

	<b>Bread of Holy Oblation</b>	<b>Fellowship Hour</b>
<b>19 Jan</b>	George & Grace Malouf CassisFamily/Memorial Wheat	Michael & Nadia El-Hage & Denise Bolus
<b>26 Jan</b>	Everett & Tammy Alvarez Suad Shammam/IMO Kamal Boullata	Open
<b>02 Feb</b>	Donna Gavin	Open
<b>09 Feb</b>	Leila Ayoub/IMO Charlie Ayoub	Leila Ayoub/IMO Charlie Ayoub
<b>16 Feb</b>	Open	Open

**FELLOWSHIP HOUR  
AND BREAD OF HOLY OBLATION**

Baking or ordering the Holy Bread of Oblation or providing and serving the refreshments for Fellowship Hour following the Liturgy on Sundays is a great way to practice Christian fellowship among our fellow parishioners. Notice the openings to the left and consider contributing to this vital ministry. Sign-up in the Kogok Hall.

**SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH**

10620 River Road Potomac Maryland 20854 • 301-765-3400 • [www.peterpaulpotomac.org](http://www.peterpaulpotomac.org)

**Kindly keep all cell phones turned off or muted while in Church. Thank you.**

**PRIESTS**

Very Reverend  
Fr. Isaac Crow  
frisaac@peterpaulpotomac.org  
(301) 765-3400 #1 office  
(401) 300-8238 cell  
(240) 489-3494 home

Reverend  
Fr. Luke Toumi  
frluke@peterpaulpotomac.org  
(301) 765-3400 #2 office  
(610) 844-2583 cell

**DEACON**  
Dn. Christian Manasseh  
DnChristian@peterpaulpotomac.org

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Jumana Misleh  
**Vice Chairperson**  
Ken Bailey  
**Treasurer**  
Michael El-Hage  
**Secretary**  
Samer Korkor  
**Members**  
Jerry Audi  
Rana Callas  
Elias El-Hage  
Nabil Emad  
Michele Forzley  
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Janet Metz  
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choir@peterpaulpotomac.org

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Zeina Manasseh  
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George Tannous

**USHERS**  
Jerry Audi  
Michael El Araj  
Abraham Fannoney  
Sam Khalil

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Peter Aburdeineh

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Rashid Haddad  
Thomas Zook

**SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH**  
*Antiochian Orthodox Christian Archdiocese of North America*  
*H.E. Metropolitan JOSEPH*  
*Archbishop Primate*

*All Things Are Possible to Him Who Believes*

**Matins:** Sundays 9:30am  
**Divine Liturgy:** Sundays 10:30am

**SUNDAY, JANUARY 19, 2020**  
**STONE 6 / EOTHINON 9**  
**TWENTY-NINTH SUNDAY AFTER PENTECOST**  
**& TWELFTH SUNDAY OF LUKE**

**VENERABLE MAKARIOS THE GREAT OF EGYPT, THE ANCHORITE**  
VENERABLE MAKARIOS OF ALEXANDRIA;  
ARSENIOS, BISHOP OF KERKYRA;  
VENERABLE MARK EUGENIKOS, METROPOLITAN OF EPHEBUS, PILLAR OF  
ORTHODOXY

**RESURRECTIONAL APOLYTIKION (Tone 6)**

When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb; and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

**APOLYTIKION OF ST. MAKARIOS OF EGYPT (Tone 1)**

Thou didst prove to be a citizen of the desert, an angel in the flesh, and a wonderworker, O Makarios, our God-bearing Father. By fasting, vigil, and prayer thou didst obtain heavenly gifts, and thou healest the sick and the souls of them that have recourse to thee with faith. Glory to Him that hath given thee strength. Glory to Him that hath crowned thee. Glory to Him that worketh healings for all through thee.

**APOLYTIKION OF SAINTS PETER AND PAUL (Tone 4)**

O foremost in the ranks of Apostles, and teachers of the world, Peter and Paul, intercede with the Master of all to grant safety to the world and to our souls the great mercy. On this day Thou hast appeared \* unto the whole world, \* and Thy light, O Sovereign Lord, \* is signed on us who sing Thy praise \* and chant with knowledge: Thou hast now come, \* Thou hast appeared, O Thou Light unapproachable.

**KONTAKION OF THE PRESENTATION OF CHRIST (Tone 1)**

Thou, O Christ God, Who by Thy Birth, didst sanctify the Virgin’s womb, and, as is meet, didst bless Simeon’s arms, and didst also come to save us; preserve Thy fold in wars, and confirm them whom Thou didst love, for Thou alone art the Lover of mankind.

