

	Bread of Holy Oblation	Fellowship Hour
12 May	Mother's Day Debi Abdow-Addis/Mel Abdow	Mother's Day Abdow Family
19-May	Eways Family/IMO George F. Eways Suhaila Haddad/IMO Khalil B. Haddad	Eways Family
26 May	Open	Open
02 Jun	Open	Antoinette Najmeh Sarhan & the Sarhan Family
09 Jun	Open	Open

**FELLOWSHIP HOUR
AND BREAD OF HOLY OBLATION**

Baking or ordering the Holy Bread of Oblation or providing and serving the refreshments for Fellowship Hour following the Liturgy on Sundays is a great way to practice Christian fellowship among our fellow parishioners. Notice the openings to the left and consider contributing to this vital ministry. Sign-up in the Kogok Hall.

SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH
10620 River Road Potomac Maryland 20854 • 301-765-3400 • www.peterpaulpotomac.org

Kindly keep all cell phones turned off or muted while in Church. Thank you.

PRIESTS
Very Reverend
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frisaac@peterpaulpotomac.org
(401) 300-8238 cell
(240) 489-3494 home

Reverend
Fr. Luke Toumi
friluke@peterpaulpotomac.org
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DnChristian@peterpaulpotomac.org

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George Tannous

USHERS
Jerry Audi
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Sam Khalil

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Peter Aburdeineh

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Andrew Erickson
Rashid Haddad
Thomas Zook

CHRIST IS RISEN! TRULY HE IS RISEN!

SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH
Antiochian Orthodox Christian Archdiocese of North America

H.E. Metropolitan JOSEPH

Archbishop Primate

All Things Are Possible to Him Who Believes

Matins: Sundays 9:30am

Divine Liturgy: Sundays 10:30am

SUNDAY, MAY 12, 2019

tone 2 / EOTHINON 4

**SUNDAY OF THE MYRRH-BEARING WOMEN,
PIOUS JOSEPH OF ARIMATHAEA & RIGHTEOUS NICODEMUS**

RESURRECTIONAL APOLYTIKION (Tone 2)

When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hell with Thy Godly power. And when Thou didst raise the dead from beneath the earth, all the powers of Heaven did cry aloud unto Thee: O Christ, Thou giver of life, glory to Thee.

APOLYTIKION OF JOSEPH OF ARIMATHAEA (Tone 2)

The pious Joseph, having brought down Thy pure body from the Tree, wrapped it in fine linen, embalmed it with ointment, provided for it, and laid it in a new tomb. But Thou didst verily rise after three days, O Lord, granting the world Great Mercy.

APOLYTIKION OF THE MYRRH-BEARING WOMEN (Tone 2)

Verily, the angel came to the tomb and said to the ointment-bearing women: the ointment is meet for the dead, but Christ is shown to be remote from corruption. But cry ye: The Lord is risen, granting the world the Great Mercy.

APOLYTIKION OF SAINTS PETER AND PAUL (Tone 4)

O foremost in the ranks of Apostles, and teachers of the world, Peter and Paul, intercede with the Master of all to grant safety to the world and to our souls the great mercy.

THE KONTAKION OF PASCHA (Tone 8)

Though Thou didst descend into the grave, O Immortal One, yet didst Thou destroy the power of Hades, and didst arise as victor, O Christ God, calling to the myrrh-bearing women, Rejoice, and giving peace unto Thine Apostles, O Thou Who dost grant resurrection to the fallen.

A mother experiences more than one death, even though she herself will only die once. She fears for her husband; she fears for her children; again she fears for the women and children who belong to her children... For each of these — whether for loss of possessions, bodily illness, or undesired misfortune — she mourns and grieves no less than those who suffer.

St. John Chrysostom

PARISH LIFE CONFERENCE 2019

The Dioceses of Charleston, New York and Washington DC will hold their annual Parish Life Conference at the Antiochian Village Conference Center, Bolivar, PA, June 26-30, 2019. Lodging and Event Registration may be booked online at www.antiochianevents.com/ny.html.

CHRIST IS RISEN! TRULY HE IS RISEN!

