

	Bread of Holy Oblation	Fellowship Hour
23 Jun	Asma (Amy) Trey-Hamarneh Khalil & Lowry Families	Khalil & Lowry Families
30 Jun	Donna Gavin	Church Picnic
07 Jul	Tagreed Azar & Family (HB & MW)	Tagreed Azar & Family
14 Jul	Susan Fannoney	Susan Fannoney
21 Jul	Alex & Thomaseena Cox	Alex & Thomaseena Cox

**FELLOWSHIP HOUR
AND BREAD OF HOLY OBLATION**

Baking or ordering the Holy Bread of Oblation or providing and serving the refreshments for Fellowship Hour following the Liturgy on Sundays is a great way to practice Christian fellowship among our fellow parishioners. Notice the openings to the left and consider contributing to this vital ministry. Sign-up in the Kogok Hall.

SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH
10620 River Road Potomac Maryland 20854 • 301-765-3400 • www.peterpaulpotomac.org

Kindly keep all cell phones turned off or muted while in Church. Thank you.

PRIESTS
Very Reverend
Fr. Isaac Crow
frisaac@peterpaulpotomac.org
(401) 300-8238 cell
(240) 489-3494 home

Reverend
Fr. Luke Toumi
frluke@peterpaulpotomac.org
(610) 844-2583 cell
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DEACON
Dn. Christian Manasseh
DnChristian@peterpaulpotomac.org

COUNCIL
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Vice Chairman

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Rashid Haddad
Thomas Zook

SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH
Antiochian Orthodox Christian Archdiocese of North America

H.E. Metropolitan JOSEPH

Archbishop Primate

All Things Are Possible to Him Who Believes

Matins: Sundays 9:30am

Divine Liturgy: Sundays 10:30am

SUNDAY, JUNE 23, 2019

tone 8 / EOTHINON 1

FIRST SUNDAY AFTER PENTECOST: ALL SAINTS SUNDAY

MARTYR AGRIPPINA OF ROME;
HIEROMARTYRS ARISTOCLES THE PRESBYTER,
DEMETRIOS THE DEACON,
AND ATHANASIOS THE READER, OF CYPRUS

RESURRECTIONAL APOLYTIKION (Tone 8)

From the heights Thou didst descend, O compassionate One, and Thou didst submit to the three-day burial, that Thou might deliver us from passion; Thou art our life and our Resurrection, O Lord, glory to Thee.

APOLYTIKION OF ALL SAINTS (Tone 4)

Thy Church, O Christ God, hath regaled herself in the blood of Thy Martyrs throughout the entire world, as in porphyry and purple. Through them she lifeth her voice crying: Turn with Thy compassion toward Thy people, and grant peace to Thy city, and to our souls the Great Mercy.

APOLYTIKION OF SAINTS PETER AND PAUL (Tone 4)

O foremost in the ranks of Apostles, and teachers of the world, Peter and Paul, intercede with the Master of all to grant safety to the world and to our souls the great mercy.

KONTAKION OF ALL SAINTS (Tone 8)

*(**The original melody**)*

As first-fruits of our nature to the Planter of created things, * the world presenteth the God-bearing martyred Saints in off'ring unto Thee, O Lord. * Through their earnest entreaties, * keep Thy Church in deep peace and divine tranquility, * through the pure Theotokos, O Thou Who art greatly merciful.

Stand in church as if you are in heaven together with the angels, and consider yourself unworthy to be praying together with your brothers. And be vigilant not to be looking back and forth to observe the brothers and sisters, how they are standing or chanting, but observe only yourself, your chanting and your sins.

St. Symeon the New Theologian

THE SPACE BETWEEN VIRTUE AND PASSION

St. Maximus the Confessor

VIRTUES — MULTI-DIMENSIONAL

Christ is the source of virtue; the nature of virtue's character is to help free the human person of the passions and from the passions. St. Maximus approaches the virtues multidimensionally: virtue of the body, virtue of the mind, and virtue of the soul. Once cultivated, activated virtues engage and suppress the passions; they de-clutter the optic path, from the incorporeal retina to the spiritual cerebral cortex. Thus they liberate the nous, the faculty of intellectual perception, to witness and encounter God. This development is available to all through vigorous training, forming the full human synthesis: body and soul. Without the virtues' active engagement, humankind would not be afforded another opportunity, subsequent to the Fall, to be transfigured and to become deified.

