

	Bread of Holy Oblation	Fellowship Hour
09 Apr	Mary Misleh & Family	Mary Misleh & Family
16 Apr	Lorna Malooley & Holy Bread Baking Class	Sam & Joe Sahouri Ghanem Families
23 Apr	Farha Family	Farha Family
30 Apr	Bosworth/Slanta — IMO Nicholas Yanowsky	
07 May		

FELLOWSHIP HOUR AND BREAD OF HOLY OBLATION

Baking or ordering the Holy Bread of Oblation or providing and serving the refreshments for Fellowship Hour following the Liturgy on Sundays is a great way to practice Christian fellowship among our fellow parishioners. Notice the openings to the left and consider contributing to this vital ministry. Sign-up in the vestibule.

SS. PETER AND PAUL ANTIOCHIAN ORTHODOX CHURCH

All Things Are Possible to Him Who Believes

Matins: Sundays 9:30am

Divine Liturgy: Sundays 10:30am

SUNDAY, APRIL 09, 2017

**DIVINE LITURGY VARIABLES FOR FEAST OF PALM SUNDAY:
ENTRANCE OF OUR LORD JESUS CHRIST INTO JERUSALEM**

****DIVINE LITURGY OF ST. JOHN CHRYSOSTOM****

APOLYTIKION OF LAZARUS SATURDAY (Tone 1)

O Christ God, when Thou didst raise Lazarus from the dead, before Thy Passion, Thou didst confirm the universal resurrection. Wherefore, we, like children, carry the insignia of triumph and victory, and cry to Thee, O Vanquisher of death: Hosanna in the highest. Blessed is He Who cometh in the Name of the Lord.

APOLYTIKION OF PALM SUNDAY (Tone 4)

O Christ God, when we were buried with Thee in Baptism, we became deserving of Thy Resurrection to immortal life. Wherefore, we praise Thee, crying: Hosanna in the highest! Blessed is He that cometh in the Name of the Lord.

KONTAKION OF PALM SUNDAY (Tone 6)

Upborne upon the heavenly throne, and seated upon the earthly foal, O Christ our God, receive the praises of angels and the hymns of men, exclaiming before Thee: Blessed is He that cometh to restore Adam.

أَيُّهَا الْمَسِيحُ إِلَهَهُ، لَمَّا أَقَمْتَ لِعَازَرَ مِنْ بَيْنِ الْأَمْوَاتِ قَبْلَ الْآمِكِ، حَقَّقْتَ الْقِيَامَةَ
الْعَامَّةَ. لِذَلِكَ وَنَحْنُ كَالْأَطْفَالِ، نَحْمِلُ عَلَامَاتِ الْعَلْبَةِ وَالظَّفَرِ، صَارِخِينَ نَحْوَكِ
يَا غَالِبَ الْمَوْتِ: أَوْصِنَا فِي الْأَعَالِي، مُبَارَكُ الْآتِي بِاسْمِ الرَّبِّ.

Parents should love their children as their children and not as their idols. That is to say, they should love their children as they are and not how they would like them to be — to be like them.

+Elder Epiphanius Theodoropoulos of Athens

Priest

Very Reverend
Fr. Isaac Crow
frisaac@peterpaulpotomac.org
(401) 300-8238 cell
(240) 489-3494 home

Deacon

Dn. Christian Manasseh
DnChristian@peterpaulpotomac.org

Priest Emeritus

Very Reverend
Fr. George Rados
frgeorge@peterpaulpotomac.org

COUNCIL

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John Slanta
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Wayne Parr
George Tannous
Zeina Manasseh

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Sam Khalil

ALTAR

Manager

Peter Aburdeineh

Servers

Captains -
Rashid Haddad
Thomas Zook

LENTEN REFLECTION ON UNDERSTANDING GRIEF

Kate Niewenhaus

“What earthly sweetness remains unmixed with grief?” (St. John of Damascus)

Let us now look into our spiritual inheritance. Con't.

