

	Bread of Holy Oblation	Fellowship Hour
11 Mar	Sam & Marie Khalil	Sam & Marie Khalil Za'atar Fundraiser to benefit Project Mexico
18 Mar	open	Nadir & Silvia Tawil
25 Mar	The Brown Family/IMO Abraham Brown & 90th Birthday of Lulu Brown	The Brown Family/IMO Abraham Brown & 90th Birthday of Lulu Brown
01 Apr	open	Palm Sunday
08 Apr	Sam & Joe Ghanem Families	PASCHA Sam & Joe Ghanem Families

**FELLOWSHIP HOUR
AND BREAD OF HOLY OBLATION**

Baking or ordering the Holy Bread of Oblation or providing and serving the refreshments for Fellowship Hour following the Liturgy on Sundays is a great way to practice Christian fellowship among our fellow parishioners. Notice the openings to the left and consider contributing to this vital ministry. Sign-up in the vestibule.

SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH
10620 River Road Potomac Maryland 20854 • 301-765-3400 • www.peterpaulpotomac.org

Kindly keep all cell phones turned off or muted while in Church. Thank you.

PRIEST
Very Reverend
Fr. Isaac Crow
frisaac@peterpaulpotomac.org
(401) 300-8238 cell
(240) 489-3494 home

DEACON
Dn. Christian Manasseh
DnChristian@peterpaulpotomac.org

COUNCIL
Chairperson
Alex Cox
Vice Chairman

John Abraham

Treasurer

George Zaki

Secretary

Abe Fannoney

Members

Roy Abdo

Philip Allen

Jerry Audi

Nabil Emad

Michelle Forzley

Salim Habayeb

Bassem Haddad

Samer Kokor

Anees Mokhiber

Wayne Parr

Mitody Tilev

CHURCH SECRETARY
office@peterpaulpotomac.org

CHOIR DIRECTOR
John Slanta
choir@peterpaulpotomac.org

CHANTERS
Wayne Parr
Zeina Manasseh
George Tannous

USHERS
Jerry Audi
Michael El Araj
Abraham Fannoney
Sam Khalil

ALTAR
Manager
Peter Aburdeineh

SERVERS
Captains -
Andrew Erickson
Rashid Haddad
Thomas Zook

SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH
Antiochian Orthodox Christian Archdiocese of North America
H.E. Metropolitan JOSEPH
Archbishop Primate

All Things Are Possible to Him Who Believes

Matins: Sundays 9:30am

Divine Liturgy: Sundays 10:30am

DIVINE LITURGY VARIABLES ON SUNDAY, MARCH 11, 2018

tone 7 / EOTHINON 7

THIRD SUNDAY OF GREAT LENT

VENERATION OF THE PRECIOUS AND LIFE-GIVING CROSS

SOPHRONIOS, PATRIARCH OF JERUSALEM;

MARTYRS THALLOS AND TROPHIMOS OF LATAKIA;

VENERABLE GEORGE OF SINAI; THEODORA OF ARTA, THE EMPRESS;

EUTHYMOS, BISHOP OF NOVGOROD

****DIVINE LITURGY OF ST. BASIL THE GREAT****

RESURRECTIONAL APOLYTIKION (Tone 7)

Thou didst shatter death by Thy Cross, Thou didst open paradise to the thief; Thou didst turn the sadness of the ointment-bearing women into joy. And didst bid Thine Apostles proclaim a warning, that Thou hast risen O Christ, granting to the world the Great Mercy.

APOLYTIKION FOR THE HOLY CROSS (Tone 1)

O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.

APOLYTIKION OF SAINTS PETER AND PAUL (Tone 4)

O foremost in the ranks of Apostles, and teachers of the world, Peter and Paul, intercede with the Master of all to grant safety to the world and to our souls the great mercy.

KONTAKION FOR THE ANNUNCIATION (AND GREAT LENT) (Tone 8)

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without Bridegroom.

Great is the power of prayer, and it brings most of all the Spirits of God, and is most easily practiced by everyone. We shall be happy indeed if the Lord God finds us watchful and filled with the gifts of His Holy Spirit.

