

	<b>BREAD OF HOLY OBLATION</b>	<b>FELLOWSHIP HOUR</b>
<b>22 May</b>	*Mona Ayoub 40-day Memorial for Mufid Ayoub *Suad Shammass 6-mos Memorial for Issa Shammass	*Mona Ayoub & Family-40-day Memorial for Mufid Ayoub *Suad Shammass 6-mos Memorial for Issa Shammass
<b>28 May</b>	Donna Gavin	Donna Gavin
<b>05 Jun</b>	Christine Malaska	Parish Council
<b>12 Jun</b>	Open	Open
<b>19 Jun</b>	Open	Open

**FELLOWSHIP HOUR AND BREAD OF HOLY OBLATION**

Baking or ordering the Holy Bread of Oblation or providing and serving the refreshments for Fellowship Hour following the Liturgy on Sundays is a great way to practice Christian fellowship among our fellow parishioners. Notice the openings to the left and consider contributing to this vital ministry. Sign-up in the vestibule.

# CHRIST IS RISEN! TRULY HE IS RISEN!

## SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH

*All Things Are Possible to Him Who Believes*

**Matins:** Sundays 9:30am

**Divine Liturgy:** Sundays 10:30am

**SUNDAY, MAY 22, 2016**

**TONE 3 / EOTHINON 5**

**FOURTH SUNDAY OF PASCHA**

**SUNDAY OF THE PARALYTIC**

MARTYR BASILISKOS, BISHOP OF COMANA; JOHN VLADIMIR THE WONDER-WORKER, KING OF SERBIA; VENERABLE MARTYR PAUL OF THE GREAT LAV-RA AND THE RUSSIAN MONASTERY ON ATHOS

### RESURRECTIONAL APOLYTIKION (Tone 3)

Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and became the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.

### APOLYTIKION OF SAINTS PETER AND PAUL (Tone 4)

O foremost in the ranks of Apostles, and teachers of the world, Peter and Paul, intercede with the Master of all to grant safety to the world and to our souls the great mercy.

### KONTAKION OF PASCHA (Tone 8)

O Immortal One, when Thou didst descend into the tomb, Thou didst destroy the power of Hades; and Thou didst rise victorious, O Christ God. Thou hast said to the ointment-bearing women: Rejoice! And Thou gavest peace to Thy Disciples, O Bestower of Resurrection to those Who had fallen.

### Volunteer for FOCUS North America Summer Feeding Program

**Summer feeding** is a government sponsored initiative to provide nutritious meals to children who might otherwise experience food scarcity during the summer months. This program will take place at **St. Mary Orthodox Church**, 7223 Roosevelt Ave, Falls Church, Virginia 22042, **August 1-5, 2016**. Volunteers are needed from 7:30 am - 2:30 pm each day, and will assist with serving food, leading games and activities for the children, and cleanup. At least **15 adult volunteers are needed per day**. Teens over the age of 14 are also welcome to volunteer! (All adult volunteers will be required to submit to a background check). Questions? Please don't hesitate to contact Lauren Cooper, FOCUS site coordinator, at [stmarysummerfeeding@gmail.com](mailto:stmarysummerfeeding@gmail.com). Together, we can provide physical and spiritual nourishment to children in need. Please join us!

#### **Priests**

Very Reverend  
Fr. George Rados  
frgeorge@peterpaulpotomac.org  
Very Reverend  
Fr. Isaac Crow  
frisaac@peterpaulpotomac.org

#### **Deacon**

Dn. Christian Manasseh  
DnChristian@peterpaulpotomac.org

#### **COUNCIL**

##### **Chairperson**

Suzanne Hermes

##### **Vice Chairman**

Gary Farha

##### **Secretary**

Steve Simon

##### **Treasurer**

Richard Mahan

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Abdallah Daoud  
Paul Debs  
Lina Eid  
Anita El-Araj  
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Wayne Parr  
Metody Tilev  
George Zaki

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office@peterpaulpotomac.org

##### **Choir Director**

John Slanta  
choir@peterpaulpotomac.org

##### **Chanters**

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##### **Manager**

Peter Aburdeineh

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Captains -  
Rashid Haddad  
Christopher Zolnerowich

