

**FELLOWSHIP HOUR  
AND BREAD OF HOLY OBLATION**

|               | <b>Bread of Holy Oblation</b>                       | <b>Fellowship Hour</b>                                  |
|---------------|---|---|
| <b>10 Feb</b> | Leila Ayoub/IMO Charlie Ayoub                       | Leila Ayoub/IMO Charlie Ayoub                           |
| <b>17 Feb</b> | Khleif Family (HB & Wheat)<br>IMO Naif Hanna Khleif | Khleif Family   |
| <b>24 Feb</b> | Gail Bailey<br>Rula Khouy                           | Tagreed Azar & Family                                   |
| <b>03 Mar</b> | Chris Malaska                                       | Spaghetti Luncheon sponsored by the<br>Men's Fellowship |
| <b>10 Mar</b> | open  | OCCMC Ambassadors                                       |

Baking or ordering the Holy Bread of Oblation or providing and serving the refreshments for Fellowship Hour following the Liturgy on Sundays is a great way to practice Christian fellowship among our fellow parishioners. Notice the openings to the left and consider contributing to this vital ministry. Sign-up in the Kogok Hall.

**SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH**  
10620 River Road Potomac Maryland 20854 • 301-765-3400 • www.peterpaulpotomac.org

**Kindly keep all cell phones turned off or muted while in Church. Thank you.**

**PRIESTS**  
Very Reverend  
Fr. Isaac Crow  
frisaac@peterpaulpotomac.org  
(401) 300-8238 cell  
(240) 489-3494 home

Reverend  
Fr. Luke Toumi  
frluke@peterpaulpotomac.org  
(610) 844-2583 cell  
(301) 765-3400 #2 office

**DEACON**  
Dn. Christian Manasseh  
DnChristian@peterpaulpotomac.org

**COUNCIL**  
**Chairperson**  
Carol Laham  
**Vice Chairman**  
Jumana Misleh  
**Treasurer**  
Ken Bailey  
**Secretary**  
Abe Fannoney

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Philip Allen  
Jerry Audi  
Nabil Emad  
Michele Forzley  
Salim Habayeb  
Bassem Haddad  
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**DIRECTORS**  
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**CHANTERS**  
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Zeina Manasseh  
Rezanne Toumi  
George Tannous

**USHERS**  
Jerry Audi  
Michael El Araj  
Abraham Fannoney  
Sam Khalil

**ALTAR**  
**Manager**  
Peter Aburdeineh

**SERVERS**  
Captains -  
Andrew Erickson  
Rashid Haddad  
Thomas Zook

**SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH**  
*Antiochian Orthodox Christian Archdiocese of North America*  
*H.E. Metropolitan JOSEPH*  
*Archbishop Primate*

*All Things Are Possible to Him Who Believes*

**Matins:** Sundays 9:30am  
**Divine Liturgy:** Sundays 10:30am

**SUNDAY, FEBRUARY 10, 2019**  
**TONE 4/ EOTHINON 4**  
**HIEROMARTYR CHARALAMPOS, BISHOP OF MAGNESIA**  
**&**

**SEVENTEENTH SUNDAY OF MATTHEW**  
THE COMPANIONS OF CHARALAMPOS;  
VENERABLE ZENON THE ASCETIC OF ANTIOCH

**RESURRECTIONAL APOLYTIKION (Tone 4)**

Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

**APOLYTIKION OF ST. CHARALAMPOS (Tone 4)**

*(\*\*Be quick to anticipate\*\*)*

An unshaken pillar of the Church of Christ God art thou, \* an ever-resplendent lamp, O Charalampos most wise, which shineth throughout the earth; \* in martyric contest thou hast shined on the whole world, \* and thou hast dispelled the moonless night of the idols. \* Now boldly intercede thou with Christ that we may all be saved.

**APOLYTIKION OF SAINTS PETER AND PAUL (Tone 4)**

O foremost in the ranks of Apostles, and teachers of the world, Peter and Paul, intercede with the Master of all to grant safety to the world and to our souls the great mercy.