BLESSED MOTHERS

“Lord God Almighty, bless your handmaid, who is with child, assist and comfort her, ease her labor, and grant her a safe delivery, let the birth of her child be a cause of joy to her all the days of her life.” We offer this prayer when a mother begins her labor. Actually, from the time a woman discovers she's pregnant; the Church begins offering prayers and asking blessings on her behalf. If we look closely at the prayer services of the Church we see there is no other event in life as surrounded with prayers and blessings as childbirth and motherhood. The absolutely exalted place childbirth and motherhood have in the mind of the Church is clear from Her many prayers and blessings.

At birth we pray that the mother will be, ‘sheltered and protected from this day and for every day of her life’. When the child is named we pray that God will, ‘restore complete health and vitality to your handmaiden who has given birth and bless this child and record this name in Your book of life’. While a mother recuperates at home we ask God to ‘nurture all in her house according to Your holy will because in approaching her we also approach Your Holy Name’.

When a mother returns to church with her newborn we give thanks and rejoice that she ‘enters into the temple of Your Glory and is worthy of Communion of the Body and Blood of Your only begotten Son’. At the Baptism we pray for the mother and father, the family, the grandparents, the sponsors, the relatives and friends and everyone witnessing the sacrament. We also pray for parents who adopt children and ask God to, ‘unite their natures making them as one family’. We pray earnestly for a woman who suffers a miscarriage that God will ‘restore her health and give her an Angel of peace to comfort her and ease her of any troubles she may suffer’.

Mothers are called the most important part of God’s creation. She offers a dwelling place for an immortal soul. The angels cannot share in God's creative miracle. Only a woman can. Mothers are closer to the Creator than any other creature. God joins them in performing His act of creation. What is more glorious than this: to be a mother!

Mother’s Day

Today on Mother’s Day, Ss. Peter and Paul Church offers gratitude and thanks to all the Mothers, Grandmothers and Godmothers of our Parish. May God bless and strengthen the Christian Mother, the foundation of the nourishment of the Christian family and the Christian home.

CHRIST IS RISEN! TRULY HE IS RISEN!

Ss. Peter and Paul Orthodox Church News and Events

CHURCH SCHOOL 2019

Registration for Church School is ongoing using this link: <https://goo.gl/forms/G06uOSnltimwgv1W2>, include your email as most Church school announcements go out to the entire parish. Please list all/any allergies.

Check out our new online Church School Newsletter

<https://tinyurl.com/PeterPaulCSOctober>

May 19 *Recognition graduating high school seniors
Forms due Apr 14
<https://tinyurl.com/peterpaulsenior2019>

TEEN SOYO

Ss. Peter & Paul Teen Youth Ministry Group (Teen SOYO) is open to all teens of the Parish (13— 19 years). The teens meet regularly for social, spiritual, and community outreach events.

Lay Advisors:

Zaid Sharafudin/Zaid.sharafudin@gmail.com (412) 708-6726 and Marian Azar/azaremarian@gmail.com (703) 297-9638

Jun 26-30 *Parish Life Conference/@Antiochian Village (more details to follow)

YOUNG ADULT FELLOWSHIP

The Ss. Peter & Paul YAF welcomes all young people over 20 years of age to join in its social, educational, and outreach activities. Please contact Wayne Parr at wayneparr@gmail.com or Amal Michael at amal17m@yahoo.com for more information.

ANTIOCHIAN WOMEN

*Please pay your annual dues of \$25 to help support our outreach and charitable projects. Checks can be given to Janet Metz.

*Please provide your email address to Donna Gavin at crazygavins@verizon.net for future notices.

MEN'S FELLOWSHIP

The Men's Fellowship ministry of Ss. Peter and Paul is to serve the church through charitable outreach, educational and service projects which strengthen and deepen the faith of its members and develop a fellowship of Orthodox Christian servants. Please contact Sam Khalil at sk1943@aol.com or Fred Zacharia at fredzach@verizon.net for more information.