SAY IT AIN'T SO

It wasn't always so, however, according to the Saint. He opined that Man was - at one time - free of "deceitful passions of the imagination," as God did not make pleasure and pain when He first created humankind. St. Maximus was persuaded that humankind was not intended to inherit "corruption, pain, worldly pleasure, and death." The passions, however, were fastened to the expelled "irrational part of human nature" as a result of the sin of Adam, Man's Fall from perfection, and evil's crooked ways. The consequences were devastating. The Fall stripped Man of his pure discernment of God, obfuscated his understanding of God's relationship to Man and to others created in His Image, and further hindered the human capacity to see creation as God perceives it.

St. Maximus moved beyond the simple opposition of passion to virtue. Rather than framing the relation as a complete dichotomy, he transmuted the passions into active agents of change, by which human beings may freely and voluntarily draw closer to God. St. Maximus supports his argument that passions of the soul are not natural, but "contrary to nature," and comport with humankind's fallen nature. He claimed, however, that passions could be acceptable when directed towards God, and good for those who are spiritually solemn, sober and staid. One can convert desire into the mind's longing for sacred things, transform pleasure into joy when lured towards divinity, and convert "fear into concerns for punishment for sins committed." Grief is repurposed into repentance for evil conduct, and the passions are thus made weapons to obliterate evil, to embrace virtue, and to obey God. St. Maximus' thesis became the doctrine of the good use of passions. In his many descriptions of the passions, they are spiritually non-partisan, ready to be transmogrified into those virtues associated with humankind's nature before the Fall. St. Maximus' words speak for themselves: "For it was necessary, necessary in truth, for him to become the light unto that earth ... so that ... he might liberate human nature from its bondage to these things under the Evil One, and endow it with the inextinguishable light of true knowledge and the indefatigable power of the virtues."

The authors of The Atlantic piece, "Find Your Passion Is Awful Advice," concluded that it's time to rethink the use of the word passion, when referring to someone's interests. We should draw the same conclusion, but for different reasons. Their argument was founded on the premise that passions are developed and not discovered. St. Maximus would have differed: they are neither developed nor discovered; rather, they were affixed to Man with his eviction from Paradise. The passions are to be eviscerated through the virtues; the one exception to this endeavor is found in that space between passion and virtue. This space is reserved for those passions deemed acceptable when directed towards God. Otherwise, humankind's quest to bask in the "inextinguishable light of true knowledge" is unattainable.

Part 2 of 2

Ss. Peter and Paul Orthodox Church News and Events

CHURCH SCHOOL 2019

Registration for Church School is ongoing using this link: <https://goo.gl/forms/GQ6uQSnltimwgvJW2>, include your email as most Church school announcements go out to the entire parish. Please list all/any allergies.

Check out our new online Church School Newsletter
<https://tinyurl.com/PeterPaulCSOctober>

We are beginning to plan for next year. If you are interested in teaching please contact the Sunday School directors as soon as possible.

TEEN SOYO

Ss. Peter & Paul Teen Youth Ministry Group (Teen SOYO) is open to all teens of the Parish (13—19 years). The teens meet regularly for social, spiritual, and community outreach events.

Lay Advisors:
Zaid Sharafudin/Zaid.sharafudin@gmail.com (412) 708-6726 and Marian Azar/azaremarian@gmail.com (703) 297-9638

Jun 26-30 *Parish Life Conference/@Antiochian Village (more details to follow)

YOUNG ADULT FELLOWSHIP

The Ss. Peter & Paul YAF welcomes all young people over 20 years of age to join in its social, educational, and outreach activities. Please contact Wayne Parr at wayneparr@gmail.com or Amal Michael at amal17m@yahoo.com for more information.

ANTIOCHIAN WOMEN

*Please pay your annual dues of \$25 to help support our outreach and charitable projects. Checks can be given to Janet Metz.

*Please provide your email address to Donna Gavin at crazygavins@verizon.net for future notices.