Let this always be the aim of your conduct: to be courteous and respectful to all.  
*St. Isaac the Syrian*

***MAKING GOD REAL***  
***In the Orthodox Christian Home***  
**Adopt A Shut-in**

**By Anthony M. Coniaris**

To help teach our children compassion for others who are in need, we suggest that a family adopt a shut-in. To implement this, you may phone your priest. Ask him if he knows of a shut-in who does not have a family to visit him. After visiting this person, secure a picture of him if possible and place it on your bulletin board at home. Let the children know as much as possible about the person: what he/she did in the church when he/she was able to be active, etc. Decide on how often you would like to visit the shut-in. We suggest that a visit be made at least monthly, and also on his/her name-day, birthday, Christmas, Easter, Thanksgiving, etc. Each child can be encouraged to make or purchase his/her own personal gift for the shut-in during the year. The whole family can work on preparing a Thanksgiving or Christmas basket and bringing it to the nursing home.

The purpose of this project is to help children make real the love of Christ to those who are lonely and neglected; to help them experience the joy of sharing their God-given gifts with others; to help them express their thanks to God for His goodness and love.

A noted family life expert says,

*Lack of responsibility is a real problem. The uselessness of childhood in America is a real fact. We don't let our children do anything important. Maybe they take out the garbage, but that's it. They're useless because we have made them useless. They have no experience in being responsible for other human beings.*

Our children need to have a mission in life other than to be successful, earn money and buy things. The essence of our Orthodox Christian faith is in loving, in caring, in serving others. This is what “the liturgy after the liturgy” is all about. This is why family service projects such as adopting a shut-in are important expressions of our faith.

**2020 PARISH LIFE CONFERENCE**  
The annual Eastern Diocese Parish Life Conference will take place at the **Antiochian Village on June 24-28, 2020**. In addition to the visit and service at the grave site of Saint Raphael, events include liturgical services, speakers, social events, the annual Bible Bowl and oratorical contest. Everyone is welcome to part or all of the Conference. Please mark your calendar and let’s see that Ss Peter and Paul is well represented this year.

# Ss. Peter and Paul Orthodox Church News and Events

## CHURCH SCHOOL 2019-2020

We encourage all of our students to attend liturgy on Sundays. Please use the following link to register your children for the 2019-2020 Church School Year : <http://tinyurl.com/registerSunSchool>. For Newsletter <https://tinyurl.com/y48hecxe>

## TEEN SOYO

Ss. Peter & Paul Teen Youth Ministry Group (Teen SOYO) is open to all teens of the Parish (13—19 years). The teens meet regularly for social, spiritual, and community outreach events.

**Lay Advisors:** see list on page 2

## YOUNG ADULT FELLOWSHIP

The Ss. Peter & Paul YAF welcomes all young people over 21 years of age to join in its social, educational, and outreach activities. Please contact Amal Michael at [amal17m@yahoo.com](mailto:amal17m@yahoo.com) for more information.

## ANTIOCHIAN WOMEN

\*Please pay your annual dues of \$25 to help support our outreach and charitable projects. **All women are members and are welcome.** Checks can be given to Janet Metz.

\*For future notices and any questions, please provide your email address to Donna Gavin at [crazygavins@verizon.net](mailto:crazygavins@verizon.net)

- 2020**
- Jan 19** \*Book Club Meeting/following Liturgy (*Our Thoughts Determine our Lives: The Life & Teachings of Elder Thaddeus of Vitovnica*)
  - Feb 23** \*Antiochian Women/Club Mtg./LL Conf. Rm to Follow Church School
  - March** \*Antiochian Women's Month
  - Mar 07** \*Tea with Ladies of St. George (more info to follow)
  - Mar 13** \*Annual Lenten Retreat/Antiochian Village (see Flyer In Narthex and/or Donna Gavin for more info)
  - Spring** \*Bakeless Bake Sale/AOCWNA/Helen Khalil
  - May 9** \*Fashion Show/Westwood Country Club, Vienna, VA Looking for awesome models for the fashion show. Please consider volunteering. Contact Riham Saah [rdsaah@gmail.com](mailto:rdsaah@gmail.com) (more details to follow)

## MEN'S FELLOWSHIP

The Men's Fellowship ministry of Ss. Peter and Paul is to serve the church through charitable outreach, educational and service projects which strengthen and deepen the faith of its members and develop a fellowship of Orthodox Christian servants. Contact Sam Khalil [sk1943@aol.com](mailto:sk1943@aol.com) or Fred Zacharia at [fredzach@verizon.net](mailto:fredzach@verizon.net) for more information.

