

**FELLOWSHIP HOUR  
AND BREAD OF HOLY OBLATION**

	<b>Bread of Holy Oblation</b>	<b>Fellowship Hour</b>
<b>17 Feb</b>	Khleif Family (HB & Wheat) IMO Naif Hanna Khleif	Khleif Family
<b>24 Feb</b>	Gail Bailey Rula Khouy	Tagreed Azar & Family
<b>03 Mar</b>	Chris Malaska	Spaghetti Luncheon sponsored by the Men's Fellowship
<b>10 Mar</b>	open	OCCM Ambassadors
<b>17 Mar</b>	Open	open

Baking or ordering the Holy Bread of Oblation or providing and serving the refreshments for Fellowship Hour following the Liturgy on Sundays is a great way to practice Christian fellowship among our fellow parishioners. Notice the openings to the left and consider contributing to this vital ministry. Sign-up in the Kogok Hall.

**SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH**  
10620 River Road Potomac Maryland 20854 • 301-765-3400 • www.peterpaulpotomac.org

**Kindly keep all cell phones turned off or muted while in Church. Thank you.**

**PRIESTS**  
Very Reverend  
Fr. Isaac Crow  
frisaac@peterpaulpotomac.org  
(401) 300-8238 cell  
(240) 489-3494 home

Reverend  
Fr. Luke Toumi  
frluke@peterpaulpotomac.org  
(610) 844-2583 cell  
(301) 765-3400 #2 office

**DEACON**  
Dn. Christian Manasseh  
DnChristian@peterpaulpotomac.org

**COUNCIL**  
**Chairperson**  
Carol Laham  
**Vice Chairman**  
Jumana Misleh  
**Treasurer**  
Ken Bailey  
**Secretary**  
Abe Fannoney

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Philip Allen  
Jerry Audi  
Nabil Emad  
Michele Forzley  
Salim Habayeb  
Bassem Haddad  
Janet Metz  
Anees Mokhiber  
Wayne Parr  
Alganesh Piechocinski  
**CHURCH SECRETARY**  
office@peterpaulpotomac.org

**CHOIR DIRECTOR**  
Kristopher Reese  
choir@peterpaulpotomac.org

**ASSISTANT CHOIR DIRECTORS**  
Marie Hyder  
Mark Buchko

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Amjad Khalil  
Wayne Parr  
Zeina Manasseh  
Rezanne Toumi  
George Tannous

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Michael El Araj  
Abraham Fannoney  
Sam Khalil

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**Manager**  
Peter Aburdeineh

**SERVERS**  
Captains -  
Andrew Erickson  
Rashid Haddad  
Thomas Zook

**SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH**  
*Antiochian Orthodox Christian Archdiocese of North America*  
*H.E. Metropolitan JOSEPH*  
*Archbishop Primate*

*All Things Are Possible to Him Who Believes*

**Matins:** Sundays 9:30am  
**Divine Liturgy:** Sundays 10:30am

**SUNDAY, FEBRUARY 17, 2019**  
**tone 5/EOTHINON 5**  
**SUNDAY OF THE PHARISEE AND THE PUBLICAN**  
THE HOLY GREAT-MARTYR  
THEODORE THE SOLDIER ('TYRO');  
EMPEROR MARCIAN & EMPRESS PULCHERIA  
OF CONSTANTINOPLE

**RESURRECTIONAL APOLYTIKION (Tone 5)**

Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

**APOLYTIKION OF SAINTS PETER AND PAUL (Tone 4)**

O foremost in the ranks of Apostles, and teachers of the world, Peter and Paul, intercede with the Master of all to grant safety to the world and to our souls the great mercy.

**KONTAKION FOR THE PHARISEE AND PUBLICAN (Tone 4)**

*(\*\*On this day Thou hast appeared\*\*)*

Let us flee the Pharisee's \* conceited vaunting; \* let us learn the Publican's \* humility, and cry with groans \* unto the Savior: Thou Who alone \* art swiftly reconciled, be gracious unto us.

Christians, woe unto us without love! Where there is no love there is no faith, for faith does not exist without love.

