

	<b>Bread of Holy Oblation</b>	<b>Fellowship Hour</b>
<b>05 May</b>	Bellone & Fannoney Families IMO Fr. Alister Ted & Sharon Constantine/IMO Antoinette Constantine Rouaida B. Hage/IMO Bechara Hage	Ss. Peter & Paul Parish Council IMO Fr. Alister
<b>12 May</b>	<b>Mother's Day</b> Debi Abdow-Addis/Mel Abdow	<b>Mother's Day</b> Abdow Family
<b>19-May</b>	Eways Family/IMO George F. Eways Suhaila Haddad/IMO Khalil B. Haddad	Eways Family
<b>26 May</b>	Open	Open
<b>02 Jun</b>	Open	Antoinette Najmeh Sarhan & the Sarhan Family

**FELLOWSHIP HOUR  
AND BREAD OF HOLY OBLATION**

Baking or ordering the Holy Bread of Oblation or providing and serving the refreshments for Fellowship Hour following the Liturgy on Sundays is a great way to practice Christian fellowship among our fellow parishioners. Notice the openings to the left and consider contributing to this vital ministry. Sign-up in the Kogok Hall.

**SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH**  
10620 River Road Potomac Maryland 20854 • 301-765-3400 • www.peterpaulpotomac.org

**Kindly keep all cell phones turned off or muted while in Church. Thank you.**

**PRIESTS**  
Very Reverend  
Fr. Isaac Crow  
frisaac@peterpaulpotomac.org  
(401) 300-8238 cell  
(240) 489-3494 home

Reverend  
Fr. Luke Toumi  
frluke@peterpaulpotomac.org  
(610) 844-2583 cell  
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**DEACON**  
Dn. Christian Manasseh  
DnChristian@peterpaulpotomac.org

**COUNCIL**  
**Chairperson**  
Carol Laham  
**Vice Chairman**  
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**DIRECTORS**  
Marie Hyder  
Mark Buchko

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Wayne Parr  
Zeina Manasseh  
Rezanne Toumi  
George Tannous

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Jerry Audi  
Michael El Araj  
Abraham Fannoney  
Sam Khalil

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Peter Aburdeineh

**SERVERS**  
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Andrew Erickson  
Rashid Haddad  
Thomas Zook

# CHRIST IS RISEN! TRULY HE IS RISEN!

**SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH**  
*Antiochian Orthodox Christian Archdiocese of North America*  
*H.E. Metropolitan JOSEPH*  
*Archbishop Primate*  
*All Things Are Possible to Him Who Believes*

**Matins:** Sundays 9:30am  
**Divine Liturgy:** Sundays 10:30am

**SUNDAY, MAY 5, 2019**  
**NEW SUNDAY OR ANTI-PASCHA**  
**SUNDAY OF THOMAS THE APOSTLE, CALLED "THE TWIN"**  
GREAT-MARTYR IRENE OF THESSALONICA;  
VENERABLE EUTHYMIOS,  
BISHOP OF MADITOS IN THRACE

## APOLYTIKION FOR THOMAS SUNDAY (Tone 7)

While the tomb was sealed, Thou didst shine forth from it, O Life. While the doors were closed, Thou didst come in to Thy Disciples, O Christ God, Resurrection of all, renewing in us through them an upright spirit, according to the greatness of Thy mercy.

## THE KONTAKION OF PASCHA (Tone 8)

Though Thou didst descend into the grave, O Immortal One, yet didst Thou destroy the power of Hades, and didst arise as victor, O Christ God, calling to the myrrh-bearing women, Rejoice, and giving peace unto Thine Apostles, O Thou Who dost grant resurrection to the fallen.

*“We draw people to Christ not by loudly discrediting what they believe, by telling them how wrong they are and how right we are, but by showing them a light that is so lovely that they want with all their hearts to know the source of it”*

*Madeleine L'Engle*

## Antiochian Village "Camp" Liturgy

Today, at 10:30am the teens and young people of our Parish will sing an Antiochian Village 'Camp' style Liturgy. Many of our young people are Village Alumni and are very familiar with this Byzantine style liturgy used at the camp. They will be led by Kh. Rezanne and our chanters. This project is part of our Parish effort to involve our young people in the Worship of the Church and to encourage them also to join the Choir.

# CHRIST IS RISEN! TRULY HE IS RISEN!

## BEARING WITNESS IN TODAY'S WORLD

“And you shall be witnesses to Me” (Acts 1:8).

For us to be witnesses to Christ today is for us to remind the secularized children of the world of Christ's resurrection from the dead. As for wretched me, I stand before the cross of Christ, before the misery of the world, holding a flame of sincere love.

