

	Bread of Holy Oblation	Fellowship Hour
01 Jul	Rainier & Jamilee Bellone/Memorial Services Memorial Service for Fr. Alistair Anderson George Jabbour/Memorial Service for Sebastian Jabbour	Parish Council Welcome Fr. Luke & Family
08 Jul	The Rados Family IMO Jacqui Rados Mary Pinkstaff/IMO Martin Pinkstaff (Memorial Wheat)	The Rados Family IMO Jacqui Rados
15 Jul	Yousef & Ghada Majlaton George Jabbour (Holy Bread & Wheat)	George Jabbour
22 Jul	Open	Open
29	Open	Dara Potter

FELLOWSHIP HOUR
AND BREAD OF HOLY OBLATION

Baking or ordering the Holy Bread of Oblation or providing and serving the refreshments for Fellowship Hour following the Liturgy on Sundays is a great way to practice Christian fellowship among our fellow parish-ioners. Notice the openings to the left and consider contributing to this vital ministry. Sign-up in the Kogok Hall.

SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH
10620 River Road Potomac Maryland 20854 • 301-765-3400 • www.peterpaulpotomac.org

Kindly keep all cell phones turned off or muted while in Church. Thank you.

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(240) 489-3494 home

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SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH
Antiochian Orthodox Christian Archdiocese of North America
H.E. Metropolitan JOSEPH
Archbishop Primate
All Things Are Possible to Him Who Believes
Matins: Sundays 9:30am
Divine Liturgy: Sundays 10:30am

SUNDAY, JULY 1, 2018
tone 4/ EOTHINON 5
UNMERCENARIES COSMAS AND DAMIAN, MARTYRS IN ROME
& FIFTH SUNDAY OF MATTHEW
NEW-MARTYR CONSTANTINE IN CYPRUS; TRANSLATION OF RELICS
OF VENERABLE JOHN OF RILA

RESURRECTIONAL APOLYTIKION (Tone 4)
Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

APOLYTIKION OF SS. COSMAS AND DAMIAN (Tone 8)
O ye silver-hating, wonderworking saints, Cosmas and Damian, visit our sicknesses. Freely ye received, freely give unto us.

APOLYTIKION OF SAINTS PETER AND PAUL (Tone 4)
O foremost in the ranks of Apostles, and teachers of the world, Peter and Paul, intercede with the Master of all to grant safety to the world and to our souls the great mercy.

ORDINARY KONTAKION (Tone 2)
O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

Take care to keep one Eucharist (among yourselves), for there is one flesh of the Lord Jesus Christ, and one cut to unite us by His blood. There is one sanctuary, as there is one bishop, together with the priests and deacons, my fellow servants, that all of our acts may be done according to God’s will.

St. Ignatius of Antioch

Words of Eternal Life
Hieromonk Calinic (Berger)

Words have power. God created the world out of nothing by His words. We who are created in the image of God also create our worlds through our words. We live in the world we create for ourselves and what kind of world this is depends on the words we use to create it. With our words we can spread forgiveness and love, reconciliation and healing, warmth and light, encouragement, knowledge and power — or the opposite. Words create an attitude as much as they come from an attitude. One kind word of encouragement can resurrect a soul and give a person the will and strength to do what he could not have done otherwise. “A wholesome tongue is a tree of life” (Prov 15:4). We shape our eternal destiny by what comes out of our mouths. “For by your words you shall be justified, and by your words you shall be condemned” (Mt 12:37).

If such power and inner spiritual force are to be found in human words, how much more are they to be found in God's words? God's words are *Spirit and life* (Jn 6:63), they are ever-lasting and permanent (Mt 24:35, Mk 13:31, Lk 21:33). Where are God's words to be found? The answer: in the Holy Scriptures.

The Fathers knew that the Scriptures have a living power (Lk 4:32; 1 Cor 2:4), “alive and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit... a discerner of the thoughts and intents of the heart” (Heb 4:12). This power is transmitted to the soul of the reader. Reading the words of God gives us peace (Ps 119:165; Jn 16:33; Rom 15:4), joy (Jn 15:11; 1 Jn 16:33), cleanses us from sin (Jn 15:3) and gives us the power to overcome sin (Ps 119:11), teaches us the Faith, preparing us to witness our faith (2 Tim 3:17; Eph 6:17; Heb 4:12), and gives us strength for all of our works, even the worldly (Josh 1:8; James 1:25; Ps 18:29). St. Basil the Great referred to the Holy Scriptures as a “pharmacy open to all souls, such that each of us might be able to find the medicine suited to our own particular illness.” The Bible records both God's words to us and man's response to these words, both good and bad. From the former, the Bible is an ever-flowing source of power, essential to our spiritual growth and salvation. From the latter, it is a timeless guide, providing us examples and exhortations from other people’s lives with which to judge and direct our own lives. From both of these elements, reading Scripture has a direct impact on the way we live and experience life.

