

	BREAD OF HOLY OBLATION	FELLOWSHIP HOUR
8 Mar	Ramzi Azat	The Parishioners of Ss. Peter & Paul
15 Mar	Sam & Maria Khalil	Men's Club/Spaghetti Luncheon
22 Mar	Hier Family	Hier Family
29 Mar	The Brown Family	The Brown Family
5 Apr	Palm Sunday	Palm Sunday

FELLOWSHIP HOUR AND BREAD OF HOLY OBLATION

Baking or ordering the Holy Bread of Oblation or providing and serving the refreshments for Fellowship Hour following the Liturgy on Sundays is a great way to practice Christian fellowship among our fellow parishioners. Notice the openings to the left and consider contributing to this vital ministry. Sign-up in the vestibule

SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH

10620 River Road Potomac Maryland 20854 • 301-765-3400 • www.peterpaulpotomac.org

Priests
Very Reverend
Fr. George Rados
@peterpaulpotomac.org
Very Reverend
Fr. Isaac Crow
frisaac@peterpaulpotomac.org

Deacon
Dn. Christian Manasseh
DnChristian@peterpaulpotomac.org

Pastoral Assistant & Youth Director
Majd Akkawi
majd@peterpaulpotomac.org

COUNCIL Chairman
Gary Farha

Vice Chairman
George Salem

Secretary
Suzanne Hermes

Treasurer
Richard Mahan

Members
Rida Boulos
Abdallah Daoud

Paul Debs
Lina Eid
Anita El-Araj
Dr. Bassam Haddad
David Jackson
Maha Jweied
Wayne Parr
Steve Simon
Tony Moussa

Church Secretary
office@peterpaulpotomac.org

Choir Director
John Slanta
choir@peterpaulpotomac.org

Chanters
Majd Akkawi
Wayne Parr
George Tannous

Ushers
Jerry Audi
Michael El Araj
Abraham Fannoney
Sam Khalil

ALTAR Manager
Peter Aburdeineh

Servers
Captains -
Robert Bridenhagen
Nicholas Zolnerowich

SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH

All Things Are Possible to Him Who Believes

Matins: Sundays 9:30am

Divine Liturgy: Sundays 10:30am

TONE 6 SUNDAY, MARCH 8, 2015 EOTHINON 6

**Second Sunday of Lent and Commemoration of
St. Gregory Palamas, Archbishop of Thessalonica**
THEOPHYLACT THE CONFESSOR, BISHOP OF NICOMEDIA;
APOSTLE HERMAS OF THE SEVENTY

RESURRECTIONAL APOLYTIKION (Tone 6)

When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb; and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

APOLYTIKION FOR ST. GREGORY PALAMAS (Tone 8)

O Star of Orthodoxy, support of the Church and its teacher, O comeliness of ascetics, and incontestable champion of those who speak in theology, Gregory the wonder-worker, the pride of Thessalonica and preacher of grace, implore thou constantly for the salvation of our souls.

APOLYTIKION OF SAINTS PETER AND PAUL (Tone 4)

O foremost in the ranks of Apostles, and teachers of the world, Peter and Paul, intercede with the Master of all to grant safety to the world and to our souls the great mercy.

KONTAKION FOR THE ANNUNCIATION (AND GREAT LENT) (Tone 8)

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without Bridegroom.

*You are cordially invited to celebrate the 80th birthday of Father George Rados.
Sunday, March 8, 2015 — following Divine Liturgy
Continental Breakfast, Champagne toast & Cake*

*Hosted by the Parish Council
Donations greatly appreciated*

The Second Sunday of Lent: Saint Gregory Palamas

On the Second Sunday of Great Lent, a Sunday when we remember St. Gregory Palamas, we need to examine ourselves as to who we are within the spiritual realm of our existence. It seems in today's world, society and culture, we continue to revert back to our primitive state of hatred, contempt and distrust. Not looking to our Savior Jesus Christ for peace in our soul, and to offer love and compassion to our brothers in need. To show Christ's mercy and forgiveness to those who have wronged, not only us personally, but on a larger scale, whatever that scale may be.

