

	<b>Bread of Holy Oblation</b>	<b>Fellowship Hour</b>
<b>29 Apr</b>	Betty Sianta & Barbara Bosworth/IMO Nicholas Yanowsky	Ss. Peter & Paul Church
<b>06 May</b>	Lorna Malooley & Linda Shaheen/40 Day Memorial for James Yonkers	Open
<b>13 May</b>	Rainer & Jamilee Bellone/40-Day Memorial for Robert Issa (Holy Bread & Wheat) Foutni Naccache, Elizabeth West, Myriam Sakai	open
<b>20 May</b>	Hanan Ayoub/1-yr Memorial for Peter J. Ayoub (Holy Bread & Memorial Wheat)	Hanan Ayoub/1-yr Memorial for Peter J. Ayoub
<b>27 May</b>	open	open

**FELLOWSHIP HOUR  
AND BREAD OF HOLY OBLATION**

Baking or ordering the Holy Bread of Oblation or providing and serving the refreshments for Fellowship Hour following the Liturgy on Sundays is a great way to practice Christian fellowship among our fellow parishioners. Notice the openings to the left and consider contributing to this vital ministry. Sign-up in the Kogok Hall.

**SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH**  
10620 River Road Potomac Maryland 20854 • 301-765-3400 • [www.peterpaulpotomac.org](http://www.peterpaulpotomac.org)

**Kindly keep all cell phones turned off or muted while in Church. Thank you.**

# CHRIST IS RISEN! TRULY HE IS RISEN!

## PRIEST

Very Reverend  
Fr. Isaac Crow  
frisac@peterpaulpotomac.org  
(401) 300-8238 cell  
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## DEACON

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Andrew Erickson

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## SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH

*Antiochian Orthodox Christian Archdiocese of North America*  
*H.E. Metropolitan JOSEPH*

### *Archbishop Primate*

*All Things Are Possible to Him Who Believes*

**Matins:** Sundays 9:30am

**Divine Liturgy:** Sundays 10:30am

**SUNDAY, APRIL 29, 2018**

**TONE 3 / EOTHINON 5;**

**FOURTH SUNDAY OF PASCHA**

**SUNDAY OF THE PARALYTIC**

APOSTLES JASON AND SOSIPATER OF THE SEVENTY; MARTYR  
KERKYRA OF CORFU; JOHN THE NEW ALMSGIVER, METROPOLITAN OF  
THEBES; MARTYR JOHN OF ROMANIA; BASIL OF OSTROG, METROPOLI-  
TAN OF ZAKHUM IN SERBIA

### **RESURRECTIONAL APOLYTIKION (Tone 3)**

Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and became the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.

### **APOLYTIKION OF SAINTS PETER AND PAUL (Tone 4)**

O foremost in the ranks of Apostles, and teachers of the world, Peter and Paul, intercede with the Master of all to grant safety to the world and to our souls the great mercy.

### **KONTAKION OF PASCHA (Tone 8)**

O Immortal One, when Thou didst descend into the tomb, Thou didst destroy the power of Hades; and Thou didst rise victorious, O Christ God. Thou hast said to the ointment-bearing women: Rejoice! And Thou gavest peace to Thy Disciples, O Bestower of Resurrection to those Who had fallen.

*Patience is a sweet word. Patience is a sweet breath. Patience is an invincible weapon. Patience is a priceless adornment of man. Patience is a blessing of God. When our Lord Jesus Christ was in His earthly life and taught the crowds, if He did not have patience within Himself what would have happened? He came to earth in order to save the lost sheep and to uplift us through His patience, and then to go up to Golgotha for us who are unworthy and careless. Patience reigns quietly and fruitfully in the life of the man who does not harm or endanger anyone, who is content with little and is obedient to the commandments of the Heavenly Father.*

*Sr. Raphael of Lesvos*

# CHRIST IS RISEN! TRULY HE IS RISEN!

## *The God of Peace*

*Fr. Calinic Berger*

God has commanded His people to seek peace: “Depart from evil and do good; seek peace and pursue it” (Ps 34:14). How do we obtain this peace? The peace of God comes from living in harmony with God. This involves two things: obeying God’s commandments and sacrificing our will to God’s will. For the first, which involves everything within our control, the key is to “be faithful in that which is least” (Lk 16:10). Faithfulness in little things is constant attention to the voice of conscience, which energizes the grace of Chrismation. This involves being consistent in our daily prayers, observing the fasts of the Church, forgiving those who have offended us, never missing the Divine Liturgy, reading the Scriptures every day, and in general avoiding all those small things of which our conscience does not approve. All these things give the Holy Spirit an opportunity to work in us. The change which comes over us is gradual and perhaps not even noticeable. “Great peace have they which love Thy law” (Ps 119:165).

