

	BREAD OF HOLY OBLATION	FELLOWSHIP HOUR
29 Mar	The Brown Family	The Brown Family
5 Apr	Mary Misleh	Mary Misleh
12 Apr	Pascha	Pascha
19 Apr	Donna Gavin	Benita Khoury
26 Apr	Olivia Azat	Olivia Azat

FELLOWSHIP HOUR AND BREAD OF HOLY OBLATION

Baking or ordering the Holy Bread of Oblation or providing and serving the refreshments for Fellowship Hour following the Liturgy on Sundays is a great way to practice Christian fellowship among our fellow parishioners. Notice the openings to the left and consider contributing to this vital ministry. Sign-up in the vestibule

Priests
Very Reverend
Fr. George Rados
@peterpaulpotomac.org
Very Reverend
Fr. Isaac Crow
frisaac@peterpaulpotomac.org

Deacon
Dn. Christian Manasseh
DnChristian@peterpaulpotomac.org

Pastoral Assistant & Youth Director
Majd Akkawi
majd@peterpaulpotomac.org

COUNCIL Chairman
Gary Farha
Vice Chairman
George Salem
Secretary
Suzanne Hermes
Treasurer
Richard Mahan
Members
Rida Boulos
Abdallah Daoud
Paul Debs
Lina Eid
Anita El-Araj
Dr. Bassam Haddad
David Jackson
Maha Jweied
Wayne Parr
Steve Simon
Tony Moussa

Church Secretary
office@peterpaulpotomac.org

Choir Director
John Slanta
choir@peterpaulpotomac.org

Chanters
Majd Akkawi
Wayne Parr
George Tannous

Ushers
Jerry Audi
Michael El Araj
Abraham Fannoney
Sam Khalil

ALTAR Manager
Peter Aburdeineh

Servers
Captains -
Robert Bridenhagen
Nicholas Zolnerowich

SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH

All Things Are Possible to Him Who Believes

Matins: Sundays 9:30am

Divine Liturgy: Sundays 10:30am

TONE 1 – SUNDAY, MARCH 29, 2015 – EOTHINON 9

Fifth Sunday of Lent and Commemoration of our Righteous Mother Mary of Egypt

MARTYR MARK, BISHOP OF ARETHUSA, MARTYR CYRIL THE DEACON OF HELIOPOLIS AND THOSE WITH THEM; MARTYRS JONAH AND BARACHISIOS OF PERSIA AND THOSE WITH THEM; EUSTATHIOS THE CONFESSOR, BISHOP OF BITHYNIA

RESURRECTIONAL APOLYTIKION (Tone 1)

While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Savior, granting life to the world. For which cause the heavenly powers cried aloud unto Thee, O giver of life. Glory to Thy Resurrection O Christ, glory to Thy kingdom, glory to Thy providence, O Thou Who alone art the lover of mankind.

APOLYTIKION OF ST. MARY OF EGYPT (Tone 8)

Through thee, the divine likeness was securely preserved, O mother Mary; for thou didst carry the cross and follow Christ. By example and precept thou didst teach us to ignore the body, because it is perishable, and to attend to the concerns of the undying soul. Therefore, doth thy soul rejoice with the angels.

APOLYTIKION OF SAINTS PETER AND PAUL (Tone 4)

O foremost in the ranks of Apostles, and teachers of the world, Peter and Paul, intercede with the Master of all to grant safety to the world and to our souls the great mercy.

KONTAKION FOR THE ORDINARY SUNDAYS (Tone 2)

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

The Fifth Sunday of Lent:

Saint Mary of Egypt

"The road of cleansing goes through the desert. It shall be named the way of holiness." (Isaiah 35:8)

On the fifth Sunday of Lent, we celebrate the venerable St. Mary of Egypt. Her life as a hermitess is a radiant example of repentance through prayer and fasting. Born in Egypt around 344, she fled to Alexandria in her youth and lived as a prostitute for 17 years. After that time, she traveled to Jerusalem in hopes of new adventures and arrived on the Feast of the Exaltation of the Cross. When Mary tried to enter church where the sacred relic was venerated, an unseen force prevented her from entering. Thus, a most precious gift was offered. Mary was given the opportunity to view her life and choose a different path.



