

	Bread of Holy Oblation	Fellowship Hour
16 Jul	Dorothy & Michael Marge	Jennifer & Darren Montgomery
23 Jul		Dara & Theo Potter
30 Jul		
06 Aug	Kr. Dolly Crow/IMO Julia Nabti	
13 Aug	Chris Malaska for the 40-day Memorial for Met. PAUL Saliba	

FELLOWSHIP HOUR AND BREAD OF HOLY OBLATION

Baking or ordering the Holy Bread of Oblation or providing and serving the refreshments for Fellowship Hour following the Liturgy on Sundays is a great way to practice Christian fellowship among our fellow parishioners. Notice the openings to the left and consider contributing to this vital ministry. Sign-up in the vestibule.

SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH

All Things Are Possible to Him Who Believes

Matins: Sundays 9:30am

Divine Liturgy: Sundays 10:30am

SUNDAY, JULY 16, 2017

TONE 5 / EOTHINON 6

**SUNDAY OF THE HOLY FATHERS OF
FOURTH ECUMENICAL COUNCIL**

HIEROMARTYR ATHENOGENES, BISHOP OF HERAKLEOPOLIS, AND HIS
TEN DISCIPLES;

THE 15,000 MARTYRS OF PISIDIA WHO BELIEVED IN CHRIST
THROUGH ST. MARINA

APOLYTIKION OF THE RESURRECTION (Tone 5)

Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

APOLYTIKION OF THE HOLY FATHERS (Tone 8)

Thou, O Christ, art our God of exceeding praise Who didst establish our Holy Fathers as luminous stars upon earth, and through them didst guide us unto the true Faith, O most merciful One, glory to Thee.

APOLYTIKION OF SAINTS PETER AND PAUL (Tone 4)

O foremost in the ranks of Apostles, and teachers of the world, Peter and Paul, intercede with the Master of all to grant safety to the world and to our souls the great mercy.

KONTAKION FOR ORDINARY SUNDAYS (Tone 2) (CHANT) (CHORAL)

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

If you begin to guard wealth it will not be yours. But if you begin to distribute it, you will not lose it.

St. Basil the Great

Man as Body, Soul and Spirit

And what is man's place in God's creation?

“I pray to God that your whole spirit and soul and body may be preserved blameless until the coming of our Lord Jesus Christ” (1 Thess. 5:23). Here St Paul mentions the three elements or aspects that constitute the human person. While distinct, these aspects strictly interdependent man is an integral unity, not the sum total of separable parts.

First, there is the *body*, “dust from the ground” (Gen. 2:7), the physical or material aspect of man's nature.

Secondly, there is the *soul*, the life-force that vivifies and animates the body, causing it to be not just a lump of matter, but something that grows and moves that feels and perceives. Animals also possess a soul, and so perhaps do plants. But in man's case the soul is endowed with consciousness; it is a rational soul, possessing the capacity for abstract thought, and the ability to advance by discursive argument from premises to a conclusion. These powers are present in animals, if at all, only to a very limited degree.

Thirdly, there is the *spirit*, the “breath” from God (see Gen. 2:7), which the animals lack. It is important to distinguish “Spirit”, with an initial capital, from “spirit” with a small s. The created spirit of man is not to be identified with the uncreated or Holy Spirit of God, the third person of the Trinity; yet the two are intimately connected, for it is through his spirit that man apprehends God and enters into communion with him.

With his soul (psyche) man engages in scientific or philosophical inquiry, analyzing the data of his sense-experience by means of the discursive reason. With his spirit (*pneuma*), which is sometimes termed *nous* or spiritual intellect, he understands eternal truth about God or about the *lagoi* or inner essences of created things, not through deductive reasoning, but by direct apprehension or spiritual perception – by a kind of intuition that St Isaac the Syrian calls “simple cognition”. The spirit or spiritual intellect is thus distinct from man's reasoning powers and his aesthetic emotions, and superior to both of them.

