

|               | <b>BREAD OF HOLY OBLATION</b> | <b>FELLOWSHIP HOUR</b>         |
|---------------|-------------------------------|--------------------------------|
| <b>29 May</b> | Donna Gavin                   | Donna Gavin                    |
| <b>05 Jun</b> | Christine Malaska             | Parish Council                 |
| <b>12 Jun</b> | Zeina Malouf                  | Open                           |
| <b>19 Jun</b> | Alganesh Piechocinski         | Open                           |
| <b>26 Jun</b> | Open                          | Ss. Peter & Paul Parish Picnic |

**FELLOWSHIP HOUR AND BREAD OF HOLY OBLATION**

Baking or ordering the Holy Bread of Oblation or providing and serving the refreshments for Fellowship Hour following the Liturgy on Sundays is a great way to practice Christian fellowship among our fellow parishioners. Notice the openings to the left and consider contributing to this vital ministry. Sign-up in the vestibule.

**SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH**

10620 River Road Potomac Maryland 20854 • 301-765-3400 • [www.peterpaulpotomac.org](http://www.peterpaulpotomac.org)

# CHRIST IS RISEN! TRULY HE IS RISEN!

## SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH

*All Things Are Possible to Him Who Believes*

**Matins:** Sundays 9:30am

**Divine Liturgy:** Sundays 10:30am

**SUNDAY, MAY 29, 2016**

**TONE 4 / EOTHINON 7**

**FIFTH SUNDAY OF PASCHA: SUNDAY OF THE SAMARITAN WOMAN  
& AFTER-FAST OF MID-PENTECOST**

HOLY MARTYR THEODOSIA OF TYRE; RIGHTEOUS MARTYR THEODOSIA OF CONSTANTINOPLE; HIEROMARTYR OLVIAN, BISHOP OF ANEOS, AND HIS DISCIPLES; NEW-MARTYR JOHN OF SMYRNA; NEW-MARTYR ANDREW ARGENTI OF CHIOS; JOHN OF USTUG, FOOL-FOR-CHRIST

### RESURRECTIONAL APOLYTIKION (Tone 4)

Having learned the joyful message of the Resurrection from the angel, the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying, Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

### APOLYTIKION OF MID-PENTECOST (Tone 8)

In the midst of this Feast, O Savior, give Thou my thirsty soul to drink of the waters of true worship; for Thou didst call out to all, saying: Whosoever is thirsty, let him come to Me and drink. Wherefore, O Christ our God, Fountain of life, glory to Thee.

### APOLYTIKION OF SAINTS PETER AND PAUL (Tone 4)

O foremost in the ranks of Apostles, and teachers of the world, Peter and Paul, intercede with the Master of all to grant safety to the world and to our souls the great mercy.

### KONTAKION OF PASCHA (Tone 8)

O Immortal One, when Thou didst descend into the tomb, Thou didst destroy the power of Hades; and Thou didst rise victorious, O Christ God. Thou hast said to the ointment-bearing women: Rejoice! And Thou gavest peace to Thy Disciples, O Bestower of Resurrection to those Who had fallen.

### EPISTLE

*How great are Thy works, O Lord! In wisdom hast Thou made them all.  
Bless the Lord, O my soul!*

**The Reading from the Acts of the Saintly and Pure Apostles. (11:19-30)**

In those days, the Disciples, who were scattered because of the persecution that arose over Stephen, traveled as far as Phoenicia and Cyprus and Antioch, speaking the Word to none except Jews. But there were some of them, men of Cyprus and Cyrene, who, upon coming to Antioch, spoke to the Greeks also, preaching the Lord Jesus. And the hand of the Lord was with them, and a great number that believed turned to the Lord. News of this came to the ears of the church in Jerusalem, and they sent Barnabas to Antioch. When he came and saw the grace of God, he was glad; and he exhorted them all to remain faithful to the Lord with steadfast purpose; for he was a good man, full of the Holy Spirit and of faith. And a large company was added to the Lord. So Barnabas went to Tarsus to look for Saul; and when he had found him, he brought him to Antioch. For a whole year they met with the church, and taught a large company of people; and in Antioch the Disciples were for the first time called Christians. Now in these days prophets came down from Jerusalem to Antioch. And one of them named Agabus stood up and foretold by the Spirit that there would be a great famine over all the world; and this took place in the days of