Salvation does not lie in being freed of the toils of the world, but in the very salvation of the world itself.

Salvation lies first of all in embodying God's word, embodying the words of the Gospel lived out in this world. The meaning of this is serving man by inspiration from God. “The Word became flesh and dwelt among us” (John 1:14). “Mary kept all these things and pondered them in her heart” (Luke 2:19).

As for Christ, “He answered and said to them, ‘My mother and My brothers are these who hear the word of God and do it’” (Luke 8:21).

The commandment of the Lord Jesus, after His resurrection and before departing from His disciples in the flesh, was as follows: “Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all things that I have commanded you; and lo, I am with you always, even to the end of the age” (Matthew 28:19-20).

Today our path, our way of life, our prayer, are relationship with others are all much more important than our theoretical knowledge. They are more useful to us for the salvation of the world than abstract theological propositions.

This is what the Starets Sophrony of Essex tells us: our relationship with the community is more important than sociological details. The community is an expression of a family built upon our love for each other. The rule is based on bearing one another, on mutual love, on patience and sacrifice. This is the Paschal Church that is victorious over death, the passage from the suffering of this age to the joy of the Lord trampling down death.

Love in the Lord is effective. It is not authoritarian commands. Activity in secret to console and assist one's neighbor, not pretending, showing off and being puffed up. Your true banner is before God who sees in secret.

What do you think is the mystery of Christ's resurrection? Saint Symeon the New Theologian says, “Christ's resurrection is our resurrection from the tomb of humility and repentance. This is the mystery that we desire to be completed within us.”

The Lord said, “I am the Truth.” The Christian's life is saturated with constant inspiration in the Holy Spirit. It is a path from glory to glory. It is a new divine disclosure at every moment.

The life of the Church is replete with joy. It is true life.

It is more sublime than rules and canons. Here lies the profundity of Christianity taken as a unique way of life inspired by God.

It is a spring whose outpouring never repeats itself. A constant miracle, the miracle of creation, the kingdom that is to come the constantly-awaited resurrection.

+**Ephrem** (Kyriakos)  
**Metropolitan of Tripoli, al-Koura and their Dependencies**

# CHRIST IS RISEN! TRULY HE IS RISEN!

## Ss. Peter and Paul Orthodox Church News and Events

### CHURCH SCHOOL 2019

Registration for Church School is ongoing using this link: <https://goo.gl/forms/G06uOSnltimwglW2>, include your email as most Church school announcements go out to the entire parish. Please list all/any allergies.

#### Check out our new online Church School Newsletter

<https://tinyurl.com/PeterPaulCSOctober>

**May 5** \*Food for Hungry Boxes turned in  
**May 19** \*Recognition graduating high school seniors  
 Forms due Apr 14  
<https://tinyurl.com/peterpaulsenior2019>

### TEEN SOYO

Ss. Peter & Paul Teen Youth Ministry Group (Teen SOYO) is open to all teens of the Parish (13—19 years). The teens meet regularly for social, spiritual, and community outreach events.

#### Lay Advisors:

Zaid Sharafudin/Zaid.sharafudin@gmail.com (412) 708-6726 and Marian Azar/azaremarian@gmail.com (703) 297-9638

**Jun 26-30** \*Parish Life Conference/@Antiochian Village (more details to follow)

### YOUNG ADULT FELLOWSHIP

The Ss. Peter & Paul YAF welcomes all young people over 20 years of age to join in its social, educational, and outreach activities. Please contact Wayne Parr at wayneparr@gmail.com or Amal Michael at amal17m@yahoo.com for more information.

### ANTIOCHIAN WOMEN

\*Please pay your annual dues of \$25 to help support our outreach and charitable projects. Checks can be given to Janet Metz.  
 \*Please provide your email address to Donna Gavin at crazygavins@verizon.net for future notices.

### MEN'S FELLOWSHIP

The Men's Fellowship ministry of Ss. Peter and Paul is to serve the church through charitable outreach, educational and service projects which strengthen and deepen the faith of its members and develop a fellowship of Orthodox Christian servants. Please contact Sam Khalil at sk1943@aol.com or Fred Zacharia at fredzach@verizon.net for more information.