Because man has a rational soul and a spiritual intellect, he possesses the power of self-determination and of moral freedom, that is to say, the sense of good and evil, and the ability to choose between them. Where the animals act by instinct, man is capable of making a free and conscious decision.

Sometimes the Fathers adopt not a tripartite but a twofold scheme, describing man simply as a unity of body and soul; in that case they treat the spirit or intellect as the highest aspect of the soul. But the threefold scheme of body, soul and spirit is more precise and more illuminating, particularly in our own age when the soul and the spirit are often confused, and when most people are not even aware that they possess a spiritual intellect. The culture and educational system of the contemporary West are based almost exclusively upon *the* training of the reasoning brain and, to a lesser degree, of the aesthetic emotions. Most of us have forgotten that we are not only brain and will, senses and feelings; we are also spirit. Modern man has for the most part lost touch with the truest and highest aspect of himself; and the result of this inward alienation can be seen all too plainly in his restlessness, his lack of identity and his loss of hope.

Metropolitan KALLISTOS (Ware)

Priest

Very Reverend
Fr. Isaac Crow
frisaac@peterpaulpotomac.org
(401) 300-8238 cell
(240) 489-3494 home

Deacon

Dn. Christian Manasseh
DnChris-
tian@peterpaulpotomac.org

Priest Emeritus

Very Reverend
Fr. George Rados
frgeorge@peterpaulpotomac.org

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Suzanne Hermes

Vice Chairman

Metody Tilev

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Salim Habayeb
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Chanters

Wayne Parr
Zeina Manasseh
George Tannous

Ushers

Jerry Audi
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Sam Khalil

ALTAR

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Peter Aburdeineh

Servers

Captains -
Rashid Haddad
Thomas Zook

Ss. Peter and Paul Orthodox Church News and Events

NEW AUDIO SOUND SYSTEM

After much study and technical consultation, the Ss. Peter and Paul Parish Council has contracted for the installation of a new audio sound system for the Church Sanctuary. The new system will be installed over the next few weeks and tested. Donations towards the cost of the system (approximately \$43,000.00) to Ss. Peter and Paul Church earmarked 'Sound System' will be greatly appreciated.

DONATIONS NEEDED FOR A NEW CHURCH GRILL

The Church is in need of a new grill for our Bazaar in September. We estimate the cost will run about \$2500.00 and donations toward this purchase are very much welcome and appreciated. Please make your check out to Ss. Peter and Paul Church and earmark it in the memo section NEW GRILL. Thanks to all.

SS. PETER & PAUL CHURCH LEARNING & MEDIA CENTER

Donations are welcomed in support of the establishment of the new Church Learning and Media Center. Please send all donations to Ss. Peter and Paul Church earmarked "Library Fund". In addition, donation of books on topics related to the Orthodox Faith, Doctrine, Church History, Liturgy, and Scripture will be gratefully accepted. Please contact Fr. Isaac, Dn. Christian, or Kate Niewenhous for more information.

JULY 30, 2017 BULLETIN

Please have all updates—prayers, events, Bazaar news—to the office no later than Monday, July 24 at noon. The Bulletin will go to print on Tuesday, July 25 in the early AM. Thanks, so much. Church Office.

SS. PETER & PAUL OUTREACH VISITATION MINISTRY

The outreach ministry seeks to visit and to assist the elderly, the sick, and those who are house-bound, shut-in, or living in nursing homes. Volunteers are needed who are willing to call and to visit and to reach out to our elderly brethren. All those willing to help please contact the coordinators of the group: George & Alma Jean Zaki at (georgezaki@gmail.com or ajmzaki@gmail.com), Alex Cox at (alexcoxsells@gmail.com) or Fr. Isaac at (frisaac@peterpaulpotomac.org). Our Parish is grateful for this ministry remembering that when we visit the sick and the infirm we visit Christ himself.

