FELLOWSHIP HOUR
AND BREAD OF HOLY OBLATION

Baking or ordering the Holy Bread of Oblation or providing and serving the refreshments for Fellowship Hour following the Liturgy on Sundays is a great way to practice Christian fellowship among our fellow parishioners. Notice the openings to the left and consider contributing to this vital ministry. Sign-up in the Kogok Hall.

<table>
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<tr>
<th>Date</th>
<th>Bread of Holy Oblation</th>
<th>Fellowship Hour</th>
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<tr>
<td>02 Feb</td>
<td>Donna Gavin</td>
<td>Open</td>
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<td>09 Feb</td>
<td>Leila Ayoub/IMO Charlie Ayoub</td>
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<td>16 Feb</td>
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<td>23 Feb</td>
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<td>01 Mar</td>
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Kindly keep all cell phones turned off or muted while in Church. Thank you.
SUNDAY, FEBRUARY 2, 2020
TONE 8 & EOTHONION 11
PRESENTATION (MEETING) OF OUR LORD JESUS CHRIST

RESURRECTIONAL APOLYTIKION (Tone 8)
From the heights Thou didst descend, O compassionate One, and Thou didst submit to the three-day burial, that Thou might deliver us from passion; Thou art our life and our Resurrection, O Lord, glory to Thee.

APOLYTIKION OF THE PRESENTATION OF CHRIST (Tone 1)
Rejoice, O Virgin Theotokos, full of grace, for from thee arose the Sun of justice, Christ our God, lighting those who are in darkness. Rejoice and be glad, O righteous elder, carrying in thine arms the Deliverer of our souls, Who granteth us Resurrection.

KONTAKION OF THE PRESENTATION OF CHRIST (Tone 1)
Thou, O Christ God, Who by Thy Birth, didst sanctify the Virgin s womb, and, as is meet, didst bless Simeon s arms, and didst also come to save us; preserve Thy fold in wars, and confirm them whom Thou didst love, for Thou art the Master of mankind.

He who has realized love for God in his heart is tireless, as Jeremiah says, in his pursuit of the Lord his God, and bears every hardship, reproach and insult nobly, never thinking the least evil of anyone. 

St. Maximus the Confessor

HOUSE BLESSINGS
After celebrating the Feast of Theophany and the Blessing of the Water, starts the season of house blessings.

This is an opportunity for the priest to meet every family and to know them more. It also brings the blessing of the church community to each and every household and neighborhood, especially that our homes are the small churches which make up the entire church community.

If you are interested in scheduling a house blessing, please contact Fr Luke (frluke@peterpaulpotomac.org).

Please consider a time when your entire family is present, especially little and not-so-little children.
Ss. Peter and Paul Orthodox Church News and Events

CHURCH SCHOOL 2019-2020

We encourage registration for Church School. If you are new to the Parish, please contact Tala Natour or visit the Parish Office. Please use the following link to register your children for the 2019-2020 Church Year: http://tinyurl.com/registerchurchschool

For Newsletter https://tinyurl.com/y48l7xcs

TEEN SOYO

Ss. Peter & Paul Teen Youth Organization (Teen SOYO) is open to all teens of the Parish (13–19 years). The team meets regularly for social, spiritual, and community outreach events.

Feb 02 *Teen SOYO meeting to follow Church School
Feb 21-22 *St. Mary’s Winter Retreat. See Tala Natour for more info.

Late Advisory: see list on page 2

YOUNG ADULT FELLOWSHIP

The Ss. Peter & Paul YA welcomes all young people over 21 years of age to join us in social, educational, and outreach activities.

Please contact Amal Michael at amal17m@yahoo.com for more information.

ANTIOCHIAN WOMEN

*Please pay your annual dues of $25 to help support our outreach and charitable projects. All women are members and are welcome. Check can be given to Janet Metz.

Feb 23 *Antiochian Women/Club Mtg./LL Conf./Rtn to Follow Church School
March *Antiochian Women’s Month
March 07 *Era with Ladies of St. George (more info to follow)
March 13 Annual Lenten Retreat/Antiochian Village (see flyer below for more info)
Spring *Era with Ladies of St. George (more info to follow)
May 07 *Era with Ladies of St. George (more info to follow)
May 08 Sunday of Orthodoxy
May 13-15 *Antiochian Women Annual Lenten Retreat/Antiochian Village (See flyer in Narthex and/or Donna Gavin for more info)
May 22 *Golden Tree
Spring *Stay-at-Home Family Retreat
May 29 *Era with Ladies of St. George (more info to follow)
June 26 *Antiochian Village Conference/Antiochian Village (see below for more info)