**Jun 07** \*Ss. Peter & Paul Memorial Golf Tournament Reston, VA (see flyer in Narthex for more Information & to sign up)  
**Jun 30** \*Ss. Peter & Paul Annual Parish Picnic/following Liturgy/@Bretton Woods Recreation Center, Germantown, MD/more info to follow

### EXPLORING OUR FAITH: "On Wheels"

The Adult Educational Forum "Exploring Our Faith" has begun a series of outreach meetings held in both Virginia and Maryland suburbs of Washington DC. The next meeting will be held on **Thursday, May 9, from 7:30p—9:00p at the Church in the Library and Media Center.** All are welcome; please contact Fr. Isaac or Fr. Luke for information or to volunteer your home for a future meeting.

### SS. PETER & PAUL OUTREACH VISITATION MINISTRY

The outreach ministry seeks to visit and to assist the elderly, the sick, and those who are housebound, shut-in, or living in nursing homes. Volunteers are needed who are willing to call to visit, and to reach out to our elderly brethren. All those willing to help please contact the coordinators of the group: George & Alma Jean Zaki at ([georgezaki@gmail.com](mailto:georgezaki@gmail.com) or [ajmzaki@gmail.com](mailto:ajmzaki@gmail.com)), Alex Cox at ([alexcoxells@gmail.com](mailto:alexcoxells@gmail.com)), Paula Massouh ([pmassouh@aol.com](mailto:pmassouh@aol.com)) or Fr. Isaac at ([frisaac@peterpaulpotomac.org](mailto:frisaac@peterpaulpotomac.org)). Our Parish is grateful for this ministry remembering that when we visit the sick and the infirm we visit Christ himself.

### THE SS. PETER & PAUL PARISH LIBRARY & MEDIA CENTER

The new Parish Library and Media Center is up and running. The Center houses the Parish Library, audio visual materials, and Christian educational resources. The Center is located in the lower level inside room accessible from the Serge Malooley Conference Center room. Donations of books or materials related to the history, tradition and teaching of the Church and the Orthodox Faith are welcome. All are welcome to use the center by following its user guidelines. Contact Fr. Isaac, Fr. Luke, or Dn. Christian for access and information.

### 2019 SS. PETER & PAUL MIDDLE EASTERN FESTIVAL

**VENDORS NEEDED!** Our Middle Eastern Festival will be held on September 20, 21, & 22, 2019. If you know of vendors who might be interested in participating, please contact Lorna Malooley ([lornaam@aol.com](mailto:lornaam@aol.com)) or Thomaseena Cox. ([cox1903@aol.com](mailto:cox1903@aol.com)). Thanks so much.

### CHURCH CALENDAR

**May 05** \*Antiochian Village "Camp" Liturgy  
 \*Emilia Marie Chamoun Baptism/2p  
**May 09** \*Food for Hungry Boxes turned in  
 \*Exploring our Faith: "On Wheels"/7:30p—9:00p/Church Library & Media Center  
**May 12** \*Mother's Day  
**May 19** \*Recognition of Graduating High School Seniors  
**May 21** \*Exploring our Faith: "On Wheels"/7:30p—9:00p/ Aldie, VA location (more info to follow)  
**Jun 07** \*Ss. Peter & Paul Memorial Golf Tournament/Reston Nat. Golf Course/7a registration (see flyer in Narthex)  
**Jun 26-30** \*Parish Life Conference (more info to follow)  
**Jun 30** \*Annual Parish Picnic (following Liturgy)/Bretton Woods Rec Ctr./15700 River Rd., Germantown, MD

### OCMC Update

\*\*The OCMC banquet is this afternoon (May 5<sup>th</sup>) at St. Katherine's Greek Orthodox Church in Falls Church. Vespers start at 4 PM and dinner begins at 5 PM. Father Martin Ritsi, the director of the Orthodox Christian Mission Center will be in attendance! There is **still room if you wish to attend, even at this late time.** Please e-mail at [achelpn@aol.com](mailto:achelpn@aol.com) right after church. We are glad for everyone to come, learn and meet wonderful people!  
 \*\*Our Ss Peter and Paul long-term missionary, Amber Bennett has an update on her progress! She is going to Sweden in June to meet with Metropolitan Cleopas. She will be traveling with some other long-term missionaries who will work together in Sweden soon. This is very exciting news, and our prayers are with Amber as she prepares for her long-term mission.

# CHRIST IS RISEN! TRULY HE IS RISEN!

## THE EPISTLE

*Great is the Lord, and great is His power. Praise the Lord, for the Lord is good.*  
**The Reading from the Acts of the Sainly and Pure Apostles. (5:12-20)**

In those days, many signs and wonders were done among the people by the hands of the Apostles. And they were all together in Solomon's Portico. None of the rest dared join them, but the people held them in high honor. And more than ever believers were added to the Lord, multitudes both of men and women, so that they even carried out the sick into the streets, and laid them on beds and pallets, that as Peter came by at least his shadow might fall on some of them. The people also gathered from the towns around Jerusalem, bringing the sick and those afflicted with unclean spirits, and they were all healed. But the high priest rose up and all who were with him, that is, the party of the Sadducees, and filled with jealousy they arrested the Apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out and said, "Go and stand in the temple and speak to the people all the words of this Life."