Jun 07 *Ss. Peter & Paul Memorial Golf Tournament
Reston, VA (see flyer in Narthex for more Information & to sign up)

Jun 30 *Ss. Peter & Paul Annual Parish Picnic/following Liturgy/@Bretton Woods Recreation Center, Germantown, MD/more info to follow

EXPLORING OUR FAITH: "On Wheels"

The Adult Educational Forum "Exploring Our Faith" has begun a series of outreach meetings held in both Virginia and Maryland suburbs of Washington DC. The next meeting will be held on **Thursday, May 21, from 7:30p—9:00p in Aldie, VA.** All are welcome; please contact Fr. Isaac or Fr. Luke for information or to volunteer your home for a future meeting.

SS. PETER & PAUL OUTREACH VISITATION MINISTRY

The outreach ministry seeks to visit and to assist the elderly, the sick, and those who are housebound, shut-in, or living in nursing homes. Volunteers are needed who are willing to call to visit, and to reach out to our elderly brethren. All those willing to help please contact the coordinators of the group: George & Alma Jean Zaki at (georgezaki@gmail.com or ajmzaki@gmail.com), Alex Cox at (alexcoxells@gmail.com), Paula Massouh (pmassouh@aol.com) or Fr. Isaac at (frisaac@peterpaulpotomac.org). Our Parish is grateful for this ministry remembering that when we visit the sick and the infirm we visit Christ himself.

THE SS. PETER & PAUL PARISH LIBRARY & MEDIA CENTER

The new Parish Library and Media Center is up and running. The Center houses the Parish Library, audio visual materials, and Christian educational resources. The Center is located in the lower level inside room accessible from the Serge Malooley Conference Center room. Donations of books or materials related to the history, tradition and teaching of the Church and the Orthodox Faith are welcome. All are welcome to use the center by following its user guidelines. Contact Fr. Isaac, Fr. Luke, or Dn. Christian for access and information.

PARISH LIFE CONFERENCE

The Dioceses of Charleston, New York and Washington DC will hold their annual Parish Life Conference at the Antiochian Village Conference Center in Bolivar, PA, June 26 through June 30, 2019. Lodging and event registration may be booked online at <https://www.antiochianevents.com/ny1.html>

CHURCH CALENDAR

May 12 *Mother's Day
May 19 *Recognition of Graduating High School Seniors
May 21 *Exploring our Faith: " On Wheels"/7:30p—9:00p/ Aldie, VA location (more info to follow)
Jun 07 *Ss. Peter & Paul Memorial Golf Tournament/Reston Nat. Golf Course/7a registration (see flyer in Narthex)
Jun 26-30 *Parish Life Conference (more info to follow)
Jun 30 *Annual Parish Picnic (following Liturgy)/Bretton Woods Rec Ctr./15700 River Rd., Germantown, MD
Sep 20-22 *Ss. Peter & Paul Middle Eastern Festival

SAVE THE DATE: 2019 SS. PETER & PAUL MIDDLE EASTERN FESTIVAL

The 2019 Ss. Peter and Paul Middle Eastern Festival is September 20, 21, & 22, 2019 and preparations are already underway. **YOUR HELP IS NEEDED SO PLEASE CONSIDER VOLUNTEERING!** Please contact Lorna Malooley/H=(703) 978-6542, C=(703)503-3344, lornaam@aol.com or Thomaseena Cox/H=(301) 497-9471, C=775-3842. (cox1903@aol.com) to volunteer.

VENDORS NEEDED! If you know of vendors who might be interested in participating, please contact Lorna or Thomaseena. Thanks so much.

CHRIST IS RISEN! TRULY HE IS RISEN!

THE EPISTLE

The Lord is my strength and my song. The Lord has chastened me severely.

The Reading from the Acts of the Sainly and Pure Apostles. (6:1-7)

In those days, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the Twelve summoned the body of the disciples and said, "It is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word." And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochorus, and Nicanor, and Timon, and Parmenas, and Nicolaos, a proselyte of Antioch. These they set before the apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

THE GOSPEL

The Reading from the Holy Gospel according to St. Mark. (15:43-16:8)

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the Kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if He were already dead; and summoning the centurion, he asked him whether Jesus was already dead. And when he learned from the centurion that He was dead, he granted the body to Joseph. And he bought a linen shroud, and taking Him down, wrapped Him in the linen shroud, and laid Him in a tomb, which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Joses saw where He was laid. And when the Sabbath was passed, Mary Magdalene, Mary the mother of James, and Salome, bought spices so that they might go and anoint Him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back—it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, Who was crucified. He has risen, He is not here; see the place where they laid Him. But go, tell His Disciples and Peter that He is going before you to Galilee; there you will see Him, as He told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

CELEBRATING OUR GRADUATES!

