

JULY 20, 2014



Always strive
to put your time &
talents to good use
for the benefit of
others.



SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH

All Things Are Possible to Him Who Believes

Priests

Very Reverend
Fr. George Rados
frgeorge@peterpaulpotomac.org
Very Reverend
Fr. Isaac Crow
frisaac@peterpaulpotomac.org

Deacon

Dn. Christian Manasseh
DnChristian@peterpaulpotomac.org

COUNCIL

Chairman

David Jackson

Vice Chairman

George Salem

Secretary

Caroline Emad

Treasurer

Abdallah Daoud

Members

Frank Abdow

Jerry Audi

Rida Boulos

Anita El-Araj

Gary Farha

Dr. Bassem Haddad

Maha Jweied

Lorna Malooley

Wayne Parr

Steve Simon

Metody Tilev

Church Secretary

Janet Tate
office@peterpaulpotomac.org

Choir Director

John Slanta
slanta@verizon.net

Chanters

Wayne Parr
George Tannous

Ushers

Jerry Audi
Michael El Araj
Abraham Fannoney
Sam Khalil

ALTAR

Manager

Peter Aburdeineh

Servers

Captains -
Robert Bridenhagen
Nicholas Zolnerowich

Matins: Sundays 9:30am

Divine Liturgy: Sundays 10:30am

Confessions: call to schedule

Sunday, July 20, 2014

Tone 5 Sunday of Prophet Elias (Elijah) the Tishbite **Eothinon 6**
& Sixth Sunday of Matthew

Today we Commemorate: Righteous Iliya Chavchavadze of Georgia

RESURRECTIONAL APOLYTIKION (Tone 5)

Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

APOLYTIKION of Prophet Elias (Tone 4)

O angelic of body, pillar of the prophets and their cornerstone, the second forerunner of the coming of Christ, the venerable and glorious Elias, thou didst send grace from on high to Elisha to dispel sicknesses and purify lepers. Wherefore, he overflows with healing to those who honor him.

TROPARION of Ss. Peter & Paul (Tone 4)

O foremost in the ranks of Apostles, and teachers of the world, Peter and Paul, intercede with the Master of all to grant safety to the world and to our souls the great mercy.

KONTAKION for Ordinary Sundays (Tone 2)

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

THE EPISTLE
(For Prophet Elias)

Thou art a priest forever, according to the order of Melchizedek. The Lord said unto my Lord: Sit Thou on my right hand, until I make Thine enemies Thy footstool.

The Reading from the Epistle of St. James. (5:10-20)

Brethren, take as an example of suffering and patience the prophets who spoke in the Name of the Lord. Behold, we call those blessed who were steadfast. You have heard of the steadfastness of Job, and you have seen the purpose of the Lord, how the Lord is compassionate and merciful. But above all, my brethren, do not swear, either by Heaven or by earth or with any other oath; but let your yes be yes and your no be no, so that you may not fall under condemnation. Is anyone among you suffering? Let him pray. Is any cheerful? Let him sing praise. Is any among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord; and the prayer of faith will save the sick man, and the Lord will raise him up; and if he has committed sins, he will be forgiven. Therefore confess your sins to one another, and pray for one another, that you may be healed. The prayer of a righteous man has great power in its effects. Elias was a man of like nature with ourselves and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth. Then he prayed again and the heavens gave rain, and the earth brought forth its fruit. My brethren, if any one among you wanders from the truth and someone brings him back, let him know that whoever brings back a sinner from the error of his way will save his soul from death and will cover a multitude of sins.

THE GOSPEL

(For Sixth Sunday of Matthew)

The Reading from the Holy Gospel according to St. Matthew. (9:1-8)

At that time, Jesus got into a boat, crossed over and came to His own city. And behold, they brought to Him a paralytic, lying on his bed; and when Jesus saw their faith He said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say, 'Your sins are forgiven,' or to say, 'Rise and walk'? But that you may know that the Son of man has authority on earth to forgive sins"—He then said to the paralytic—"Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they marveled, and they glorified God, Who had given such authority to men.