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## THE WAY OF PRAYER

The prayer of Orthodox Christians was primarily formed in the liturgy of the community rather than inside the walls of monastery or in the hearts of individual saints. It is the liturgy that provided the regular expression and rhythmical pattern for adoration and intercession. Liturgy is not identical to prayer, even though it is the source and an essential part of prayer. Prayer accompanies every aspect of life and liturgy. The cycle of weekly services, the daily routine of *morning prayer and evening song*, and the unceasing invocation of the name of Jesus are as intimately connected and as integrally life-giving for the individual at prayer as blood cells are to a body. In this way, liturgy spills over and into the daily life of Orthodox Christians.

Prayer is the touchstone of a person's spiritual life. It discloses the true stature and authentic condition of one's life. Prayer is what ultimately reveals who we are in relation to God and other people. If we can pray, then we can talk to others; if we know how to pray, then we also know how to relate to others. Prayer is a mirror of the inner life. This applies equally to those who have chosen to consume their lives entirely in prayer and to laypersons, both men and women, whose life ought to be infused with prayer. Prayer is not the privilege of the few but the vocation of all.

*H.H. Patriarch Bartholomew*

### May Charity Collection

Thanks to all of the special donors to our April Outreach project as well as the 100 volunteers who helped us pack over 20,000 meals to reach those in our local area who are less fortunate than we are. The event created a sense of community and love that we all felt and we appreciate all of those who participated.

This month we are back to our monthly collection. On May 29, we will be focusing on an international charity. Our collection will support the Friends of the Hogar Rafael Ayau, which was organized in 2007 to provide financial assistance to the Hogar Rafael Ayau, a home for abandoned and abused children in Guatemala City, Guatemala. The Hogar, or "home" in Spanish, now receives children from birth to twenty-two years of age and cares for them until they are able to establish lives on their own. The home is on the grounds of an orthodox monastery in Guatemala and is run by an orthodox Abbess, Madre Inés Ayau Garcia who received a Doctor of Humane Letters degree from St. Vladamir's seminary in 2013. You can learn more about the organization at <http://www.friendsofthehogar.org>.

### IOCC Event/Friday, June 3rd — 6p-8p

#### International Orthodox Christian Charities (IOCC) Awareness Happy Hour

Join us at **Sugar** located at 2121 K Street, NW, Washington DC and start the weekend right by supporting IOCC's humanitarian relief and development efforts in Greece, Syria, Ethiopia and around the world! Register at [www.iocc.org/dc](http://www.iocc.org/dc). Suggested donation is \$15.00 (see flyer in Kogok Hall)

### Volunteer for FOCUS North America Summer Feeding Program

**Summer feeding** is a government sponsored initiative to provide nutritious meals to children who might otherwise experience food scarcity during the summer months. This program will take place at **St. Mary Orthodox Church**, 7223 Roosevelt Ave, Falls Church, Virginia 22042, **August 1-5, 2016**. Volunteers are needed from 7:30 am - 2:30 pm each day, and will assist with serving food, leading games and activities for the children, and cleanup. At least **15 adult volunteers are needed per day**. Teens over the age of 14 are also welcome to volunteer! (All adult volunteers will be required to submit to a background check). Questions? Please don't hesitate to contact Lauren Cooper, FOCUS site coordinator, at [stmarysummerfeeding@gmail.com](mailto:stmarysummerfeeding@gmail.com). Together, we can provide physical and spiritual nourishment to children in need. Please join us!