**ORDINARY KONTAKION IN (Tone 2)**

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

The apostles maintained this rule: Not to complain in suffering and adversity, but bravely and patiently to accept whatever things happen in this world... We must bear whatever happens with patience and courage. For it is written, *A sacrifice to God is a broken spirit; a heart that is contrite and humbled God will not despise (Psalm 50:17).*

*St. Cyprian of Carthage*

**Church Etiquette Or Some Things You Should Know While In Church**

*Fr. David Barr*

**Leaving Before Dismissal**

Leaving church before the Dismissal - besides being disrespectful - deprives us of a blessing. Worship has a beginning ("Blessed is the Kingdom...") and an end ("Let us depart in peace..."). To leave immediately after Communion is to treat church like a fast food restaurant where we come and go as we please. We live in a fast-paced world where we seem to be hurrying from place to place. But in God's presence, we need to make every attempt to fight this pressure to move on to the next thing on the day's agenda. We deprive ourselves of blessings by not being still and participating in God's holiness. Eat and run at McDonald's - but stay in church and thank God for his precious gifts.

**Venerating Icons**

When you enter the church, it is traditional to venerate the icons. Usually there are icons at the entrance to the church and many churches have icon stands in the front as well. When venerating (kissing) an icon, pay attention to where you kiss. It is not proper to kiss an icon in the face. You wouldn't go up and kiss the Lord or His mother on the lips, would you? You would kiss their hand, and only if they invited you would you even dare to kiss them on the cheek. Pay attention to what you are doing. When you approach and icon to venerate it, kiss the gospel, scroll, or hand cross in the hand of the person in the icon, or kiss the hand or foot of the person depicted. As you venerate an icon, show proper respect to the person depicted in the icon - the same respect you would show the person by venerating him or her in an appropriate place. And remember, blot off your lipstick before kissing.

**Talking during Church**

Isn't it great to come to church and see friends and family members? But wait until coffee hour to say "Hi" to them. It just isn't appropriate to greet people and have a conversation with them during the services. Besides being disrespectful towards God, it is rude towards the other people in the church who are trying to worship. Talk to God while in church through your prayers, hymns, and thanksgiving, and to your friends in the hall afterwards.

**Kiss (Don't Shake) the Priest's or Bishop's Hand**

Did you know that the proper way to greet a priest or bishop is to ask his blessing and kiss his right hand? How do you do this? Approach the priest or bishop with your right hand over your left hand and say "Father (or "Master" in the case of the bishop), bless." This is much more appropriate (and traditional) than shaking their hands. After all, the priest and bishop are not just "one of the boys." When you kiss their hands, you show respect for their office - they are the ones who "bless and sanctify" you and who offer the holy gifts on your behalf. So next time you greet your priest or bishop, don't shake his hand, ask for his blessing.

**Sunday Dress**

Remember the time when people put on their "Sunday best" to go to church? In fact, dress clothes were often referred to as Sunday clothes. In some parts of the country, this is not common today. In fact, all too often, dress in church has become too casual. In all areas of our lives, we should offer Christ our best. And the same is true of our dress. We should offer Christ our 'Sunday best', not our everyday or common wear. And we should dress modestly, not in a flashy way that would bring attention to ourselves. Our dress should always be becoming of a Christian - especially at church.

# Ss. Peter and Paul Orthodox Church News and Events

## CHURCH SCHOOL 2018-2019

Registration for Church School is ongoing using this link: <https://goo.gl/forms/GQ6uQSnltimwJW2>, include your email as most Church school announcements go out to the entire parish. Please list all/allergies.

**Check out our new online Church School Newsletter**  
<https://tinyurl.com/PeterPaulCSOctober>  
**Apr 7** \*Pascha Prep Work

## TEEN SOYO

Ss. Peter & Paul Teen Youth Ministry Group (Teen SOYO) is open to all teens of the Parish (13— 19 years). The teens meet regularly for social, spiritual, and community outreach events.