St. Seraphim of Sarov

Joy in the Christian Life
Lenten Presentation 2018

Kate Niewenhaus

Joy in the Christian life draws us close to the source of beauty and goodness that is Jesus Christ, the head of the body, that is the church. "Growing in the knowledge of God, may you be made strong with all strength that comes from his glorious power, and may you be prepared to endure everything with patience, while joyfully giving thanks to the Father, who has enabled you to share in the inheritance of the saints in the light. He has rescued us from the power of darkness and transferred us into the kingdom of his beloved Son."

Christian joy rises above the mere emotion. It is transformative; a completely new state of mind, or being. The Fathers even go so far as to tell us it is so transformative that, "through delight in God, we can look on the repulsiveness of death as joy."

Christians are known to radiate joy. Are we able to give account of it, or explain it to a culture that thrives on destructive events and uses them for political aims? Our formation in the church leads us toward a different outcome, a different viewpoint, perhaps a different discussion, all together.

Joy is our aim and goal. The Liturgy, Gospels, Epistles, Saints, and Holy Tradition show us the path to achieve our aim by spiritual mentorship, so to speak. We see Peter advanced in faith, that James was restored in hope, that John achieved perfection and love. All had unceasing aspirations toward God.

How can we know if our aspirations toward God is going in the right direction? Sometimes it is clear by the sense which springs from the solace we perceive that is given to us. Our hearts may skip, knowing joy in a clear conscience. Memory of God gladdens the heart. We are told that, "When you perceive your heart is replete with joy, and poignantly longs for God's unutterable blessing, then you should realize that you are activated by the Holy Spirit."

Joy is not a stand-alone concept. Why? Our faith is not static; it is in motion. We work on our outward senses and also our ascetic sense. To refine our soul and purify it, the church links up Repentance with Joy. They need each other: the more joy you understand, the more you work on repentance and likewise, the more your work on repentance, the more joy you embrace.

Repentance work starts with our physical selves: sight, hearing, smell, taste, and touch. Each of these is linked to the corresponding spiritual or ascetic aspiration: sight to vigilance, hearing to meditation, smell to prayer, taste to self-control, and touch to stillness. What we strive for is having our intellect become dispassionate. "A dispassionate intellect gains control over our own passion and rises over both dejection and joy. When we gain such a disposition we can be joyful in affliction, restrained when cheerful, and temperate in all things."

This is a full paragraph that I'd like to further break down. First, I want to clarify what the word 'dispassionate' means. Usually, we think about its definition as being unemotional. It is true, generally, that this is what the word means. However, in spiritual terms or vocabulary, the Fathers teach that, "It is a peaceful condition of the soul," "that being dispassionate doesn't mean to no longer feel the passions, but to no longer accept them."

Living as we are in physical bodies, we generally perceive our surroundings through and with our five bodily senses: sight, hearing, smell, taste, and touch. Each helps us to navigate in the world. We know that each, too, may become disordered or unbalanced. What I've just said speaks about our literal senses, but we are also beings that have these same senses in a spiritual manner.

Part 1 of 2

The Antiochian Women are collecting donations for flowers for the Naach. Please fill out a form (located in the Narthex) and give your form and donation to a member of the Antiochian Women by **March 26**. Contact Linda Shaheen at lshaheen47@gmail.com with any questions.

Ss. Peter and Paul Orthodox Church News and Events

CHURCH SCHOOL 2017-2018

Registration for Church School is ongoing using this link: <https://goo.gl/forms/GQ6uQSnltimwJW2>. Also, please make sure to register with the church, including your email as most Church school announcements go out to the entire parish. School calendars are now available. We are also in need of snacks/drinks for the children--small and reg. juice boxes, juice pouches, small waters, individually wrapped snacks (PEANUT & TREE NUT FREE).

Check out our new online Church School Newsletter

<https://www.smores.com/1rhju> There's information about the Pascha Prep Workshop.

Mar 18 *2018 Pascha Prep Workshop and Art Projects due
***Creative Arts Festival**

Flyers with information about this year's theme have been handed out. Flyers also available at the Church School office bulletin board. All entries must be turned in by **March 18th**.

Apr 01 *Palm Sunday/No Church School

Apr 08 *Pascha/No Church School

Apr 29 ***Food For Hungry** boxes due back to the Church School office

TEEN SOYO

Apr 06 *Good Friday Vigil

Apr 20-22*Spring Delegates Meeting in NJ hosted by St. Anthony's Church in Bergenfield. More ...details to follow

May 18-20 ***Tentative**/Service Weekend (serving others in the DC area)

Jun 27- *Parish Life Conference (PLC) at the

July 01 Antiochian Village. More details to follow.