The second involves things in life outside of our control. St. Silouan of Mt. Athos wrote: “If you are distressed over anything, this means you have not fully surrendered yourself to God’s will.” Nothing troubles the soul that is given over to God’s will, be it illness, misfortune, or any disappointment. That does not mean that those things will be easy. By following God’s commandments and the voice of one’s conscience we begin to see the events in our life as providential. The soul acquires an unshakeable peace. In turn, through this peace it is given strength to follow God’s commandments and meet life’s many challenges. Maintaining continual peace in God involves a cycle of struggle, total commitment and continual self-transformation, or rather, transfiguration in God.

For this reason the Church prays continually for peace and sees it as the necessary pre-condition for prayer and the comprehension of the words of Scripture. Hence we begin every litany with a request for peace and hear “Peace be to all” before the Scripture readings.

Ultimately, Christ’s peace is none other than the Holy Spirit who dwells in us from Chrismation and speaks to us in our hearts. The goal of the Christian life is nothing other than to fully engage this gift of God. It is to be always conscious of God’s abiding and active presence within us. This far transcends any ethics, activity, ministry, or teaching, though it encompasses these as well. It is the greatest missionary work of the Church. “Acquire the Spirit of peace, and thousands around you will be saved,” said St. Seraphim of Sarov.

Peace is therefore a hallmark of Orthodox spirituality. This is one of the reasons why hesychasm is considered to be *the* expression of Orthodox spiritual life and ethos. It is a state as much as it is an activity, or more accurately, it is a state and an activity simultaneously, one for which all Christians are called to struggle in the midst of their other activities. It is the Kingdom of God (Rom 14:17) that the Lord says “is within you.”

How much each of us needs peace in our lives! It is the foundation of joy. But at the same time, it requires consistent labor and constant prayer. When we seek to follow God in our lives and ask Him for peace, He will give it. Then we too will hear, “Peace I leave with you, My peace I give unto you: not as the world gives, give I unto you” (Jn 14:27).

*Part 2 of 2*

**Mission Presentation:** Next Sunday, May 6, Thomas and Elizabeth Manuel will give a presentation after Divine Liturgy in the church hall about their upcoming long-term mission work in Guatemala and southern Mexico. They will depart later this year and want to share with everyone the exciting news of the growth of the Orthodox Church in those two countries. Join us this Sunday and learn about their upcoming mission work and how to support them.

# CHRIST IS RISEN! TRULY HE IS RISEN!

## Ss. Peter and Paul Orthodox Church News and Events

### CHURCH SCHOOL 2017-2018

Registration for Church School is ongoing using this link: <https://goo.gl/forms/GO6uQSnIimwgvJW2>. Please make sure to register with the church, including your email as most Church school announcements go out to the entire parish. School calendars are now available. We are also in need of snacks/drinks for the children--small and reg. juice boxes, juice pouches, small waters, individually wrapped snacks (PEANUT & TREE NUT FREE).

**Check out our new online Church School Newsletter**

<https://www.smore.com/t1rhu>

**Apr 29** \*Food For Hungry boxes due back to the Church School office

**May 20** \*Senior Recognition

**Jun 10** \*Last day of Church School

### TEEN SOYO

**May 18-20\***Tentative/Service Weekend (serving others in the DC area)

**Jun 27-** \*Parish Life Conference (PLC) at the

**July 01** Antiochian Village. More details to follow.

**Aug 10-19\***Special Olympics at the Antiochian Village. Please consider volunteering (must be 16 yrs). Sign up at

<https://teensoyo.org/wp-content/uploads/2018/01/2018-SO-Application.pdf>

**Contact the Lay Advisors for more details:**

Zaid Sharafudin / [Zaid.sharafudin@gmail.com](mailto:Zaid.sharafudin@gmail.com)

Anees Mokhiber / [anees\\_mokhiber@hotmail.com](mailto:anees_mokhiber@hotmail.com)

### YOUNG ADULT FELLOWSHIP

The Ss. Peter & Paul YAF welcomes all young people over 20 years of age to join in its social, educational, and outreach activities. Please contact Wayne Parr at [wayneparr@gmail.com](mailto:wayneparr@gmail.com) or Amal Michael at [amal17m@yahoo.com](mailto:amal17m@yahoo.com) for more information.