Asceticism is ... a gift to all people as an opportunity for soulful inspection and preparation

Mary hid in the church courtyard, weeping with remorse for the life she had led. In fear and humility, she turned to an icon of the Mother of God and begged for permission to enter the church and venerate the Cross. She promised to renounce her old life and go wherever God led her. Encouraged by prayer and hoping for mercy, she approached the church entrance and was allowed to enter. The second gift was given. After venerating the Holy Cross, she returned to the icon and while praying, heard a voice say, "If you cross the Jordan, you will find true peace."

Mary heeded the voice and traveled to Jordan that evening. She received Holy Communion the next morning in the monastery of St. John the Baptist, and then crossed the river into her new life. For 47 years, Mary lived in the desert, fasting on plants, not seeing a single human being, and beset by tribulations mitigated by her prayers to the Most Pure One. At the end of that time, a priest named Zosimus left his monastery to spend Lent in the desert.

The person he found in the desert was not Mary of Alexandria, but St. Mary of Egypt, whose heart and ego had been transformed, who was forgiven and loved by God, and lifted to heaven to join her eternal family. The third gift was now apparent. The kingdom of heaven is within, and that is where we must begin. Asceticism is not exclusively for priests and monks, but a gift to all people as an opportunity for soulful inspection and preparation.

As we withdraw from the world and devote ourselves to prayer and fasting as St. Mary of Egypt did, we are able to hear the whispers of unconditional love, support, and healing always present in the desert of our heart.

During this solitude, our hearts are transformed regardless of circumstances, so that we may enter the Passion and Resurrection of Jesus.

Saints Peter and Paul Orthodox Church News

Youth Corner

April 4: Church Youth Retreat w/Bishop NICHOLAS

9:00am Hierarchical Divine Liturgy

11:00am Pot-luck Lenten Brunch for all youth up to 19 years old with Saidna

12:00pm Saidna talking with children up to 11 years old

1:00pm Conversation with Saidna (12-19 years old)

April 10: Good Friday Teen SOYO All-Night Vigil

April 19: Eastern Region Teen SOYO Delegates Meeting

CHARITY COLLECTION

SS Peter & Paul Orthodox Church "Antiochian Women's 'Angel Fund'": The SS Peter & Paul Antiochian Women (formerly Ladies' Auxiliary) Angel Fund began last year as a bequest donation to provide periodic support for SS Peter & Paul Church parishioners who could temporarily use a helping hand financially. The fund provides a gift cards from local food stores to supplement the food buying power for a single or family parishioner unit. The Angel Fund is administered by the SS Peter & Paul Antiochian Women, and recipients blessed by Fr. Isaac Crow. The Angel Fund is for your parish family members; **please give generously so that we may help those in need within our parish.**

SS. PETER & PAUL ANTIOCHIAN ORTHODOX CHURCH 12TH ANNUAL FASHION SHOW & LUNCHEON

Saturday, May 9, 2015 @11:30am at Congressional Country Club, 8500 River Road, Bethesda, MD. Tickets are \$50.00 and 10% of the proceeds will benefit The Wounded Warrior Project. Contact Rida Boulous Frital8@aol.com (703) 319-3415 or Suzanne Hermes, suzannehrms315@gmail.com

CHRIST'S TOMB (NAACH) FLOWER DONATION

This Sunday the Ladies Auxiliary will be collecting for the Naach. Proceeds are used to purchase the flowers needed to decorate the Tomb of Christ. All women of the parish are invited to participate on Good Friday, April 10 at 10am. A dish to share at lunch would be most welcome. Don't forget to bring your pruning shears!!! Please fill out the Naach forms and give them with your donation to the coordinators. The Ladies and the forms will be located outside the Parish Hall

ORTHODOX MISSION & OUTREACH

DINNER

Sponsored by The Metropolitan DC Orthodox Mission & Outreach Committee at St. Katherine Greek Orthodox Church, 3149 Glen Carlyn Rd. Falls Church, VA 22041 on Sunday, April 26, 2015. 5:00pm Pan-Orthodox Vespers, 5:30pm Hors d'oeuvres, 6:00pm Dinner & Presentation to benefit the OCMC, the International Orthodox Mission & Evangelization organization. Speaker is Rev. John Chakos, Missionary to Guatemala, speaking on "Orthodoxy in the Guatemalan Highlands: a light shines brightly". Tickets are \$55.00/adults, \$30.00/under 22, & children under 6 are free. Table for 10 is \$500.00. Reservation deadline is April 21. Contact Dr. John Demakis/ demakis9931@gmail.com; Skip Merserau/jwmster@gmail.com; Betty Slanta/slanta@verizon.net. Enclose check payable to St. Katherine Greek Orthodox Church, & note Mission Banquet on memo line. Mail to St. Katherine Greek Orthodox Church, 3149 Glen Carlyn Rd., Falls Church, VA 22041