SUNDAY SCHOOL

Directors

Samia Zolnerowich

Jennifer Buchko

Teachers

Nicole Kyriakos

Susan Kozlov

Michelle Zook

Razan Abdallah

Ranya Eid

Leila Taweel

Hala Paskaleva

Saleem Mokhiber

Caroline Jarboe

Anthony Eid

Stephen Zolnerowich

Anees Mokhiber

Men's Club

Bill Zook

Ladies Auxiliary

Ann Marie Moses

Teen SOYO

Robert Bridenhagen

Layla Najjar

Nick Zolnerowich

Sarah Salem

Phillip Allen

Reema Guegel

Fellowship of St. John

Christine & Samer Korkor

Christian & Zeina Manasseh

Adornment

Shams Akkawi

Jamil Hermes

Facility Management

Nick Nahas

Bob Simon

Rental Coordinator

Barbara Abraham

Charities

Sam Sahouri Ghanem

Finance

Gary Farha

Stewardship

Lorna Malooley

Orthodox Christians

Faithful Orthodox fully participate in the celebration of the Eucharist when they receive Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly disposed to receive Communion, communicants should not be conscious of grave sin, have fasted from the night before taking communion, and seek to live in charity and love with their neighbors. Persons conscious of grave sin must first be reconciled with God and the Church through the Sacrament of Penance (Confession and Absolution). A frequent reception of the Sacrament of Penance is encouraged for all.

Non-Orthodox

We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions in Christianity that we cannot extend to them a general invitation to receive Communion. Orthodox believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, and for which we must all pray.

Not Receiving Communion

Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

Welcome to Ss. Peter and Paul

To encourage our worship in a proper spirit of prayer and devotion, we respectfully ask you enter the sanctuary quietly during the Divine Liturgy.

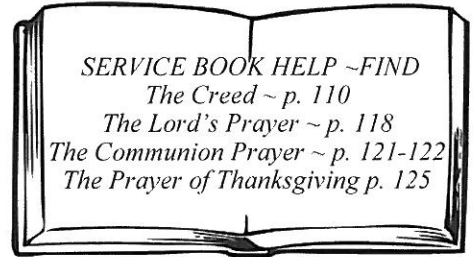
PLEASE DO NOT ENTER OR EXIT THE SANCTUARY AS

- the clergy censes the sanctuary
 - the congregation is standing, or
 - during the Little Entrance with the Gospel
 - during the Reading of the Epistle and the Gospel
- Please enter the sanctuary upon the completion of
- the sermon
 - the Great Entrance with the Holy Gifts
 - the Prayers of Consecration p. 112-113
 - the Hymn to the Theotokos "It is Truly Meet"

Please follow the directions of the ushers during Communion and dismissal; refrain from using cell phones in the narthex; and be considerate of those praying and converse in the hall, outside or downstairs.

Visitors

If you are visiting our parish, please let us get to know you. Complete a visitor card you will find in your pew, and drop it in the ushers tray or the collection box.



HOLY BREAD OF OBLATION: prepared & offered by Lorna Malooley

in memory of Kh. Jacqueline Rados & Joe Charley

1-Yr Memorial for Kh. Jacqueline Rados & 40-Day Memorial for Joe Charley;

Memorial Wheat prepared and offered by Donna Gavin

40-Day Memorial for Lois Haddad

FELLOWSHIP HOUR: offered by the Rados family & the church family of Joe Charley

Commemorations

For the Servants of God that they may have mercy, peace, health, salvation and visitation, pardon and remission of sin; the Lord God remember them in his Kingdom always: now and ever, and unto ages of ages

For the Servants of God departed this life: the Lord God remember them in his kingdom always: now and ever, and unto ages of ages

LIVING

Parishioners who remain
in our prayers continually

Margaret Ashley
Lulu & George Brown
Issa & Suad Shammas
Edmond Neam
Richie Kogok

Phillip Allen
Janan Bitar
Brian Briggs

Andrew Gavin, Victoria Curtin
& Jack Bottash

Fr. George Rados
George Rados & family
Mark Rados & family
Paul & David Rados

Lorna Malooley & family
Donna Gavin & family
Ss. Peter & Paul Church family

Frank Haddad
Abe Fannoney

DEPARTED

Kh. Jacqueline Rados
Joseph Charley
Lois D. Haddad

Robert Peter Abdow Jun 24
Lucy Saba Jun 26

Rose & Theodore Yonkers

Saints Peter and Paul Orthodox Church News

ORTHODOX CHRISTIAN MISSION CENTER (OCMC) AGAPE CANISTER

Your offering for the OCMC Agape Canister is bringing Christ's message of love and hope to people around the world. The Agape canister this week brought in \$27.00. The OCMC long-term Missionaries continue to do the hard but fulfilling work of spreading Christ's love around the world. Short term OCMC Mission Teams are serving in Moldova, Tanzania, Alaska, Africa and Albania all summer; keep these team members in your prayers as they faithfully serve. Please consider joining one of these teams! For more information, visit <http://www.ocmc.org>.