The Saints

The Saints of the church can come to be our spiritual guides as well. Our Christian names reference, most of the time, a particular saint. It helps to learn about this saint's life and trials that they have gone through and reflected upon. It helps us to make connections from their life to our own. We may have an affinity to other saints whose counsels we find particularly edifying, too. By all means make use of their insights to inform your own life. Turning to the saints of the church now, here are a few brief counsels regarding Christian grief:

St. Basil writes, “The Apostle allows us to weep with those who weep, because tears of this kind are like the seed and pledge of eternal joy. Ascend with me in mind, please, and behold the Angelic estate and consider whether any other condition befits them than that of rejoicing and gladness; for they are vouchsafed to stand before God and enjoy the ineffable beauty of the glory of Him Who created us. And so, it is to that life that the Apostle urges us on, bidding us always to rejoice.”

Elder Ambrose writes, “Make every effort to allay your grief, so that it doesn't exceed Christian bounds and the All-good Lord will show you his mercy and send you spiritual consolation.”

Elder Macarius of Optina writes, “I do not enjoy, says God, your illnesses, O man, but out of the seeds of your grief and sorrow, I want to bring forth for you fruits of eternal and majestic joy.”

St. Diadochos writes, “Midway between sadness and joy lies hope. This is why the Psalmist says, “I waited patiently for the Lord; and he heard me,” (PS40: 1) and again, “According to the multitude of the sufferings in my heart, Thy blessings have gladdened my soul.” (PS 94:19, LXX)

St. Silouan prayed, “O Lord, grant all the peoples of the earth to know how greatly Thou lovest us, and the wondrous life Thou dost prepare for them that believe on Thee.” (found in Conversations with Children, Sr. Magdalen p219)

And as St. John of Climacus writes and challenges us in, *On Mourning*, “The man wearing blessed, God-given mourning like a wedding garment gets to know the spiritual laughter of the soul.” (Ladder, 7) Grief certainly puts us at odds with the world and implants within us a sorrow that helps to change our course in life. Knowing that the soul lives on helps us while we are alive to open wide to the possibility of letting God influence our life here so that that treasure can be enjoyed in the afterlife. Grief will call us back to joy so that we can again love our life and do those things that are pleasing to God.

And as the Gospel says, “These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world.” (JN 16:33)

Part 5 of 5

Ss. Peter & Paul Church Learning & Media Center

Donations are welcomed in support of the establishment of the new Church Learning and Media Center. . Please send all donations to Ss. Peter and Paul Church earmarked “Library Fund”. In addition, donation of books on topics related to the Orthodox Faith, Doctrine, Church History, Liturgy, and Scripture will be gratefully accepted. Please contact Fr. Isaac, Dn. Christian, or Kate Niewenhaus for more information.

Ss. Peter and Paul Orthodox Church News and Events

SUNDAY SCHOOL

We have classes for children 3 years old through 12th grade and meet following Communion. Registrations are handled online at <http://tinyurl.com/registerSunSchool>. We are also in need of snacks and juice for the children. Snacks must be **peanut and tree nut free** due to allergies. Individually wrapped snacks such as 100-calorie snacks work best. Juice may be 100% juices or flavored water pouches. We can use both 6-oz as well as 4-oz juice boxes. We are looking for one more teacher for this school year. Please contact peterpaulsundayschool@gmail.com.

Apr 9 & 16

No class on the 9th (Palm Sunday) and the 16th (Pascha).

TEEN SOYO

Apr 14

Great Friday Vigil

May 7

Teen SOYO Mtg./Conference Center/12:30p

May 13

Teen SOYO Hike & Picnic @Great Falls, MD

May 19-21

Spring Delegates' Mtg. at the Antiochian Village (more info to follow)

YOUNG ADULT FELLOWSHIP

The Ss. Peter & Paul Young Adult Fellowship seeks to gather young adults (20-40 years of age) together in the ministry worship, witness, service, and fellowship. These include study groups, outreach projects, potluck dinners, and other social and charitable gatherings. For more information contact Jad Ibrahim Jr. at jad.ibrahim.jr@gmail.com or Dn. Christian Manasseh at dchristian@peterpaulpotomac.org.

ANTIOCHIAN WOMEN

The Antiochian Women/Preparation of the Naach

On Friday, April 14 from 10:30am – 3:00pm all welcome all who wish join in for the preparation of the Naach. A covered Lenten dish to share is appreciated and please bring your pruners. We are still taking donations for the flowers used to decorate the Naach.