CHURCH CALENDAR

Feb 02 *Antiochian Camp Liturgy
Feb 07 *Teens SOYO meeting to follow Church School
Feb 07 *Mattins and Divine Liturgy for St. Elian (of Homos) 6:30p-7:30p
Feb 08 *Community Night: bp/bp’y (see below for more info)
Feb 17 *Church office closed/Federal Holiday
Feb 23 *Antiochian Women/Club Mtg./LL Conf./Rtn to Follow Church School
March *Antiochian Women’s Month
March 02 *Great Lent
March 07 *Era with Ladies of St. George (more info to follow)
March 08 Sunday of Orthodoxy
March 09 *Antiochian Women’s Retreat
March 20 Annual Lenten Retreat/Antiochian Village (see flyer below for more info)
March 23 *Great Sunday/Paschal
March 24 Official Antiochian Church School closing for Easter
March 25 *St. Cyprian’s Chapel
March 27 *Antiochian Women’s Retreat
March 28 *Era with Ladies of St. George (more info to follow)
April 3-5 *Eastern Diocese Annual Spring Retreat/Antiochian Village (See flyer in Narthex and/or Donna Gavin for more info)
April 19 *Great Lent & Holy Paschal
May 29 *Antiochian Women’s Fashion Show/Women’s Expo/Antiochian Women’s Mtg.
May 30 *Era with Ladies of St. George (more info to follow)
June 24-26 *2020 Parish Life Conference/Antiochian Village (see below for more info)

COMMUNITY NIGHT

Saturday, February 8th 6p-9p
Bingo game to support charity and Magic Show to entertain the children.

It’s a potluck dinner—bring your appetite! Please RSVP to Bingo Tinyurl.com/CNFeb8-2020

2020 ANNUAL LENTEN PILGRIMAGE & SPRING RETREAT

The Eastern Dioceses will be holding its Annual Lenten Pilgrimage & Spring Retreats on April 3-5, 2020 at the Antiochian Village. This five-day retreat to Liturgy and services will lead us in retreats for teens, young adults, parish council members and others. There will also be a visit to the grave site of Saint Raphael. Last year’s retreat sessions were very successful and informative. Please see that Ss Peter and Paul is represented this year.

2020 PARISH LIFE CONFERENCE

The annual Eastern Diocese Parish Life Conference will take place at the Antiochian Village on June 24-28, 2020. In addition to the visit and service at the grave site of Saint Raphael, events include liturgical services, speakers, social events, the annual Bible Bowl and oratorical contest. Everyone is welcome to part or all of the Conference. Please mark your calendar and let’s see Ss Peter and Paul is well represented this year.

THE EPISTLE

Lord, and my spirit hath rejoiced in God my Savior. For He hath regarded the humility of His servant.

The Reading from the Epistle of St. Paul to the Hebrews. (7:17-17)

Brethren, it is beyond dispute that the inferior is blessed by the superior. Here tithes are received by mortal men; there, by one of whom it is testified that he lives. One might even say that Levi himself, who received tithes, paid tithes through Abraham, for he was still in the loins of his ancestor when Melchizedek met him. Now if perfection had been attainable through the Levitical priesthood (for under it the people received the law), what further need would there have been for another priest to arise after the order of Melchizedek, rather than one named after the order of Aaron? For when there is a change in the priesthood, there is necessarily a change in the law as well. For the one of whom these things are spoken belonged to another tribe, from which no one has ever served at the altar. For it is evident that our Lord was descended from Judah, and in connection with that tribe Moses said nothing about priests. This becomes evident also when another priest arises in the likeness of Melchizedek, who has become a priest, not according to a legal requirement concerning bodily descent but by the power of an indestructible life. For he is witnessed of him, “Thou art a priest forever, after the order of Melchizedek.”

THE GOSPEL

The Reading from the Holy Gospel according to St. Matthew (2:22-40)

In those days, the parents of Jesus brought Him up to Jerusalem to present him to the Lord (as it is written in the law of the Lord, “Every male that opens the womb shall be called holy to the Lord”), and to offer a sacrifice according to what is said in the law of the Lord, “a pair of turtledoves, or two young pigeons.” Now there was a man in Jerusalem, whose name was Simeon, and this man was righteous and devout, looking for the consolation of Israel, and the Holy Spirit was upon him. And it had been revealed to him by the Holy Spirit that he should not see death before he had seen the Lord’s Christ. And inspired by the Spirit he came into the Temple; and when the parents brought in the child Jesus, to do for him after the custom of the law for his circumcision, he took Him in his arms and blessed God, and said, “Lord, now lettest thou thy servant depart in peace, according to thy word; for mine eyes have seen thy salvation, which Thou hast prepared in the presence of all peoples, a light for revelation to the Gentiles, and for glory to Thy people Israel.” And His father and his mother marveled at what was said about Him; and Simeon blessed them and said to Mary His mother, “Behold, this child is set for the fall and rising of many in Israel, and for a sign that is spoken against (and a sword will pierce through your own soul also), that thoughts out of many hearts may be revealed.” And there was a prophetess, Anna, the daughter of Phanuel, of the tribe of Asher. She was of a great age, and had lived with her husband seven years from her virginity, and as a widow until she was eighty-four. She did not depart from the temple, worshipping with fasting and prayer night and day. And coming up at that very hour she gave thanks to God, and spoke to all who were looking for the redemption of Jerusalem. And when they had performed everything according to the law of the Lord, they returned into Galilee, to their own city, Nazareth. And the child grew and became strong, filled with wisdom; and the favor of God was upon Him.
Orthodox Christians

