paper (located in the Narthex) or online at peterpaulpotomac.elexiochms.com. **Please** make the commitment to **support** the Church through your generous free-will donation. If you have any questions or need more information, please see Fr. Isaac, Fr. Luke or Zeina Manasseh (zeina.maalouf@gmail.com) in the fellowship hall following the Liturgy for more information. Thank you for your support!

CHURCH SCHOOL

Directors

Samia Zolnerowich
Jennifer Buchko

Teachers

Jumana Misleh
Susan Kozlov
Danielle Bellone
Michelle Zook
Ritamarie Saa
Jennifer Montgomery
Andrew Salem
Dara Potter
Layla Najjar
Caroline Jarboe
Stephen Zolnerowich
Nathaniel Guinn
Elizabeth El-Hage
Anees Mokhiber
AJ Wood
Philip Allen

MEN'S FELLOWSHIP

Sam Khalil

ANTIOCHIAN WOMEN

Donna Gavin

TEEN SOYO

Lay Advisors

Zaid Sharafudin
Marian Azar
Officers
Joud Al-Kallas
Tia Saah
Jacob Azar
Julia Azar

YOUNG ADULT FELLOWSHIP

Amal Michael

FACILITY MANAGEMENT

Sam Berberian
Alex Cox

RENTAL COORDINATOR

Barbara Abraham
George Rados

CHARITIES

Sam Khalil

FINANCE

Salim Habayeb

STEWARDSHIP

Zeina Manasseh

GIFT SHOP

Alma Jean Zaki
Gail Bailey

Commemorations

For the servants of God that they may have mercy, peace, health, salvation and visitation, pardon and remission of sin; the Lord God remember them in his Kingdom always: now and ever, and unto ages of ages.

For the Servants of God departed this life: the Lord God remember them in his kingdom always: now and ever, and unto ages of ages

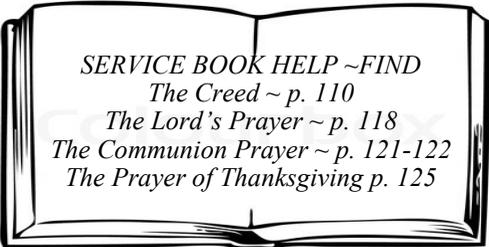
Orthodox Christians
Faithful Orthodox fully participate in the celebration of the Eucharist when they receive Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly disposed to receive Communion, communicants should not be conscious of grave sin, have fasted from the night before taking communion, and seek to live in charity and love with their neighbors. Persons conscious of grave sin must first be reconciled with God and the Church through the Sacrament of Penance (Confession and Absolution). A frequent reception of the Sacrament of Penance is encouraged for all.

Non-Orthodox
We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions in Christianity that we cannot extend to them a general invitation to receive Communion. Orthodox believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, and for which we must all pray.

Not Receiving Communion
Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

Welcome to Ss. Peter and Paul
To encourage our worship in a proper spirit of prayer and devotion, we respectfully ask you to enter the sanctuary quietly during the Divine Liturgy.
PLEASE DO NOT ENTER OR EXIT THE SANCTUARY AS
- the clergy censes the sanctuary
- the congregation is standing, or
- during the Little Entrance with the Gospel
- during the Reading of the Epistle and the Gospel
- Please enter the sanctuary upon the completion of
- the sermon
- the Great Entrance with the Holy Gifts
- the Prayers of Consecration p. 112-113
- the Hymn to the Theotokos "It is Truly Meet"
Please follow the directions of the ushers during Communion and dismissal; refrain from using cell phones in the narthex; and be considerate of those praying and converse in the hall, outside or downstairs.

Visitors
If you are visiting our parish, please let us get to know you. Complete a visitor card you will find in your pew, and drop it in the ushers tray or the collection box.



Parishioners who remain in our prayers continually

Rt. Rev. Fr. Elias Bitar	Rt. Rev. Daniel Griffith	
Margaret Ashley	Jamie Simon	Ann Marie Moses
Isabel Threddeh	Nabeeha Ayoub	Joyce Hamaty
Holly Dubois	Suad Shammass	Robert & Thelma Badwey
Sophie Neam	Miriam Yazge	Barbara Abraham
George & Joan Abraham	Lulu Brown	Douglas Kalesh
Michael Buchko, Sr.	Edward Rizkallah	Dorothy Marge
Leila Khoury	Shoke George	Assad & Patricia Khoury
Bob & Shirley Neri	Barbara Mullin	Rene Saah
George & Chris Brown	Kevin Pinkstaff	

LIVING

Archpriest Isaac & Kh Dolly

Ibtisam Toubaji	Nijmeh Zayed	Gladys Laham
Sami Korban	Yeorgos Lampathakis	Anastacia Lampathakis
Angela Romano	June Albrecht	Ramzi Azat
Michelle Boyle	Amber Bennett	George & Hanada Rados
Ibrahim Mazen Saah	Michael Piechocinski	Thomaseena & Alex Cox
Ramona Dora	Fred & Sherrie Zacharia	Daniel & Karen Boulos
Siham & Adrianna Ayoub	Richard & Jamie Ayoub	James Ayoub

Ray & Teri Ayoub & family Stephanie Ayoub & family Sharkawi Family
Touma Family Louh Family Darpino Family
Dolly & David Browning & Family The Family of Mary Nassif Smith
Everett & Tammy Alvarez & Family Thelma & Bob Badwey & Family

DEPARTED

Fr. George Rados
Eugene Swidonvich
Mary Nassif Smith
David Tannous
Mary David
Charles Cox
Francis Cox
Zahwa Bitar
Edward Khorey
Roujina Ilyas
Shakir T. Ilyas
Richie Ayoub
John Ayoub
Hanna & Antoinette Ayoub
Ibrahim & Azizeh Sharkawi
Adeeb Touma
Ibrahim Khoury
Salwa Azkoul
Fouad Azkoul
Wayne Browning
Ophelia Browning

HOLY BREAD OF OBLATION OFFERED BY:
Siham Ayoub/IMO Richie Ayoub
Dolly & David Browning/IMO Salwa Azkoul

FELLOWSHIP OFFERED BY:
Everett & Tammy Alvarez
(Alex & Thomaseena Cox have graciously offered to set up)

MEMORIAL SERVICE
Richie Ayoub/1 yr.
Salwa Azkoul/11 yrs.

OCMC UPDATE
—Did you know there is a seminary (Orthodox Patriarchal School Archbishop of Cyprus Makarios III) in Nairobi, Kenya where priests from all over the African continent are trained? Tuition is at little or no cost to the seminarians. To do this, the seminary depends on donations from Orthodox believers. For the past several years, much of the funding has come through support of Orthodox Christian Mission Center. The seminary helps raise generations of church leaders in Africa and works also to translate liturgical texts into indigenous languages. Your help, definitely even small amounts to the OCMC box at our candle counter is making a difference in Africa.
— Our former choir director/parishioners John and Betty Slanta began their teaching mission at a summer camp in Alaska last week. Thank you for keeping them in prayer, that the Lord equip them with the grace, knowledge and all that is needful to offer the campers in Alaska the sustaining love of our Lord and Savior Jesus Christ. Betty and a John will be back this Wednesday the 31st!