AMAZON SMILE BENEFITS OCMC

Shop Amazon and see 0.5% of your purchase price returned to the Orthodox Christian Mission Center (OCMC). Go to <http://smile.amazon.com> Not all items are eligible for Amazon SMILE donations, but many are. If it is eligible, you'll see this on the product description page. You will be prompted to enter the charity of your choice.

For more information, please contact the OCMC at <http://www.ocmc.org>.
From Betty & John Slanta @ slanta@verizon.net

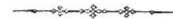


MIDDLE EASTERN FOOD FROM A-Z September 26, 27 & 28

You are wanted to teach...and to learn to make the wonderful food that is your heritage. Experienced men and women of the parish we need you to leave a legacy with generations after you by offering your valuable expertise in food preparation. Young men and women, come, learn and perpetuate the tradition! Join Saints Peter and Paul Cooking Classes 4 days in July and August. *August sessions TBD*. Even if you cannot attend both sessions, attend one! Come to the Saturday sessions if you cannot make the weekday sessions. Come, teach, or watch and learn all the steps and practice cooking for your family—impress them with your culinary skills! Proceeds to benefit Saints Peter and Paul Middle Eastern Food Festival held September 26-28. Questions? Contact Sam and Margo at ssg@afg-inc.com.

JULY SESSIONS

| | | |
|--------------|-----------|----------------|
| Grape Leaves | Wednesday | July 23 @ 10am |
| Grape Leaves | Saturday | July 26 @ 10am |



MIDDLE EASTERN FOOD FESTIVAL FESTIVAL BAKERY HELP NEEDED

As we Look forward to another profitable bakery booth at our festival in September, we need your help to ensure its success. Join us for as many of the following baking sessions as you can—sessions of fun and camaraderie! For more information, contact Baking Co-Chairs Mary Misleh at marymisleh@aol.com and Denise Bolus at bolus.denise@gmail.com.

~all bakery sessions start at 10am~

| | | |
|-------------------|-----------|-----------|
| Mamoul | Friday | August 1 |
| Bird Nests | Wednesday | August 6 |
| Ghrabee & Yansoon | Monday | August 11 |
| Custard Triangles | Friday | August 15 |
| Knafee | Friday | August 22 |

Saints Peter and Paul Orthodox Church News

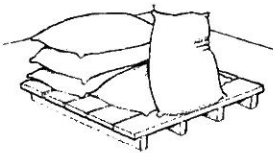
REQUEST FROM BAKERY COMMITTEE

Preparations are underway for Ss Peter & Paul's festival and the bakery committee is seeking donations of ingredients or money towards the purchase of the following (any portion of the amounts is appreciated!):

Filo Dough - 3 cases (24 1-lb. boxes per case)
Knafee Dough - 3 cases (12 1-lb. boxes per case)
Walnuts - 70 lbs.
Butter - 100 lbs.
Sugar (refined, white) - 150 lbs.
All Purpose Flour - 15 lbs.
Semolina, Fine - 20 lbs.
Cream of Wheat (Farina) - 5 lbs.

Please email the item and portion you are able to donate (e.g. 1 case of filo, or 5 lbs of butter, or 10 lbs of walnuts, etc.) and, which Sunday you will be dropping off your item(s) at the church to Mary Misleh at marymisleh@aol.com or Denise Bolus at bolus.denise@gmail.com.

*It is very important to let us know in advance what you will be donating so that we don't have too much of any one item, and to ensure we are there to receive your donation. We request all donations
NO LATER THAN 26 JULY. Thank you!*