## 2020 ANNUAL LENTEN PILGRIMAGE & SPRING RETREAT

The Eastern Dioceses will be holding its Annual Lenten Pilgrimage & Spring Retreats on **April 3-5, 2020 at the Antiochian Village. This retreat is open to everyone.** In addition to Liturgy and services, there will be a number of speakers who will lead us in retreats for teens, young adults, parish council members and others. There will also be a visit to the grave site of Saint Raphael. Last year's retreat sessions were very successful and informative. Let's see that Ss Peter & Paul is represented this year.

## "EXPLORING OUR FAITH": ON WHEELS

Will be back on the road again soon. If you are interested in hosting one of these every-other-week week-night meetings, please send Fr Luke an email ([frluke@peterpaulpotomac.org](mailto:frluke@peterpaulpotomac.org)). He will check in with you on the dates the work best for you.

We are looking forward to moving these bi-weekly meetings around so its closer to your home at some point. Our goal is to drive no more than 15 minutes to get there.

**If you are willing to host one of these meetings in the future,** here is the deal: Number of attendees can be limited to fit in your space. You can host as few as 5 people if that is all you can seat (on-floor seats are premium). Only hot drinks are served. No food involved. Meeting time can be: 7:00-8:30 or 7:30-9:00 pm.

## THE SS. PETER & PAUL PARISH LIBRARY & MEDIA CENTER

houses the Parish Library, audio visual materials, and Christian educational resources. Donations of books or materials related to the history, tradition and teaching of the Church and the Orthodox Faith are welcome. All are welcome to use the center. Please contact the Church office for more details.

## SS. PETER & PAUL OUTREACH VISITATION MINISTRY

The outreach ministry seeks to visit and to assist the elderly, the sick, and those who are housebound, shut-in, or living in nursing homes. Volunteers are needed who are willing to call to visit, and to reach out to our elderly brethren. All those willing to help please contact the Church office.

## CHURCH CALENDAR

- Jan 19** \*Book Club Meeting/following Liturgy (*Our Thoughts Determine our Lives: The Life & Teachings of Elder Thaddeus of Vitovnica*)
- Jan 20** \*Church offices closed/Federal Holiday
- Feb 17** \*Church office closed/Federal Holiday
- Feb 23** \*Antiochian Women/Club Mtg./LL Conf. Rm to Follow Church School
- March** \*Antiochian Women's Month
- Mar 02** \*Great Lent
- Mar 07** \*Tea with Ladies of St. George (more info to follow)
- Mar 08** \*Sunday of Orthodoxy
- Mar 13-15** \*Antiochian Women Annual Lenten Retreat/Antiochian Village (See flyer in Narthex and/or Donna Gavin for more info)
- Apr 3-5** \*Eastern Dioceses Annual Lenten Pilgrimage & Spring Retreat/Antiochian Village & open to all (see below and/or Abe Fannoney for more info)
- Apr 19** \*Great & Holy Pascha
- May 9** \*Antiochian Women's Fashion Show/Westwood County Club, Vienna, VA (more details to follow)
- Jun 24-28** \*2020 Parish Life Conference/Antiochian Village (see below for more info)

## THE EPISTLE

(For the Twenty-ninth Sunday after Pentecost)

*How magnified are Thy works, O Lord; in wisdom hast Thou made them all.*

*Bless the Lord, O my soul.*

**The Reading from the Epistle of St. Paul to the Colossians. (3:4-11)**

Brethren, when Christ, Who is our life, appears, then you also will appear with him in glory. Put to death therefore what is earthly in you: fornication, impurity, passion, evil desire, and covetousness, which is idolatry. On account of these, the wrath of God is coming upon the sons of disobedience. In these you once walked, when you lived in them. But now put them all away: anger, wrath, malice, slander, and foul talk from your mouth. Do not lie to one another, seeing that you have put off the old nature with its practices and have put on the new nature, which is being renewed in knowledge after the image of its Creator. Here there cannot be Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free man, but Christ is all, and in all.