MEN'S FELLOWSHIP

The Men's Fellowship ministry of Ss. Peter and Paul is to serve the church through charitable outreach, educational and service projects which strengthen and deepen the faith of its members and develop a fellowship of Orthodox Christian servants. Please contact Sam Khalil at sk1943@aol.com or Fred Zacharia at fredzach@verizon.net for more information.

Jun 30 *Ss. Peter & Paul Annual Parish Picnic/following Liturgy/@Bretton Woods Recreation Center, Germantown, MD/more info to follow

SS. PETER & PAUL OUTREACH VISITATION MINISTRY

The outreach ministry seeks to visit and to assist the elderly, the sick, and those who are housebound, shut-in, or living in nursing homes. Volunteers are needed who are willing to call to visit, and to reach out to our elderly brethren. All those willing to help please contact the coordinators of the group: George & Alma Jean Zaki at (georgezaki@gmail.com or ajmzaki@gmail.com), Alex Cox at (alexcoxells@gmail.com), Paula Massouh (pmassouh@aol.com) or Fr. Isaac at (frisaac@peterpaulpotomac.org). Our Parish is grateful for this ministry remembering that when we visit the sick and the infirm we visit Christ himself.

THE SS. PETER & PAUL PARISH LIBRARY & MEDIA CENTER

The Parish Library and Media Center is up and running. The Center houses the Parish Library, audio visual materials, and Christian educational resources. The Center is located in the lower level inside room accessible from the Serge Malooley Conference Center room. Donations of books or materials related to the history, tradition and teaching of the Church and the Orthodox Faith are welcome. All are welcome to use the center by following its user guidelines. Contact Fr. Isaac, Fr. Luke, or Dn. Christian for access and information.

CHURCH CALENDAR

Jun 23 *Wedding/Anthony Fadel & Suki Koushal/3p
Jun 26-30 *Parish Life Conference (see box below & flyer in Narthex)
Jun 29 *Feast of the Apostles Ss. Peter & Paul/Matins 10a, 11a Divine Liturgy
Jun 30 *The Feast of the Apostles Ss. Peter & Paul
*Annual Parish Picnic (following Liturgy)/Bretton Woods Rec Ctr./15700 River Rd., Germantown, MD (see insert & flyer in Narthex)
Jul 07 *Baptism/Nicholas Jorge Saleh/1:30p
Jul 14 *Baptism/William Al-Habib, Jr./1:00p
Aug 24 *Wedding/Pablo Rincon & Miriam Kheirbek/4p
Sep 20-22 *Ss. Peter & Paul Middle Eastern Festival

PARISH LIFE CONFERENCE 2019

The Dioceses of Charleston, New York and Washington DC will hold their annual Parish Life Conference at the Antiochian Village Conference Center, Bolivar, PA, June 26-30, 2019. Lodging and Event Registration may be booked online at www.antiochianevents.com/ny.html.

2019 STEWARDSHIP DRIVE

The 2019 Stewardship Drive is ongoing. Please support your church with your time, talents and treasure and fill out a stewardship form in paper (located in the Narthex) or online at peterpaulpotomac.elexiochms.com. Please make the commitment to support the Church through your generous free-will donation. If you have any questions or need more information, please see Fr. Isaac, Fr. Luke or Zeina Manasseh (zeina.maalouf@gmail.com) in the fellowship hall following the Liturgy for more information. Thank you for your support!

SAVE THE DATE: 2019 SS. PETER & PAUL MIDDLE EASTERN FESTIVAL

The 2019 Ss. Peter and Paul Middle Eastern Festival is September 20, 21, & 22, 2019 and preparations are already underway. **YOUR HELP IS NEEDED SO PLEASE CONSIDER VOLUNTEERING!** Please contact Lorna Malooley/H=(703) 978-6542, C=(703)503-3344, lor-naam@aol.com or Thomaseena Cox/H=(301) 497-9471, C=775-3842. (cox1903@aol.com) to volunteer. **VENDORS NEEDED!** If you know of vendors who might be interested in participating, please contact Lorna or Thomaseena. Thanks so much.

