

	Bread of Holy Oblation	Fellowship Hour
14 Apr	Mona Ayoub/IMO Mufid K. Ayoub Younes Families/IMO Jeanette & William Younes Danielle Bellone/IMO Robert G. Issa	Mitody Tilev & Family/IMO Ivanka Tilev-Syr.
21 Apr	<u>Palm Sunday</u>	<u>Palm Sunday</u> Mary Misleh
28 Apr	<u>Pascha</u>	<u>Pascha</u>
05 May	Bellone & Fannoney Families IMO Fr. Alister	Ss. Peter & Paul Parish Council IMO Fr. Alister
12 May	<u>Mother's Day</u>	<u>Mother's Day</u>

**FELLOWSHIP HOUR
AND BREAD OF HOLY OBLATION**

Baking or ordering the Holy Bread of Oblation or providing and serving the refreshments for Fellowship Hour following the Liturgy on Sundays is a great way to practice Christian fellowship among our fellow parishioners. Notice the openings to the left and consider contributing to this vital ministry. Sign-up in the Kogok Hall.

SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH
10620 River Road Potomac Maryland 20854 • 301-765-3400 • www.peterpaulpotomac.org

Kindly keep all cell phones turned off or muted while in Church. Thank you.

PRIESTS

Very Reverend
Fr. Isaac Crow
frisaac@peterpaulpotomac.org
(401) 300-8238 cell
(240) 489-3494 home

Reverend

Fr. Luke Toumi
frluke@peterpaulpotomac.org
(610) 844-2583 cell
(301) 765-3400 #2 office

DEACON

Dn. Christian Manasseh
DnChristian@peterpaulpotomac.org

COUNCIL**Chairperson**

Carol Laham

Vice Chairman

Jumana Misleh

Treasurer

Ken Bailey

Secretary

Abe Fannoney

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Roy Abdo

Philip Allen

Jerry Audi

Nabil Emad

Michele Forzley

Salim Habayeb

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Wayne Parr

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Andrew Erickson

Rashid Haddad

Thomas Zook

SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH

Antiochian Orthodox Christian Archdiocese of North America

H.E. Metropolitan JOSEPH

Archbishop Primate

All Things Are Possible to Him Who Believes

Matins: Sundays 9:30am

Divine Liturgy: Sundays 10:30am

SUNDAY, APRIL 14, 2019

TONE 5/EOTHIN 2

FIFTH SUNDAY OF GREAT LENT

COMMEMORATION OF OUR RIGHTEOUS MOTHER MARY OF EGYPT

APOSTLES ARISTARCHOS, PUDENS AND TROPHYMOS OF THE SEVENTY;

MARTYR THOMAS OF ALEXANDRIA;

NEW-MARTYR DEMETRIOS OF THE PELOPONNESOS

RESURRECTIONAL APOLYTIKION (Tone 5)

Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

APOLYTIKION OF ST. MARY OF EGYPT (Tone 8)

Through thee, the divine likeness was securely preserved, O mother Mary; for thou didst carry the cross and follow Christ. By example and precept thou didst teach us to ignore the body, because it is perishable, and to attend to the concerns of the undying soul. Therefore, doth thy soul rejoice with the angels.

APOLYTIKION OF SAINTS PETER AND PAUL (Tone 4)

O foremost in the ranks of Apostles, and teachers of the world, Peter and Paul, intercede with the Master of all to grant safety to the world and to our souls the great mercy.

ORDINARY KONTAKION (Tone 2)

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

Our heart must ache because of every sin we commit, otherwise we will sin again and again.

St. Paisios the Athonite

Fifth Sunday of Great Lent St. Mary of Egypt

On the fifth Sunday of Fast, we are enjoined to celebrate the memory of our Holy Mother Mary of Egypt.

The Church service for this Sunday is devoted to the memory and glorification of the spiritual efforts of Saint Mary of Egypt, who “has cut down with the sword of abstinence the desires of your soul and the passions of your flesh. You have choked your sinful thoughts with the silence of the ascetic life, and have watered all the wilderness with the streams of your tears, and caused the fruits of repentance to spring up for us” and “with works of Lenten fasting”, “as sun she shines revealed as a guide to all who have sinned”.