### ANTIOCHIAN WOMEN

**May 12** \*Antiochian Women Fashion Show (see flyer in Narthex for more information) Congressional Country Club/11:00a

### MEN'S MINISTRY GROUP

**Jun 10** \*Ss. Peter & Paul Festive Picnic @Bretton Woods

**Jun 11** \*Ss. Peter & Paul Annual Golf Tournament Reston, VA. Please see flyer in the Narthex.

### THE PARISH GIFT SHOP

The Gift Shop is open every Sunday following Liturgy. For information contact Alma Jean Zaki at (703) 283-9338 or [ajmzaki@gmail.com](mailto:ajmzaki@gmail.com)

### SS. PETER & PAUL OUTREACH VISITATION MINISTRY

The outreach ministry seeks to visit and to assist the elderly, the sick, and those who are housebound, shut-in, or living in nursing homes. Volunteers are needed who are willing to call and to visit and to reach out to our elderly brethren. All those willing to help please contact the coordinators of the group: George & Alma Jean Zaki at ([georgezaki@gmail.com](mailto:georgezaki@gmail.com) or [ajmzaki@gmail.com](mailto:ajmzaki@gmail.com)), Alex Cox at ([alexcoxsells@gmail.com](mailto:alexcoxsells@gmail.com)) or Fr. Isaac at ([frisaac@peterpaulpotomac.org](mailto:frisaac@peterpaulpotomac.org)). Our Parish is grateful for this ministry remembering that when we visit the sick and the infirm we visit Christ himself.

### CHURCH CALENDAR

Apr 29 \*Return Food for the Hungry Boxes to Church School Office

May 08 \*Parish Council Mtg/7:00p/ Serge Malooley Conf. Rm

May 12 \*Antiochian Women Fashion Show/11:00a @Congressional County Club

May 13 \*Mother's Day

May 16 \*Feast of the Ascension/6p Matins & 7p Divine Liturgy

May 20 \*Senior Recognition Day

May 27 \*Pentecost Sunday (no memorials or sacraments)

May 28 \*Memorial Day/Church office closed

Jun 02 \*Fund raising Reception for Syrian Orphanages (more details to follow)

Jun 10 \*Ss. Peter & Paul Festive Picnic to follow Liturgy @Bretton Woods

\*Last day of Church School

Jun 11 \*Ss. Peter & Paul Annual Golf Tournament- Reston, VA (see flyer in Narthex)

Jun 16 \*Baptism Isabelle Nora Briggs/12:00p

Jun 17 \*Father's Day

Jun 23 \*Baptism Alina Nora Farmand/12p

Jun 27- \*Parish Life Conference at the Antiochian Village

Jul 1 (more details to follow)

Aug 10-19\*Special Olympics at the Antiochian Village (see Teen SOYO box for more details)

# CHRIST IS RISEN! TRULY HE IS RISEN!

## THE EPISTLE

*Sing praises to our God, sing praises. Clap your hands, all you nations.*  
**The Reading from the Acts of the Sainly and Pure Apostles. (9:32-42)**

In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments, which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

## THE GOSPEL

**The Reading from the Holy Gospel according to St. John. (5:1-15)**

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda, which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water. For an angel of the Lord went down at certain seasons into the pool and troubled the water; whoever stepped in first, after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for 38 years. When Jesus saw him and knew that he had been lying there a long time, He said to him, "Do you want to be healed?" The sick man answered Him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked. Now that day was the Sabbath. So the Jews said to the man who was cured, "It is the Sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.'" They asked him, "Who is the man who said to you, 'Take up your pallet, and walk?'" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befalls you." The man went away and told the Jews that it was Jesus Who had healed him.

## CHURCH SCHOOL

### Directors

Samia Zolnerowich

Jennifer Buchko

### Teachers

Jumana Misleh

Susan Kozlov

Rose Ansara

Chrissy Mackoul

Michelle Zook

Dina Saah

Dara Potter

Claudia Rabie

Christine Morin

Jennifer Montgomery

Caroline Jarboe

Stephen Zolnerowich

Anees Mokhiber

AJ Wood

Philip Allen

## MENS CLUB

Sam Khalil

## ANTIOCHIAN WOMEN

Carol Laham

## TEEN SOYO

### Lay Advisors

Zaid Sharafudin

Anees Mokhiber

### Officers

Kinda Callas

Julia Allen

Joud Al-Kallas

Josian Azar

Tia Saah

## YOUNG ADULT

### FELLOWSHIP

Wayne Parr

Amal Michael

## ADORNMENT

Shams Akkawi

Jamil Hermes

## FACILITY

### MANAGEMENT

Sam Berberian

Nick Nahas

Bob Simon

## RENTAL

### COORDINATOR

Barbara Abraham

## CHARITIES

Sam Sahouri Ghanem

## FINANCE

Salim Habayeb

## STEWARDSHIP

# CHRIST IS RISEN! TRULY HE IS RISEN!

## Orthodox Christians

Faithful Orthodox fully participate in the celebration of the Eucharist when they receive Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly disposed to receive Communion, communicants should not be conscious of grave sin, have fasted from the night before taking communion, and seek to live in charity and love with their neighbors. Persons conscious of grave sin must first be reconciled with God and the Church through the Sacrament of Penance (Confession and Absolution). A frequent reception of the Sacrament of Penance is encouraged for all.