### Lay Advisors:

Zaid Sharafudin/Zaid.sharafudin@gmail.com (412) 708-6726 and Marian Azar/azaremarian@gmail.com (703) 297-9638

- Feb 15-18** \*Teen SOYO Winter Camp (see flyer in Narthex for more information)  
**Feb 23** \*Bonding activity & Community Night  
**Mar 03** \*Teen SOYO mtg/to follow Liturgy  
**Mar 16** \*Teen SOYO retreat w/Fr. Nicholas Belcher/10a—1p  
**Mar 16-17** \*Teen SOYO overnight retreat @Ss. Peter & Paul  
**Apr 12-14** \*Spring Retreat/Antiochian Village/see flyer in Narthex.  
**Jun 26-30** \*Parish Life Conference/@Antiochian Village (more details to follow)

## YOUNG ADULT FELLOWSHIP

The Ss. Peter & Paul YAF welcomes all young people over 20 years of age to join in its social, educational, and outreach activities. Please contact Wayne Parr at wayneparr@gmail.com or Amal Michael at amal17m@yahoo.com for more information.

**Mar 16** \*YAF Mtg. w/Fr. Nicholas Belcher/4p

## ANTIOCHIAN WOMEN

\*Please pay your annual dues of \$25 to help support our outreach and charitable projects. Checks can be given to Janet Metz.

\*Please provide your email address to Donna Gavin @crazygavins@verizon.net for future notices.

**Mar 02** \*Antiochian Women hosting St. George ladies for tea/ Kogok Hall

## MEN'S FELLOWSHIP

**Feb 24** \*Men's Fellowship mtg./1:00p/Serge Malooley Conf.Rm.

**Mar 03** \*Men's Fellowship Spaghetti Luncheon following Liturgy/all are welcome/details to follow

**May 11** \*Dinner Dance/joint function with Antiochian Women and Men's Fellowship (More info to follow)

## THE SS. PETER & PAUL PARISH LIBRARY & MEDIA CENTER

The new Parish Library and Media Center is up and running. The Center houses the Parish Library, audio visual materials, and Christian educational resources. The Center is located in the lower level inside room accessible from the Serge Malooley Conference Center room. Donations of books or materials related to the history, tradition and teaching of the Church and the Orthodox Faith are welcome. All are welcome to use the center by following its user guidelines. Contact Fr. Isaac, Fr. Luke, or Dn. Christian for access and information.

## "EXPLORING OUR FAITH" THE SS. PETER AND PAUL ADULT RELIGIOUS EDUCATION FORUM

"Exploring Our Faith" meets every other Thursday evening 7:00p to 8:30p in the Library & Media Center. The next meeting is **Thursday, February 21, 2019**. Fr. Isaac facilitates the Forums using brief presentations as a springboard to open discussion on a variety of topics concerning our faith. ALL ARE WELCOME. Contact Fr. Isaac at [frisaac@peterpaulpotomac.org](mailto:frisaac@peterpaulpotomac.org), Fr. Luke at [frluke@peterpaulpotomac.org](mailto:frluke@peterpaulpotomac.org) or Kate Niewenhous at [handmaidens20854@gmail.com](mailto:handmaidens20854@gmail.com).

## SS. PETER & PAUL OUTREACH VISITATION MINISTRY

The outreach ministry seeks to visit and to assist the elderly, the sick, and those who are housebound, shut-in, or living in nursing homes. Volunteers are needed who are willing to call to visit, and to reach out to our elderly brethren. All those willing to help please contact the coordinators of the group: George & Alma Jean Zaki at ([georgezaki@gmail.com](mailto:georgezaki@gmail.com) or [ajmzaki@gmail.com](mailto:ajmzaki@gmail.com)), Alex Cox at ([alexcxsells@gmail.com](mailto:alexcxsells@gmail.com)) or Fr. Isaac at ([frisaac@peterpaulpotomac.org](mailto:frisaac@peterpaulpotomac.org)). Our Parish is grateful for this ministry remembering that when we visit the sick and the infirm we visit Christ himself.