In her life the Holy Church pays attention to two contrasts: on the depth of her sinful falling and on the height of her graceful rising; it points out that true repentance wipes away the very heaviest sins, and can uplift the repenting trespasser to a high degree of spiritual perfection.

The story of Saint Mary’s life was written down by Saint Sophronios, Patriarch of Jerusalem.

The Life of Saint Mary of Egypt is read during Great Lent along with the Great Canon of Saint Andrew, Archbishop of Crete.

Mary lived as a prostitute in Alexandria for 17 years, more to gratify her lust than for money. Out of curiosity, she joined some pilgrims who were going to Jerusalem to celebrate the feast of the Holy Cross. The journey from Egypt did not interrupt her sinful lifestyle. In Jerusalem, she tried to enter the church with the rest of the group, but an invisible force held her back. Finally, realizing her sinfulness, she prayed for help from the Theotokos and vowed to live a life of penance. She was told to cross the Jordan River.

Mary received communion and crossed the river into the wilderness, where for about 47 years she saw no other human. She was tormented by physical needs and mental assaults, but she endured through the intercession of the Virgin Mary.

Around the year 430, the priest Zosimas found Mary in the desert. She told him her story and asked that he tell no one about her until after her death. Zosimas promised to meet her a year later to give her communion. When he saw her the next Lent, she walked across the water of the Jordan to receive the Holy Eucharist. Then she walked back into the desert and died.

When Father Zosimas came back the next year, he found Mary's body and buried it. With her burial, he was free to tell the world of her life.

**A Journey Through Great Lent
Very Rev. Stephen Belonick**

Ss. Peter and Paul Orthodox Church News and Events

CHURCH SCHOOL 2019

Registration for Church School is ongoing using this link: <https://goo.gl/forms/GQ6uQSNrIimwgvJW2>, include your email as most Church school announcements go out to the entire parish. Please list all/allergies.

Check out our new online Church School Newsletter
<https://tinyurl.com/PeterPaulCSOctober>

- Apr 14** *No Church School/Spring Break
- Apr 21** *No Church School/Palm Sunday
- Apr 28** *No Church School/Pascha
- May 5** *Food for Hungry Boxes turned in
- May 19** *Recognition graduating high school seniors
Forms due Apr 14
<https://tinyurl.com/peterpaulsenior2019>

TEEN SOYO

Ss. Peter & Paul Teen Youth Ministry Group (Teen SOYO) is open to all teens of the Parish (13— 19 years). The teens meet regularly for social, spiritual, and community outreach events.

Lay Advisors:

Zaid Sharafudin/Zaid.sharafudin@gmail.com (412) 708-6726 and Marian Azar/azaremarian@gmail.com (703) 297-9638

- Apr 12-14** *Spring Retreat/Antiochian Village/see flyer in Narthex.
- Jun 26-30** *Parish Life Conference/@Antiochian Village (more details to follow)

YOUNG ADULT FELLOWSHIP

The Ss. Peter & Paul YAF welcomes all young people over 20 years of age to join in its social, educational, and outreach activities. Please contact Wayne Parr at wayneparr@gmail.com or Amal Michael at amal17m@yahoo.com for more information.

ANTIOCHIAN WOMEN

*Please pay your annual dues of \$25 to help support our outreach and charitable projects. Checks can be given to Janet Metz.
*Please provide your email address to Donna Gavin at crazygavins@verizon.net for future notices.

Thru April 14 *The Antiochian Women will be collecting donations for the adornment of the Naach in the church hall following the Liturgy. Please see Linda Shaheen during the Fellowship following Liturgy. Thanks to all!

- Apr 21** *Palm Sunday Pasha Bake Sale. This is a good time to purchase your baked sweets for Easter. Contact Sherri Zackaria at sherriezac@verizon.net to donate baked goods or for more information.
- Apr 26** *Don't forget to come Holy Friday, April 26 at 10:00 to help decorate the Naach and Church. Please bring a Lenten potluck dish and enjoy our sisterhood. For more information, please contact Donna Gavin.

MEN'S FELLOWSHIP

- Apr 20** *Lunch4Men: 0-100/12p—3p/men of all ages invited to attend.

2019 SS. PETER & PAUL MIDDLE EASTERN FESTIVAL VENDORS NEEDED!

Our Middle Eastern Festival will be held on September 21, 21, & 22, 2019. If you know of vendors who might be interested in participating, please contact Lorna Malooley (lornaam@aol.com) or Thomaseena Cox (cox1903@aol.com). Thanks so much.