High School Seniors, College and Graduate School

Congratulations to all our beloved graduates! The recognition of graduating high school seniors is Sunday, May 19. If you have not submitted his/her name to our Sunday School Staff please do so now by contacting Samia Zolnerowich, Jennifer Buchko or Fr. Luke. If you have a child who graduating from college or grad school this year, they will be recognized in June. Please contact Fr. Isaac or Fr. Luke for more information.

2019 STEWARDSHIP DRIVE

The Stewardship Committee has been actively promoting the 2019 stewardship drive. Please support your church with your time, talents and treasure and fill out a stewardship form in paper (located in the Narthex) or online at peterpaulpotomac.elexiochms.com. Please make the commitment to support the Church through your generous free-will donation. If you have any questions or need more information, please see a member of the Stewardship committee, Fr. Isaac, or Fr. Luke in the hall during Fellowship for more information. Thank you for your support!

CHURCH SCHOOL

Directors

Samia Zolnerowich

Jennifer Buchko

Teachers

Jumana Misleh

Susan Kozlov

Danielle Bellone

Michelle Zook

Ritamaria Saa

Jennifer Montgomery

Andrew Salem

Dara Potter

Layla Najjar

Caroline Jarboe

Stephen Zolnerowich

Nathaniel Guinn

Elizabeth El-Hage

Anees Mokhiber

AJ Wood

Philip Allen

MEN'S FELLOWSHIP

Sam Khalil

ANTIOCHIAN WOMEN

Donna Gavin

TEEN SOYO

Lay Advisors

Zaid Sharafudin

Marian Azar

Officers

Joud Al-Kallas

Tia Saah

Jacob Azar

Julia Azar

YOUNG ADULT

FELLOWSHIP

Wayne Parr

Amal Michael

FACILITY

MANAGEMENT

Sam Berberian

Alex Cox

RENTAL

COORDINATOR

Barbara Abraham

George Rados

CHARITIES

Sam Khalil

FINANCE

Salim Habayeb

STEWARDSHIP

Zeina Manasseh

GIFT SHOP

Alma Jean Zaki

Gail Bailey

CHRIST IS RISEN! TRULY HE IS RISEN!

Orthodox Christians

Faithful Orthodox fully participate in the celebration of the Eucharist when they receive Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly disposed to receive Communion, communicants should not be conscious of grave sin, have fasted from the night before taking communion, and seek to live in charity and love with their neighbors. Persons conscious of grave sin must first be reconciled with God and the Church through the Sacrament of Penance (Confession and Absolution). A frequent reception of the Sacrament of Penance is encouraged for all.

Non-Orthodox

We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions in Christianity that we cannot extend to them a general invitation to receive Communion. Orthodox believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, and for which we must all pray.

Not Receiving Communion

Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

Welcome to Ss. Peter and Paul

To encourage our worship in a proper spirit of prayer and devotion, we respectfully ask you to enter the sanctuary quietly during the Divine Liturgy.

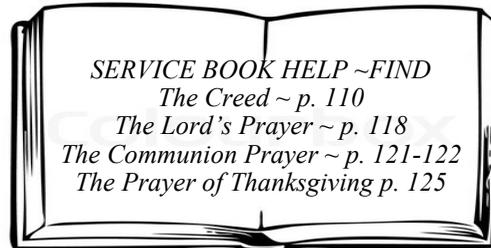
PLEASE DO NOT ENTER OR EXIT THE SANCTUARY AS

- the clergy censes the sanctuary
- the congregation is standing, or
- during the Little Entrance with the Gospel
- during the Reading of the Epistle and the Gospel
- Please enter the sanctuary upon the completion of
- the sermon
- the Great Entrance with the Holy Gifts
- the Prayers of Consecration p. 112-113
- the Hymn to the Theotokos "It is Truly Meet"

Please follow the directions of the ushers during Communion and dismissal; refrain from using cell phones in the narthex; and be considerate of those praying and converse in the hall, outside or downstairs.