## THE PARISH GIFT SHOP

Don't forget to stop by the Parish gift shop for your special gifts. It's open every Sunday following Liturgy. For more information contact Alma Jean Zaki at (703) 283-9338 or [ajmzaki@gmail.com](mailto:ajmzaki@gmail.com)

## CREDIT CARD GIVING TO Ss. PETER AND PAUL CHURCH

The new Credit Card Giving Kiosk for donations or payments to Ss. Peter and Paul Church is operational. The Kiosk and 'swipe' screen are located in the Narthex (entrance) of the Church. Please contact Wayne Parr or Ken Bailey for more information.

## CHURCH CALENDAR

- Feb 15-18** \*Teen SOYO Winter Camp (see flyer in Narthex for more info)  
**Feb 16** \*Holy Bread Baking Class (see sugb-up sheet in Hall)  
**Feb 17** \*Baptism/Georgette Mazon Saah & Beasanne Mazon Saah/1:30p  
**Feb 21** \*Adult Religious Education Forum/'Exploring our Faith'/7:00p/ Library & Media Center  
**Feb 23** \*5:00p/Community Pot-Luck Dinner/Kogok Hall & LL Hall  
**Feb 24** \*Men's Fellowship mtg./1:00p/LL Serge Malooley conf. rm.  
 \*Baptism/Leo Khalaf/1:30p  
**Mar 02** \*Antiochian Women hosting St. George Ladies for Tea/Kogok Hall  
**Mar 03** \*Meat Fare Sunday  
 \*Men's Fellowship Spaghetti Luncheon following Liturgy/all are Welcome/more info to follow  
 \*Teen SOYO mtg.  
**Mar 09** \*Baptism/Alexander George Assaley, IV/12:00p  
**Mar 10** \*OCMC Presentation by Michael Bosworth  
**Mar 12** \*Parish Council Mtg/7:30p/Serge Malooley Conf Rm (new start time)  
**Mar 16** \*Teen SOYO Retreat w/Fr. Nicholas Belcher/10a-1p  
 \*Young Adult Fellowship Mtg.w/Fr. Nicholas Belcher/4p  
**Mar 16-17** \*Teen SOYO Overnight Retreat @Ss. Peter & Paul  
**Mar 17** \*Ss. Peter & Paul will host the Pan-Orthodox Sunday of Orthodoxy/ Vespers @5:00p/reception to follow in Kogok Hall  
**Mar 23** \*Baptism/William Jaxson Sullivan/12:00p  
**Apr 07** \*Church School/Pascha Workshop  
**Apr 12-14** \*Spring Retreat & Pilgrimage to Resting Place of St. Raphael/see flyer in Narthex  
**Jun 26-30** \*Parish Life Conference/more info to follow

## THE EPISTLE

(For St. Charalampos)

*The righteous shall rejoice in the Lord. O God, hear my prayer.*

**The Reading from the Second Epistle of St. Paul to St. Timothy. (2:1-10)**

Timothy, my son, be strong in the grace that is in Christ Jesus; and what you have heard from me before many witnesses entrust to faithful men who will be able to teach others also. Share in suffering as a good soldier of Christ Jesus. No soldier on service gets entangled in civilian pursuits, since his aim is to satisfy the one who enlisted him. An athlete is not crowned unless he competes according to the rules. It is the hard-working farmer who ought to have the first share of the crops. Think over what I say, for the Lord will grant you understanding in everything. Remember Jesus Christ, risen from the dead, descended from David, as preached in my gospel, the gospel for which I am suffering and wearing fetters like a criminal. But the word of God is not fettered. Therefore, I endure everything for the sake of the elect, that they also may obtain salvation in Christ Jesus with its eternal glory.

## THE GOSPEL

(For the Seventeenth Sunday of Matthew)

**The reading from the Holy Gospel according to St. Matthew. (15:21-28)**

At that time, Jesus went to the district of Tyre and Sidon. And behold, a Canaanite woman from that region came out and cried, "Have mercy on me, O Lord, Son of David; my daughter is severely possessed by a demon." But He did not answer her one word. And His disciples came and begged Him, saying, "Send her away, for she is crying after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before Him, saying, "Lord, help me." And He answered, "It is not fair to take the children's bread and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their master's table." Then Jesus answered her, "O woman, great is your faith! Be it done for you as you desire." And her daughter was healed instantly.