THE EPISTLE

God is wonderful among His saints. Bless God in the congregations.
The Reading from the Epistle of St. Paul to the Hebrews. (11:33-12:2)

Brethren, all the saints through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, so that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were tempted, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated—of whom the world was not worthy—wandering over deserts and mountains, and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect. Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfection of our faith.

THE GOSPEL

The Reading from the Holy Gospel according to St. Matthew. (10:32-33, 37-38; 19:27-30)

The Lord said to His disciples, “Everyone who acknowledges Me before men, I also will acknowledge before my Father Who is in heaven; but whoever denies Me before men, I also will deny before My Father Who is in heaven. He who loves father or mother more than Me is not worthy of Me; and he who loves son or daughter more than Me is not worthy of Me; and he who does not take his cross and follow Me is not worthy of Me.” Then Peter said in reply, “Lo, we have left everything and followed Thee. What then shall we have?” Jesus said to them, “Truly, I say to you, in the New World, when the Son of Man shall sit on His glorious throne, you who have followed Me will also sit on twelve thrones, judging the twelve tribes of Israel. And every one who has left houses or brothers or sisters or father or mother or wife or children or lands, for My Name's sake, will receive a hundred fold, and inherit eternal life. But many that are first will be last, and the last first.”

The Feast of the Apostles Ss. Peter and Paul

The Patronal Feast Day of our Parish falls on Saturday, June 29th. For those attending the Parish Life Conference at the Antiochian Village, the feast will be celebrated with H. G. Bishop THOMAS.

Our Church will celebrate the Feast starting at 10:00a (matins) with the Liturgy to follow at 11:00am on Sunday, June 30th. Following the Liturgy, our annual parish picnic will be held at Bretton Woods Recreation Center (15700 River Road). All are welcome!

CHURCH SCHOOL

Directors

Samia Zolnerowich
Jennifer Buchko

Teachers

Jumana Misleh
Susan Kozlov
Danielle Bellone
Michelle Zook
Ritamaria Saa
Jennifer Montgomery
Andrew Salem
Dara Potter
Layla Najjar
Caroline Jarboe
Stephen Zolnerowich
Nathaniel Guinn
Elizabeth El-Hage
Anees Mokhiber
AJ Wood
Philip Allen

MEN'S FELLOWSHIP

Sam Khalil

ANTIOCHIAN WOMEN

Donna Gavin

TEEN SOYO

Lay Advisors

Zaid Sharafudin
Marian Azar

Officers

Joud Al-Kallas
Tia Saah
Jacob Azar
Julia Azar

YOUNG ADULT

FELLOWSHIP

Wayne Parr
Amal Michael

FACILITY

MANAGEMENT

Sam Berberian
Alex Cox

RENTAL

COORDINATOR

Barbara Abraham
George Rados

CHARITIES

Sam Khalil

FINANCE

Salim Habayeb

STEWARDSHIP

Zeina Manasseh

GIFT SHOP

Alma Jean Zaki
Gail Bailey

Commemorations

For the servants of God that they may have mercy, peace, health, salvation and visitation, pardon and remission of sin; the Lord God remember them in his Kingdom always: now and ever, and unto ages of ages.

For the Servants of God departed this life: the Lord God remember them in his kingdom always: now and ever, and unto ages of ages

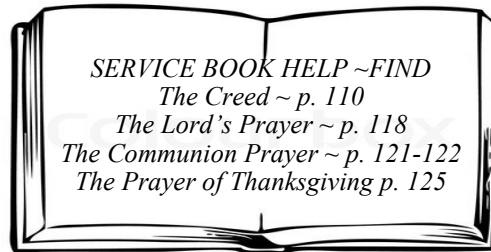
Orthodox Christians
 Faithful Orthodox fully participate in the celebration of the Eucharist when they receive Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly disposed to receive Communion, communicants should not be conscious of grave sin, have fasted from the night before taking communion, and seek to live in charity and love with their neighbors. Persons conscious of grave sin must first be reconciled with God and the Church through the Sacrament of Penance (Confession and Absolution). A frequent reception of the Sacrament of Penance is encouraged for all.

Non-Orthodox
 We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions in Christianity that we cannot extend to them a general invitation to receive Communion. Orthodox believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, and for which we must all pray.