Contact the Lay Advisors for more details:

Zaid Sharafudin / Zaid.sharafudin@gmail.com
Anees Mokhiber / anees_mokhiber@hotmail.com

YOUNG ADULT FELLOWSHIP

The Ss. Peter & Paul YAF welcomes all young people over 20 years of age to join in its social, educational, and outreach activities. Please contact Wayne Parr at wayneparr@gmail.com or Amal Michael at amal17m@yahoo.com for more information.

ANTIOCHIAN WOMEN

Mar 11-24 *Celebrate Antiochian Orthodox Women's Month volunteer for Greeters, Tray, Collection, Reading the Epistle (English & Arabic). Let's show our pride in representing our Orthodox faith. Contact Donna Gavin at crazygavins@verizon.net.

Mar 17 *Tea Party w/St. George ladies/2p-4p/@Ss. Peter & Paul

May 12 *Antiochian Women Fashion Show (see flyer in Narthex for more information)
Congressional Country Club/11:30a

MEN'S MINISTRY GROUP

Jun 11 *Ss. Peter & Paul Annual Golf Tournament/Reston, VA.

More details to follow

Jun 17 *Ss. Peter & Paul Festive Picnic/more details to follow (please note new date)

SS. PETER & PAUL OUTREACH VISITATION MINISTRY

The outreach ministry seeks to visit and to assist the elderly, the sick, and those who are housebound, shut-in, or living in nursing homes. Volunteers are needed who are willing to call and to visit and to reach out to our elderly brethren. All those willing to help please contact the coordinators of the group: George & Alma Jean Zaki at (georgezaki@gmail.com or ajmzaki@gmail.com), Alex Cox at (alexcoxells@gmail.com) or Fr. Isaac at (frisaac@peterpaulpotomac.org). Our Parish is grateful for this ministry remembering that when we visit the sick and the infirm we visit Christ

THE PARISH GIFT SHOP

The Ss. Peter and Paul Parish Gift Shop is newly stocked with books, bibles, Icons, CDs and all kinds of hand-made religious items with many items for children. The Gift Shop will open every Sunday following Liturgy. For information contact Alma Jean Zaki at (703) 283-9338 or ajmzaki@gmail.com

CHURCH CALENDAR

Mar 11 *Daylight Savings Time (spring forward)
*Extra collection for food packaging outreach project

*Za'atar Fundraiser during Fellowship to benefit Project Mexico

Mar 11-24*Celebrate Antiochian Orthodox Women's Month (see AW Box for more information)

Mar 17 *Antiochian Women/Tea Party w/St. George Ladies/(see Antiochian Women box for specific details)

Mar 18 *Church School Pascha Prep Workshop
*deadline for Creative Arts Festival entries (see Church box)

*April Outreach Program/Packing Meals for Less Fortunate/following Liturgy

Apr 01 *Palm Sunday—No Church School

Apr 06 *Teen SOYO Good Friday Vigil (more details to follow)

Apr 08 *Pascha (no Church School)

Apr 20-22*Teen SOYO/Spring Delegates Mtg./see Teen SOYO box for more details)

Apr 29 *Return Food for the Hungry Boxes to Church School Office

May 12 *Antiochian Women Fashion Show/11:30a @Congressional County Club

Jun 02 *Fund raising Reception for Syrian Orphanages (more details to follow)

Jun 11 *Ss. Peter & Paul Annual Golf Tournament/Reston VA (more details to follow)

Jun 16 *Baptism Isabelle Nora Briggs/12:00p

Jun 17 *Ss. Peter & Paul Festive Picnic (location TBD)

Jun 27- *Parish Life Conference at the Antiochian Village
Jul 1 (more details to follow)

THE EPISTLE

(For the Third Sunday of Great Lent)

O Lord, save Thy people and bless Thine inheritance.

To Thee, O Lord, have I cried, O my God.

The Reading from the Epistle of St. Paul to the Hebrews. (4:14-5:6)

Brethren, since we have a High Priest, Who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but One Who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt Himself to be made a high priest, but was appointed by Him Who said to Him, "Thou art My Son, today I have begotten Thee"; as He says also in another place, "Thou art a priest forever, after the order of Melchizedek."