### **Priests**

Very Reverend  
Fr. George Rados  
[frgeorge@peterpaulpotomac.org](mailto:frgeorge@peterpaulpotomac.org)  
Very Reverend  
Fr. Isaac Crow  
[frisaac@peterpaulpotomac.org](mailto:frisaac@peterpaulpotomac.org)

### **Deacon**

Dn. Christian Manasseh  
[DnChristian@peterpaulpotomac.org](mailto:DnChristian@peterpaulpotomac.org)

### **COUNCIL**

#### **Chairperson**

Suzanne Hermes

#### **Vice Chairman**

Gary Farha

#### **Secretary**

Steve Simon

#### **Treasurer**

Richard Mahan

#### **Members**

Alex Cox

Abdallah Daoud

Paul Debs

Lina Eid

Anita El-Araj

Samer Korkor

Justin Misleh

Tony Moussa

Wayne Parr

Metody Tilev

George Zaki

### **Church Secretary**

[office@peterpaulpotomac.org](mailto:office@peterpaulpotomac.org)

### **Choir Director**

John Slanta

[choir@peterpaulpotomac.org](mailto:choir@peterpaulpotomac.org)

### **Chanters**

Wayne Parr

George Tannous

### **Ushers**

Jerry Audi

Michael El Araj

Abraham Fannoney

Sam Khalil

### **ALTAR**

#### **Manager**

Peter Aburdeineh

### **Servers**

Captains -

Rashid Haddad

Christopher Zolnerowich

# CHRIST IS RISEN! TRULY HE IS RISEN!

## Ss. Peter and Paul Orthodox Church News and Events

### SUNDAY SCHOOL

**May 29** No Sunday School  
**June 05** Children's Sermon  
**June 12** Ice Cream Celebration-Last day of Sunday School

### TEEN SOYO

**June 11** End-Of-Year bowling & dinner party  
**June 26** Ss. Peter & Paul picnic  
**June 29** Parish Life Conference/Antiochian Village

### YOUNG ADULT FELLOWSHIP

**June 1, 2016** The next meeting for the Young Adult Fellowship Study Group is **Wednesday, June 1, 2016 @8:00pm**. The bi-weekly Wednesday evening meetings will be moderated by Amber Bennett and will start with the reading and discussion of the book "Mere Christianity" by C.S. Lewis. The meeting will be held at: 2030 Freedom Lane, Falls Church, VA 22043 (Dn. Christian's home). There will also be an on-line conference link. For more information contact Fr. Isaac Crow ([frisaac@peterpaulpotomac.org](mailto:frisaac@peterpaulpotomac.org)), Dn. Christian Manasseh ([dchristian@peterpaulpotomac.org](mailto:dchristian@peterpaulpotomac.org)) or Amber Bennett ([bennett.amberrose@gmail.com](mailto:bennett.amberrose@gmail.com))

### "EXPLORING OUR FAITH"

#### THE SS. PETER AND PAUL ADULT RELIGIOUS EDUCATION FORUM

In an effort to better understand and discover the rich spiritual, historical, doctrinal and scriptural tradition of our Holy Orthodox Faith, the Adult Religious Education Forum "Exploring Our Faith" meets every other Thursday evening from **7:15pm to 8:30pm** in the lower level conference room. Fr. Isaac facilitates the meetings in an informal setting using brief presentations as a springboard to open discussion on a wide range of topics concerning our Faith. The next meeting is **Thursday, June 9, 2016**. ALL ARE WELCOME.

### TRADITIONS COOKBOOK

#### WE WOULD LOVE TO HEAR FROM YOU!!

We are planning the next publication of our recipe book revised to reflect our Feast Days and the different traditions within our parish. This edition focuses on traditional recipes representative of all our backgrounds and culinary traditions. Please submit a recipe (and photo if you have one) for consideration by emailing it to Michele Forzley at [mforzley@comcast.net](mailto:mforzley@comcast.net) please. Our goal is to have the book ready for the Festival. The deadline for submissions is **midnight June 30, 2016**. We also plan to prepare a companion video on the techniques to make some of the foods – if you would be willing to be in a video let me know too.