*St. Tikhon of Zadonsk*

**Church Etiquette Or Some Things You Should Know While In Church**

*Fr. David Barr*

Here are some specific guidelines we use in our parishes:

**Children**

Only young children (under 10) should wear shorts to church - and then only dress shorts. Athletic shorts, cut-offs, and spandex shorts are never appropriate church wear (for children or adults!). Shoes or sandals should be clean and tied. No one should wear T-shirts with any kind of writing on them ("This Bud's for You!" is definitely out).

**To Cross or Not To Cross**

Anyone who has looked around on a Sunday morning will notice that different people cross themselves at different times (and sometimes in different ways). To a certain extent, when to cross oneself is according to personal piety and not an issue of dogma. But there are times when it is specifically proper to cross yourself, and times when you should not. Here is a brief list of when to cross and when not to cross:

**To Cross**

When you hear one of the variations of the phrase, "Father, Son, and Holy Spirit"; at the beginning and end of the liturgical service or your private prayers; entering or exiting the church, or when passing in front of the Holy Altar; before venerating in icon, the cross, or Gospel book.

**Not to Cross**

At the chalice before or after taking Communion (you might hit the chalice with your hand); when the priest or bishop blesses saying, "Peace be to all" - bow slightly and receive the blessing; when receiving a blessing from a bishop or a priest (kissing the right hand of the bishop or priest is appropriate, but not making the sign of the cross).

**Snacks for Children**

You can always tell where young children have been sitting in the church. The tell-tale signs are graham cracker crumbs, Cheerios, and animal crackers. Parents often bring snacks and a cup of fruit juice along for children during church. And for young children (0-2 years old), this is fine. But by the time children are 3-4 years old, they should be able to make it through Liturgy without eating anything, and by the time they reach seven (the age of their first confession), they should begin fasting on Sunday morning for Communion (or at least make an attempt at fasting by cutting back on the amount of breakfast and eating "fasting"-type foods - talk to your priest about this). For those children who get snacks, please don't feed them while in the line for Holy Communion (this applies to holy bread as well). They need to come to Communion without food in their mouths. And one last note: try to keep the snack mess down to a minimum. The floor shouldn't be covered with Cheerios! Chewing gum during Liturgy is a No-No for everyone!

**Handling the Holy Bread**

After taking Holy Communion and at the end of the liturgy, it is traditional to eat a piece of holy bread or antidoron - the bread that was left over after Holy Communion was prepared. While antidoron is not Holy Communion, it is blessed bread and as such, should be eaten carefully so that crumbs don't fall all over the place. After taking Communion or kissing the cross at the end of the Divine Liturgy, take one piece of antidoron (you don't need four or five pieces) and when you return to your seat or get to a place where you can stop for a moment, eat the bread trying not to drop crumbs. If you want to give a piece to someone else, go ahead and take an extra piece - don't break yours in half (it produces too many crumbs). And monitor your children as they take the antidoron and teach them to eat it respectfully.

**A Final Thought**

North American society in the late 20th century is rather casual in its approach to life. Don't allow this prevailing attitude to enter into your Orthodox Christian piety. There are surely a lot of other areas that could be covered here. Much of church etiquette is based on common sense and showing respect for God and others. Always remember that you are in church to worship God, the Holy Trinity. The priest says, "With the fear of God and faith and love, draw near." Let this be the way you approach all of worship. If you do, you will probably have good church etiquette.

# Ss. Peter and Paul Orthodox Church News and Events

## CHURCH SCHOOL 2018-2019

Registration for Church School is ongoing using this link: <https://goo.gl/forms/GQ6uQSnltimwgwJW2>, include your email as most Church school announcements go out to the entire parish. Please list all/any allergies.

### Check out our new online Church School Newsletter

<https://tinyurl.com/PeterPaulCSOctober>

**Feb 17** \*No Church School

**Apr 7** \*Pascha Prep Work

## TEEN SOYO

Ss. Peter & Paul Teen Youth Ministry Group (Teen SOYO) is open to all teens of the Parish (13— 19 years). The teens meet regularly for social, spiritual, and community outreach events.

