

	BREAD OF HOLY OBLATION	FELLOWSHIP HOUR
26 July	Sue Fannoney	Kate Sanford & Michael Procelli
02 Aug	Suzanne Hermes	OPEN
09 Aug	John & Dina Saah	John & Dina Saah
16 Aug	OPEN	OPEN
23 Aug	OPEN	OPEN

FELLOWSHIP HOUR AND BREAD OF HOLY OBLATION

Baking or ordering the Holy Bread of Oblation or providing and serving the refreshments for Fellowship Hour following the Liturgy on Sundays is a great way to practice Christian fellowship among our fellow parishioners. Notice the openings to the left and consider contributing to this vital ministry. Sign-up in the vestibule.

SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH

10620 River Road Potomac Maryland 20854 • 301-765-3400 • www.peterpaulpotomac.org

SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH

All Things Are Possible to Him Who Believes

Matins: Sundays 9:30am

Divine Liturgy: Sundays 10:30am

SUNDAY, JULY 26, 2015

THE HOLY RIGHTEOUS MARTYR PARASKEVA OF ROME & EIGHTH SUNDAY OF MATTHEW TONE 7 / EOTHINON 8

HIEROMARTYRS HERMOLAUS, HERMIPPUS, AND HERMOCRATES OF
NICOMEDIA; VENERABLE GERONTIOS, FIRST SETTLER OF ST. ANNE
SKETE ON ATHOS; MOSES THE HUNGARIAN; SABBAS III,
ARCHBISHOP OF SERBIA;
PRIEST JACOB NETSVETOV, ENLIGHTENER OF THE PEOPLES OF
ALASKA

APOLYTIKION OF THE RESURRECTION (Tone 7)

Thou didst shatter death by Thy Cross, Thou didst open paradise to the thief; Thou didst turn the sadness of the ointment-bearing women into joy. And didst bid Thine Apostles proclaim a warning, that Thou hast risen O Christ, granting to the world the Great Mercy.

APOLYTIKION OF ST/ PARASKEVA (Tone 1)

Showing a diligence befitting thy calling, O namesake of preparedness, thou hast gained, as thy dwelling, a faith worthy of thy name, O prize-winning Paraskeva. Hence, thou pourest forth healings and intercedest for our souls.

APOLYTIKION OF SAINTS PETER AND PAUL (Tone 4)

O foremost in the ranks of Apostles, and teachers of the world, Peter and Paul, intercede with the Master of all to grant safety to the world and to our souls the great mercy.

KONTAKION FOR ORDINARY SUNDAYS (Tone 2)

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

Priests

Very Reverend
Fr. George Rados
frgeorge@peterpaulpotomac.org
Very Reverend
Fr. Isaac Crow
frisaac@peterpaulpotomac.org

Deacon

Dn. Christian Manasseh
DnChristian@peterpaulpotomac.org

Pastoral Assistant & Youth Director

Majd Akkawi
majd@peterpaulpotomac.org

COUNCIL

Chairman

Gary Farha

Vice Chairman

George Salem

Secretary

Suzanne Hermes

Treasurer

Richard Mahan

Members

Rida Boulous

Abdallah Daoud

Paul Debs

Lina Eid

Anita El-Araj

Bassem Haddad

David Jackson

Maha Jweied

Wayne Parr

Steve Simon

Tony Moussa

Church Secretary

office@peterpaulpotomac.org

Choir Director

John Slanta
choir@peterpaulpotomac.org

Chanters

Majd Akkawi

Wayne Parr

George Tannous

Ushers

Jerry Audi

Michael El Araj

Abraham Fannoney

Sam Khalil

ALTAR

Manager

Peter Aburdeineh

Servers

Captains -

Robert Bridenhagen

Nicholas Zolnerowich

THE IMPORTANCE OF PATIENCE

In the face of the sufferings that afflict him, the ill person should demonstrate above all the virtue of patience. Although this virtue is a gift from God, it can only be acquired through a person's own effort; the person must strive to attain patience, while asking God to grant it to him.