For this reason, it was a common practice among Christians to memorize the Scriptures, such that “they may be always an open book to the soul” available to provide guidance for every circumstance of life. “The mind should swim, as it were, in the words of God,” said St. Seraphim of Sarov, who himself read the entire New Testament once a week. St. John Chrysostom considered that “without the daily sweetening of the soul with the words of Holy Scripture, it is impossible to be saved.” St. Maximus the Confessor saw the reading of Scripture as a form of Holy Communion: just as the Word of God incarnates Himself in the Eucharist elements, so He incarnates Himself in the human words of the Scriptures. “If a man loves Me, he will *keep my words*: and My Father will love him, and We will come unto him, and *make Our abode* with him” (Jn 14:23). For the Fathers, daily communion with God through the Scriptures went hand in hand with Communion on Sundays; to receive the latter without the former would not have made sense to them.

Part 1 of 2

2018 OCMC ORTHODOX MISSION TEAMS

OCMC Teams Build Up the Church so please consider joining an OCMC Orthodox Mission Team in 2018. Help build up the Church around the world: **Alaska** (Jul 10-19, Jul 20-31); **Albania** (Jun 12-30, Sep 17-24); **Ghana** (Aug 6-21); **Guatemala** (Jun 18-30, Aug 1-8); **Kenya** (Aug 8-20, Nov 28-Dec 8); **Indonesia** (Jun 26-Jul 9, Jul 3-16); **Jamaica** (Aug 2-11); **Mexico** (Aug 11-18). If you desire to serve in His vineyard, contact the OCMC at www.ocmc.org or call the OCMC at 1.877.463.6787 (ext 142) for more information.

STEWARDSHIP PLEDGES 2018

With the coming of summer, the month of June marked the half-year on the Church calendar. The Parish Council kindly wishes to remind all of the faithful for both individuals and families to submit their annual stewardship pledge to the Church. Membership and financial forms are readily available in the Narthex and on-line. PLEASE make the commitment to SUPPORT the Church through your generous free-will pledges. Any questions concerning stewardship pledges may be addressed to Alex Cox Parish Council Chair or Fr. Isaac Crow, the Pastor.

Ss. Peter and Paul Orthodox Church News and Events

CHURCH SCHOOL 2017-2018

Registration for Church School is ongoing using this link: <https://goo.gl/forms/GQ6uQSnltimwgvJW2>. Please make sure to register with the church, including your email as most Church school announcements go out to the entire parish.

Check out our new online Church School Newsletter <https://www.smore.com/t1rhu>

TEEN SOYO

Aug 10-19*Special Olympics at the Antiochian Village. Please consider volunteering (must be 16 yrs). Sign up at <https://teensoyo.org/wp-content/uploads/2018/01/2018-SO-Application.pdf>
Contact the Lav Advisors for more details:
Zaid Sharafudin / Zaid.sharafudin@gmail.com
Anees Mokhiber / anees_mokhiber@hotmail.com

YOUNG ADULT FELLOWSHIP

The Ss. Peter & Paul YAF welcomes all young people over 20 years of age to join in its social, educational, and outreach activities. Please contact Wayne Parr at wayneparr@gmail.com or Amal Michael at amal17m@yahoo.com for more information.

ANTIOCHIAN WOMEN

Jul — Sept. *Many of our Antiochian Women will be actively participating in the cooking and baking for the Bazaar. (see Bulletin insert for more information.

ANTIOCHIAN VILLAGE CAMP BUS TRANSPORTATION

A bus will be available to transport our children to the Antiochian Village for the summer camp, **Session 4**. Availability is on a first come first serve basis, and a minimum of 14 is required. Those who wish to participate in this, should contact Zeina and Alaa Al Kallas no later than July 10, at: alkallas1@hotmail.com.

zeinaest@hotmail.com.

Please email both.

The cost is based on participation and could be \$116 round trip or less.

SS. PETER & PAUL OUTREACH VISITATION MINISTRY

The outreach ministry seeks to visit and to assist the elderly, the sick, and those who are housebound, shut-in, or living in nursing homes. Volunteers are needed who are willing to call and to visit and to reach out to our elderly brethren. All those willing to help please contact the coordinators of the group: George & Alma Jean Zaki at (georgezaki@gmail.com or ajmzaki@gmail.com), Alex Cox at (alexcoxsells@gmail.com) or Fr. Isaac at (frisaac@peterpaulpotomac.org). Our Parish is grateful for this ministry remembering that when we visit the sick and the infirm we visit Christ himself.