### 2016 BAZAAR UPDATE

**Ss. PETER & PAUL BAZAAR — SAVE THE DATE**  
Ss. Peter & Paul 33rd Annual Bazaar **September 23-25, 2016**. Please contact us with your thoughts and interest in volunteering! Contact [wayne.parr@gmail.com](mailto:wayne.parr@gmail.com) 571-294-0197 or Barbara Abraham [bmwabraham@gmail.com](mailto:bmwabraham@gmail.com) 301-949-1056

### ANTIOCHIAN WOMEN

#### Sunday, June 12, 2016 — Save the Date

The Antiochian Women are having their end-of-the-year luncheon to honor the officers and welcome the new. The date is **Sunday, June 12 at 1:00pm** at Normandie Farm Restaurant ([www.popovers.com](http://www.popovers.com) for full Sunday brunch menu) located at 10710 Falls Road, Potomac, MD The cost for the brunch is \$42.00 for adults (checks should be made to Ss. Peter & Paul Church Antiochian Women's Auxiliary). Please contact Donna Gavin at [crazygavins@verizon.net](mailto:crazygavins@verizon.net) (703-463-1074) or Barbara Bosworth at [bybosworth@fcps.edu](mailto:bybosworth@fcps.edu) (703-278-3161) See the round table in Narthex for more information.

### FEAST OF SAINTS PETER & PAUL

#### Save the Date -- Sunday June 26.

The Feast of Ss. Peter and Paul is Wednesday, June 29. The Parish will celebrate our Patronal Feast Day on **Sunday, June 26** following the Liturgy with a parish picnic right down the road at Bretton Woods Recreation Center & Golf Club. All are welcome to share in this event so mark your calendar!

### Upcoming events...

May 29 \*No Sunday School  
\*Men's Club Mtg./following Liturgy/12:30p  
May 30 \*Church offices closed  
Jun 01 \*Young Adult Fellowship Study Group/8a/off-site & on-line (See above for more details)  
Jun 04 \*Arabic Language Class/10a-12:30p/LL Hall  
\*Arabic Liturgy/Sanctuary/5:00p  
Jun 05 \*Ibrahim Saah Baptism/1:00p  
Jun 08 \*Divine Liturgy/Feast of the Ascension 7p  
Jun 09 \*Adult Ed Forum/LL Conf. Rm./7:15p  
Jun 12 \*Antiochian Women EOY Luncheon (see above for more information)  
\*Last day of Sunday Schl w/ice cream celebration  
Jun 14 \*Parish Council Mtg/LL Conf. Rm. 7:00p  
Jun 19 \*Emerson Naccache West/Baptism/1:00p  
Jun 25 \*Noor Marie Atallah/Baptism/11a  
Jun 26 \*Ss. P&P Parish Picnic following Liturgy Bretton Woods (more info to follow)  
Jun 28 \*Divine Liturgy/Feast of Ss. Peter & Paul 7p  
Jun 29 \*Men's Golf Tournament/Bretton Woods/8a-4p

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Claudius. And the Disciples determined, every one according to his ability, to send relief to the brethren who lived in Judea; and they did so, sending it to the elders by the hand of Barnabas and Saul.