THE GOSPEL

(For the Third Sunday of Great Lent)

The Reading from the Holy Gospel according to St. Mark. (8:34-9:1)

The Lord said, "If any man would come after Me, let him deny himself and take up his cross and follow Me. For whoever would save his life will lose it; and whoever loses his life for My sake and the Gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when He comes in the glory of His Father with the holy angels." And Jesus said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the Kingdom of God come with power."

MARCH 18 OUTREACH PROGRAM

An extra collection will be taken up today for our food packaging outreach project. This is the third year the Church is sponsoring this program on and will immediately follow the Service on March 18 during the Fellowship Hour. This outreach program will have an impact on thousands of lives. The more money we raise the more meals we can pack. With \$6250 we can pack 25,000 meals. Think about all of the lives we can help. But we also need you all to come again and participate. Please, make it a priority and put it on your calendar! We are looking for no fewer than 12 volunteers from each of the following: The Choir, The Men's Ministry; the Antiochian Women; the Young Adult Fellowship; Teen SOYO, The Council, the ushers and chanters, and the parish at large! We need 10 Table Captains and 90 more volunteers for the program. Please sign up thru www.SignUpGenius.com/go/508054EAEAB283-outreach. We need to show our local community that their Orthodox brethren love and care for them. For more information please see Michele Forzley to volunteer and make a donation. We need to collect more than \$5,000 to fund the meals and we need you donation for this very worthy cause.

CHURCH SCHOOL

Directors

Samia Zolnerowich

Jennifer Buchko

Teachers

Jumana Misleh

Susan Kozlov

Rose Ansara

Chrissy Mackoul

Michelle Zook

Dina Saah

Dara Potter

Claudia Rabie

Christine Morin

Jennifer Montgomery

Caroline Jarboe

Stephen Zolnerowich

Anees Mokhiber

AJ Wood

Philip Allen

MENS CLUB

Sam Khalil

ANTIOCHIAN WOMEN

Carol Laham

TEEN SOYO

Lay Advisors

Zaid Sharafudin

Anees Mokhiber

Officers

Kinda Callas

Julia Allen

Joud Al-Kallas

Josian Azar

Tia Saah

YOUNG ADULT

FELLOWSHIP

Wayne Parr

Amal Michael

ADORNMENT

Shams Akkawi

Jamil Hermes

FACILITY

MANAGEMENT

Sam Berberian

Nick Nahas

Bob Simon

RENTAL

COORDINATOR

Barbara Abraham

CHARITIES

Sam Sahouri Ghanem

FINANCE

Salim Habayeb

STEWARDSHIP

Commemorations

For the servants of God that they may have mercy, peace, health, salvation and visitation, pardon and remission of sin; the Lord God remember them in his Kingdom always: now and ever, and unto ages of ages

For the Servants of God departed this life: the Lord God remember them in his kingdom always: now and ever, and unto ages of ages

Parishioners who remain in our prayers continually

Margaret Ashley	Brian Briggs	Mary Smith
Isabel Thredek	George Brown	Nabeeha Ayoub
Everett Alvarez	Holly Dubois	Robert & Thelma Badwey
Edmond & Sophie Neam	Miriam Yazge	Barbara Abraham
George & Joan Abraham	Lulu Brown	Martin Pinkstaff
Suad Shammass	Mary Bazargan	Michael Buchko, Sr.
Edward Rizkallah	Dorothy Marge	Douglas Kalish

DEPARTED

Presvytera Barbara Voyaziakis
Helen White
Yasmine Ayoub
Suleiman Rafidi
Elias & Linda El-Hage
William Dora, Sr.
Ted David
Richard David
Bertha Aed
Selwa & Tawfik Khalil
Mufid Khalil
Thelma & Raymond Walker
Jimmy Lowry
Lynwood Davis

MEMORIAL SERVICE

Linda El-Hage

LIVING

Rt. Rev. Fr. Elias Bitar
Leila Khoury
Louise Magelli
Mark Buchko
Joyce Kogok
Betty Adam
Rima Rizkallah & Family
Asma Hamameh Trey
Rene Saa
Sam & Marie Khalil
Shawn, Yosi, Dallas & Zoli Khalil
Deena & Dean Gakos
Khalil Family
Christopher, Kristin & Nash Frederick Hines
Chahnie, Rene, Widad, Bahaa, Elena, Sanaa & Their Families