The difficulty with the trials of illness is often due less to the intensity of suffering than to the length to time the illness lasts, together with the discomforts it causes on various levels. It is here, usually, that the demons infiltrate the soul with thoughts of discouragement, sadness, boredom, irritation, annoyance, despair, and revolt. Therefore the Fathers recommend above all attitudes of patience, endurance and steadfastness, referring in this regard to numerous teachings of Christ and the Apostles. St John of Gaza recalled to two of his ill brothers, "the Lord said: 'It is by your steadfastness that you will save your souls' (Lk 21:19). And following him the Apostle said, 'You have need of steadfastness' (Heb 10:36). And the Prophet also declared: 'I waited patiently for the Lord, and he heard me' (Ps 30/40:1). In addition, our sweet Master God said: 'He who endures to the end will be saved' (Mt 10:22). Therefore both of you: remain steadfast in patience!"

St Barsanuphius counseled the same to one of his two brothers: "Let us remain steadfast, let us support one other and be disciples of the Apostle, who said, 'Be patient in tribulation' (Rom 12:12)." And elsewhere he taught that it is essentially through patience that a person demonstrates that illness truly benefits him." Thus he writes to a sick brother: "If you are not steadfast in trials, you will not be able to ascend the cross. But if you first of all endure these trials, you will enter into the harbor of his repose, and from that time on you will live in quietness, unaffected by worries, your soul strengthened and united to the Lord through all things. You will be vigilant in faith, joyous in hope, abounding in charity, and protected by the holy, consubstantial Trinity." And he reveals to us that it is only after having "endured illnesses, fevers and afflictions" that he himself "entered into the harbor of serenity."

Saints Peter and Paul Orthodox Church News

TEEN SOYO

WELL DONE SS. PETER & PAUL CHURCH

Ss. Peter & Paul Church offers thanks and gratitude to our young people who participated last week in our Diocese Parish Life Conference held in Long Island, New York and hosted by St. John Church of Levittown, NY. Our Bible Bowl team very honorably represented our Parish and our own Julia Allen won the Junior Oratorical Contest (please see attachment). The theme of the Conference and all the Festivals this year involves the centennial commemoration of the ministry of St. Raphael of Brooklyn, shepherd to the children of Antioch in America.

FSJD

EVENING WITH THE FATHERS
WED JULY 29 @ 8:00 P.M.

ORTHODOXY ON TAP
THURSDAY, JULY 30 @7:00PM
CALIFORNIA PIZZA KITCHEN
7939 TYSONS CORNER CENTER #L
MCLEAN, VA 22102

ADULT ED. FORUM WILL NOT MEET FOR JULY AND AUGUST; WILL RESUME SEPTEMBER 10

IN DEFENSE OF CHRISTIANS

A nonpartisan nonprofit organization dedicated to the protection and preservation of Christianity in the Middle East through ecumenical awareness, political advocacy, and grassroots coalition building, will host its DC Chapter Meeting at Ss. Peter and Paul on July 29th at 7:30pm. All parishioners are invited to attend. More information about the organization can be found at www.indefenseofchristians.org.

Stewardship Corner

Calling all Church members...
Stop by our Membership table, which will be up every second Sunday of each month after Church in the Fellowship hall, to:

Drop off your business card
Smile for our camera
Fill out your membership form
Fill out your annual pledge form
Sign up to work with us!

The Stewardship committee's mission is to inspire our Parish members to give of their time, talent and resources.

"Give and it will be given to you" Luke 6:38

2015 CAR RAFFLE

We have kicked off Ss. Peter and Paul's Car Raffle that is part of this year's 32nd Annual Middle Eastern Cultural Festival. You should have received three tickets in the mail for you to sell. We will have a table in Kogok Hall on most Sundays so that you can turn in your sold ticket stubs and money. You can also give it to one of the ushers at the church entrance. The drawing for the 2015 Mustang will take place on 9/27.