## HOUSE BLESSINGS, 2019

In the New Year, a new season of House Blessings has begun. All those who would like to have their homes blessed please contact the Church Office, or Fr. Isaac and Fr. Luke in order to arrange a visit. May God Bless and Protect each and every home and family of our Parish in the New Year.

## ORTHODOX CHRISTIAN MISSION CENTER (OCMC)

On Sunday, March 10, 2019 "Mission Sunday", Michael Bosworth, one of our OCMC ambassadors, will offer a presentation on the Mission Trip last November to Guatemala. The OCMC Ambassadors will be offering the Fellowship Hour and there will be a Mission Information Booth during the Fellowship. All are welcome!

## **CHURCH SCHOOL**

### **Directors**

Samia Zolnerowich  
Jennifer Buchko

### **Teachers**

Jumana Misleh  
Susan Kozlov  
Danielle Bellone  
Michelle Zook  
Ritamaria Saa  
Jennifer Montgomery  
Andrew Salem  
Dara Potter  
Layla Najjar  
Caroline Jarboe  
Stephen Zolnerowich  
Nathaniel Guinn  
Elizabeth El-Hage  
Anees Mokhiber  
AJ Wood  
Philip Allen

## **MEN'S FELLOWSHIP**

Sam Khalil

## **ANTIOCHIAN WOMEN**

Donna Gavin

## **TEEN SOYO**

### **Lay Advisors**

Zaid Sharafudin  
Marian Azar

### **Officers**

Joud Al-Kallas  
Tia Saah  
Jacob Azar  
Julia Azar

## **YOUNG ADULT**

### **FELLOWSHIP**

Wayne Parr  
Amal Michael

## **ADORNMENT**

Shams Akkawi  
Jamil Hermes

## **FACILITY**

### **MANAGEMENT**

Sam Berberian  
Alex Cox

### **RENTAL**

## **COORDINATOR**

Barbara Abraham  
George Rados

## **CHARITIES**

Sam Sahouri Ghanem

## **FINANCE**

Salim Habayeb

## **STEWARDSHIP**

Zeina Manasseh

## **GIFT SHOP**

Alma Jean Zaki  
Gail Bailey

# Commemorations

For the servants of God that they may have mercy, peace, health, salvation and visitation, pardon and remission of sin; the Lord God remember them in his Kingdom always: now and ever, and unto ages of ages

For the Servants of God departed this life: the Lord God remember them in his kingdom always: now and ever, and unto ages of ages

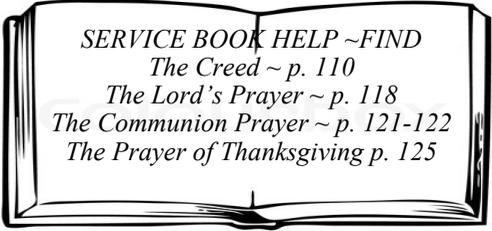
**Orthodox Christians**  
Faithful Orthodox fully participate in the celebration of the Eucharist when they receive Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly disposed to receive Communion, communicants should not be conscious of grave sin, have fasted from the night before taking communion, and seek to live in charity and love with their neighbors. Persons conscious of grave sin must first be reconciled with God and the Church through the Sacrament of Penance (Confession and Absolution). A frequent reception of the Sacrament of Penance is encouraged for all.

**Non-Orthodox**  
We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions in Christianity that we cannot extend to them a general invitation to receive Communion. Orthodox believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, and for which we must all pray.