### Lay Advisors:

Zaid Sharafudin/Zaid.sharafudin@gmail.com (412) 708-6726 and Marian Azar/azzaremarian@gmail.com (703) 297-9638

**Feb 23** \*Bonding activity & Community Night

**Mar 03** \*Teen SOYO mtg/to follow Liturgy

**Mar 16** \*Teen SOYO retreat w/Fr. Nicholas Belcher/10a—1p

**Mar 16-17** \*Teen SOYO overnight retreat @Ss. Peter & Paul

**Apr 12-14** \*Spring Retreat/Antiochian Village/see flyer in Narthex.

**Jun 26-30** \*Parish Life Conference/@Antiochian Village (more details to follow)

## YOUNG ADULT FELLOWSHIP

The Ss. Peter & Paul YAF welcomes all young people over 20 years of age to join in its social, educational, and outreach activities. Please contact Wayne Parr at wayneparr@gmail.com or Amal Michael at amal17m@yahoo.com for more information.

**Mar 16** \*YAF Mtg. w/Fr. Nicholas Belcher/4p

## ANTIOCHIAN WOMEN

\*Please pay your annual dues of \$25 to help support our outreach and charitable projects. Checks can be given to Janet Metz. \*Please provide your email address to Donna Gavin @crazygavins@verizon.net for future notices.

**Mar 02** \*Antiochian Women hosting St. George ladies for tea for tea/ Kogok Hall/2:00pm/see flyer in Narthex contact Susan Sanford at [susansanford@yahoo.com](mailto:susansanford@yahoo.com)

## MEN'S FELLOWSHIP

**Feb 24** \*Men's Fellowship mtg./1:00p/Serge Malooley Conf.Rm.

**Mar 03** \*Men's Fellowship Spaghetti Luncheon following Liturgy/all are welcome/details to follow

## THE SS. PETER & PAUL PARISH LIBRARY & MEDIA CENTER

The new Parish Library and Media Center is up and running. The Center houses the Parish Library, audio visual materials, and Christian educational resources. The Center is located in the lower level inside room accessible from the Serge Malooley Conference Center room. Donations of books or materials related to the history, tradition and teaching of the Church and the Orthodox Faith are welcome. All are welcome to use the center by following its user guidelines. Contact Fr. Isaac, Fr. Luke, or Dn. Christian for access and information.

## "EXPLORING OUR FAITH" THE SS. PETER AND PAUL ADULT RELIGIOUS EDUCATION FORUM

"Exploring Our Faith" meets every other Thursday evening 7:00p to 8:30p in the Library & Media Center. The next meeting is **Thursday, February 21, 2019**. Fr. Isaac facilitates the Forums using brief presentations as a springboard to open discussion on a variety of topics concerning our faith. ALL ARE WELCOME. Contact Fr. Isaac at [frisaac@peterpaulpotomac.org](mailto:frisaac@peterpaulpotomac.org), Fr. Luke at [frluke@peterpaulpotomac.org](mailto:frluke@peterpaulpotomac.org) or Kate Niewenhaus at [handmaidens20854@gmail.com](mailto:handmaidens20854@gmail.com).

## SS. PETER & PAUL OUTREACH VISITATION MINISTRY

The outreach ministry seeks to visit and to assist the elderly, the sick, and those who are housebound, shut-in, or living in nursing homes. Volunteers are needed who are willing to call to visit, and to reach out to our elderly brethren. All those willing to help please contact the coordinators of the group: George & Alma Jean Zaki at ([georgezaki@gmail.com](mailto:georgezaki@gmail.com)) or ([ajmzaki@gmail.com](mailto:ajmzaki@gmail.com)), Alex Cox at ([alexcosells@gmail.com](mailto:alexcosells@gmail.com)) or Fr. Isaac at ([frisaac@peterpaulpotomac.org](mailto:frisaac@peterpaulpotomac.org)). Our Parish is grateful for this ministry remembering that when we visit the sick and the infirm we visit Christ himself.