CHURCH CALENDAR

Jul 16 *Paul Michael Mufarreh/Baptism/1:30p
Jul 23 *Antiochian Orthodox Archdiocese Convention/Miami, FL (7/23—7/30)
Jul 30 *Dylan Hakim Baptism/1:30p
Aug 01-15*Fast of the Dormition
Aug 01 *Paraklesis Service/7p
Aug 04 *Paraklesis Service/7p
Aug 06 *Feast of the Transfiguration of the Lord and Blessing of the Grapes
Aug 07 *Paraklesis Service/7p
Aug 08 *Parish Council Mtg/7p
Aug 09 *Paraklesis Service/7p
Aug 11 *Paraklesis Service/7p
Aug 13 *Rami Wallace Baptism/1:30p
Aug 14 *Evening Divine Liturgy/Feast of the Dormition/7p
Aug 27 *Saroufim & Sevin Wedding
Sep 04 *Church office closed for Labor Day
Sep 12 *Parish Council Mtg./7p
Sep 22-24*Ss. Peter & Paul Church Bazaar

THE EPISTLE

(For the Holy Fathers)

Blessed art Thou, O Lord, the God of our Fathers.

For Thou art just in all that Thou hast done for us.

The Reading from the Epistle of St. Paul to St. Titus. (3:8-15)

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicus to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greetings to you. Greet those who love us in the faith. Grace be with you all. Amen.

GOSPEL

(For the Holy Fathers)

The Reading from the Holy Gospel according to St. Matthew. (5:14-19)

The Lord said to His Disciples: "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father Who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them, but to fulfill them. For truly, I say to you, until heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments, and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven."

The Fast of the Dormition (August 1 -15)

During the first fifteen days of August each year the Church observes the Fast of the Dormition. This season which leads up to the Feast of the Repose (Dormition) is a special time of prayer and Supplication to the Theotokos, the Mother of our God.

Ss. Peter and Paul Church will offer the Paraklesis (service of the small Supplicatory Canon) to the Theotokos at 7:00pm on the following days: August 1, August 4, August 7, August 9, and August 11.

"Her hands steadied the first steps of Him who steadied the earth to walk upon. Her lips helped the word of God to form his first human words."

St. John of Damascus

SUNDAY SCHOOL

Directors

Samia Zolnerowich
Jennifer Buchko

Teachers

Jumana Misleh
Susan Kozlov
Michelle Zook
Christine Morin
Lizzy Cassar
Caroline Jarboe
Chrissy Mackoul
Anees Mokhiber
Philip Allen
AJ Wood
Jennifer Montgomery
Dina Saah
Stephen Zolnerowich

Men's Club

Sam Khalil

Antiochian Women

Carol Laham

Teen SOYO

Advisor

Jamilee Bellone

Officers

Danielle Bellone
Kinda Callas
Maya Saah
Joud Al-Kallas
Juliana Natour

Young Adult Fellowship

Jad Ibrahim, Jr.

Adornment

Shams Akkawi
Jamil Hermes

Facility Management

Sam Berberian
Nick Nahas
Bob Simon

Rental Coordinator

Barbara Abraham

Charities

Sam Sahouri Ghanem

Finance

Salim Habayeb

Stewardship

Commemorations

For the servants of God that they may have mercy, peace, health, salvation and visitation, pardon and remission of sin; the Lord God remember them in his Kingdom always: now and ever, and unto ages of ages

For the Servants of God departed this life: the Lord God remember them in his kingdom always: now and ever, and unto ages of ages

Parishioners who remain in our prayers continually

Archpriest George Rados	Brian Briggs	Mary Smith
Margaret Ashley	Isabel Thredeth	George Brown
Helen White	Thelma Badwey	Everett Alvarez
Holly Dubois	Tesia Yonkers	Barbara Abraham
Edmond & Sophie Neam	Lulu Brown	Tania Mufarrij
George & Joan Abraham		
Grace Malouf		