EXPLORING OUR FAITH: "On Wheels"

The Adult Educational Forum "Exploring Our Faith" has begun a series of outreach meetings held in both Virginia and Maryland suburbs of Washington DC. The next meeting will be held on **Tuesday, April 16, from 7:30p—9:00p. The location is Olney, MD and the topic is "Modern Day Saints: You are Invited!"** All are welcome; please contact Fr. Isaac or Fr. Luke for information or to volunteer your home for a future meeting.

SS. PETER & PAUL OUTREACH VISITATION MINISTRY

The outreach ministry seeks to visit and to assist the elderly, the sick, and those who are housebound, shut-in, or living in nursing homes. Volunteers are needed who are willing to call to visit, and to reach out to our elderly brethren. All those willing to help please contact the coordinators of the group: George & Alma Jean Zaki at (georgezaki@gmail.com or ajmzaki@gmail.com), Alex Cox at (alexcoxells@gmail.com), Paula Massouh (pmassouh@aol.com) or Fr. Isaac at (frisaac@peterpaulpotomac.org). Our Parish is grateful for this ministry remembering that when we visit the sick and the infirm we visit Christ himself.

THE SS. PETER & PAUL PARISH LIBRARY & MEDIA CENTER

The new Parish Library and Media Center is up and running. The Center houses the Parish Library, audio visual materials, and Christian educational resources. The Center is located in the lower level inside room accessible from the Serge Malooley Conference Center room. Donations of books or materials related to the history, tradition and teaching of the Church and the Orthodox Faith are welcome. All are welcome to use the center by following its user guidelines. Contact Fr. Isaac, Fr. Luke, or Dn. Christian for access and information.

CHURCH CALENDAR

- Apr 12-14** *Spring Retreat & Pilgrimage to Resting Place of St. Raphael/see flyer in Narthex
- Apr 14** *Final day for donations for the adornment of the Naach
- Apr 16** *Exploring our Faith: "On Wheels"/7:30p—9:00p/Olney, MD (see box above for more information)
- Apr 20** *Lazarus Saturday/10a/Divine Liturgy
*Lunch4Men: 0-100/12p-3p/Men of all ages welcome
- Apr 21** *Palm Sunday/Procession of Palms (see Bulletin insert for Holy Week schedule)
*no Church School
*Bridegroom Service/7:00p
- Apr 22** **Holy Monday** (see Bulletin inset for Holy Week schedule)
*Bridegroom Service/7:00p
- Apr 23** **Holy Tuesday** (see Bulletin inset for Holy Week schedule)
*Bridegroom Service/7:00p
- Apr 24** **Holy Wednesday** (see Bulletin inset for Holy Week schedule)
*Unction Service/7:00p
- Apr 25** **Holy Thursday**(see Bulletin inset for Holy Week schedule)
*Vespers Liturgy of St. Basil/9:00a
*Service of the Twelve Passion Gospels/7:00p
- Apr 26** **Holy Friday**(see Bulletin inset for Holy Week schedule)
*Antiochian Women/Decorate the Naach and Church/10:00a/all are Welcome (see AW box for more info)
*Vespers of the Unveiling/3:00p
*Service of the Lamentations/7:00p
- Apr 27** **Holy Saturday**(see Bulletin inset for Holy Week schedule)
*Vespers Liturgy of St. Basil/10:00a
*Midnight Office & Rush Service/11:00p
- Apr 28** **Pascha**
*Paschal Divine Liturgy/12:00a
*Agape Vespers/1:00p
*no Church School
- May 5** *Food for Hungry Boxes turned in
- May 19** *Recognition of Graduating High School Seniors
- May 21** *Exploring our Faith: "On Wheels"/7:30p—9:00p/ Aldie, VA location (more info to follow)
- Jun 26-30** *Parish Life Conference/more info to follow

THE EPISTLE

*Make your vows to the Lord our God, and perform them.
God is known in Judah; His Name is great in Israel.*

The Reading from the Epistle of St. Paul to the Hebrews. (9:11-14)

Brethren, when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation), He entered once for all into the Holy Place, taking not the blood of goats and calves but His own blood, thus securing an eternal redemption. For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, Who through the eternal Spirit offered Himself without blemish to God, purify your conscience from dead works to serve the living God?