## THE PARISH GIFT SHOP

Don't forget to stop by the Parish gift shop for your special gifts. It's open every Sunday following Liturgy. For more information contact Alma Jean Zaki at (703) 283-9338 or [ajmzaki@gmail.com](mailto:ajmzaki@gmail.com)

## CREDIT CARD GIVING TO Ss. PETER AND PAUL CHURCH

The new Credit Card Giving Kiosk for donations or payments to Ss. Peter and Paul Church is operational. The Kiosk and 'swipe' screen are located in the Narthex (entrance) of the Church. Please contact Wayne Parr or Ken Bailey for more information.

## CHURCH CALENDAR

**Feb 17** \*No Church School  
\*Baptism/Georgette Mazon Saah & Beasanne Mazon Saah/1:30p  
**Feb 21** \*Adult Religious Education Forum/'Exploring our Faith'/7:00p/ Library & Media Center  
**Feb 23** \*5:00p/Community Pot-Luck Dinner/Kogok Hall & LL Hall  
**Feb 24** \*Men's Fellowship mtg./1:00p/LL Serge Malooley conf. rm.  
\*Baptism/Leo Khalaf/1:30p  
**Mar 02** \*Antiochian Women hosting St. George Ladies for Tea Kogok Hall/2p/see flyer in Narthex  
**Mar 03** \*Meat Fare Sunday  
\*Men's Fellowship Spaghetti Luncheon following Liturgy/all are Welcome/more info to follow  
\*Teen SOYO mtg.  
**Mar 09** \*Baptism/Alexander George Assaley, IV/12:00p  
**Mar 10** \*OCMC Presentation by Michael Bosworth  
**Mar 12** \*Parish Council Mtg/7:30p/Serge Malooley Conf Rm (new start time)  
**Mar 16** \*Teen SOYO Retreat w/Fr. Nicholas Belcher/10a-1p  
\*Young Adult Fellowship Mtg.w/Fr. Nicholas Belcher/4p  
**Mar 16-17** \*Teen SOYO Overnight Retreat @Ss. Peter & Paul  
**Mar 17** \*Ss. Peter & Paul will host the Pan-Orthodox Sunday of Orthodoxy/ Vespers @5:00p/reception to follow in Kogok Hall  
**Mar 23** \*Baptism/William Jaxon Sullivan/12:00p  
**Mar 24** \*Baptism/Luke Behrooz Fekrat/1:30p  
**Apr 06** \*Baptism/Josephine Elizabeth Procelli/12:00p  
**Apr 07** \*Church School/Pascha Workshop  
**Apr 12-14** \*Spring Retreat & Pilgrimage to Resting Place of St. Raphael/see flyer in Narthex  
**Jun 26-30** \*Parish Life Conference/more info to follow

## THE EPISTLE

(For Sunday of the Pharisee and Publican)

*Make vows to the Lord thy God, and perform them.*

*In Judah God is known; His Name is great in Israel.*

### **The Reading from the Second Epistle of St. Paul to St. Timothy. (3:10-15)**

Timothy my son, you have observed my teaching, my conduct, my aim in life, my faith, my patience, my love, my steadfastness, my persecutions, and my sufferings; and what befell me at Antioch, at Iconium, and at Lystra. What persecutions I endured; yet from them all, the Lord rescued me. Indeed all who desire to live a godly life in Christ Jesus will be persecuted, while evil men and impostors will go on from bad to worse, deceivers and deceived. But as for you, continue in what you have learned and have firmly believed, knowing from whom you learned it and how from childhood you have been acquainted with the sacred writings which are able to instruct you for salvation through faith in Christ Jesus.

## THE GOSPEL

(For Sunday of the Pharisee and Publican)

### **The Reading from the Holy Gospel according to St. Luke. (18:10-14)**

The Lord spoke this parable: "Two men went up into the temple to pray, one a Pharisee and the other a tax collector. The Pharisee stood and prayed thus with himself, 'God, I thank Thee that I am not like other men, extortionists, unjust, adulterers, or even like this tax collector. I fast twice a week; I give tithes of all that I get.' But the tax collector, standing far off, would not even lift up his eyes to Heaven, but beat his breast, saying, 'God, be merciful to me a sinner!' I tell you, this man went down to his house justified rather than the other; for everyone who exalts himself will be humbled, but he who humbles himself will be exalted."