In our self-examination during the Lenten Season, we need to turn away from the errors of the world, to turn closer to Christ, and ask for His intervention in the crisis that exists globally. But how can the world change if we haven't changed? Again, through our internal prayer, or as St. Gregory Palamas has taught us, through the integration of hesychasm, or silent prayer. This allows us, as Father John Meyendorff wrote in his book on St. Gregory Palamas, "the positive element in spirituality, acquisition of grace and of the life in Jesus Christ, is based on the uninterrupted monological prayer." This prayer is a memory of God, a conscious activity of the human being, when the Apostle Paul recommended 'to pray continually' (1 Thess. 5:17).

As we grow spiritually in our faith, so will our inner change of heart grow as well. That neighbor that was annoying may not be so annoying after all. Friends who can sometimes be overbearing may need to be seen in a different light. Our spouses or children or relatives may act troubling towards us, because we fail to understand how they love us. Our enemies may not understand us, therefore hate us, but have we tried to get into their mind set or offer an "olive branch" of peace to them? These are critical questions with critical answers.

As Pascha quickly draws near, let our love and joy in the Resurrection of our Lord shine, not briefly flicker on that day alone, but let it glow brightly everyday of our life. May the words of the Evangelist Luke resonate in our souls, "Love your enemies, do good to those who hate you and pray for them who persecute you and say evil of you falsely." (Luke 6:27).

You should also make icons of the saints and venerate them, not as gods—for this is forbidden—but because of the attachment, inner affection and sense of surpassing honor that you feel for the saints when by means of their icons the intellect is raised up to them. It was in this spirit that Moses made icons of the Cherubim within the Holy of Holies (cf. Ex 25.18)

St. Gregory Palamas

Saints Peter and Paul Orthodox Church News

YOUTH CORNER

March 14th: Day Retreat at St. Mary's Antiochian Orthodox Church in Baltimore. TeenSOYO visiting the Myrrh-Streaming Icon of the Mother of God of Taylor, PA. 9:00-3:30P.M. Starting with Liturgy.

CHARITY COLLECTION

Our collection this week is for a national charity, the Lymphoma Research Council. The Lymphoma Research Foundation (LRF) is the nation's largest non-profit organization devoted exclusively to funding innovative lymphoma research and providing people with lymphoma and healthcare professionals with up-to-date information about this type of cancer. The LRF mission is to eradicate lymphoma and serve those touched by this disease; they also provide a helpline for those affected. Many of our parishioners, including Fr. George Rados and Jessica Bosworth Hawkins, were affected by Lymphoma. Every seven (7) minutes, someone is diagnosed with lymphoma. Please, help and support this most vital part cause. With prayer, love and donations we will hopefully eradicate this type of cancer in the future.

UPCOMING HOLY BREAD BAKING CLASS

A new class in preparation for Palm Sunday, Holy Week and Pascha will be held at 9AM -1PM Saturday, March 28, 2015 in the church hall kitchen. Participation is limited to 6. If you wish to learn our beautiful tradition of preparing and offering Holy Bread, contact me (703-503-3344 or 703-978-6542, LornaAM@aol.com) or the church office to sign up. During the class, the Fathers will join us to teach the process of their preparation once the Bread has been brought to the church. Instructions and equipment needs will be sent to you.

MEN'S CLUB SPAGHETTI LUNCHEON

Sunday, March 15th after Liturgy. Adults: \$10; Children under 14 \$6.00. 50/50 Raffle and Prizes Tickets available after Liturgy through March 8th or contact Sam Khalil (sk1943@aol.com)

SUNDAY SCHOOL

Sunday school is in need of snacks and drinks for the children. If you haven't already, please provide 2-3 (or more if you'd like) multi-packs of snacks and/or drinks. Snacks should be individually packaged (100-calorie snacks work well and **completely free of peanuts/peanut butter and tree nuts due to allergies**. For drinks, we need small (8 oz.) bottles of water, regular size juice boxes/pouches, and small (~4 oz.) juice boxes for the younger children. If possible, please provide 100% juices.

CHRIST'S TOMB (NAACH) FLOWER DONATION

This Sunday the Ladies Auxiliary will be collecting for the Naach. Proceeds are used to purchase the flowers needed to decorate the Tomb of Christ.