# CHRIST IS RISEN! TRULY HE IS RISEN!

#### **Christ, the First Fruits**

The Lord's Resurrection – And Ours — By Fr. Theodore Pulcini

#### **THE LAST DAY**

On the Last Day, Christ the Risen Lord will descend in glory, “with a cry of command, with the archangel’s call, and with the sound of the trumpet of God,” and then the dead in Christ will rise (1 Thess. 4:16; cf. 1 Cor. 15:52). We should not think of this resurrection as a mere reconstitution of our old bodies. Far from it. Our bodies in this resurrection will be transformed, freed from the imperfections and burdens of mortality and corruption. “In the twinkling of an eye,” St. Paul assures us, “we shall all be changed” (1 Cor. 15:51-52). As he describes it:

So it is with the resurrection of the dead. What is sown is perishable, what is raised is imperishable. It is sown in dishonor, it is raised in glory. It is sown in weakness, it is raised in power. It is sown a physical body, it is raised a spiritual body ... For this perishable nature must put on the imperishable, and this mortal nature must put on immortality (1 Cor. 15:42-44, 53).

The Fathers expand on St. Paul’s depiction of our resurrected bodies by assuring us that whatever deformities we suffered in our mortal body will be corrected on the Last Day. St. Justin assures us that “if on earth Christ healed the sicknesses of the flesh, and made the body whole, much more will he do this in the resurrection, so that the flesh will rise perfect and entire” (On the Resurrection, 4; cf. Tertullian, On the Resurrection of the Flesh, 57).

In short, on the Last Day the reign of death and sin – indeed all creation’s subjection to futility -will be shattered when the glory and love of God are fully revealed and all things are made subject to Christ, who, in turn, will hand all things over to the Father (1 Cor. 15:25-28).

#### **THE UNIVERSAL JUDGMENT**

But this full revelation of the glory and love of God implies judgment. We tend to speak of what will happen on the Last Day in figurative terms. We picture Christ descending on a throne, holding a large book filled with data about our lives. We picture ourselves being called forward one by one for a hearing that will determine whether we get sent to heaven or hell. Such images are helpful, but they can also be misleading. If people do not move beyond them toward a more sophisticated understanding of the Universal Judgment, they will dismiss the whole idea of the Last Day as a childish tale. We have to get behind these images.

God wills that everyone be saved (1 Tim. 2:4). However, when the overwhelming light of God’s glory and love is manifested at the end of time, no one will be able to hide from its rays. No one or no thing will be able to avoid being exposed by it. There will be no darkness, no hiding. Face to face with the awesomeness of God’s glory and love, we will realize the magnitude of the salvation offered to us by God and will be led to examine how we responded to this offer. Every person will thus inevitably be judged by his or her own conscience.

Those who accepted the offer of salvation will know a boundless joy. On the other hand, those who rejected this salvation will cower – just like someone who, having been locked in a dark room for months, would cower when suddenly thrust into bright sunshine. Those who damned themselves will be consumed by remorse and grief once they realize the great opportunity that they lost.

And all this will take place after the body has been raised and rejoined to the soul, which God had preserved in life by his grace. Thus the whole person, body and soul together, will be judged on the Last Day. And that, the Fathers assert, is only fair. After all, it was as a whole person, body and soul together, that we did good or did evil. It is therefore as a whole person, body and soul together, that we should stand for judgment and receive either reward or punishment. The Church Father Tertullian (+ca. 225) says that God’s justice requires such an arrangement. God would be unjust, he asserts, “if he were to exclude from reward the flesh which is associated in good works” and “if he were to exempt it from punishment when it has been an accomplice in evil deeds” (On the Resurrection of the Flesh, 15; cf. Athenagoras, On the Resurrection of the Dead, 18).

#### **THE “SLEEP OF HOPE”**

For the Orthodox Christian, then, death is a “sleep of hope.” At death we enter a period of restful anticipation; while sleeping in the Lord, we await the resurrection on the Last Day. We must recapture the early Christian expectation of the Parousia, the second coming of Christ and the consummation of all things. It could dawn tomorrow – or today! And when it does, Christ’s victory over death, which we celebrate so triumphantly during this and every Paschal season, will be fully ours as well.

Christ rose from the dead as the “first fruits” of the dead so that we all might follow him in a resurrection like his. Risen from the dead in transformed bodies, as whole persons, redeemed in both body and soul, we will be part of that “great harvest” of the Kingdom, the harvest that Christ initiated by his glorious Resurrection.