### THE GOSPEL

#### The Reading from the Holy Gospel according to St. John. (4:5-42)

At that time, Jesus came to a city of Samaria, called Sychar, near the field that Jacob gave to his son Joseph. Jacob's well was there, and so Jesus, wearied as He was with his journey, sat down beside the well. It was about the sixth hour. There came a woman of Samaria to draw water. Jesus said to her, "Give Me a drink." For His Disciples had gone away into the city to buy food. The Samaritan woman said to Him, "How is it that Thou, a Jew, ask a drink of me, a woman of Samaria?" For Jews have no dealings with Samaritans. Jesus answered her, "If you knew the gift of God, and Who it is that is saying to you, 'Give Me a drink,' you would have asked Him, and He would have given you living water." The woman said to Him, "Sir, Thou hast nothing to draw with, and the well is deep; where do you get that living water? Art Thou greater than our father Jacob, who gave us the well, and drank from it himself, and his sons, and his cattle?" Jesus said to her, "Everyone who drinks of this water will thirst again, but whoever drinks of the water that I shall give him will never thirst forever; the water that I shall give him will become in him a spring of water welling up to eternal life." The woman said to Him, "Sir, give me this water, that I may not thirst, nor come here to draw." Jesus said to her, "Go, call your husband, and come here." The woman answered Him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and he whom you now have is not your husband; this you said truly." The woman said to Him, "Sir, I perceive that Thou art a prophet. Our fathers worshiped on this mountain; and Thou sayest that in Jerusalem is the place where men ought to worship." Jesus said to her, "Woman, believe Me, the hour is coming when neither on this mountain nor in Jerusalem will you worship the Father. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth, for such the Father seeks to worship Him. God is spirit, and those who worship Him must worship in spirit and truth." The woman said to Him, "I know that Messiah is coming [He Who is called Christ]; when He comes, He will tell us all things." Jesus said to her, "I Who speak to you am He." Just then His Disciples came. They marveled that He was talking with a woman, but none said, "What dost Thou wish?" or, "Why art Thou talking with her?" So the woman left her water jar, and went away into the city, and said to the people, "Come, see a man Who told me all that I ever did. Can this be the Christ?" They went out of the city and were coming to Him. Meanwhile the Disciples besought Him, saying, "Rabbi, eat." But He said to them, "I have food to eat of which you do not know." So the Disciples said to one another, "Has anyone brought Him food?" Jesus said to them, "My food is to do the will of Him Who sent Me, and to accomplish His work. Do you not say, 'There are yet four months, then comes the harvest'? I tell you, lift up your eyes, and see how the fields are already white for harvest. He who reaps receives wages, and gathers fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor; others have labored, and you have entered into their labor." Many Samaritans from that city believed in Him because of the woman's testimony, "He said to me all that I ever did." So when the Samaritans came to Him, they asked Him to stay with them; and He stayed there two days. And many more believed because of His words. They said to the woman, "It is no longer because of your words that we believe, for we have heard for ourselves, and we know that this is indeed the Savior of the world."

If we were humble the Lord in His love would show us all things, would reveal to us all mysteries, but our trouble is that we are not humble. We puff ourselves up and boast over trifles, and so make both ourselves and other unhappy.

*St. Silouan the Athonite*

### SUNDAY SCHOOL

#### Directors

Samia Zolnerowich  
Jennifer Buchko

#### Teachers

Jumana Misleh  
Susan Kozlov  
Michelle Zook  
Christine Morin  
Layla Najjar  
Lizzy Cassar  
Lara Bellone  
Andrew Salem  
Caroline Jarboe  
Chrissy Mackoul  
Anees Mokhiber  
Philip Allen

#### Men's Club

Sam Khalil

#### Antiochian Women

Kate Niewenhous

#### Teen SOYO

##### Advisor

Jamilee Bellone

##### Officers

Rashid Haddad  
Julia Allen  
Danielle Bellone  
Kinda Callas  
Nick Guegel

#### Fellowship of St. John

Christine & Samer Korkor  
Dn. Christian & Zeina Manasseh

#### Adornment

Shams Akkawi  
Jamil Hermes

#### Facility Management

Nick Nahas  
Bob Simon

#### Rental Coordinator

Barbara Abraham

#### Charities

Sam Sahouri Ghanem

#### Finance

Gary Farha

#### Stewardship

Lina Eid

# CHRIST IS RISEN! TRULY HE IS RISEN!

## Orthodox Christians

Faithful Orthodox fully participate in the celebration of the Eucharist when they receive Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly disposed to receive Communion, communicants should not be conscious of grave sin, have fasted from the night before taking communion, and seek to live in charity and love with their neighbors. Persons conscious of grave sin must first be reconciled with God and the Church through the Sacrament of Penance

## Non-Orthodox

We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions in Christianity that we cannot extend to them a general invitation to receive Communion. Orthodox believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, and for which we must all pray.