Upcoming events...

July 26—Basil John Bitar Baptism/1:00pm
July 28—Men's Club Meeting/LL Conf. Rm./7:30pm
July 29—Evening with the Fathers@8:00pm
July 30—Orthodoxy on Tap
Aug 01—Arabic Liturgy
Aug 05—Feast of the Transfiguration/Evening Divine Liturgy @7:00pm
Aug 09—Serina Khalaf/Baptism/1:00pm
Aug 11—Parish Council Mtg/LL Conf. Rm./7:00pm
Aug 22—Krynitsky-Magill Wedding/3p
Aug 23—Horany-Kaouk Wedding/3p
Aug 25—Men's Club Mtg. 7:30pm
Sep 05—Arabic Liturgy @2:00pm (new time)
Sep 05—Malouf & Garcia-Gomez Wedding Blessing @4:30p
Sep 08—Parish Council Mtg. LL Conf. @7:00pm
Sep 10—Adult Ed Forum/Exploring our Faith LL Conf. Rm/7:15pm

THE EPISTLE

(For St. Paraskeva)

God is wondrous in His saints. Bless God in the congregations.

The Reading from the Epistle of St. Paul to the Galatians. (3:23-4:5)

Brethren, before faith came, we were confined under the Law, kept under restraint until faith should be revealed. So that the Law was our custodian until Christ came, that we might be justified by faith. But now that faith has come, we are no longer under a custodian; for in Christ Jesus you are all sons of God, through faith. For as many of you as were baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus. And if you are Christ's, then you are Abraham's offspring, heirs according to promise. I mean that the heir, as long as he is a child, is no better than a slave, though he is the owner of all the estate; but he is under guardians and trustees until the date set by the father. So with us; when we were children, we were slaves to the elemental spirits of the universe. But when the time had fully come, God sent forth His Son, to redeem those who were under the Law, so that we might receive adoption as sons.

THE GOSPEL

(For the Eighth Sunday of Matthew)

The Reading from the Holy Gospel according to St. Matthew. (14:14-22)

At that time, when Jesus went ashore he saw a great throng; and he had compassion on them, and healed their sick. When it was evening, the disciples came to Him and said, "This is a lonely place, and the day is now over; send the crowds away to go into the villages and buy food for themselves." Jesus said, "They need not go away; you give them something to eat." They said to Him, "We have only five loaves here and two fish." And He said, "Bring them here to Me." Then He ordered the crowds to sit down on the grass; and taking the five loaves and the two fish He looked up to Heaven, and blessed, and broke and gave the loaves to the disciples, and the disciples gave them to the crowds. And they all ate and were satisfied. And they took up twelve baskets full of the broken pieces left over. And those who ate were about five thousand men, besides women and children. Then Jesus made the disciples get into the boat and go before Him to the other side, while He dismissed the crowds.

SUNDAY SCHOOL

Directors

Samia Zolnerowich
Jennifer Buchko

Teachers

Jumana Misleh
Susan Kozlov
Michelle Zook
Razan Abdallah
Christine Morin
Roxanne Bennett
Lara Bellone
Amber Bennett
Caroline Jarboe
Saleem Mokhiber
Stephen Zolnerowich
Anees Mokhiber

Men's Club

Sam Khalil

Antiochian Women

Kate Niewenhous

Teen SOYO

Adviser

Majd Akkawi

Officers

Nicholas Zolnerowich
Rashid Haddad
Robert Bridenhagen
Thomas Zook
Danielle Bellone