# CHRIST IS RISEN! TRULY HE IS RISEN!

## Ss. Peter and Paul Orthodox Church News and Events

### SUNDAY SCHOOL

- May 22** Recognition of High School Seniors  
**May 29** No Sunday School  
**June 05** Children's Sermon  
**June 12** Ice Cream Celebration-Last day of Sunday School

### TEEN SOYO

- May 22** Final Teen SOYO Meeting of the year

### YOUNG ADULT FELLOWSHIP

**June 1, 2016** The next meeting for the Young Adult Fellowship Study Group is **Wednesday, June 1, 2016 @8:00pm**. The bi-weekly Wednesday evening meetings will be moderated by Amber Bennett and will start with the reading and discussion of the book "Mere Christianity" by C.S. Lewis. The meetings will be held at two locations: 716 Monroe Street, NE, Apt. 228, WDC (Amber's apartment) and 2030 Freedom Lane, Falls Church, VA 22043 (Dn. Christian's home). There will also be an on-line conference link. For more information contact Fr. Isaac Crow ([frisaac@peterpaulpotomac.org](mailto:frisaac@peterpaulpotomac.org)), Dn. Christian Manasseh ([dnchristian@peterpaulpotomac.org](mailto:dnchristian@peterpaulpotomac.org)) or Amber Bennett ([bennett.amberrose@gmail.com](mailto:bennett.amberrose@gmail.com))

### "EXPLORING OUR FAITH"

#### THE SS. PETER AND PAUL ADULT RELIGIOUS EDUCATION FORUM

In an effort to better understand and discover the rich spiritual, historical, doctrinal and scriptural tradition of our Holy Orthodox Faith, the Adult Religious Education Forum "Exploring Our Faith" meets every other Thursday evening from **7:15pm to 8:30pm** in the lower level conference room. Fr. Isaac facilitates the meetings in an informal setting using brief presentations as a springboard to open discussion on a wide range of topics concerning our Faith. The next meeting is **Thursday, May 26, 2016. ALL ARE WELCOME.**

### TRADITIONS COOKBOOK

#### WE WOULD LOVE TO HEAR FROM YOU!!

We are planning the next publication of our recipe book revised to reflect our Feast Days and the different traditions within our parish. This edition focuses on traditional recipes representative of all our backgrounds and culinary traditions. Please submit a recipe (and photo if you have one) for consideration by emailing it to Michele Forzley at [mforzley@comcast.net](mailto:mforzley@comcast.net) please. Our goal is to have the book ready for the Festival. The deadline for submissions is **midnight June 30, 2016**. We also plan to prepare a companion video on the techniques to make some of the foods – if you would be willing to be in a video let me know too.

### 2016 BAZAAR UPDATE

**Ss. PETER & PAUL BAZAAR — SAVE THE DATE**  
 Ss. Peter & Paul 33rd Annual Bazaar **September 23-25, 2016**. Please contact us with your thoughts and interest in volunteering! Contact [wayne.parr@gmail.com](mailto:wayne.parr@gmail.com) 571-294-0197 or Barbara Abraham [bmwabraham@gmail.com](mailto:bmwabraham@gmail.com) 301-949-1056

### ANTIOCHIAN WOMEN

#### Sunday, June 12, 2016 — Save the Date

The Antiochian Women are having their end-of-the-year luncheon to honor the officers and welcome the new. The date is **Sunday, June 12 at 1:00pm** at Normandie Farm Restaurant ([www.popovers.com](http://www.popovers.com) for full Sunday brunch menu) located at 10710 Falls Road, Potomac, MD The cost for the brunch is \$42.00 for adults (checks should be made to Ss. Peter & Paul Church Antiochian Women's Auxiliary). Please contact Donna Gavin at [crazygavins@verizon.net](mailto:crazygavins@verizon.net) (703-463-1074) or Barbara Bosworth at [bybosworth@fcps.edu](mailto:bybosworth@fcps.edu) (703-278-3161) See the round table in Narthex for more information.

### FEAST OF SAINTS PETER & PAUL

#### Save the Date — Sunday June 26.

The Feast of Ss. Peter and Paul is Wednesday, June 29. The Parish will celebrate our Patronal Feast Day on **Sunday, June 26** following the Liturgy with a parish picnic right down the road at Bretton Woods Recreation Center & Golf Club. All are welcome to share in this event so mark your calendar!