Antiochian Women/Luncheon & Fashion Show

On May 13 the Antiochian Women are hosting a Luncheon & Fashion Show 11:30am at Congressional CC. Tickets are \$55.00. See Rida Boulos at Frita18@aol.com. For raffle donations contact Hala Paska-leva. Flyers are located in Narthex.

MEN'S CLUB

Jun 07

*Golf Tournament

Jun 25

*Ss. Peter & Paul Picnic/Bretton Woods Rec Cntr (more details to follow)

"EXPLORING OUR FAITH" THE SS. PETER AND PAUL ADULT RELIGIOUS EDUCATION FORUM

"Exploring Our Faith" will meet every other Thursday evening from **7:15pm to 8:30pm** in the lower level conference room. Fr. Isaac facilitates the meetings using brief presentations as a springboard to open discussion on a wide range of topics concerning our Faith. Meetings will resume after Pascha. Please contact Fr. Isaac at frisaac@peterpaulpotomac.org or Kate Niewenhous at handmaidens20854@gmail.com for more information. ALL ARE WELCOME..

SS. PETER & PAUL OUTREACH VISITATION MINISTRY

The outreach ministry seeks to visit and to assist the elderly, the sick, and those who are housebound, shut-in, or living in nursing homes. Volunteers are needed who are willing to call and to visit and to reach out to our elderly brethren. All those willing to help please contact the coordinators of the group: George & Alma Jean Zaki (georgezaki@gmail.com or ajmzaki@gmail.com), Alex Cox (alexcoxells@gmail.com) or Fr. Isaac (frisaac@peterpaulpotomac.org). Our Parish is grateful for this ministry remembering that when we visit the sick and the infirm we visit Christ himself.

CHURCH CALENDAR

Apr 08	*Divine Liturgy/Lazarus Saturday/9:00am
Apr 09	*Palm Sunday/Divine Liturgy & Procession of the Palms *Bridegroom Service/7:00p *No Church School (Palm Sunday)
Apr 10	*Holy Monday/Bridegroom Service/7:00p
Apr 11	*Holy Tuesday/Bridegroom Service/7:00p
Apr 12	*Holy Wednesday/Uncion Service/7:00p
Apr 13	*Holy Thursday/Vesperal Liturgy of St. Basil/9:00a *Service of Twelve Passion Gospels/7:00p
Apr 14	Holy Friday *Preparation of the Naach/10-30a—3p (see Antiochian Women) *Vespers of the Unveiling/3:00p *Service of the Lamentations/7:00p
Apr 15	*Holy Saturday Vesperal Liturgy of St. Basil/10:00a *Midnight Office& Rush Service/11:00p
Apr 16	Great & Holy Pascha *Paschal Divine Liturgy& Agape Breakfast/12:00a *Agape Vespers/1:00p *2:00p Easter Egg Hunt *No Church School (Pascha)
May 07	*Teen SOYO Mtg./LL Conf. Rm/12:30p
May 13	*Antiochian Women/Luncheon & Fashion Show @Congressional CC (see Antiochian Women) *Teen SOYO/Hike & Picnic @Great Falls, MD
May 19-21	*Teen SOYO Spring Delegates' Mtg/Antiochian Village (more info to follow)

THE EPISTLE

Blessed is He Who cometh in the Name of the Lord.

O give thanks unto the Lord, for He is good; for His mercy endures forever.

The Reading from the Epistle of St. Paul to the Philippians. (4:4-8)

Brethren, rejoice in the Lord always; again I will say, Rejoice. Let all men know your forbearance. The Lord is at hand. Have no anxiety about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which passes all understanding, will keep your hearts and your minds in Christ Jesus. Finally, brethren, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence, if there is anything worthy of praise, think about these things. What you have learned and received and heard and seen in me, these do; and the God of peace will be with you.