## HOUSE BLESSINGS, 2019

In the New Year, a new season of House Blessings has begun. All those who would like to have their homes blessed please contact the Church Office, or Fr. Isaac and Fr. Luke in order to arrange a visit. May God Bless and Protect each and every home and family of our Parish in the New Year.

## ORTHODOX CHRISTIAN MISSION CENTER (OCMC)

On Sunday, March 10, 2019 "Mission Sunday", Michael Bosworth, one of our OCMC ambassadors, will offer a presentation on the Mission Trip last November to Guatemala. The OCMC Ambassadors will be offering the Fellowship Hour and there will be a Mission Information Booth during the Fellowship. All are welcome!

## **CHURCH SCHOOL**

### **Directors**

Samia Zolnerowich

Jennifer Buchko

### **Teachers**

Jumana Misleh

Susan Kozlov

Danielle Bellone

Michelle Zook

Ritamaria Saa

Jennifer Montgomery

Andrew Salem

Dara Potter

Layla Najjar

Caroline Jarboe

Stephen Zolnerowich

Nathaniel Guinn

Elizabeth El-Hage

Anees Mokhiber

AJ Wood

Philip Allen

## **MEN'S FELLOWSHIP**

Sam Khalil

## **ANTIOCHIAN WOMEN**

Donna Gavin

## **TEEN SOYO**

### **Lay Advisors**

Zaid Sharafudin

Marian Azar

### **Officers**

Joud Al-Kallas

Tia Saah

Jacob Azar

Julia Azar

## **YOUNG ADULT**

### **FELLOWSHIP**

Wayne Parr

Amal Michael

## **ADORNMENT**

Shams Akkawi

Jamil Hermes

## **FACILITY**

### **MANAGEMENT**

Sam Berberian

Alex Cox

### **RENTAL**

## **COORDINATOR**

Barbara Abraham

George Rados

## **CHARITIES**

Sam Sahouri Ghanem

## **FINANCE**

Salim Habayeb

## **STEWARDSHIP**

Zeina Manasseh

## **GIFT SHOP**

Alma Jean Zaki

Gail Bailey

# Commemorations

For the servants of God that they may have mercy, peace, health, salvation and visitation, pardon and remission of sin; the Lord God remember them in his Kingdom always: now and ever, and unto ages of ages

For the Servants of God departed this life: the Lord God remember them in his kingdom always: now and ever, and unto ages of ages

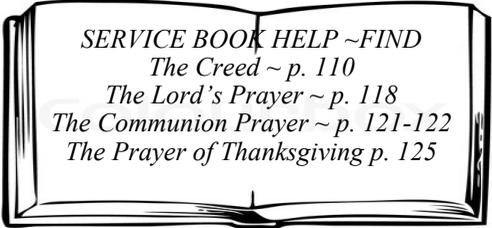
**Orthodox Christians**  
Faithful Orthodox fully participate in the celebration of the Eucharist when they receive Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly disposed to receive Communion, communicants should not be conscious of grave sin, have fasted from the night before taking communion, and seek to live in charity and love with their neighbors. Persons conscious of grave sin must first be reconciled with God and the Church through the Sacrament of Penance (Confession and Absolution). A frequent reception of the Sacrament of Penance is encouraged for all.

**Non-Orthodox**  
We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions in Christianity that we cannot extend to them a general invitation to receive Communion. Orthodox believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, and for which we must all pray.