Fellowship of St. John

Majd Akkawi
Christine & Samer Korkor
Dn. Christian & Zeina
Manasseh

Adornment

Shams Akkawi
Jamil Hermes

Facility Management

Nick Nahas
Bob Simon

Rental Coordinator

Barbara Abraham

Charities

Sam Sahouri Ghanem

Finance

David Jackson

Stewardship

Lina Eid

Commemorations

Orthodox Christians

Faithful Orthodox fully participate in the celebration of the Eucharist when they receive Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly disposed to receive Communion, communicants should not be conscious of grave sin, have fasted from the night before taking communion, and seek to live in charity and love with their neighbors. Persons conscious of grave sin must first be reconciled with God and the Church through the Sacrament of Penance

Non-Orthodox

We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions in Christianity that we cannot extend to them a general invitation to receive Communion. Orthodox believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, and for which we must all pray.

Not Receiving Communion

Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

Welcome to Ss. Peter and Paul

To encourage our worship in a proper spirit of prayer and devotion, we respectfully ask you to enter the sanctuary quietly during the Divine Liturgy.

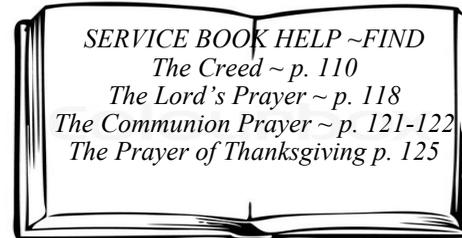
PLEASE DO NOT ENTER OR EXIT THE SANCTUARY AS

- the clergy censes the sanctuary
 - the congregation is standing, or
 - during the Little Entrance with the Gospel
 - during the Reading of the Epistle and the Gospel
- Please enter the sanctuary upon the completion of
- the sermon
 - the Great Entrance with the Holy Gifts
 - the Prayers of Consecration p. 112-113
 - the Hymn to the Theotokos "It is Truly Meet"

Please follow the directions of the ushers during Communion and dismissal; refrain from using cell phones in the narthex; and be considerate of those praying and converse in the hall, outside or downstairs.

Visitors

If you are visiting our parish, please let us get to know you. Complete a visitor card you will find in your pew, and drop it in the ushers tray or the collection box.



For the servants of God that they may have mercy, peace, health, salvation and visitation, pardon and remission of sin; the Lord God remember them in his Kingdom always: now and ever, and unto ages of ages

For the Servants of God departed this life: the Lord God remember them in his kingdom always: now and ever, and unto ages of ages

LIVING

Parishioners who remain in our prayers continually

Margaret Ashley	Edmond Neam
May Fillah	Richie Kogok
Issa & Suad Shammass	Brian Briggs
Lulu & George Brown	Robert Simon
Renée Moorad	Bertha Aed

Fr. Louis Mahshie	Susan
Josephine Lofgren	Joseph
Salwa Gabro	Stephen
Teri Ayoub	Caitlin
Elia Ghanem	Luca
Sally Ruffin	Brian
Nouha Aramouni	Roxie
Ruth Zolnerowich	Kevin
Andrew Gavin	Megan
The Khalil Family	Michael
Bob & Holly DuBois	Mary
Amber Bennett	Nick
Betty Slanta	David
Bill Dora, Jr.	John
Linda Dora Elkanich	Will
Joan Lanciani & Family	Matt
Jack & Patricia Bottash	Bob Procelli
Kate Sanford & Michael Procelli	Abraham & Susan Fannoney & Claudia
Melinda	Kathryn
Emily	

DEPARTED

Janine Shagoury Kruze
 Naimeh Ghanayem
 Kareemeh Arnouk
 Mufid Khalil
 Thomas Lanciani
 Josephine Thomas Geha
 Julia Rowady
 Harriet Habib-Puca
 Peter Zolnerowich
 Elias Yussif
 Harold & Josephine Joseph Moxley
 Athena & Elias Joseph
 Jeane & Robert Saah
 Lee Surut

HOLY BREAD OF OBLATION OFFERED BY:

Sue Fannoney

FELLOWSHIP HOUR OFFERED BY:

Kate Sanford & Michael Procelli