## THE GOSPEL

**The Reading from the Holy Gospel according to St. John. (20:19-31)**

On the evening of that day, the first day of the week, the doors being shut where the Disciples were, for fear of the Jews, Jesus came and stood among them and said to them, "Peace be with you." When He had said this, He showed them His hands and His side. Then the Disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, even so I send you." And when He had said this, He breathed on them, and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained." Now Thomas, one of the Twelve, called the Twin, was not with them when Jesus came. So the other Disciples told him, "We have seen the Lord." But he said to them, "Unless I see in His hands the print of the nails, and place my finger in the mark of the nails, and place my hand in His side, I will not believe." Eight days later, His Disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said, "Peace be with you." Then He said to Thomas, "Put your finger here, and see My hands; and put out your hand, and place it in my side; do not be faithless, but believing." Thomas answered Him, "My Lord and my God!" Jesus said to him, "Have you believed because you have seen Me? Blessed are those who have not seen and yet believe." Now Jesus did many other signs in the presence of the Disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His Name.

### 2019 STEWARDSHIP DRIVE

**The Stewardship Committee has been actively promoting the 2019 stewardship drive.** Please support your church with your time, talents and treasure and fill out a stewardship form in paper (located in the Narthex) or online at [peterpaulpotomac.elexiochms.com](http://peterpaulpotomac.elexiochms.com). **Please** make the commitment to **support** the Church through your generous free-will donation. If you have any questions or need more information, please see a member of the Stewardship committee, Fr. Isaac, or Fr. Luke in the hall during Fellowship for more information. Thank you for your support!

### CHURCH SCHOOL

#### Directors

Samia Zolnerowich

Jennifer Buchko

#### Teachers

Jumana Misleh

Susan Kozlov

Danielle Bellone

Michelle Zook

Ritamaria Saa

Jennifer Montgomery

Andrew Salem

Dara Potter

Layla Najjar

Caroline Jarboe

Stephen Zolnerowich

Nathaniel Guinn

Elizabeth El-Hage

Anees Mokhiber

AJ Wood

Philip Allen

### MEN'S FELLOWSHIP

Sam Khalil

### ANTIOCHIAN WOMEN

Donna Gavin

### TEEN SOYO

#### Lay Advisors

Zaid Sharafudin

Marian Azar

#### Officers

Joud Al-Kallas

Tia Saah

Jacob Azar

Julia Azar

### YOUNG ADULT

#### FELLOWSHIP

Wayne Parr

Amal Michael

### FACILITY

#### MANAGEMENT

Sam Berberian

Alex Cox

### RENTAL

#### COORDINATOR

Barbara Abraham

George Rados

### CHARITIES

Sam Khalil

### FINANCE

Salim Habayeb

### STEWARDSHIP

Zeina Manasseh

### GIFT SHOP

Alma Jean Zaki

Gail Bailey

# CHRIST IS RISEN! TRULY HE IS RISEN!

## Orthodox Christians

Faithful Orthodox fully participate in the celebration of the Eucharist when they receive Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly disposed to receive Communion, communicants should not be conscious of grave sin, have fasted from the night before taking communion, and seek to live in charity and love with their neighbors. Persons conscious of grave sin must first be reconciled with God and the Church through the Sacrament of Penance (Confession and Absolution). A frequent reception of the Sacrament of Penance is encouraged for all.

## Non-Orthodox

We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions in Christianity that we cannot extend to them a general invitation to receive Communion. Orthodox believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, and for which we must all pray.

## Not Receiving Communion

Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

## Welcome to Ss. Peter and Paul

To encourage our worship in a proper spirit of prayer and devotion, we respectfully ask you to enter the sanctuary quietly during the Divine Liturgy.

### PLEASE DO NOT ENTER OR EXIT THE SANCTUARY AS

- the clergy censes the sanctuary
- the congregation is standing, or
- during the Little Entrance with the Gospel
- during the Reading of the Epistle and the Gospel
- Please enter the sanctuary upon the completion of
- the sermon
- the Great Entrance with the Holy Gifts
- the Prayers of Consecration p. 112-113
- the Hymn to the Theotokos "It is Truly Meet"

Please follow the directions of the ushers during Communion and dismissal; refrain from using cell phones in the narthex; and be considerate of those praying and converse in the hall, outside or downstairs.