**Not Receiving Communion**  
Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

**Welcome to Ss. Peter and Paul**  
To encourage our worship in a proper spirit of prayer and devotion, we respectfully ask you to enter the sanctuary quietly during the Divine Liturgy.  
**PLEASE DO NOT ENTER OR EXIT THE SANCTUARY AS**  
- the clergy censes the sanctuary  
- the congregation is standing, or  
- during the Little Entrance with the Gospel  
- during the Reading of the Epistle and the Gospel  
- Please enter the sanctuary upon the completion of - the sermon  
- the Great Entrance with the Holy Gifts  
- the Prayers of Consecration p. 112-113  
- the Hymn to the Theotokos "It is Truly Meet"  
Please follow the directions of the ushers during Communion and dismissal; refrain from using cell phones in the narthex; and be considerate of those praying and converse in the hall, outside or downstairs.

**Visitors**  
If you are visiting our parish, please let us get to know you. Complete a visitor card you will find in your pew, and drop it in the ushers tray or the collection box.



**Parishioners who remain in our prayers continually**

|                          |                  |                         |
|--------------------------|------------------|-------------------------|
| Rt. Rev. Fr. Elias Bitar | Margaret Ashley  | Mary Smith              |
| Isabel Threddeh          | George Brown     | Nabeeha Ayoub           |
| Holly Dubois             | Suad Shammas     | Robert & Thelma Badwey  |
| Sophie Neam              | Miriam Yazge     | Barbara Abraham         |
| George & Joan Abraham    | Lula Brown       | Douglas Kalesh          |
| Michael Buchko, Sr.      | Edward Rizkallah | Dorothy Marge           |
| Leila Khoury             | Shoke George     | Assad & Patricia Khoury |
| Bob & Shirley Neri       | Barbara Mullin   | Rene Saah               |
| Joyce Hamaty             |                  |                         |

## LIVING

|                              |                         |                                 |
|------------------------------|-------------------------|---------------------------------|
| Margo Sahouri-Ghanem         | Tammy Alvarez           | George & Joanna Khoury          |
| Ibtisam Toubaji              | Jamie Simon             | Sami Korban                     |
| Wafa Atiyeh                  | Nijmeh Zayed            | Everett Alvarez                 |
| Amber Bennett                | Judith Khleif & family  | The Family of Naif Hanna Khleif |
| Kris, Danielle, & Ezra Reese | Steve Simon             | George Rados & Family           |
| Nabeeha Ayoub & Family       | Margaret Ayoub & Family | The Ayoub Families              |
| Siham Ayoub & Family         | Zarour Family           | Tabitha Zolnerowich             |
| Beverly Peterson             | Amal Lowry              | Leila Barakat                   |

**DEPARTED**  
Fr. George Rados  
Naif Hanna Khleif  
Gail Gicas  
Osama Khoury  
Charlie Ayoub  
Abdallah Ayoub  
Sandra Ayoub  
Richie Ayoub  
Simone Boisvert  
Oussama Zarour

**HOLY BREAD OF OBLATION OFFERED BY:**  
Leila Ayoub In Memory of her Brother Charlie, her Father Abdallah,  
& her Sister-in-Law Sandra Ayoub

**FELLOWSHIP OFFERED BY:**  
Leila Ayoub In Memory of her Brother Charlie, her Father Abdallah,  
& her Sister-in-Law Sandra Ayoub

**ATTENTION MEN AND WOMEN OF THE PARISH!**  
**HOLY BREAD BAKING CLASS**  
The class for Saturday, **February 16 is full.** We are in the process of rescheduling a second class and determining a date. We will have a that information finalized by next Sunday, February 17. Call or email Lorna with any questions. [LornaAM@aol.com](mailto:LornaAM@aol.com) or 703-503-3344.

**2019 STEWARDSHIP DRIVE**  
The Stewardship Committee is launching our 2019 stewardship drive. Please support your church with your time, talents and treasure and fill out a stewardship form in paper (located in the Narthex) or online at [peterpaulpotomac.elxiochms.com](http://peterpaulpotomac.elxiochms.com). Please make the commitment to support the Church through your generous free-will donation. If you have any questions or need more information, please see a member of the Stewardship committee member or in the fellowship hall for more information. Thank you for your support!