**Not Receiving Communion**  
Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

**Welcome to Ss. Peter and Paul**  
To encourage our worship in a proper spirit of prayer and devotion, we respectfully ask you to enter the sanctuary quietly during the Divine Liturgy.  
**PLEASE DO NOT ENTER OR EXIT THE SANCTUARY AS**  
- the clergy censes the sanctuary  
- the congregation is standing, or  
- during the Little Entrance with the Gospel  
- during the Reading of the Epistle and the Gospel  
- Please enter the sanctuary upon the completion of the sermon  
- the Great Entrance with the Holy Gifts  
- the Prayers of Consecration p. 112-113  
- the Hymn to the Theotokos "It is Truly Meet"  
Please follow the directions of the ushers during Communion and dismissal; refrain from using cell phones in the narthex; and be considerate of those praying and converse in the hall, outside or downstairs.

**Visitors**  
If you are visiting our parish, please let us get to know you. Complete a visitor card you will find in your pew, and drop it in the ushers tray or the collection box.



**Parishioners who remain in our prayers continually**

Rt. Rev. Fr. Elias Bitar	Margaret Ashley	Mary Smith
Isabel Threddeh	George Brown	Nabeeha Ayoub
Holly Dubois	Suad Shammas	Robert & Thelma Badwey
Sophie Neam	Miriam Yazge	Barbara Abraham
George & Joan Abraham	Lula Brown	Douglas Kalesh
Michael Buchko, Sr.	Edward Rizkallah	Dorothy Marge
Leila Khoury	Shoke George	Assad & Patricia Khoury
Bob & Shirley Neri	Barbara Mullin	Rene Saah
Joyce Hamaty		

## LIVING

Margo Sahouri-Ghanem	Tammy Alvarez	George & Joanna Khoury
Ibtisam Toubaji	Jamie Simon	Sami Korban
Wafa Atiyeh	Nijmeh Zayed	Everett Alvarez
Amber Bennett	Kris, Danielle, & Ezra Reese	Amal Lowry
Tabitha Zolnerowich	Zarour Family	George Ellis
Georgette Mazen Saah	Beasanne Mazen Saah	Antonios Barakat & Family
Mazen, Ruba, & Ibrahim Saah	Nahi Ibrahim Saah & Family	Maha Saad Nasser & Family
Salim Issa Habash & Family	Lorna Malooley & Family	Jamilee Bellone & Family
Judith Khleif	Samir, Mag, Zein, Noor, & Farah Khleif	
Majd, Nadeen, Omar, & Sari Khleif	Ramz, Lara, Raaya, Jad, Jenna & Reja Khleif	
Elias, Samar (Khleif), Samy & Lena Saboura		

## DEPARTED

Fr. George Rados  
Naif Hanna Khleif  
Gail Gicas  
Oussama Zarour  
Leila Barakat  
Fouad Shwayri  
Henry David  
Freddy David  
Elsie David  
George David  
Ibrahim Issa Saah  
Georgette Issa Shihadeh  
Saad Khalil Nasser  
George F. Khoury

## MEMORIAL SERVICE

Naif Hanna Khleif

HOLY BREAD OF OBLATION OFFERED BY:  
The Family of Naif Hanna Khleif

MEMORIAL WHEAT: OFFERED BY:  
The Family of Naif Hanna Khleif

FELLOWSHIP OFFERED BY:  
The Family of Naif Hanna Khleif

**ATTENTION MEN AND WOMEN OF THE PARISH!**  
**HOLY BREAD BAKING CLASS #2**  
A second Holy Bread baking class has been scheduled for Saturday, April 20, 2019 at 9am. Sign-up sheet is located in Kogok Hall. Please remember to provide your email address and telephone number so Lorna can contact you. Call or email Lorna with any questions. [LornaAM@aol.com](mailto:LornaAM@aol.com) or 703-503-3344.

**2019 STEWARDSHIP DRIVE**  
The Stewardship Committee is launching our 2019 stewardship drive. Please support your church with your time, talents and treasure and fill out a stewardship form in paper (located in the Narthex) or online at [peterpaulpoto-mac.elexiochms.com](http://peterpaulpoto-mac.elexiochms.com). Please make the commitment to support the Church through your generous free-will donation. If you have any questions or need more information, please see a member of the Stewardship committee member or in the fellowship hall for more information. Thank you for your support!