THE GOSPEL

The Reading from the Holy Gospel according to St. Mark. (10:32-45)

At that time, Jesus took His twelve Disciples, and began to tell them what was to happen to Him, saying, "Behold, we are going up to Jerusalem. And the Son of man will be delivered to the chief priests and the scribes, and they will condemn Him to death, and deliver Him to the Gentiles. And they will mock Him, and scourge Him, and spit upon Him, and kill Him; and after three days He will rise." And James and John, the sons of Zebedee, came forward to Him, and said to Him, "Teacher, we would that thou shouldst do for us whatsoever we shall desire" And Jesus said to them, "What do you want Me to do for you?" And they said to Him, "Grant us to sit, one at Thy right hand and one at Thy left, in Thy glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to Him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized. But to sit at My right hand or at My left is not Mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant at James and John. And Jesus called them to Him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be servant of all. For the Son of man also came not to be served but to serve, and to give His life as a ransom for many."

OCMC Banquet

--Last Sunday, Ss Peter and Paul sent \$47 to OCMC from donations to the box at the candle stand. Your contributions are making a difference in spreading Christ's message to the world!

--The annual banquet benefiting OCMC (Orthodox Christian Mission Center) is Sunday, May 5th. If you are interested in attending, please contact Dr. John Demakis, demakis9931@gmail.com. The OCMC banquet will begin at 5 PM that Sunday afternoon and will take place at St. Katherine's Greek Orthodox Church in Falls Church. You will hear the OCMC Mission Specialist in Linguists and Translation (Dr. Michael Colburn) speak! The immediate past OCMC vice president, Reverend Father Lou Christopoulos will also be in attendance. We hope to see many Ss Peter and Paul parishioners in attendance at this inspiring event.

CHURCH SCHOOL

Directors

Samia Zolnerowich
Jennifer Buchko

Teachers

Jumana Misleh
Susan Kozlov
Danielle Bellone
Michelle Zook
Ritamaria Saa
Jennifer Montgomery
Andrew Salem
Dara Potter
Layla Najjar
Caroline Jarboe
Stephen Zolnerowich
Nathaniel Guinn
Elizabeth El-Hage
Anees Mokhiber
AJ Wood
Philip Allen

MEN'S FELLOWSHIP

Sam Khalil

ANTIOCHIAN WOMEN

Donna Gavin

TEEN SOYO

Lay Advisors

Zaid Sharafudin
Marian Azar

Officers

Joud Al-Kallas
Tia Saah
Jacob Azar
Julia Azar

YOUNG ADULT FELLOWSHIP

Wayne Parr
Amal Michael

FACILITY MANAGEMENT

Sam Berberian
Alex Cox

RENTAL

COORDINATOR

Barbara Abraham
George Rados

CHARITIES

Sam Khalil

FINANCE

Salim Habayeb

STEWARDSHIP

Zeina Manasseh

GIFT SHOP

Alma Jean Zaki
Gail Bailey

Commemorations

For the servants of God that they may have mercy, peace, health, salvation and visitation, pardon and remission of sin; the Lord God remember them in his Kingdom always: now and ever, and unto ages of ages

For the Servants of God departed this life: the Lord God remember them in his kingdom always: now and ever, and unto ages of ages

Parishioners who remain in our prayers continually

Rt. Rev. Fr. Elias Bitar	Rt. Rev. Daniel Griffin	Jamie Simon
Margaret Ashley	Mary Smith	Joyce Hamaty
Isabel Threddeh	Nabeeha Ayoub	Robert & Thelma Badwey
Holly Dubois	Suad Shammass	Barbara Abraham
Sophie Neam	Miriam Yazge	Douglas Kalesh
George & Joan Abraham	Lula Brown	Dorothy Marge
Michael Buchko, Sr.	Edward Rizkallah	Assad & Patricia Khoury
Leila Khoury	Shoke George	Rene Saah
Bob & Shirley Neri	Barbara Mullin	
George & Chris Brown		

DEPARTED

Fr. George Rados
 Juliette Abu-Daygeh
 Daisy Atiyeh
 Samia Stumo
 Norma Azar
 Mary Bashoor
 Ruth Bosworth
 Thomas Shaheen
 James Shaheen
 Sami Shaheen
 Mufid K. Ayoub
 Suad Khoury
 Laurice Neam
 Antoinette (Kouroyen) Constantine
 Ivanka & Atanas Tilev
 Robert G. Issa
 Jeanette & William Younes
 Sandra Ayoub
 Georgette Issa Shihadah
 Issa Shihadah
 Jamila Shihadah