THE PARISH GIFT SHOP

The Gift Shop is open every Sunday following Liturgy. For information contact Alma Jean Zaki at (703) 283-9338 or ajmzaki@gmail.com

CHURCH CALENDAR

Jul 01 *40-Day Memorial for Fr. Alistar Anderson
*Fellowship Hour offered by the Parish Council to welcome Fr. Luke Toumi & his family
Jul 04 *Church Office Closed/Independence Day
Jul 06 *Shahady Khoury & Tonya Hathcock/Wedding/3p
Jul 10 *Parish Council Mtg./7p
Jul 14 *Michael Ghanem & Helia Bahmaei/Wedding/3p
Aug 01 *Start of the Fast of the Dormition/Service of the Small Paraklesis/7p
Aug 03 *Service of the Small Paraklesis/7p
Aug 05 *Feast of the Transfiguration of the Lord (observed/Blessing of the First Fruits & Grapes)
Aug 06 *Service of the Small Paraklesis/7p
Aug 08 *Service of the Small Paraklesis/7p
Aug 10 *Service of the Small Paraklesis/7p
Aug 10-19*Special Olympics at the Antiochian Village (see Teen SOYO box for more details)
Aug 11 *Baptism Eric Holl/12p
Aug 14 *Feast of the Dormition/Matins @6p, Liturgy @7p
Aug 18 *Baptism/Jerry Khalaf/12p
Sep 03 *Church Office Closed/Labor Day
Sep 21-23*Ss. Peter & Paul Mediterranean Festival (Bazaar)

THE EPISTLE

(For the Unmercenaries)

In the saints that are in His earth hath the Lord been wondrous.

I beheld the Lord ever before me, for He is at my right hand, that I might not be shaken.

The Reading from the First Epistle of St. Paul to the Corinthians. (12:27-13:8)

Brethren, you are the body of Christ and individually members of it. And God has appointed in the Church first apostles, second prophets, third teachers, then workers of miracles, then healers, helpers, administrators, speakers in various kinds of tongues. Are all apostles? Are all prophets? Are all teachers? Do all work miracles? Do all possess gifts of healing? Do all speak with tongues? Do all interpret? But earnestly desire the higher gifts. And I will show you a still more excellent way. If I speak in the tongues of men and of angels, but have not love, I am a noisy gong or a clanging cymbal. And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but have not love, I am nothing. If I give away all I have, and if I deliver my body to be burned, but have not love, I gain nothing. Love is patient and kind; love is not jealous or boastful; it is not arrogant or rude. Love does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrong, but rejoices in the right. Love bears all things, believes all things, hopes all things, endures all things. Love never ends.

THE GOSPEL

(For the Fifth Sunday of Matthew)

The Reading from the Holy Gospel according to St. Matthew. (8:28-9:1)

At that time, when Jesus came to the country of the Gergesenes, two demoniacs met Him, coming out of the tombs, so fierce that no one could pass that way. And behold, they cried out, “What have we to do to Thee, O Son of God? Art Thou come here to torment us before the time?” Now a herd of many swine was feeding at some distance from them. And the demons begged Him, “If Thou castest us out, send us away into the herd of swine.” And He said to them, “Go.” So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into the sea, and perished in the waters. The herdsmen fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw Him, they begged Him to leave their neighborhood. And getting into a boat He crossed over and came to His own city.

WELCOME FR. LUKE, Kh. Rezanne, Julia & Lydia!

Today, Ss. Peter and Paul Parish family welcome with great joy our new assistant Pastor, Rev. Fr. Luke Toumi and his family.

May the Lord our God bless and keep them and grant them and our Parish every grace in the ministry of the Lord’s Vineyard.

Please join in welcoming Fr. Luke and his family at the Fellowship hour hosted by the Ss. Peter and Paul Parish Council.