## Visitors

If you are visiting our parish, please let us get to know you. Complete a visitor card you will find in your pew, and drop it in the ushers tray or the collection box.

## SERVICE BOOK HELP ~FIND

The Creed ~ p. 110

The Lord's Prayer ~ p. 118

The Communion Prayer ~ p. 121-122

The Prayer of Thanksgiving p. 125

## HOLY BREAD OF OBLATION OFFERED BY:

Susan Fannoney/IMO Fr. Alister  
Alex Cox for the Constantine Family/IMO Antoinette (Kouroyen) Constantine  
Roucida B. Hage/IMO Bechara Hage

## MEMORIAL WHEAT OFFERED BY:

Samia Zolnerowich/IMO Fr. Alister  
Samia Zolnerowich for the Constantine Family/IMO Antoinette (Kouroyen) Constantine  
Roucida B. Hage/IMO Bechara Hage

## FELLOWSHIP OFFERED BY:

Parish Council/IMO Fr. Alister

# CHRIST IS RISEN! TRULY HE IS RISEN!

## Commemorations

For the servants of God that they may have mercy, peace, health, salvation and visitation, pardon and remission of sin; the Lord God remember them in his Kingdom always: now and ever, and unto ages of ages.

For the Servants of God departed this life: the Lord God remember them in his kingdom always: now and ever, and unto ages of ages

## Parishioners who remain in our prayers continually

Rt. Rev. Fr. Elias Bitar	Rt. Rev. Daniel Griffith	
Margaret Ashley	Mary Smith	Jamie Simon
Isabel Threddeh	Nabeeha Ayoub	Joyce Hamaty
Holly Dubois	Suad Shammas	Robert & Thelma Badwey
Sophie Neam	Miriam Yazge	Barbara Abraham
George & Joan Abraham	Lula Brown	Douglas Kalesh
Michael Buchko, Sr.	Edward Rizkallah	Dorothy Marge
Leila Khoury	Shoke George	Assad & Patricia Khoury
Bob & Shirley Neri	Barbara Mullin	Rene Saah
George & Chris Brown		

## LIVING

Kh. Ann Anderson	Matuska Sasha Safchuk	Richard Evans
Diane Stuart	Ibtisam Toubaji	Nijmeh Zayed
Sami Korban	Gladys Laham	Paul Misleh
Sam Berberian	Richard Fannoney	Mona Ayoub
Ramzi Azat	Amal Lowry	Tagrid Tawil
June Albrecht	Yeorgos Lampathakis	Jeanette Boulus
Frank & Jeff Haddad	Chris Malaska & family	Alex Cox & Family
Samia Zolnerowich & Family	Jamilee Bellone & Family	Roucida B. Hage & Family
The Family of Antoinette (Kouroyen) Constantine		
Abe & Susan Fannoney & Family		Joseph, Bessy, & Emilia Marie Chamoun

## DEPARTED

Fr. George Rados  
Fr. Alister Anderson  
Ruth Bosworth  
Suad Khoury  
Laurice Neam  
Antoinette (Kouroyen) Constantine  
Geraldine Ellis Saah  
Jeanne Athena Joseph Saah  
George Fahme Saah  
Joseph George Saah  
Nabiha Joseph Saah  
Richard Joseph Saah  
Robert Joseph Saah  
Dorothy Saba  
Andrew Lee  
Raymond Yazge  
Lois D. Haddad  
May Fillah  
Victoria Curtin  
Kathleen Jannelone  
Karl Anderson  
Paul Sheldon  
John Evans  
Ida Evans  
Millie Evans  
Robert Stuart  
Anton Anderson  
Frank Anderson  
Bechara Hage  
Isa Boulatta

## MEMORIALS

Fr. Alister Anderson/1-year  
Antoinette (Kouroyen) Constantine/40-day  
Bechara Hage/40-day  
Lois D. Haddad/5-year

## CALLING ALL GARDENERS!



The gardens and landscape of the grounds of St. Peter and Paul are getting new attention this year. Your input on plant selection, garden bed design and location is welcome and needed. Michele Forzley, is leading the landscape process and encourages suggestions and discussion to review the plans for clean up and restoration of the property and learn where there will be new garden beds, large pots for seasonal plants and tree/shrub replacement. We are also planning an area for bridal photography. Your ideas are welcome and gardeners are welcome to help install new plants into ready-for-planting beds.