All women of the parish are invited to participate on Good Friday, April 10 at 10am. A dish to share at lunch would be most welcome. Don't forget to bring your pruning shears!!!

Please fill out the Naach forms and give them with your donation to the coordinators. The Ladies and the forms will be located outside the Parish Hall.

ANTIOCHIAN WOMEN' LENTEN POTLOCK LUNCHEON AND IOCC EMERGENCY KIT ASSEMBLY

The Antiochian Women will meet Sunday, March 22, immediately following Liturgy, in the lower level hall. We will be assembling Emergency Kits for the International Orthodox Christian Charity. This meeting is a Lenten Potluck—please bring a dish to share. All women are welcome as we meet for fellowship and encouragement. For more information, please contact Kate Niewenhaus at handmaiden20854@gmail.com

Upcoming events...

Mar 08—Daylight Savings Time/spring forward
Mar 10—Parish Council Meeting 7:00pm
Mar 11—Liturgy of the Presentified Gifts 7:00pm
Mar 13—3rd Akathiston (Maydayeh) Service 7:00pm
Mar 14—Miraculous Icon Retreat @ St. Mary's in Baltimore
Mar 15—Men's Club Spaghetti Luncheon after Liturgy
Mar 18—Liturgy of the Presentified Gifts 7:00pm
Mar 20—4th Akathist Service 7:00pm
Mar 22—Antiochian Women's Lenten Potluck Luncheon & IOCC Emergency Kits Assembly 12:15pm
Mar 25—Evening Divine Liturgy for The Feast of the Annunciation @7:00pm
Mar 28—(Saturday)Holy Bread baking class 9:00a-1:00p
Mar 31—Men's Club Meeting

THE EPISTLE

(The Second Sunday of Lent)

O Lord, Thou wilt preserve us and keep us from this generation. Save me, O Lord, for the godly man hath disappeared.

The Reading from the Epistle of St. Paul to the Hebrews. (1:10-2:3)

“In the beginning, Thou, O Lord, didst found the earth, and the heavens are the work of Thy hands; they will perish, but Thou remainest; they will all grow old like a garment, like a mantle Thou wilt roll them up, and they will be changed. But Thou art the same, and Thy years will never end.” But to what angel has He ever said, “Sit at My right hand, until I make Thine enemies a stool for thy feet”? Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore, we must pay closer attention to what we have heard, lest we drift away from it. For if the message, declared by angels, was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard Him.

THE GOSPEL

(The Second Sunday of Lent)

The Reading from the Holy Gospel according to St. Mark. (2:1-12)

At that time, when Jesus returned to Capernaum after some days, it was reported that He was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and He was preaching the Word to them. And they came, bringing to Jesus a paralytic carried by four men. And when they could not get near Jesus because of the crowd, they removed the roof above Him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, He said to the paralytic, “Son, your sins are forgiven.” Now, some of the scribes were sitting there, reasoning in their hearts, “Why does this man speak thus? It is blasphemy! Who can forgive sins but God alone?” And immediately Jesus, perceiving in His spirit that they thus reasoned within themselves, said to them, “Why do you reason thus in your hearts? Which is easier, to say to the paralytic, ‘Your sins are forgiven,’ or to say, ‘Rise, take up your pallet and walk’? But that you may know that the Son of Man has authority on earth to forgive sins” – He said to the paralytic – “I say to you, rise, take up your pallet and go home.” And he rose, and immediately took up the pallet and went out before them all. So that they were all amazed and glorified God, saying, “We never saw anything like this!”