THE GOSPEL

The Reading from the Holy Gospel according to St. John. (12:1-18)

Six days before the Passover, Jesus came to Bethany, where Lazarus who had died was, whom Jesus had raised from the dead. There they made Him a supper; Martha served, and Lazarus was one of those at table with Him. Mary took a pound of costly ointment of pure nard and anointed the feet of Jesus and wiped His feet with her hair; and the house was filled with the fragrance of the ointment. But Judas Iscariot, Simon's son, one of His Disciples (he who was to betray Jesus), said, "Why was this ointment not sold for three hundred denarii and given to the poor?" This he said, not because he cared for the poor but because he was a thief, and as he had the moneybox he used to take what was put into it. Jesus said, "Let her alone, let her keep it for the day of My burial. The poor you always have with you, but you do not always have Me." When the great crowd of the Jews learned that He was there, they came, not only on account of Jesus but also to see Lazarus, whom Jesus had raised from the dead. So the chief priests planned to put Lazarus also to death, because on account of him many of the Jews were going away and believing in Jesus. The next day a great crowd who had come to the feast heard that Jesus was coming to Jerusalem. So they took branches of palm trees and went out to meet him, crying, "Hosanna! Blessed is He Who cometh in the Name of the Lord, the King of Israel!" And Jesus found a young donkey and sat upon it; as it is written, "Fear not, daughter of Zion; behold, your king is coming, sitting on a donkey's colt!" His Disciples did not understand this at first; but when Jesus was glorified, then they remembered that this had been written of Him and had been done to Him. The crowd that had been with Jesus when He called Lazarus out of the tomb and raised him from the dead bore witness. The reason why the crowd went to meet Jesus was that they heard He had done this sign.

IOCC FUNDRAISER/SAVE THE DATE

On Saturday, June 3, 2017, Ss. Peter & Paul Church will sponsor a Fund Raising Reception in the Church Hall from 6:00p-9:00p in support of "Syrian Relief Programs" of the International Orthodox Christian Charities (IOCC).

This important event will be open to all the Parish, to the local Churches and to the public at large. With the Civil War in Syria entering its seventh year the scale of suffering, and the humanitarian needs are immense. Please plan on attending and supporting this event. For information go to www.iocc.org/potomac or <https://www.facebook.com/events/1242796825817758/> or anita.elaraj@gmail.com.

SUNDAY SCHOOL

Directors

Samia Zolnerowich
Jennifer Buchko

Teachers

Jumana Misleh
Susan Kozlov
Michelle Zook
Christine Morin
Lizzy Cassar
Caroline Jarboe
Chrissy Mackoul
Anees Mokhiber
Philip Allen
AJ Wood
Jennifer Montgomery
Dina Saah
Stephen Zolnerowich

Men's Club

Sam Khalil

Antiochian Women

Carol Laham

Teen SOYO

Advisor

Jamilee Bellone

Officers

Danielle Bellone
Kinda Callas
Maya Saah
Joud Al-Kallas
Juliana Natour

Young Adult Fellowship

Jad Ibrahim, Jr.
Lizzy Cassar

Adornment

Shams Akkawi
Jamil Hermes

Facility Management

Sam Berberian
Nick Nahas
Bob Simon

Rental Coordinator

Barbara Abraham

Charities

Sam Sahouri Ghanem

Finance

Salim Habayeb

Stewardship

Commemorations

For the servants of God that they may have mercy, peace, health, salvation and visitation, pardon and remission of sin; the Lord God remember them in his Kingdom always: now and ever, and unto ages of ages

For the Servants of God departed this life: the Lord God remember them in his kingdom always: now and ever, and unto ages of ages

Parishioners who remain in our prayers continually

Archpriest George Rados	Brian Briggs	Mary Smith
Margaret Ashley	Isabel Threddeh	George Brown
Helen White	Thelma Badwey	Everett Alvarez
Holly Dubois	Tesia Yonkers	Barbara Abraham
Edmond & Sophie Neam	Lulu Brown	
George & Joan Abraham		

DEPARTED

Archbishop Victor Abo Assaly
 Yousef Isa Saah
 George Karam
 Sirvart Bahaaharonians
 John Bridenhagen
 Monsour & Nellie Laham
 Michael & Helen Joseph
 Isber and Mariam Barakat
 Rachid, Mariam, Elias & Mona Cassis
 Joseph Kumbera
 William (Bill) Behrens
 Ghada Saah
 Ellen & Essa Rafeedie
 Janan & Oudie Shiblee
 Abba & George Misleh