Thank
You

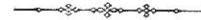
DAILY DEVOTIONS

JULY 2014

V. Rev. Fr. George Alberts

- 20. JAMES 5:10-20; MATTHEW 9:1-8
- 21. 1 CORINTHIANS 5:9-6:11; MATTHEW 13:54-58
- 22. 1 CORINTHIANS 6:20-7:12; MATTHEW 14:1-13
- 23. 1 CORINTHIANS 7:12-24; MATTHEW 14:35-15:11 (FAST)
- 24. 1 CORINTHIANS 7:24-35; MATTHEW 15:12-21
- 25. 1 CORINTHIANS 7:35-8:7; MATTHEW 15:29-31 (FAST)
- 26. ROMANS 12:1-3; MATTHEW 10:37-11:1
- 27. 2 TIMOTHY 2:1-10; MATTHEW 9:27-35
- 28. 1 CORINTHIANS 9:13-18; MATTHEW 16:1-6
- 29. 1 CORINTHIANS 10:5-12; MATTHEW 16:6-12
- 30. 1 CORINTHIANS 10:12-22; MATTHEW 16:20-24 (FAST)
- 31. 1 CORINTHIANS 10:28-11:7; MATTHEW 16:24-28

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LOOKING AHEAD *Upcoming events...*

- July 20 - 1-Yr Memorial Kh. Jacqui Rados @ 12pm
- July 20 - 40-Day Memorial Joe Charley @ 12pm
- July 20 - Baptism of Baby Bergin-Sanford
- July 23 - Grape Leaves Cooking Class @ 10am
- July 26 - Grape Leaves Cooking Class @ 10am
- July 27 - Baptism of Jack Zegeer @ 1pm
- July 29 - Men's Club Meeting @ 7:30pm
- Aug 1-15 - Fast of the Dormition
- Aug 1 - Service of the Paraklesis @ 7pm
- Aug 1 - Mamoul Baking Session @ 10am
- Aug 2 - Baptism of Eliana Goitom-Jones @ 12pm
- Aug 2 - Arabic Divine Liturgy @ 5pm
- Aug 6 - Birds Nest @ 10am
- Aug 6 - Service of the Small Paraklesis @ 7pm
- Aug 11 - Ghrabee/Yansoon Baking Session @ 10a
- Aug 12 - Parish Council Meeting @ 7pm
- Aug 13 - Service of the Small Paraklesis @ 7pm
- Aug 14 - Feast of the Dormition Liturgy @ 7pm
- Aug 15 - Custard Triangles @ 10am
- Aug 16 - Baptism of Desmond West @ 1pm

TRY AND MAKE A DIFFERENCE

In these times of economic hardship, the list of those who suffer want is growing at a rapidly alarming rate. Homeless shelters are overcrowded, with countless numbers turned away due to lack of space. Food pantries can't keep their shelves stocked, and community food banks have a shrinking inventory of goods needed to help such programs replenish their supply of items that their clients depend upon to survive. There is so much to do and so little resources with which to do it!

Christ clearly spells out what is expected of us in the Gospels. Feed the hungry . . . give drink to the thirsty . . . visit the sick . . . don't ignore those obviously needy around us. Our Lord didn't SUGGEST that it would be nice if we did these things - He COMMANDED us to do so, with grave consequences promised for those who would ignore His words. Unfortunately, a life of service can sometimes prove to be a strained existence. It is well-documented that some who try to comply with Christ's command to respond to the needy may try too hard, becoming frustrated in the process.

So as Christians, how do we respond? What can we do? Can we really make a difference? Indeed we can - provided we realize our limitations. None of us can do everything for everyone, but all of us can do something for someone, even if that "something" is simply showing compassion, mercy, love and understanding to those in need. The underprivileged, the unemployed, the unwanted, the unloved, the afflicted and the lonely . . . they all seek our help.

May we all offer a "CUP OF KINDNESS" to someone in the Name of the Lord! Jesus tried to make a difference. If that can be said of us when our own earthly journey comes to an end, we can be assured of hearing these words from our Lord: "Well done, good and faithful servant!"

The Orthodox Weekly Bulletin Vestal, Cliffwood, New Jersey Litho in U.S.A.

FELLOWSHIP HOUR AND BREAD OF HOLY OBLATION

| | BREAD OF HOLY OBLATION | FELLOWSHIP HOUR |
|-------|----------------------------|----------------------------|
| 27 | Sam & Margo Sahouri-Ghanem | Sam & Margo Sahouri-Ghanem |
| Aug 3 | Qustandi & Naheda Kaibni | Qustandi & Naheda Kaibni |
| 10 | Buchko family | |
| 17 | | |
| 24 | | |
| 31 | | |
| Sep 7 | | |
| 14 | | |

Baking or ordering the Holy Bread of Oblation or providing and serving the refreshments for Fellowship Hour following the Liturgy on Sundays is a great way to practice Christian fellowship among our fellow parishioners. Notice the openings to the left and consider contributing to this vital ministry. Sign-up in the vestibule.