Not Receiving Communion
 Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

Welcome to Ss. Peter and Paul
 To encourage our worship in a proper spirit of prayer and devotion, we respectfully ask you to enter the sanctuary quietly during the Divine Liturgy.
PLEASE DO NOT ENTER OR EXIT THE SANCTUARY AS
 - the clergy censes the sanctuary
 - the congregation is standing, or
 - during the Little Entrance with the Gospel
 - during the Reading of the Epistle and the Gospel
 - Please enter the sanctuary upon the completion of - the sermon
 - the Great Entrance with the Holy Gifts
 - the Prayers of Consecration p. 112-113
 - the Hymn to the Theotokos "It is Truly Meet"
 Please follow the directions of the ushers during Communion and dismissal; refrain from using cell phones in the narthex; and be considerate of those praying and converse in the hall, outside or downstairs.

Visitors
 If you are visiting our parish, please let us get to know you. Complete a visitor card you will find in your pew, and drop it in the ushers tray or the collection box.



Parishioners who remain in our prayers continually

Rt. Rev. Fr. Elias Bitar	Rt. Rev. Daniel Griffith	Jamie Simon
Margaret Ashley	Mary Smith	Joyce Hamaty
Isabel Threddeh	Nabecha Ayoub	Robert & Thelma Badwey
Holly Dubois	Suad Shammas	Barbara Abraham
Sophie Neam	Miriam Yazge	Douglas Kalesh
George & Joan Abraham	Lula Brown	Dorothy Marge
Michael Buchko, Sr.	Edward Rizkallah	Assad & Patricia Khoury
Leila Khoury	Shoke George	Rene Saah
Bob & Shirley Neri	Barbara Mullin	
George & Chris Brown	Ann Marie Moses	

LIVING

Ibtisam Toubaji	Nijmeh Zayed	Gladys Laham
Sami Korban	Yeorgos Lampathakis	Ramzi Azat
Angela Romano	Siham Ayoub	June Albrecht
Loma Malooley	Michelle Boyle	Amin & Amal Barakat & Family
Anthony & Suki Fadel	Tarik, Evelina & Olivia Dahir	Isa, Stefanie, & Gabrielle Farhat
Michael Lowry	Mike & Helen & Family	Joy Khalil & Family
Ulla Khalil & Family	Jimmy, Julie & Michael Lowry	Sam & Marie Khalil & Family
Amber Bennett		Michael & Barbara Bosworth
Everett & Tammy Alvarez & Family		Thelma & Bob Badwey & Family
Amy Hamameh-Trey		Osama Hamameh

DEPARTED

Fr. George Rados
 Afeefi Majlaton
 Fahed Tannous
 Fred G. Zacharia
 Edward Khorey
 Roujina Ilyas
 Shakir T. Ilyas
 Amal K. Lowry
 James Lowry
 Mufid Khalil
 Selwa Khalil
 Taufiq Khalil
 Eugene Swidonvich
 Dr. Lili Nahmeh
 Kevin Kanawati

HOLY BREAD OF OBLATION OFFERED BY:
 Amy Hamameh-Trey for the health of Osama Hamameh & IMO Dr. Lili Najmeh & Kevin Kanawati
 Khalil & Lowry Families/IMO Amal Lowry
 Amin & Amal Barakat
MEMORIAL WHEAT OFFERED BY:
 Khalil & Lowry Families/IMO Amal Lowry
FELLOWSHIP OFFERED BY:
 Khalil & Lowry Families/IMO Amal Lowry

MEMORIAL SERVICE
 Amal K. Lowry/40-day

OCMC UPDATE
 *Our parishioner Amber Bennett left for her mission to Sweden this past week. Please keep her in prayer as she meets the Metropolitan there, and works together with other missionaries these next two weeks.
 *Our OCMC box donations for the month of June are designated for Amber's mission. Many thanks for all who have donated.
 *The Orthodox Christian Mission Center (OCMC) is hiring a Development Director: Do you know someone who would be delighted to be the OCMC Development Director? Send them this link to apply: <http://orthodoxjobs.com/postings/OCMC-Development-Director.html>