LIVING

Leena Haddad	Yasmin Courtright	Justin, Marc & Buket
Janice	Gizel Haddad	Elizabeth, Robert & Catie
Mazen Saah	Tony Moussa	Mike & Family
Leila Khoury	Elaine Buchko	Lillian & Family
Mary Bazargan	Deborah Brown	Judy & Family
Mariam Yazge	Ann Marie Moses	Paul Misleh
Habib, Hind & Paul Debs	Saah Family	The Shiblee Family
Victoria Audi	Terry Cappelletta	The Misleh Family
Richard Ayoub	James Ayoub	The Rafeedie Family
Valerie Prakas	Tania Mufarrj	
Arin, Vivian, Nareg, Narry Akopian		Ken, Gail, Noor, Rima Bailey

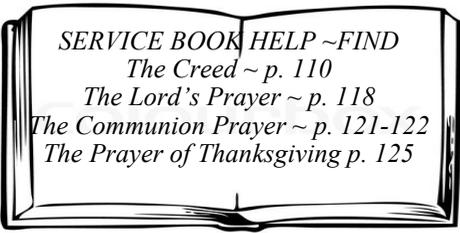
Orthodox Christians
 Faithful Orthodox fully participate in the celebration of the Eucharist when they receive Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly disposed to receive Communion, communicants should not be conscious of grave sin, have fasted from the night before taking communion, and seek to live in charity and love with their neighbors. Persons conscious of grave sin must first be reconciled with God and the Church through the Sacrament of Penance (Confession and Absolution). A frequent reception of the Sacrament of Penance is encouraged for all.

Non-Orthodox
 We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions in Christianity that we cannot extend to them a general invitation to receive Communion. Orthodox believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, and for which we must all pray.

Not Receiving Communion
 Those not receiving sacramental communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another by receiving a piece of blessed bread following the dismissal prayers.

Welcome to Ss. Peter and Paul
 To encourage our worship in a proper spirit of prayer and devotion, we respectfully ask you to enter the sanctuary quietly during the Divine Liturgy.
PLEASE DO NOT ENTER OR EXIT THE SANCTUARY AS
 - the clergy censes the sanctuary
 - the congregation is standing, or
 - during the Little Entrance with the Gospel
 - during the Reading of the Epistle and the Gospel
 Please enter the sanctuary upon the completion of
 - the sermon
 - the Great Entrance with the Holy Gifts
 - the Prayers of Consecration p. 112-113
 - the Hymn to the Theotokos "It is Truly Meet"
 Please follow the directions of the ushers during Communion and dismissal; refrain from using cell phones in the narthex; and be considerate of those praying and converse in the hall, outside or downstairs.

Visitors
 If you are visiting our parish, please let us get to know you. Complete a visitor card you will find in your pew, and drop it in the ushers tray or the collection box.



HOLY BREAD OF OBLATION OFFERED BY:
 Mary Misleh & Family

FELLOWSHIP OFFERED BY:
 Mary Misleh & Family

Stewardship Corner/Theology of Giving Series – Week 10
Matthew 6: 19-21 ... "Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also."
 "What does this message from God require from me, His loyal and obedient servant?" What must I change in my life to be able to follow this teaching in both word and in deed?" Select the link to read the entire Theology of Giving series on our website blog:
<https://www.peterpaulpotomac.org/stewardship-corner>

THE ANNUAL BENEFIT BANQUET FOR OCMC
 TAKING RESERVATIONS for what promises to be a great evening: THE ANNUAL BENEFIT BANQUET FOR OCMC, Sunday, April 30. The night begins with Vespers followed by a wine reception, SILENT AUCTION and TWO RAFFLES. Raffle prizes include: a weekend stay at the FOUR-DIAMOND HILTON MCLEAN HOTEL or a weekend/weekday stay at a CONDO at SEVEN SPRINGS MOUNTAIN RESORT in PA. Your \$60 ticket includes a wine reception, dinner & wine, desserts and a beautiful classical guitar performance. The keynote speaker, the Very Rev. Martin Ritsi, Executive Director of OCMC, will be speaking from the heart on MISSIONS IN TODAY'S WORLD.
 PLEASE JOIN US in this wonderful benefit for OCMC MISSIONS around the world! Visit our reservation & ticket table during coffee hour OR contact Dr. Demakis demakis9931@gmail.com or Betty Slanta slanta@verizon.net THANK YOU!