CHURCH SCHOOL

Directors

Samia Zolnerowich

Jennifer Buchko

Teachers

Jumana Misleh

Susan Kozlov

Rose Ansara

Chrissy Mackoul

Michelle Zook

Dina Saah

Dara Potter

Claudia Rabie

Christine Morin

Jennifer Montgomery

Caroline Jarboe

Stephen Zolnerowich

Anees Mokhiber

AJ Wood

Philip Allen

MENS CLUB

Sam Khalil

ANTIOCHIAN WOMEN

Carol Laham

TEEN SOYO

Lay Advisors

Zaid Sharafudin

Anees Mokhiber

Officers

Kinda Callas

Julia Allen

Joud Al-Kallas

Josian Azar

Tia Saah

YOUNG ADULT

FELLOWSHIP

Wayne Parr

Amal Michael

ADORNMENT

Shams Akkawi

Jamil Hermes

FACILITY

MANAGEMENT

Sam Berberian

Bob Simon

RENTAL

COORDINATOR

Barbara Abraham

CHARITIES

Sam Sahouri Ghanem

FINANCE

Salim Habayeb

STEWARDSHIP

Orthodox Christians

Faithful Orthodox fully participate in the celebration of the Eucharist when they receive Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly disposed to receive Communion, communicants should not be conscious of grave sin, have fasted from the night before taking communion, and seek to live in charity and love with their neighbors. Persons conscious of grave sin must first be reconciled with God and the Church through the Sacrament of Penance (Confession and Absolution). A frequent reception of the Sacrament of Penance is encouraged for all.

Non-Orthodox

We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions in Christianity that we cannot extend to them a general invitation to receive Communion. Orthodox believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, and for which we must all pray.

Not Receiving Communion

Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

Welcome to Ss. Peter and Paul

To encourage our worship in a proper spirit of prayer and devotion, we respectfully ask you to enter the sanctuary quietly during the Divine Liturgy.

PLEASE DO NOT ENTER OR EXIT THE SANCTUARY AS

- the clergy censes the sanctuary
- the congregation is standing, or
- during the Little Entrance with the Gospel
- during the Reading of the Epistle and the Gospel
- Please enter the sanctuary upon the completion of
- the sermon
- the Great Entrance with the Holy Gifts
- the Prayers of Consecration p. 112-113
- the Hymn to the Theotokos "It is Truly Meet"

Please follow the directions of the ushers during Communion and dismissal; refrain from using cell phones in the narthex; and be considerate of those praying and converse in the hall, outside or downstairs.

Visitors

If you are visiting our parish, please let us get to know you. Complete a visitor card you will find in your pew, and drop it in the ushers tray or the collection box.

SERVICE BOOK HELP ~FIND

The Creed ~ p. 110

The Lord's Prayer ~ p. 118

The Communion Prayer ~ p. 121-122

The Prayer of Thanksgiving p. 125

HOLY BREAD OF OBLATION OFFERED BY:

Jamilee Bellone/IMO Fr. Alister Anderson

George Jabbour/IMO Sebastian Jabbour

MEMORIAL WHEAT OFFERED BY:

Abe & Susan Fannoney/IMO Fr. Alister Anderson

George Jabbour/IMO Sebastian Jabbour

FELLOWSHIP OFFERED BY:

Parish Council/Welcome Fr. Luke, Kh. Rezanne, Julia, & Lydia

Commemorations

For the servants of God that they may have mercy, peace, health, salvation and visitation, pardon and remission of sin; the Lord God remember them in his Kingdom always: now and ever, and unto ages of ages

Parishioners who remain in our prayers continually

Margaret Ashley
Isabel Thredeh
Everett Alvarez
Edmond & Sophie Neam
George & Joan Abraham
Michael Buchko, Sr.
Leila Khoury

Mary Smith
George Brown
Holly Dubois
Miriam Yazge
Lula Brown
Edward Rizkallah

Charles Cox
Nabeeha Ayoub
Robert & Thelma Badwey
Barbara Abraham
Douglas Kalesh
Dorothy Marge

LIVING

Rt. Rev. Fr. Elias Bitar

Mother Helena

Isa Saleh & Saleh Family

Robert & Joyce Najjar

Vilma Bellone

Chris Malaska & Family

George Jabbour & Family

Kh. Ann Aderson

Eva Sasseen

Brian Briggs

Rima Rizkallah & Family

Suad Shammass

Stephen & Samia Zolnerowich & Family

Mother Thekla (Abbess)

Richie Ayoub

Rene Saa

Assad & Patricia Khoury

Mary Pinkstaff & Family

DEPARTED

Fr. George Rados

Fr. Alister Anderson

Fr. Peter Zolnerowich

Martin Pinkstaff

Fred Mokhiber

Eliane Capdeville

Cathy Plunkett

Gilbert Precivale

Carol Ghilardi

Edouard Bellone d'Atavilla

Robert J. Carroll

Sebastian Jabbour

Fred G. Zacharia

MEMORIAL SERVICES

Fr. Alister Anderson (40-day)

Fr. Peter Zolnerowich (Birthday)

Eliane Capdeville (6 mos)

Cathy Plunkett (6 mos)

Gilbert Precivale (1-yr)

Carol Ghilardi (1-yr)

Edouard Bellone d'Atavilla (Birthday)

Sebastian Jabbour (7-day)