ANTIOCHIAN WOMEN'S LUNCHEON

The Antiochian Women's luncheon has been rescheduled to April 19 immediately following Liturgy in the LL Hall. For more information on both, please contact Kate Niewenhous at handmaidens20854@gmail.com.

Upcoming events...

Mar 31—Men's Club Meeting
Apr 04—Bp. NICHOLAS Retreat with Church Youth
Apr 04—Baptism of Carl Teebagy 12:00p
Apr 04—Great Vespers Bishop NICHOLAS presiding
Apr 05— Palm Sunday Liturgy & Procession
Apr 05—Bridegroom Service 7:00p, Bishop NICHOLAS presiding
Apr 06—11— Holy Week
Apr 10—Good Friday Teen SOYO All-Night Vigil
Apr 12—Pascha
Apr 18—Baptism of Eleni Misleh 3:00pm
Apr 19—Antiochian Women's Potluck Luncheon following Liturgy in the LL Hall
Apr 19—Eastern Regional Teen SOYO Delegates Meeting
Apr 28—Men's Club Meeting
May 26—Men's Club Meeting

THE EPISTLE (The Fifth Sunday of Lent)

*Make your vows to the Lord our God, and perform them.
God is known in Judah; His Name is great in Israel.*

The Reading from the Epistle of St. Paul to the Hebrews. (9:11-14)

Brethren, when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation), He entered once for all into the Holy Place, taking not the blood of goats and calves but His own blood, thus securing an eternal redemption. For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, Who through the eternal Spirit offered Himself without blemish to God, purify your conscience from dead works to serve the living God?

THE GOSPEL (The Fifth Sunday of Lent)

The Reading from the Holy Gospel according to St. Mark. (10:32-45)

At that time, Jesus took His twelve Disciples, and began to tell them what was to happen to Him, saying, "Behold, we are going up to Jerusalem. And the Son of man will be delivered to the chief priests and the scribes, and they will condemn Him to death, and deliver Him to the Gentiles. And they will mock Him, and scourge Him, and spit upon Him, and kill Him; and after three days He will rise." And James and John, the sons of Zebedee, came forward to Him, and said to Him, "Teacher, we would that thou shouldst do for us whatsoever we shall desire" And Jesus said to them, "What do you want Me to do for you?" And they said to Him, "Grant us to sit, one at Thy right hand and one at Thy left, in Thy glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to Him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized. But to sit at My right hand or at My left is not Mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant at James and John. And Jesus called them to Him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be servant of all. For the Son of man also came not to be served but to serve, and to give His life as a ransom for many."

SUNDAY SCHOOL

Directors

Samia Zolnerowich
Jennifer Buchko

Teachers

Jumana Misleh
Susan Kozlov
Michelle Zook
Razan Abdallah
Christine Morin
Roxanne Bennett
Lara Bellone
Amber Bennett
Caroline Jarboe
Saleem Mokhiber
Stephen Zolnerowich
Anees Mokhiber

Men's Club

Sam Khalil

Antiochian Women

Kate Niewenhous

Teen SOYO

Adviser

Majd Akkawi

Officers

Nicholas Zolnerowich
Rashid Haddad
Robert Bridenhagen
Thomas Zook
Danielle Bellone

Fellowship of St. John

Majd Akkawi
Christine & Samer Korkor
Dn. Christian & Zeina
Manasseh

Adornment

Shams Akkawi
Jamil Hermes

Facility Management

Nick Nahas
Bob Simon

Rental Coordinator

Barbara Abraham

Charities

Sam Sahouri Ghanem

Finance

David Jackson

Stewardship

Lina Eid

Orthodox Christians

Faithful Orthodox fully participate in the celebration of the Eucharist when they receive Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly disposed to receive Communion, communicants should not be conscious of grave sin, have fasted from the night before taking communion, and seek to live in charity and love with their neighbors. Persons conscious of grave sin must first be reconciled with God and the Church through the Sacrament of Penance (Confession and Absolution). A frequent reception of the Sacrament of Penance is encouraged for all.