## Non-Orthodox

We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions in Christianity that we cannot extend to them a general invitation to receive Communion. Orthodox believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, and for which we must all pray.

## Not Receiving Communion

Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

## Welcome to Ss. Peter and Paul

To encourage our worship in a proper spirit of prayer and devotion, we respectfully ask you to enter the sanctuary quietly during the Divine Liturgy.

### PLEASE DO NOT ENTER OR EXIT THE SANCTUARY AS

- the clergy censes the sanctuary
- the congregation is standing, or
- during the Little Entrance with the Gospel
- during the Reading of the Epistle and the Gospel
- Please enter the sanctuary upon the completion of
- the sermon
- the Great Entrance with the Holy Gifts
- the Prayers of Consecration p. 112-113
- the Hymn to the Theotokos "It is Truly Meet"

Please follow the directions of the ushers during Communion and dismissal; refrain from using cell phones in the narthex; and be considerate of those praying and converse in the hall, outside or downstairs.

## Visitors

If you are visiting our parish, please let us get to know you. Complete a visitor card you will find in your pew, and drop it in the ushers tray or the collection box.

## SERVICE BOOK HELP ~FIND

The Creed ~ p. 110  
The Lord's Prayer ~ p. 118  
The Communion Prayer ~ p. 121-122  
The Prayer of Thanksgiving p. 125

# CHRIST IS RISEN! TRULY HE IS RISEN!

## Commemorations

For the servants of God that they may have mercy, peace, health, salvation and visitation, pardon and remission of sin; the Lord God remember them in his Kingdom always: now and ever, and unto ages of ages

For the Servants of God departed this life: the Lord God remember them in his kingdom always: now and ever, and unto ages of ages

## Parishioners who remain in our prayers continually

Margaret Ashley	Mary Smith	Charles Cox
Isabel Threddeh	George Brown	Nabecha Ayoub
Everett Alvarez	Holly Dubois	Robert & Thelma Badwey
Edmond & Sophie Neam	Miriam Yazge	Barbara Abraham
George & Joan Abraham	Lula Brown	Martin Pinkstaff
Michael Buchko, Sr.	Edward Rizkallah	Dorothy Marge
Douglas Kalish		

## DEPARTED

Fr. Alister Anderson  
James Yonkers  
Georgette Issa Shihadch  
Helen White  
Jeannette Younes  
Raymond Yazge  
Nicholas & Marie Yanowsky  
Adrian Gan  
William & Katherine Slanta  
John Dalack  
Robert Issa

## LIVING

Fr. Isaac Crow & Kh. Dolly	Rt. Rev. Fr. Elias Bitar	
Leila Khoury	Isa Saleh & Saleh Family	Richie Ayoub
Brian Briggs	Julia Fayad	Rene Saa
Robert & Joyce Najjar	George & Joanna Khoury	Rima Rizkallah & Family
Nabil Barbari	Assad & Patricia Khoury	Betty Adam
Vilma Bellone	Asma Hamameh Trey	Alex Azar
Younes Family	Slanta family	Mazen & Ruba Saah & Family
Bosworth family	Yanowsky family	Hawkins family
Boulanger family	Christine Malaska and family	Choir members and their family

## FOOD FOR THE HUNGRY BOXES DUE TO TODAY

Please with the coming of Pascha all coin boxes and donations for Food For Hungry are due back today to the Church School office. Through your generous donations this program has helped countless numbers of people.

## FUNDRAISER TO SUPPORT SYRIAN ORPHANAGES

The Ss. Peter and Paul Parish Council is sponsoring a special fundraising event as part of its charity outreach in support of the Orphanages of the Convents of Saidnaya and Maaloula Syria. Please save the date of Saturday, June 2, 2018 at 6:30pm for this event. Contact Phillip Allen at [rpallen1@yahoo.com](mailto:rpallen1@yahoo.com) for information to help organize the project.

## KITCHEN RENOVATION NEEDS YOUR INPUT

Our hall kitchen is over 20 years old and in need of an update. Because this project involves the entire parish, our Parish Council is seeking input from everyone. We welcome any and all suggested changes for the purpose of setting up our kitchen for parishioner and outside rental use for the next 20 years and beyond. Please email your ideas to John Abraham at: [ViceChair@peterpaulpotomac.org](mailto:ViceChair@peterpaulpotomac.org).

We especially want to hear recommendations from our parish cooks—those of you who prepare meals during the year and those who work in the kitchen during the intense weeks of preparation before and during Bazaar weekend. You know what works and what doesn't work, and we respectfully ask you to share your thoughts and ideas with us. Our goal is to make the kitchen work better for all of us in the days ahead.

## HOLY BREAD OF OBLATION OFFERED BY:

Betty Slanta & Barbara Bosworth / In memory of Nicholas Yanowsky

## FELLOWSHIP OFFERED BY:

Ss. Peter and Paul Church