Bob Petrossian
Julia Fayad
Debbie Brown
Robert & Joyce Najjar
Nabil Barbari
George & Joanna Khoury
Vilma Bellone
Assad & Patricia Khoury
Kevin Schwab
Kera, Chris & Summer Tomlin
Simeon, Adrian & Ephrem Gakos
Zachary Depuy

FUNDRAISER TO SUPPORT SYRIAN ORPHANAGES

The Ss. Peter and Paul Parish Council is sponsoring a special fundraising event as part of its charity outreach in support of the Orphanages of the Convents of Saidnaya and Maaloula Syria. Please save the date of Saturday, June 2, 2018 at 6:30pm for this event. Contact Phillip Allen at rpallen1@yahoo.com for information to help organize the project.

Call for Needs – Antiochian Women’s Parish Outreach

Please let us know if you, or a Ss. Peter and Paul parishioner friend or relative has a need where prayers, a meal, phone calls, visit or a card could be of some help. The Antiochian Women have a designated outreach to prepare meals for members of our Ss Peter and Paul parish family in need, for example. (Please call or e-mail Caroline Jarboe, who coordinates a team to prepare meals at caroline_jarboe@yahoo.com; 301.322.4241.) We also have an outreach to offer prayers, cards and phone calls to keep in touch. (Please call or e-mail Barbara Bosworth for this parish family outreach at bybosworth@fcps.edu; or text at 703-278-3161). We want to be proactive, but can only lend our support when we know of the needs, so please let Father Isaac, or Antiochian Women’s group coordinators know when we could be a support, as we have a team for these times. (“For where two or three gather together as my followers, I am there among them.”)

In addition to this support through Antiochian Women, Ss Peter and Paul parish also has an *Angel Fund* (initiated by the Antiochian Women) coordinated by Father Isaac, and an *Outreach Visitation Ministry*. Many of us have read the compelling story in this month’s *Word Magazine* (pages 22 and 23) how prayers and grace through anointing heal. Know that you are part of our parish family, God’s family, and together we seek to support one another through our Lord and Savior Jesus Christ.

Orthodox Christians

Faithful Orthodox fully participate in the celebration of the Eucharist when they receive Holy Communion in fulfillment of Christ’s command to eat His Body and drink His Blood. In order to be properly disposed to receive Communion, communicants should not be conscious of grave sin, have fasted from the night before taking communion, and seek to live in charity and love with their neighbors. Persons conscious of grave sin must first be reconciled with God and the Church through the Sacrament of Penance (Confession and Absolution). A frequent reception of the Sacrament of Penance is encouraged for all.

Non-Orthodox

We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions in Christianity that we cannot extend to them a general invitation to receive Communion. Orthodox believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, and for which we must all pray.

Not Receiving Communion

Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

Welcome to Ss. Peter and Paul

To encourage our worship in a proper spirit of prayer and devotion, we respectfully ask you to enter the sanctuary quietly during the Divine Liturgy.

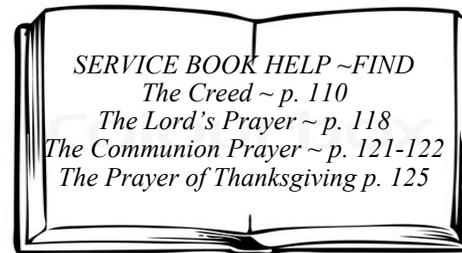
PLEASE DO NOT ENTER OR EXIT THE SANCTUARY AS

- the clergy censes the sanctuary
- the congregation is standing, or
- during the Little Entrance with the Gospel
- during the Reading of the Epistle and the Gospel
- Please enter the sanctuary upon the completion of
- the sermon
- the Great Entrance with the Holy Gifts
- the Prayers of Consecration p. 112-113
- the Hymn to the Theotokos “It is Truly Meet”

Please follow the directions of the ushers during Communion and dismissal; refrain from using cell phones in the narthex; and be considerate of those praying and converse in the hall, outside or downstairs.

Visitors

If you are visiting our parish, please let us get to know you. Complete a visitor card you will find in your pew, and drop it in the ushers tray or the collection box.



HOLY BREAD OF OBLATION OFFERED BY:

Sam & Marie Khalil

MEMORIAL WHEAT OFFERED BY:

The Chahine & Rene El-Hage Family for the 1-Year Memorial of Linda El-Hage

FELLOWSHIP OFFERED BY:

Sam & Marie Khalil