## THE GOSPEL

(For the Twelfth Sunday of Luke—"Ten Lepers")

**The reading from the Holy Gospel according to St. Luke. (17:12-19)**

At that time, as Jesus entered a village, He was met by ten lepers, who stood at a distance and lifted up their voices and said, "Jesus, Master, have mercy on us." When He saw them He said to them, "Go and show yourselves to the priests." And as they went they were cleansed. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice; and he fell on his face at Jesus' feet, giving Him thanks. Now he was a Samaritan. Then Jesus said, "Were not ten cleansed? Where are the nine? Was no one found to return and give praise to God except this foreigner?" And He said to him, "Rise and go your way; your faith has made you well."

## HOUSE BLESSINGS

After celebrating the Feast of Theophany and the Blessing of the Water, starts the season of **house blessings**.

This is an opportunity for the priest to meet every family and to know them more. It also brings the blessing of the church community to each and every household and neighborhood, especially that our homes are the small churches which make up the entire church community.

If you are interested in scheduling a house blessing, please contact Fr Luke ([frluke@peterpaulpotomac.org](mailto:frluke@peterpaulpotomac.org)).

Please consider a time when your entire family is present, especially little and not-so-little children.

## **CHURCH SCHOOL**

### **Directors**

Samia Zolnerowich  
Jennifer Buchko

### **Teachers**

Jumana Misleh  
Susan Kozlov  
SaraAyoub  
Michelle Zook  
Beth Davis  
Alma Jean Zaki  
Jennifer Montgomery  
Kinda Callas  
Dara Potter  
Stephen Zolnerowich  
Caroline Jarboe  
Elizabeth El-Hage  
Jaren Sams  
Philip Allen  
Nathaniel Guinn

## **MEN'S FELLOWSHIP**

Sam Khalil

## **ANTIOCHIAN WOMEN**

Donna Gavin

## **TEEN SOYO**

### **Lay Advisors**

Stephen Zolnerowich  
Riham Saah  
Ken Bailey  
Juliana Natour  
Maya Saah  
Kinda Callas  
Sanaa Natour  
**Officers**  
Tia Saah  
Nick Shahin  
Tala Natour  
Rylee Isaac

## **YOUNG ADULT**

### **FELLOWSHIP**

Amal Michael

### **FACILITY**

#### **MANAGEMENT**

Sam Berberian  
Abe Fannoney

### **RENTAL**

#### **COORDINATOR**

Barbara Abraham  
George Rados

### **CHARITIES &**

#### **ST. IGNATIUS**

Sam Khalil

### **FINANCE**

Salim Habayeb

### **STEWARDSHIP**

Zeina Manasseh

### **GIFT SHOP**

Alma Jean Zaki  
Gail Bailey  
Meghan Zoto  
George Zoto

# Commemorations

**Orthodox Christians**  
 Faithful Orthodox fully participate in the celebration of the Eucharist when they receive Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly disposed to receive Communion, communicants should not be conscious of grave sin, have fasted from the night before taking communion, and seek to live in charity and love with their neighbors. Persons conscious of grave sin must first be reconciled with God and the Church through the Sacrament of Penance (Confession and Absolution). A frequent reception of the Sacrament of Penance is encouraged for all.

**Non-Orthodox**  
 We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions in Christianity that we cannot extend to them a general invitation to receive Communion. Orthodox believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, and for which we must all pray.

**Not Receiving Communion**  
 Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

**Welcome to Ss. Peter and Paul**  
 To encourage our worship in a proper spirit of prayer and devotion, we respectfully ask you to enter the sanctuary quietly during the Divine Liturgy.

**PLEASE DO NOT ENTER OR EXIT THE SANCTUARY AS**

- the clergy censures the sanctuary
- the congregation is standing, or
- during the Little Entrance with the Gospel
- during the Reading of the Epistle and the Gospel
- Please enter the sanctuary upon the completion of the sermon
- the Great Entrance with the Holy Gifts
- the Prayers of Consecration p. 112-113
- the Hymn to the Theotokos "It is Truly Meet"

Please follow the directions of the ushers during Communion and dismissal; refrain from using cell phones in the narthex; and be considerate of those praying and converse in the hall, outside or downstairs.

**Visitors**  
 If you are visiting our parish, please let us get to know you. Complete a visitor card you will find in your pew, and drop it in the ushers tray or the collection box.

**SERVICE BOOK HELP ~FIND**  
 The Service starts on p. 91  
 The Creed ~ p. 110  
 The Lord's Prayer ~ p. 118  
 The Communion Prayer ~ p. 121-122  
 The Prayer of Thanksgiving p. 125

For the servants of God that they may have mercy, peace, health, salvation and visitation, pardon and remission of sin; the Lord God remember them in his Kingdom always: now and ever, and unto ages of ages.