SUNDAY SCHOOL

Directors

Samia Zolnerowich
Jennifer Buchko

Teachers

Jumana Misleh
Susan Kozlov
Michelle Zook
Razan Abdallah
Christine Morin
Roxanne Bennett
Lara Bellone
Amber Bennett
Caroline Jarboe
Saleem Mokhiber
Stephen Zolnerowich
Anees Mokhiber

Men's Club

Sam Khalil

Antiochian Women

Kate Niewenhaus

Teen SOYO

Adviser

Majd Akkawi

Officers

Nicholas Zolnerowich
Rashid Haddad
Robert Bridenhagen
Thomas Zook
Danielle Bellone

Fellowship of St. John

Majd Akkawi
Christine & Samer Korkor
Dn. Christian & Zeina
Manasseh

Adornment

Shams Akkawi
Jamil Hermes

Facility Management

Nick Nahas
Bob Simon

Rental Coordinator

Barbara Abraham

Charities

Sam Sahouri Ghanem

Finance

David Jackson

Stewardship

Lorna Malooley

Orthodox Christians

Faithful Orthodox fully participate in the celebration of the Eucharist when they receive Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly disposed to receive Communion, communicants should not be conscious of grave sin, have fasted from the night before taking communion, and seek to live in charity and love with their neighbors. Persons conscious of grave sin must first be reconciled with God and the Church through the Sacrament of Penance (Confession and Absolution). A frequent reception of the Sacrament of Penance is encouraged for all.

Non-Orthodox

We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions in Christianity that we cannot extend to them a general invitation to receive Communion. Orthodox believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, and for which we must all pray.

Not Receiving Communion

Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

Welcome to Ss. Peter and Paul

To encourage our worship in a proper spirit of prayer and devotion, we respectfully ask you to enter the sanctuary quietly during the Divine Liturgy.

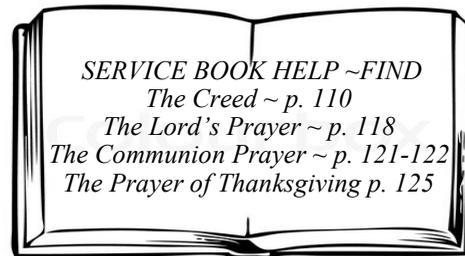
PLEASE DO NOT ENTER OR EXIT THE SANCTUARY AS

- the clergy censes the sanctuary
- the congregation is standing, or
- during the Little Entrance with the Gospel
- during the Reading of the Epistle and the Gospel
- Please enter the sanctuary upon the completion of
- the sermon
- the Great Entrance with the Holy Gifts
- the Prayers of Consecration p. 112-113
- the Hymn to the Theotokos "It is Truly Meet"

Please follow the directions of the ushers during Communion and dismissal; refrain from using cell phones in the narthex; and be considerate of those praying and converse in the hall, outside or downstairs.

Visitors

If you are visiting our parish, please let us get to know you. Complete a visitor card you will find in your pew, and drop it in the ushers tray or the collection box.



HOLY BREAD OF OBLATION OFFERED BY: Ramzi Azat

Six month Memorial for Suad Azat

FELLOWSHIP HOUR OFFERED BY: The Parishioners of Ss. Peter & Paul

Commemorations

For the servants of God that they may have mercy, peace, health, salvation and visitation, pardon and remission of sin; the Lord God remember them in his Kingdom always: now and ever, and unto ages of ages

LIVING

Parishioners who remain in our prayers continually

Margaret Ashley Lulu & George Brown
Issa & Suad Shammam Edmond Neam
Edmond Neam Richie Kogok

Fr. George Rados & Family

Fr. Louis Mahshie

Barbara Abraham

Brian Briggs

Gary, Sue, Evan, Griffin and Eliza Farha

Kim, Rene'e and David Hahn

Larry and Joanne Starr

Maria Mourey and Shaker Razook

Vivianne Farha and Family

Emma Buchko

Bertha Aed

Deena Khalil Gakos

Ramzi Azat

John & Sahar Azat & Family

Jack & Betty Azat & Family

Norma Dempsey

Naim Ayoub & Family

Badia Shihadeh & Family

Najwa Azat & Family

Nebecha Ayoub & Family

For the Servants of God departed this life: the Lord God remember them in his kingdom always: now and ever, and unto ages of ages

DEPARTED

Fr. Matthew Baker

Deacon David Daumit

Gloria Swydan

Katherine Slanta

Eddi S. Yazge

Ralph Farha & Nina Farha

Janette Starr

Christopher Gailliott

Suad Azat

Rose & Ted Yonkers

Darryl Pedersen

Peter Constandy

Lodi Daoud Khoury

Alex & Sadie Hier

Janie Cox

Helen Sheahin