LIVING

Leena Haddad	Yasmin Courtright
Elaine Buchko	Mariam Yazge
Leila Khoury	Deborah Brown
Mary Bazargan	Richard Ayoub
Bob Petrossian	Julia Fayad
Alya Ciavis	Melinda Fannoney
Charles Cox	Derek Gilliam
Alexa Malooley	Mark Alvarez
Andrew Gavin	Michael & Dorothy Marge & Family
Joanna Marge & Family	Robert & Ronald Marge & Families
Robin Masterson & Family	Dennis, Roger, & Terry Mike
Robert & Catherine Misleh	Michael, Karen & Paul Mufarreh
Caleb Merendino	
Darren, Jennifer Nicholas & Luke Montgomery	

DEPARTED

Met. ANTONIOS Shidrawi
 Met. PAUL Saliba
 Kh. Stefanie Yazge
 Apostouli Barbopoulou
 Jeannette Bennett
 Charles Baxley
 Gilbert Precivale
 Raymond Walker
 Frances Cox
 Helen & John Kunsevich
 Mary, William, and Walter Hladke
 Ann Peters
 Khalil, Victoria, George & Elias Marge
 Zina, Edward, George, Nima &
 Katherine Mike
 Helen, Isobel & Joseph Thomas
 Stephanie Downing

Orthodox Christians
 Faithful Orthodox fully participate in the celebration of the Eucharist when they receive Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly disposed to receive Communion, communicants should not be conscious of grave sin, have fasted from the night before taking communion, and seek to live in charity and love with their neighbors. Persons conscious of grave sin must first be reconciled with God and the Church through the Sacrament of Penance (Confession and Absolution). A frequent reception of the Sacrament of Penance is encouraged for all.

Non-Orthodox
 We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions in Christianity that we cannot extend to them a general invitation to receive Communion. Orthodox believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, and for which we must all pray.

Not Receiving Communion
 Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

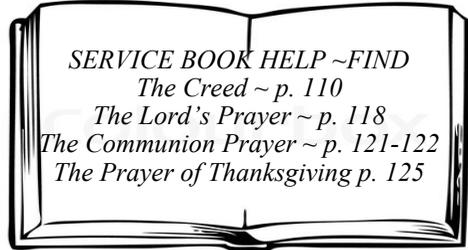
Welcome to Ss. Peter and Paul
 To encourage our worship in a proper spirit of prayer and devotion, we respectfully ask you to enter the sanctuary quietly during the Divine Liturgy.

PLEASE DO NOT ENTER OR EXIT THE SANCTUARY AS

- the clergy censes the sanctuary
- the congregation is standing, or
- during the Little Entrance with the Gospel
- during the Reading of the Epistle and the Gospel
- Please enter the sanctuary upon the completion of the sermon
- the Great Entrance with the Holy Gifts
- the Prayers of Consecration p. 112-113
- the Hymn to the Theotokos "It is Truly Meet"

Please follow the directions of the ushers during Communion and dismissal; refrain from using cell phones in the narthex; and be considerate of those praying and converse in the hall, outside or downstairs.

Visitors
 If you are visiting our parish, please let us get to know you. Complete a visitor card you will find in your pew, and drop it in the ushers tray or the col-



HOLY BREAD OF OBLATION OFFERED BY:
 Michael & Dorothy Marge & Family

FELLOWSHIP OFFERED BY:
 Darren & Jennifer Montgomery and Family

Stewardship Corner/Theology of Giving Series – Week 24

Ephesians 5: 23-27, 29 ... "For the husband is the head of the wife as Christ is the head of the church, His body, and Himself the Savior. As the church is subject to Christ, so let wives also be subject in everything to their husbands. Husbands, love your wives, as Christ loved the church and gave himself up for her, that he might sanctify her, having cleansed her by the washing of water with the word, that he might present the church to himself in splendor, without spot or wrinkle or any such thing, that she might be holy and without blemish. For no man ever hates his own flesh, but nourishes and cherishes it, as Christ does the church."

"What does this message from God require from me, His loyal and obedient servant?" What must I change in my life to be able to follow this teaching in both word and in deed?"

Select the link to read the entire *Theology of Giving* series on our website blog: <https://www.peterpaulpotomac.org/stewardship-corner>