Visitors

If you are visiting our parish, please let us get to know you. Complete a visitor card you will find in your pew, and drop it in the ushers tray or the collection box.



HOLY BREAD OF OBLATION OFFERED BY:
Debi Abdow-Addis & Melanie Abdow/IMO Laurice Neam

MEMORIAL WHEAT OFFERED BY:
Samia Zolnerowich/IMO Gretchen Miller
Donna Gvin/IMO Laurice Neam

FELLOWSHIP OFFERED BY:
Calema & George Abdow Family/IMO Laurice Neam
Rida & Sami Boulos Family/IMO Laurice Neam

CHRIST IS RISEN! TRULY HE IS RISEN!

Commemorations

For the servants of God that they may have mercy, peace, health, salvation and visitation, pardon and remission of sin; the Lord God remember them in his Kingdom always: now and ever, and unto ages of ages.

For the Servants of God departed this life: the Lord God remember them in his kingdom always: now and ever, and unto ages of ages

Parishioners who remain in our prayers continually

Rt. Rev. Fr. Elias Bitar	Rt. Rev. Daniel Griffith	
Margaret Ashley	Mary Smith	Jamie Simon
Isabel Thredeh	Nabeeha Ayoub	Joyce Hamaty
Holly Dubois	Suad Shammass	Robert & Thelma Badwey
Sophie Neam	Miriam Yazge	Barbara Abraham
George & Joan Abraham	Lula Brown	Douglas Kalesh
Michael Buchko, Sr.	Edward Rizkallah	Dorothy Marge
Leila Khoury	Shoke George	Assad & Patricia Khoury
Bob & Shirley Neri	Barbara Mullin	Rene Saah
George & Chris Brown		

LIVING

Ibtisam Toubaji	Nijmeh Zayed	Paul Misleh
Sami Korban	Gladys Laham	Tagrid Tawil
Mona Ayoub	Ramzi Azat	Amal K. Mowray
June Albrecht	Yeorgos Lampathakis	Chris Malaska & family
Zaid Feshaye & Family	Charlotte Miller & Family	Frederick Holl & Malindi Vink
Marion Busada	Mike Davis Jr. & Family	Louise Broujos & Family
Mark, Michele, Mark Jr. & Georgia Abdow		Rida & Sami Boulos & Family
Kirstopher, Sara & Leanna Celine Ayoub		Eric & Malinda Holl
Deborah, Joseph, Jessica & Christopher Addis		Melanie Abdow, Giovanni & Marcela
Linda Shaheen, Jennifer, Darren, Nick, Luke, Michael, & Etti		
Frank & Rene Abdow, Sarah, Kim, Brian, Evan, & Olivia		

DEPARTED

Fr. George Rados
Jeanette Boulus
Suad Khoury
Dorothy Saba
Laurice Neam
Isa Boullata
Kidane Mariyam Andom
Frances Cox
Sadie Hier
Ann Kalill
Evelyn Hier
Janie Cox
Calema & George Abdow
Nassema & Michael Davis
Sarah & Farris Abdow
Juanita & Victor Abdow
Georgette & Eli Abdow
Alice Abdow
Janet Abdow
Lorraine Abdow
Rose Younkens
John Broujos
Margaret & Ralph Davis
Alice & Eddie Davis
Agnes & James Addis
Laurice & Jack Neam
Edmond Neam
Jeanette Bolus

MEMORIALS

Gretchen Miller/3-yr
Laurice Neam/40-day



CALLING ALL GARDENERS!

The gardens and landscape of the grounds of St. Peter and Paul are getting new attention this year. Your input on plant selection, garden bed design and location is welcome and needed. Michele Forzley, is leading the landscape process and encourages suggestions and discussion to review the plans for clean up and restoration of the property and learn where there will be new garden beds, large pots for seasonal plants and tree/shrub replacement. We are also planning an area for bridal photography. Your ideas are welcome and gardeners are welcome to help install new plants into ready-for-planting beds.