**Parishioners who remain in our prayers continually**

Rt. Rev. Fr. Elias Bitar Kh. Rebecca Alford	Rt. Rev. Daniel Griffith Kh. Ann Anderson
Kevin Pinkstaff Isabel Thredch Joyce Hamaty Holly Dubois Sophie Neam George & Joan Abraham Michael Buchko, Sr. Leila Khoury Bob & Shirley Neri	Nijmeh Zayed Nabecha Ayoub Barbara Mullin Suad Shammas Miriam Yazge Lulu Brown Edward Rizkallah Shoke George Douglas Kalesh
	Brian Briggs Allison Ayoub Egge George & Chris Brown Robert & Thelma Badwey Barbara Abraham Ibtisam Toubaji Dorothy Marge Assad & Patricia Khoury Ted Milkovich

For the Servants of God departed this life: the Lord God remember them in his kingdom always: now and ever, and unto ages of ages.

**DEPARTED**

- Fr. George Rados
- George & Josephine Cassis
- Nick & Hazel Cassis
- George & Hassiba Cassis
- Isaac & Victoria Newman
- Louise Cassis
- Melba Cassis
- George & Julia Maloof
- Michael Rizkalla
- Louiza Khoury Abdo
- Paul Abdo
- Aaron Green
- Frank Cadena
- Katherine Lagos
- Zenovia Varelas
- Josephine Cassis
- Julian John El-Hage
- Shawky El-Hage
- John & Catherine Bolus
- Jeanette Bolus
- Adma Shkhashiri
- Sami & Blanche Mufarrrij
- Eva Malouf
- Mary Woodward

**LIVING**

- |  |                         |                                  |
|--|-------------------------|----------------------------------|
| Archpriest Isaac & Kh. Dolly                   | Fred & Sherric Zacharia | George Ellis                     |
| Ramona Dora                                    | Anastacia Lampathakis   | Ibrahim Mazen Saah               |
| Yeorgos Lampathakis                            | Geffen Franus           | Halim & Hayat Barakat            |
| Sami Korban                                    | Vilma Bellone           | Ricky M. Ayoub                   |
| Audree Yacoub                                  | Michael Piechocinski    | Amir & Sarah Abu-El-Hawa         |
| Paul Misleh                                    | Patrick Farah           | Zina Varelas                     |
| James & Nora Ayoub                             | Amelia Botsis           | Elaine Ghareeb                   |
| Margo Haddad                                   | Daoud Khairallah        |                                  |
| George Malouf, Sr                              |                         |                                  |
| Petrakis Family                                | George, Grace & Family  | Imad, Tania & Family             |
| George Rados & Family                          | Chebib Family           | Cassis Family                    |
| Haddad Family                                  | George, Vivian & Family | Walid, Carol & Family            |
| Alan, Mary & Family                            |                         |                                  |
| Denise, John, & Michael Bolus & Families       |                         | Michael & Nadia El-Hage & Family |
| Lidia, Ghassan, Adecb, Farah & Hiba & Families |                         | Taso, Michele & Timothy Markatos |
| Edward, Ritamarie, Emilia & Viviana Saa        |                         |                                  |

**HOLY BREAD OF OBLATION OFFERED BY:**  
 George & Grace Malouf

**MEMORIAL WHEAT:**  
 George Cassis & Jay & Nikki (Cassis) Haddad/IMO Josephine Cassis

**FELLOWSHIP OFFERED BY:**  
 Michael & Nadia El-Hage & Family & Denise Bolus  
 IMO Julian John El-Hage and Shawky El-Hage"

**MEMORIAL SERVICES**  
 Josephine Cassis/3-year

**OCMC News**  
 \*\*Here are just some of the upcoming short-term OCMC mission teams:  
 --June 17-26 **Columbia:** Offer the teaching of the Orthodox faith northern Columbia. Help foster a deeper understanding of Orthodoxy for the children, youth and adults of these newly established communities.  
 --June 17-30 **Guatemala:** Offer youth and adult catechism, experience worship services, and encourage the faithful in Guatemala where people desire to learn and deepen their faith.  
 --June 22 - July 4 **Indonesia:** Assist the Orthodox Church in Indonesia by being part of the youth and family-focused ministry in Bali.  
 \*\*Please chat with **Sam and Mike**, our current Ss Peter and Paul short-term missionaries about their upcoming medical mission!