Faithful Orthodox fully participate in the celebration of the Eucharist when they receive Holy Communion in fulfillment of Christ’s command to eat His Body and drink His Blood. In order to be properly disposed to receive Communion, communicants should not be conscious of grave sin, have fasted from the night of Holy Thursday, and refrain from using cell phones during the Great Entrance with the Holy Gifts. Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

Non-Orthodox

We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions in Christianity that we cannot extend to them a general invitation to receive Communion. Orthodox believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, and for which we must all pray.

Not Receiving Communion

Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

PLEASE DO NOT ENTER in the narthex; and be considerate of those praying and conversing in the hall, outside or downstairs.

Welcome to Ss. Peter and Paul

To encourage our worship in a proper spirit of prayer and devotion, we respectfully ask you to enter the sanctuary quietly during the Divine Liturgy.

PLEASE DO NOT ENTER OR EXIT THE SANCTUARY AS

- the clergy censes the sanctuary
- the congregation is standing, or
- during the Little Entrance with the Gospel
- during the Reading of the Epistle and the Gospel
- Please enter the sanctuary upon the completion of the sermon
- the Great Entrance with the Holy Gifts
- the Prayers of Consecration p. 112-113
- the Hymn to the Theotokos “It is Truly Meet”

Please follow the directions of the ushers during Communion and dismissal; refrain from using cell phones in the narthex; and be considerate of those praying and conversing in the hall, outside or downstairs.

Holy Bread of Oblation Offered By:
Donna Gavin & Family

Memorial Wheat Offered By:
Flavio & Maha Nasr/IMO Leila Youssef Barakat

Fellowship Offered By:
St. Peter & Paul Church

Visitors

If you are visiting our parish, please let us get to know you. Complete a visitor card you will find in your pew, and drop it in the ushers tray or the collection box.

The Service begins p. 91

The Creed ~ p. 110

The Lord’s Prayer ~ p. 118

The Communion Prayer ~ p. 121-122

The Prayer of Thanksgiving p. 125

Service Book Help ~ Find

Archpriest Isaac & Kh. Dolly

Ann Marie Moses

Ann Gavin & Family

Lily Farhoud

Edward, Ritamarie, Emilia & Viviana Saa

Dea. and Mrs. Paul Misleh

Martha Ayoub

Leila Youssef Barakat

MEMORIAL SERVICE

Leila Youssef Barakat, 77 year

OCMC News

Please come to a meet and talk with Jennifer Rice, a long-term missionary to Guatemala on Saturday, February 15th at 7:00 PM. (Please note change of original time.) The talk is at St. Katherine’s Greek Orthodox Church in Falls Church, Virginia. Chelton Hall (small hall on the right side of the church) for coffee and dessert, and most of all, good fellowship learning about Orthodox Christianity in Mexico and Guatemala! We hope everyone may come, including young people, as Jennifer was a high school teacher, and would love for our children and teens to hear about missions as well. (Contact Bosworths for more information, as Jennifer will be staying with them that weekend.)

Commemorations

For the servants of God that they may have mercy, peace, health, salvation and the Lord God remember them in his Kingdom always now and ever, and unto ages of ages.

DEPARTED

Fr. George Rados
Barbara Malek
George Farhat Mouawi
Douglas Khairallah
May Woodward
Evlyn Zacharias
Naim Mousa Ayoub
Martha Ayoub
Leila Youssef Barakat
Vafa Nazer
Nasrin Nazer
David Newkirk
William Cavin
Tommy Joe Cavin
Albert & Monica Mousa
Yasmin and John Mousa
Helen & Joe Bostick
George Lubbock
Elena Capdeville

LIVING

Archpriest Isaac & Kh. Dolly

Ann Marie Moses

Ann Gavin & Family

Lily Farhoud

Edward, Ritamarie, Emilia & Viviana Saa

Dea. and Mrs. Paul Misleh

Martha Ayoub

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