Non-Orthodox

We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions in Christianity that we cannot extend to them a general invitation to receive Communion. Orthodox believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, and for which we must all pray.

Not Receiving Communion

Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

Welcome to Ss. Peter and Paul

To encourage our worship in a proper spirit of prayer and devotion, we respectfully ask you to enter the sanctuary quietly during the Divine Liturgy.

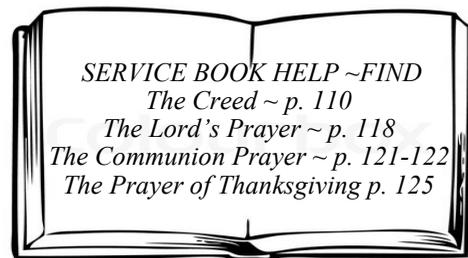
PLEASE DO NOT ENTER OR EXIT THE SANCTUARY AS

- the clergy censes the sanctuary
 - the congregation is standing, or
 - during the Little Entrance with the Gospel
 - during the Reading of the Epistle and the Gospel
- Please enter the sanctuary upon the completion of
- the sermon
 - the Great Entrance with the Holy Gifts
 - the Prayers of Consecration p. 112-113
 - the Hymn to the Theotokos "It is Truly Meet"

Please follow the directions of the ushers during Communion and dismissal; refrain from using cell phones in the narthex; and be considerate of those praying and converse in the hall, outside or downstairs.

Visitors

If you are visiting our parish, please let us get to know you. Complete a visitor card you will find in your pew, and drop it in the ushers tray or the collection box.



HOLY BREAD OF OBLATION OFFERED BY: The Family of Abraham Brown
One-year Memorial for Abraham Brown

FELLOWSHIP HOUR OFFERED BY: The Family of Abraham Brown
One-year Memorial for Abraham Brown

Commemorations

For the servants of God that they may have mercy, peace, health, salvation and visitation, pardon and remission of sin; the Lord God remember them in his Kingdom always: now and ever, and unto ages of ages

For the Servants of God departed this life: the Lord God remember them in his kingdom always: now and ever, and unto ages of ages

LIVING

Parishioners who remain in our prayers continually

Margaret Ashley Lulu & George Brown
Issa & Suad Shammas Richie Kogok
Edmond Neam Brian Briggs
Renee Mourad Robert Simon

Fr. Thomas Falke
Fr. Louis Mahshie
Barbara Abraham
Kathy Habib
Jennifer Buchko
Bertha Aed
Peter Zolnerowich
Josephine Kniewenhous
Tanya Boolattouf
Gabriel Boolattouf
Sam, Donna, Sarah, Sammy, Lexi Brown
Mickey, John, Annie, Georgia Sines
Deborah Brown
Steve, Jennifer, Helena, Catherine, Stephen, Giselle Brown
George, Chris, Jenna, Anna, Georgi, Laila, Bryleigh Brown

DEPARTED

Metropolitan PHILIP
Fr. Thomas Hopko
Fr. Matthew Baker
Deacon David Daumit
Gloria Swydan
Katherine Slanta
Eddi S. Yazge
Abraham Brown
Adieb Brown
Sam & Mary Brown
John & Sadie Nassif
Joe Charley
Andre Bullata

VISIT OF HIS GRACE BISHOP NICHOLAS

Ss. Peter and Paul Church will welcome His Grace Bishop NICHOLAS for a Pastoral visit on Lazarus Saturday April 4, and Palm Sunday April 5, 2015. His Grace is Auxiliary to the Metropolitan and Bishop of Brooklyn responsible for our Diocese of New York and Washington.

Following Liturgy for Lazarus Saturday on April 4 at 11:00am, there will be a brunch with the Church School children and Teen SOYO in the Church Hall. His Grace will also preside at Great Vespers on Saturday, April 4 at 5:00pm and the Bridegroom Service at 7:00pm on Sunday evening, the start of Holy Week.