## Not Receiving Communion

Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

## Welcome to Ss. Peter and Paul

To encourage our worship in a proper spirit of prayer and devotion, we respectfully ask you to enter the sanctuary quietly during the Divine Liturgy.

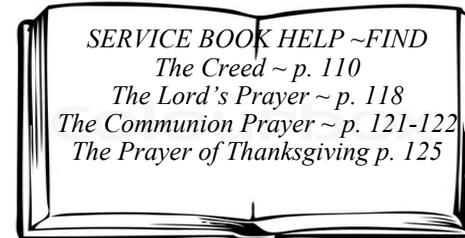
### PLEASE DO NOT ENTER OR EXIT THE SANCTUARY AS

- the clergy censes the sanctuary
  - the congregation is standing, or
  - during the Little Entrance with the Gospel
  - during the Reading of the Epistle and the Gospel
- Please enter the sanctuary upon the completion of
- the sermon
  - the Great Entrance with the Holy Gifts
  - the Prayers of Consecration p. 112-113
  - the Hymn to the Theotokos "It is Truly Meet"

Please follow the directions of the ushers during Communion and dismissal; refrain from using cell phones in the narthex; and be considerate of those praying and converse in the hall, outside or downstairs.

## Visitors

If you are visiting our parish, please let us get to know you. Complete a visitor card you will find in your pew, and drop it in the ushers tray or the collection box.



# CHRIST IS RISEN! TRULY HE IS RISEN!

## Commemorations

For the servants of God that they may have mercy, peace, health, salvation and visitation, pardon and remission of sin; the Lord God remember them in his Kingdom always:  
 now and ever, and unto ages of ages

For the Servants of God departed this life: the Lord God remember them in his kingdom always: now and ever, and unto ages of ages

### Parishioners who remain in our prayers continually

|                 |                      |
|-----------------|----------------------|
| Margaret Ashley | May Fillah           |
| Richie Kogok    | Brian Briggs         |
| Isabel Threddeh | Holly Dubois         |
| Bertha Aed      | Edmond & Sophie Neam |

### DEPARTED

John Wizeman  
 Hadla Dabaghi  
 Ambassador Dr. Clovis Maksoud  
 Fred Ayoub  
 Pat Shaheen  
 David Newkirk  
 William Gavin  
 Marie & Albert Moses  
 Jeanne "Jay" Slyman

## LIVING

|                            |                                  |
|----------------------------|----------------------------------|
| Archpriest George & Family | Richie Ayoub                     |
| Josephine Lofgren          | Nabeeha Ayoub                    |
| Adib Hanna Saah            | Tom Shaheen                      |
| Raymond Ayoub              | Alexandra, Andrew, Matthew Gavin |
| Joseph and Donna Gavin     | Moses Family                     |
| Gavin Family               | Dorothy Marge                    |
| Courtright Family          |                                  |

Prayers are offered today on this Memorial Day Weekend for all the faithful veterans of our Parish who have faithfully served their country with honor. May God grant rest to their souls.

HOLY BREAD OF OBLATION OFFERED BY:

Joe & Donna Gavin

FELLOWSHIP HOUR OFFERED BY:

Joe & Donna Gavin

## Stewardship Corner

*Theology of Giving Series* – Week 22 – May 29, 2016

**John 10: 14-16 ... "As the Father knows me and I know the Father; and I lay down my life for the sheep. And I have other sheep that are not of this fold; I must bring them also, and they will heed my voice. So there shall be one flock, one shepherd. I am the good shepherd; I know my own and my own know me."**

"What does this message from God require from me, His loyal and obedient servant?" What must I change in my life to be able to follow this teaching in both word and in deed?"

Select the link to read the entire *Theology of Giving* series on our website blog: <https://www.peterpaulpotomac.org/stewardship-corner>