### Upcoming events...

- |        |   |
|--------|---|
| May 22 | *Recognition of High School Seniors   |
| May 26 | *Teen SOYO Final Meeting of the year  |
| May 29 | Adult Ed Forum/LL Conf. Rm./7:15p   |
| May 29 | *No Sunday School   |
| May 30 | *Men's Club Mtg./following Liturgy/12:30p   |
| May 30 | Church offices closed   |
| Jun 01 | Young Adult Fellowship Study Group/8a/off-site & on-line (See above for more details) |
| Jun 04 | *Arabic Language Class/10a-12:30p/LL Hall   |
| Jun 04 | *Arabic Liturgy/Sanctuary/5:00p   |
| Jun 05 | Ibrahim Saah Baptism/1:00p  |
| Jun 08 | Divine Liturgy Feast of the Ascension 7p  |
| Jun 09 | Adult Ed Forum/LL Conf. Rm./7:15p   |
| Jun 09 | *Antiochian Women EOY Luncheon (see above for more information)                       |
| Jun 12 | *Last day of Sunday Schl w/ice cream celebration                                      |
| Jun 14 | Parish Council Mtg/LL Conf. Rm. 7:00p   |
| Jun 19 | Emerson Naccache West/Baptism/1:00p   |
| Jun 25 | Noor Marie Atallah/Baptism/11a  |
| Jun 26 | Ss. P&P Parish Picnic following Liturgy Bretton Woods (more info to follow)           |
| Jun 29 | Men's Golf Tournament/Bretton Woods/8a-4p   |

# CHRIST IS RISEN! TRULY HE IS RISEN!

### EPISTLE

*Sing praises to our God, sing praises. Clap your hands, all you nations.*  
**The Reading from the Acts of the Saintry and Pure Apostles. (9:32-42)**

In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments, which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

### THE GOSPEL

#### The Reading from the Holy Gospel according to St. John. (5:1-15)

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda, which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water. For an angel of the Lord went down at certain seasons into the pool and troubled the water; whoever stepped in first, after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for 38 years. When Jesus saw him and knew that he had been lying there a long time, He said to him, "Do you want to be healed?" The sick man answered Him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked. Now that day was the Sabbath. So the Jews said to the man who was cured, "It is the Sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.'" They asked him, "Who is the man who said to you, 'Take up your pallet, and walk?'" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befalls you." The man went away and told the Jews that it was Jesus Who had healed him.

According to the Gospel, it should be said that undoubtedly each person is given his own saving cross. The cross has grown on the soil of our heart, and it is only through this cross that we can be saved. From this it follows that if we refuse to go by the way of Christ, by the saving way, and we want to invent for ourselves another way, free of labor, for attaining the King of Heaven. But this cannot be.

*St. Anatoly of Optina*

### GOD BLESS OUR GRADUATES

Ss. Peter & Paul Church offers congratulations to all those faithful of our Parish who celebrate the graduation of a family member this month whether from High School, College, or Graduate Study. May God bless them and reward them for their good work.

### SUNDAY SCHOOL

#### Directors

Samia Zolnerowich  
 Jennifer Buchko

#### Teachers

Jumana Misleh  
 Susan Kozlov  
 Michelle Zook  
 Christine Morin  
 Layla Najjar  
 Lizzy Cassar  
 Lara Bellone  
 Andrew Salem  
 Caroline Jarboe  
 Chrissy Mackoul  
 Anees Mokhiber  
 Philip Allen

#### Men's Club

Sam Khalil

#### Antiochian Women

Kate Niewenhaus

#### Teen SOYO

##### Advisor

Jamilee Bellone

##### Officers

Rashid Haddad  
 Julia Allen  
 Danielle Bellone  
 Kinda Callas  
 Nick Guegel

#### Fellowship of St. John

Christine & Samer Korkor  
 Dn. Christian & Zeina  
 Manasseh

#### Adornment

Shams Akkawi  
 Jamil Hermes

#### Facility Management

Nick Nahas  
 Bob Simon

#### Rental Coordinator

Barbara Abraham

#### Charities

Sam Sahouri Ghanem

#### Finance

Gary Farha

#### Stewardship

Lina Eid

# CHRIST IS RISEN! TRULY HE IS RISEN!

## Orthodox Christians

Faithful Orthodox fully participate in the celebration of the Eucharist when they receive Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly disposed to receive Communion, communicants should not be conscious of grave sin, have fasted from the night before taking communion, and seek to live in charity and love with their neighbors. Persons conscious of grave sin must first be reconciled with God and the Church through the Sacrament of Penance

## Non-Orthodox

We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions in Christianity that we cannot extend to them a general invitation to receive Communion. Orthodox believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, and for which we must all pray.