LIVING

Margo Sahouri-Ghanem	Ibtisam Toubaji	Nijmeh Zayed
Tagrid Tawil	George Ellis	Sami Korban
Roger Moukheiber	Gladys Laham	Paul Misleh
Sam Berberian	Richard Fannoney	Mona Ayoub & Family
Jamilee Bellone & Family	The Family of Robert G. Issa	Lorna Malooley & Family
Danielle Bellone	Fadi, Mirna & Christopher Issa	Mitody, Juliana, Matthew & Toni Tilev
Juliette Al-Khoury	Fr. Joseph Antypas & the St. George of Troy Parish	George Ziadi & Family
Paul Ayoub	The Younes Families	Phoebe Hanania & Family
Jamil Ziadeh & Family	Michael Shihadi & Family	Julia Habash & Family
Nahi Saah & Family	Clemance Nassar & Family	
Samia Zolnerowich & Family	Jeanette Farah	

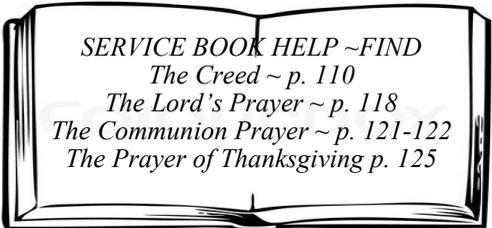
Orthodox Christians
 Faithful Orthodox fully participate in the celebration of the Eucharist when they receive Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly disposed to receive Communion, communicants should not be conscious of grave sin, have fasted from the night before taking communion, and seek to live in charity and love with their neighbors. Persons conscious of grave sin must first be reconciled with God and the Church through the Sacrament of Penance (Confession and Absolution). A frequent reception of the Sacrament of Penance is encouraged for all.

Non-Orthodox
 We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions in Christianity that we cannot extend to them a general invitation to receive Communion. Orthodox believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, and for which we must all pray.

Not Receiving Communion
 Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

Welcome to Ss. Peter and Paul
 To encourage our worship in a proper spirit of prayer and devotion, we respectfully ask you to enter the sanctuary quietly during the Divine Liturgy.
PLEASE DO NOT ENTER OR EXIT THE SANCTUARY AS
 - the clergy censes the sanctuary
 - the congregation is standing, or
 - during the Little Entrance with the Gospel
 - during the Reading of the Epistle and the Gospel
 - Please enter the sanctuary upon the completion of the sermon
 - the Great Entrance with the Holy Gifts
 - the Prayers of Consecration p. 112-113
 - the Hymn to the Theotokos "It is Truly Meet"
 Please follow the directions of the ushers during Communion and dismissal; refrain from using cell phones in the narthex; and be considerate of those praying and converse in the hall, outside or downstairs.

Visitors
 If you are visiting our parish, please let us get to know you. Complete a visitor card you will find in your pew, and drop it in the ushers tray or the collection box.



HOLY BREAD OF OBLATION:
 Danielle Bellone/IMO Robert G. Issa
 Mona Ayoub/IMO Mufid K. Ayoub
 The Younes Family/IMO Jeannette & William Younes

MEMORIAL WHEAT OFFERED BY:
 Mitody Tilev & Family/IMO Ivanka Tilev

FELLOWSHIP LUNCHEON OFFERED BY:
 Mitody Tilev & Family/IMO Ivanka Tilev

MEMORIAL SERVICES
 Ivanka Tilev/5 yr.
 Robert G. Issa/1 yr.
 Jeanette & William Younes

CALLING ALL GARDENERS!
 The gardens and landscape of the grounds of St. Peter and Paul are getting new attention this year. Your input on plant selection, garden bed design and location is welcome and needed. Michele Forzley, is leading the landscape process and encourages suggestions and discussion to review the plans for clean up and restoration of the property and learn where there will be new garden beds, large pots for seasonal plants and tree/shrub replacement. We are also planning an area for bridal photography. Your ideas are welcome and gardeners are welcome to help install new plants into ready-for-planting beds.