## Not Receiving Communion

Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

## Welcome to Ss. Peter and Paul

To encourage our worship in a proper spirit of prayer and devotion, we respectfully ask you to enter the sanctuary quietly during the Divine Liturgy.

### PLEASE DO NOT ENTER OR EXIT THE SANCTUARY AS

- the clergy censes the sanctuary
  - the congregation is standing, or
  - during the Little Entrance with the Gospel
  - during the Reading of the Epistle and the Gospel
- Please enter the sanctuary upon the completion of
- the sermon
  - the Great Entrance with the Holy Gifts
  - the Prayers of Consecration p. 112-113
  - the Hymn to the Theotokos "It is Truly Meet"

Please follow the directions of the ushers during Communion and dismissal; refrain from using cell phones in the narthex; and be considerate of those praying and converse in the hall, outside or downstairs.

## Visitors

If you are visiting our parish, please let us get to know you. Complete a visitor card you will find in your pew, and drop it in the ushers tray or the collection box.

## SERVICE BOOK HELP ~FIND

The Creed ~ p. 110  
 The Lord's Prayer ~ p. 118  
 The Communion Prayer ~ p. 121-122  
 The Prayer of Thanksgiving p. 125

# CHRIST IS RISEN! TRULY HE IS RISEN!

## Commemorations

For the servants of God that they may have mercy, peace, health, salvation and visitation, pardon and remission of sin; the Lord God remember them in his Kingdom always: now and ever, and unto ages of ages

For the Servants of God departed this life: the Lord God remember them in his kingdom always: now and ever, and unto ages of ages

## Parishioners who remain in our prayers continually

Margaret Ashley	May Fillah
Richie Kogok	Brian Briggs
Isabel Threddeh	Holly Dubois
Bertha Aed	Edmond & Sophie Neam

## LIVING

Archpriest George & Family	Richie Ayoub
Josephine Lofgren	Nabeeha Ayoub
Adib Hanna Saah	Tom Shaheen
Raymond Ayoub	Yolanda Shammam Muganam
Suad Shammam	Issa Boullata & Family
Jacob Shammam & Family	Kamal Boullata & Family
Jamil Bullata & Family	Ricky Ayoub & Family
Mona & Teena Ayoub	Lisa Ayoub & Family
Charles Ayoub & Family	Alexandra, Andrew, Matthew Gavin, & Leslie Courtright

## DEPARTED

Mufid Ayoub  
 Dr. Suleiman Mikhail Madanat  
 John Wizeman  
 Hadla Dabaghi  
 Joe Charley  
 Issa Shammam  
 Yacoub & Asin Shammam  
 George & Nicola Shammam  
 Yousef & Barbara Boullata  
 Renee Boullata  
 Andre Bullata  
 Ambassador Dr. Clovis Maksoud  
 Fred Ayoub  
 Annie Thomas  
 Abdallah Ayoub  
 Miriam Hishmeh  
 Issa Ayoub  
 Pat Shaheen

## HOLY BREAD OF OBLATION OFFERED BY:

Mona Ayoub — 40-day Memorial for Mufid Ayoub  
 Suad Shammam — 6-month Memorial for Issa Shammam

## MEMORIAL WHEAT OFFERED BY:

Mona Ayoub — 40-day Memorial for Mufid Ayoub  
 Suad Shammam — 6-month Memorial for Issa Shammam

## FELLOWSHIP HOUR OFFERED BY:

Mona Ayoub & Family — 40-day Memorial for Mufid Ayoub

## Stewardship Corner

Theology of Giving Series — Week 21 — May 22, 2016

**John 15: 1, 5, 8 ... "I am the true vine, and my Father is the vinedresser. I am the vine, you are the branches. He who abides in me, and I in him, he it is that bears much fruit, for apart from me you can do nothing. By this my Father is glorified, that you bear much fruit, and so prove to be my disciples."**

"What does this message from God require from me, His loyal and obedient servant?" What must I change in my life to be able to follow this teaching in both word and in deed?"

Select the link to read the entire Theology of Giving series on our website blog: <https://www.peterpaulpotomac.org/stewardship-corner>